

Monthly Menu HUGHES SENIOR CENTER

October 2021				
Mon	Tue	Wed	Thu	Fri
				1 Ham Au Gratin Potatoes Green Beans Dinner Roll Margarine Fruit Crisp Milk
4 Brunch Scrambled Eggs Ham Hashbrown Casserole Biscuit and Gravy Fruit Juice Milk	5 Battered Fish Coleslaw Pinto Beans Mac & Cheese Peaches Milk	6 Pork Chop Sweet Potatoes Peas Bread Margarine Baked Apples Milk	7 Chicken and noodles Broccoli Fruit Garlic Breadstick Cheesecake Milk	8 Beef Stew Cabbage Fruit Biscuits Margarine Assorted Dessert Milk
11 BBQ Chicken Scalloped Potatoes Broccoli Bread Margarine Ambrosia Salad Milk	12 Beans with Ham Spinach Fried Potatoes & Onions Cornbread Margarine Fruit Milk	13 Pot Roast Chunk Potatoes Carrots Dinner Roll Margarine Cake Milk	14 Sweet & Sour Chicken Oriental Vegetables Egg Roll Fried Rice Lemon Bar Milk	15 Meatloaf Gravy Mashed Potatoes California Blend Bread Margarine Assorted Dessert Milk
18 Spaghetti with Meatballs Italian Blend Salad Garlic Breadsticks Pudding Milk	19 Pulled Pork/Bun Hashbrown Casserole Country Blend Applesauce Milk	20 Taco Salad Corn Refried Beans Bread Margarine Fruited Jell-O Milk	21 Turkey/Gravy Mashed Potatoes Green Beans Dinner Roll Margarine Pumpkin Dessert Milk	22 French Dip/Bun Au Jus Sauce Roasted Rosemary Potatoes Warm Fruit Compote Assorted Dessert Milk
25 Polish Sausage/Bun Kraut Mashed Potatoes Gravy Cake Milk	26 Baked Chicken Creamed Corn Baked Potato Bread Margarine Fruit Milk	27 Hamburger Steak Mushrooms & Onion Garlic Mashed Potatoes Mixed vegetables Bread Margarine Pie Milk	28 Monthly Birthday Lunch Oven Fried Chicken Gravy Mashed Potatoes Green Beans Dinner Roll Margarine Fruit Cobbler Milk	29 Brunch Omelet Sausage Biscuit and Gravy Cinnamon Roll Fruit juice Milk