

Osage Beach Senior Center

Monthly Menu

◀ October		November 2020					December ▶
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
						1	
2 *Chicken Parmesan *Meadow Blend *Fruit	3 *Turkey *Mashed Potatoes *Fruited Jello	4 *Chicken Fried Steak *Broccoli *Baked Apples	5 *Hamburger Steak with grilled Onions *Peas & Carrots *Tossed Salad	6 BREAKFAST * *Scrambled Eggs with Sauted Veggies Biscuits & Gravy Sausage	7	8	
9 *Sweet & Sour Chicken *Rice *Oriental Veggies	10 *Meatload *Seasoned Squash *Fruited Jello	11 *Chicken & Noodles *Tossed Salad *Orange Wedge	12 *Baked Ham *Baked Sweet Potatoes *Mixed Fruit	13 *Salisbury Steak *Broccoli *Fruit	14	15	
16 *Chili *Baked Potato *Sliced Pears	17 *Ham & Beans *Spinach *Baked Apples	18 Thanksgiving Meal *Turkey & Dressing *Mashed Potatoes & Gravy And More!	19 *Pork Chop *Broccoli *Applesauce	20 *Beef Goulash *Peas *Fruit Salad	21	22	
23 *Easy Roast Chicken *Broccoli *Peaches	24 BRUNCH #1 *Scrambled Eggs *Hash Browns Biscuits & Gravy	25 *Pork Chop *Sweet Potatoes *Fruit Cocktail	26 CLOSED FOR THANKSGIVING	27 CLOSED FOR THE HOLIDAY	28	29	
30 *Chicken Pot Pie *Green Beans *Blushing Applesauce							