

October 2021

| Mon   | Tue   | Wed  | Thu   | Fri   |
|---|---|--|---|---|
|   |   |  |   | 1<br>Ham<br>AuGratin Potatoes<br>Green Beans<br>Dinner Roll<br>Margarine<br><br>Milk                          |
| 4<br>Oven Fried Chicken<br>Gravy<br>Mashed Potatoes<br>Green Beans<br>Dinner Roll<br>Margarine / Fruit<br>Dessert<br>Milk | 5<br>Battered Fish<br>Coleslaw<br>Corn<br>Mac & Cheese<br>Fruit /Dessert<br>Milk                                  | 6<br>Pork Chop<br>Sweet Potatoes<br>Peas<br>Bread<br>Margarine<br>Fruit<br>Milk  | 7<br>Chicken Alfredo<br>Broccoli<br>Berries<br>Garlic Breadstick<br>Fruit /Dessert<br>Milk            | 8<br>Beef Stew<br>Cabbage<br>Fruit<br>Biscuits<br>Margarine<br>Dessert<br>Milk                                |
| 11<br>BBQ Chicken<br>Sluggers<br>Scalloped Potatoes<br>Oven Roasted<br>Broccoli<br>Bread / Fruit<br>Margarine<br>Milk     | 12<br>Beans with Ham<br>Spinach<br>Fried Potatoes &<br>Onions<br>Cornbread<br>Margarine<br>Fruit /Dessert<br>Milk | 13<br>Meatloaf<br>Gravy<br>Mased Potatoes<br>California Blend<br>Fruit / Dessert<br>Margarine/Bread<br>Milk  | 14<br>Sweet & Sour Chicken<br>Oriental Vegetables<br>Egg Roll<br>Fried Rice<br>Dessert /Fruit<br>Milk | 15<br>Pot Roast<br>Chunk Potatoes<br>Carrots<br>Dinner Rolls<br>Margarine<br>Dessert/ Fruit<br>Milk           |
| 18<br>Spaghetti with<br>Meatballs<br>Italian Blend<br>Salad<br>Garlic Breadsticks<br>Dessert/Fruit<br>Milk                | 19<br>Pulled Pork/Bun<br>Hashbrown Casserole<br>Country Blend<br>Fruit / Dessert<br>Milk                          | 20<br>Tacos<br>Corn<br>Black Beans<br>Bread<br>Margarine<br>Fruit /Dessert<br>Milk   | 21<br>Turkey/Gravy<br>Mashed Potatoes<br>Green Beans<br>Dinner Roll<br>Margarine<br>Dessert<br>Milk   | 22<br>French Dip/Bun<br>Au Jus Sauce<br>Roasted Rosemary<br>Potatoes<br>Warm Fruit Compote<br>Dessert<br>Milk |
| 25<br>Polish Sausage/Bun<br>Kraut<br>Mashed Potatoes<br>Gravy<br>Fruit / Dessert<br>Milk                                  | 26<br>Baked Chicken<br>Creamed Corn<br>Baked Potato<br>Bread<br>Margarine<br>Fruit /Dessert<br>Milk               | 27<br>Hamburger Steak<br>with Grilled<br>Mushrooms & Onion<br>Garlic Mashed<br>Potatoes<br>Mixed vegetables<br>Bread / Fruit<br>Dessert<br>Margarine<br>Milk | 28<br>Chicken Pot Pie<br>Three Bean Salad<br>Beets<br>Dessert<br>Fruit<br>Milk                        | 29<br>Fish Sandwich/Bun<br>Lettuce<br>Tomato /Pickle<br>Baked Beans<br>Bread<br>Margarine<br>Dessert          |