

Richland Senior Center

Monthly Menu



February 2021

Mon	Tue	Wed	Thu	Fri
1 Hot Ham & Cheese Sandwich Vegetable Soup Mixed Fruit	2 Chicken & Noodles Carrots Green Beans Oranges	3 Tater Tot Casserole Peas Cauliflower Fruit Cocktail	4 Pulled Pork Sandwich Cheesy Potato Casserole Mixed Vegetables Applesauce	5 Battered Cod Coleslaw French fries Peaches
8 Hamburger Steak w/Mushroom Gravy Mashed Potatoes Carrots Peaches	9 Beef & Noodles Green Beans Tuscan Vegetables Fruit Cocktail	10 Baked Chicken Grilled Mushrooms And Onions Garlic Herb Potatoes Fruited Jello	11 Garlic Butter Pork Chops AuGratin Potatoes Roasted Vegetables Baked Apples	12 Chicken Fettucini Alfredo Steamed Broccoli Grapes Breadsticks
15 Stuffed Green Peppers California Blend Sweet Potato Fries Applesauce	16 Roast Beef/Gravy Mashed Potatoes Carrots Pears Hot Roll	17 Ham & Beans Spinach Fried Potatoes with Onions Spiced Apples Cornbread	18 BBQ Chicken Baked Beans Potato Salad Fruited Jello	19 Tuna Melt Tomato Soup Baked Peaches
22 Polish Sausage Sauerkraut Mashed Potatoes Ambrosia Fruit Salad	23 Spaghetti & Meatballs Caesar Salad Blueberry Fluff Garlic Bread	24 Country Fried Steak Gravy Mashed Potatoes Green Beans Fruited Jello	25 Tacos Lettuce/Tomatoes/ Cheese Refried Beans Pears	26 Salmon Patty Mac & Cheese Stewed Tomatoes Pineapple