

October 2021

Mon	Tue	Wed	Thu	Fri
<p><b>Salem Senior Center</b> 604 N. McGrath Lane Salem, MO 65560 (573) 729-2373</p>	<p>Curbside Lunch Mon- Fri 11:00am to 1:00pm</p> <p>Congregate Dining Mon – Fri 11:00am to 1:00pm</p>			<p><b>1</b> Ham Au Gratin Potatoes Green Beans Dinner Roll/Margarine Assorted Dessert Milk</p>
<p><b>4</b> Oven Fried Chicken Gravy Mashed Potatoes Green Beans Dinner Roll/Margarine Chocolate Chip Banana Bar Milk</p>	<p><b>5</b> Battered Fish Coleslaw Pinto Beans Mac &amp; Cheese Peaches Carrot Cake Milk</p>	<p><b>6</b> Pork Chop Sweet Potatoes Peas Bread/Margarine Baked Apples Poke Cake Milk</p>	<p><b>7</b> October Fest Brats German Potato Salad Cabbage Garlic Breadstick German Chocolate Milk</p>	<p><b>8</b> Beef Stew Cabbage Fruit Biscuits/Margarine Assorted Dessert Milk</p>
<p><b>11</b> BBQ Chicken Scalloped Potatoes Oven Roasted Broccoli Bread/Margarine Ambrosia Salad Snickerdoodle Bar Milk</p>	<p><b>12</b> Beans with Ham Spinach Fried Potatoes &amp; Onions Cornbread/Margarine Brownie Milk</p>	<p><b>13</b> Beef Pot Roast Chunk Potatoes Carrots Dinner Roll/Margarine Cake Milk</p>	<p><b>14</b> Meatloaf Gravy Mashed Potatoes California Blend Bread Margarine Assorted Dessert Milk</p>	<p><b>15</b> Breakfast for Lunch Omelet Sausage Hash browns Baked Apples Biscuit/Gravy Margarine Cinnamon Roll Milk</p>
<p><b>18</b> Spaghetti with Meatballs Italian Blend Salad Garlic Breadsticks Cherry Pie Bar Milk</p>	<p><b>19</b> Pulled Pork/Bun Hash brown Casserole Country Blend Applesauce Cookies Milk</p>	<p><b>20</b> Taco Salad Corn Black Beans Bread Margarine Fruited Jell-O Carmel Apple Crisp Milk</p>	<p><b>21</b> Turkey/Gravy Mashed Potatoes Green Beans Dinner Roll Margarine Cake Milk</p>	<p><b>22</b> French Dip/Bun Au Jus Sauce Roasted Rosemary Potatoes Assorted Dessert Milk</p>
<p><b>25</b> Polish Sausage/Bun Kraut Mashed Potatoes Gravy Cherry Cheese Cake Milk</p>	<p><b>26</b> Baked Chicken Creamed Corn Baked Potato Bread Margarine Cake Milk</p>	<p><b>27</b> Hamburger Steak with Grilled Mushrooms &amp; Onion Garlic Mashed Potatoes Bread/Margarine Poke Cake Milk</p>	<p><b>28</b> Chicken Pot Pie Lettuce Salad Beets Bread/Margarine Assorted Dessert Milk</p>	<p><b>29</b> Halloween Lunch Halloweenies Hamburgers Baked Beans Potato Salad Buns/Margarine Graveyard Dirt Cake Milk</p>