

Sayers Senior Center

Monthly Menu

◀ October		November 2020					December ▶
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
						1	
2 CHICKEN PARMESAN MEADOW BLEND FRUIT	3 TURKEY MASHED POTATOES FRUITED JELLO	4 CHICKEN FRIED STAЕК BROCCOLI BAKED APPLES	5 HAMBURGER STAЕК WITH GRILLED ONIONS PEAS & CARROTS	6 NACHO BAR MEXICAN CORN SLICED CINNAMON PEARS	7	8	
9 SWEET & SOUR CHICKEN RICE ORIENTAL BLEND	10 MEATLOAF SEASONED SQUASH FRUITED JELLO	11 CHICKEN & NOODLES TOSSED SALAD ORANGE WEDGE	12 PORK ROAST BAKED SWEET POTATO MIXED FRUIT	13 SALISBURY STEAK BROCCOLI FRUIT	14	15	
16 BEEF GOULASH PEAS APPLESAUCE	17 CHILI BAKED POTATO SLICED PEARS	18 HAM & BEANS SPINACH BAKES APPLES	19 PORK CHOP BROCCOLI APPLESAUCE	20 TURKEY DRESSING MASHED POTATO GREEN BEAN CASSEROLE	21	22	
23 PORK CHOP SWEET POTATOES FRUIT COCKTAIL	24 EASY ROAST CHICKEN BROCCOLI PEACHES	25 EARLY BRUNCH BISCUIT & GRAVY EGGS SAUSAGE CENTER CLOSES @ 12:00	26 HAPPY THANKSGIVING	27 CENTER CLOSED!	28	29	
30							