



# 6 WEEK CHALLENGE

## Elite Steele Training

Nutrition  
Consult,  
Meal Plan,  
and Tracking

6 In -  
Person  
Classes  
Per  
Week  
(optional)

What  
You  
Get!!

5  
Days  
Programming  
Per  
Week

Body  
Composition  
Measurements  
and  
Tracking

WEEKLY  
EVALUATION  
& DAILY ACCESS  
TO YOUR  
TRAINER

**October 8**

**November 20**

SIGN UP AT: [THEHUNTSVILLE  
GYM.COM/6WEEKCHALLENGE](http://THEHUNTSVILLEGYM.COM/6WEEKCHALLENGE)

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