



Yoga with Kyra

Every Monday

5:30pm-6:30pm

One Class Pass: \$15

65y +, Veteran, Student \$5

Membership: \$11.25

Membership Plus: \$8.25

NOV. 7

**Chair Yoga: Beginners
Welcomed**

NOV. 14

**Vinyasa Yoga: Beginners
Welcomed**

NOV. 21

**Chair Yoga: Beginners
Welcomed**

NOV. 28

**Vinyasa Yoga: Beginners
Welcomed**



REGISTER

thewellisticnurse.com

3339 Miller Park Road

Akron, Ohio 44312

