



Cultivating Self Love

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Introduction

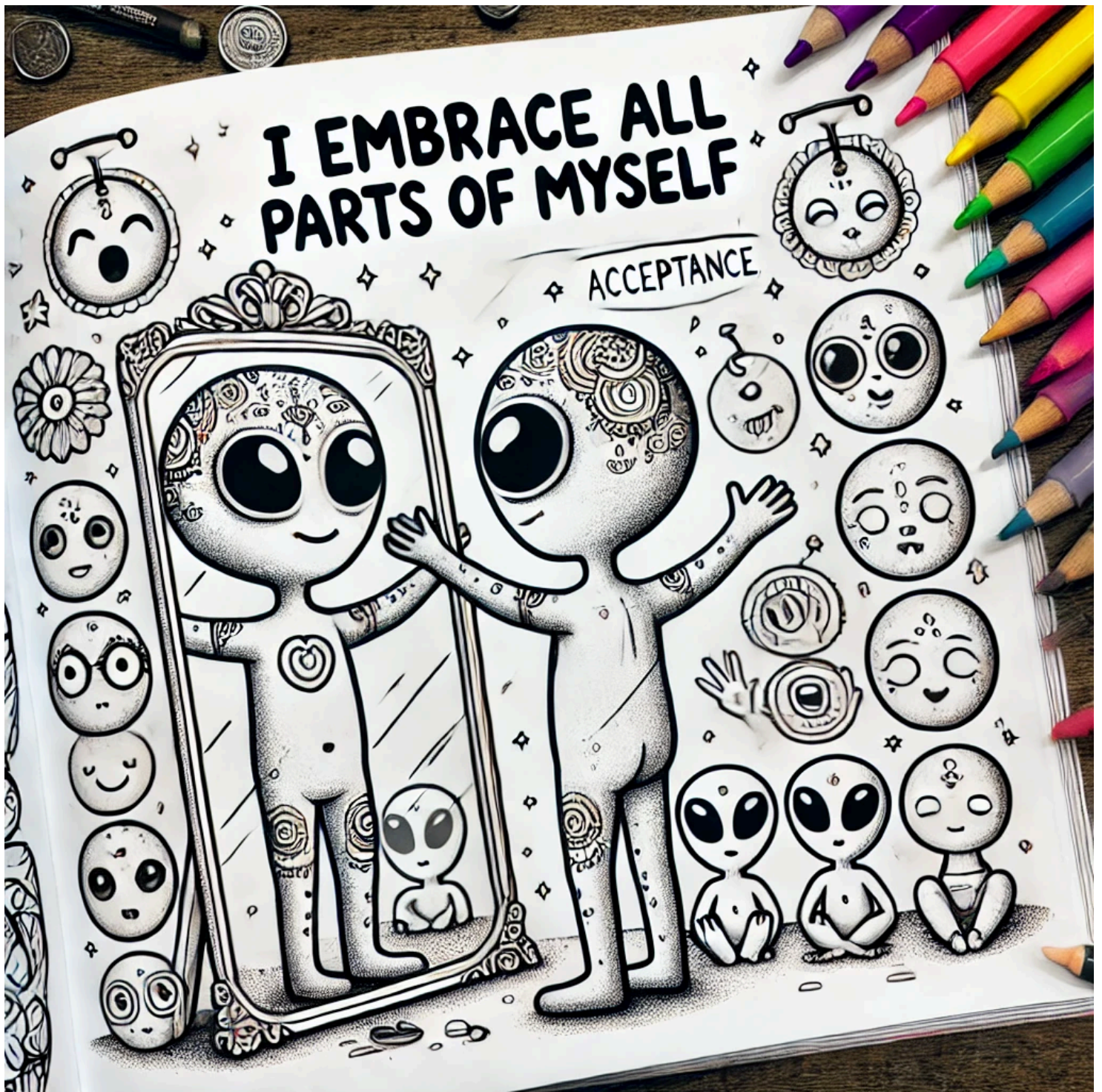
Welcome to a journey of self-love, courage, and self discovery, a journey guided by none other than Neon, a cosmic traveler on a mission to experience life on Earth in all its beauty and complexity. As Neon embarks on this adventure, he encounters the universal challenges of fear, self-doubt, and judgmentâ€”but through these experiences, he learns one of the most powerful lessons of all: self-love.

This coloring book is more than just a creative outlet, it's a tool for reflection, mindfulness, and empowerment. Through each page, you'll join Neon in exploring what it truly means to embrace yourself as you are, breaking through limiting beliefs, and finding the confidence to shine.

A special thank you to Neon Nacho, a proud supporter of Wellistics and the transformative workshops that promote holistic wellness, self-awareness, and personal growth. Just as Neon explores the wonders of Earth, we invite you to explore your own journey toward self-love one color, one page, and one breakthrough at a time.

Let's begin this adventure together!





I Am Authentically Made.





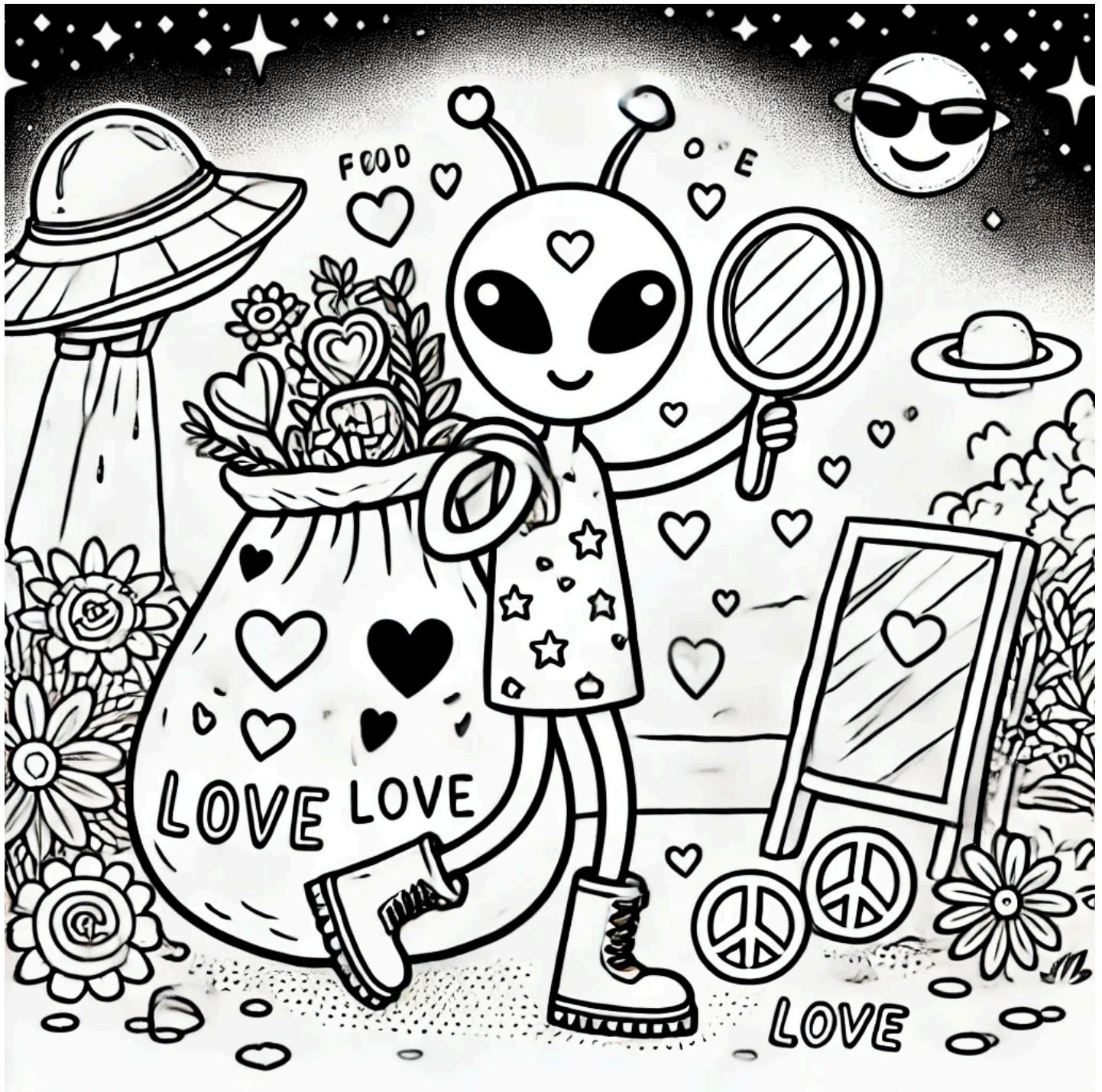
I Am Whole, Perfect & Complete



I Love Myself



Fear exist, only if you believe it.



Thanks for your help in reminding
me of who I am. Now I must return to
LOVE.