

MARKET RESEARCH

CLINICAL MEDICATION REVIEWS

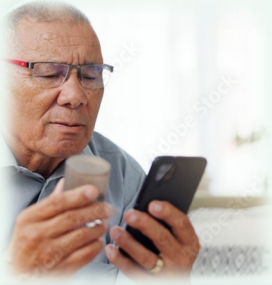
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What problem are we trying to solve?



Clinical Medication Reviews are already in place, but they're only sometimes catching critical issues like dangerous drug interactions, unnecessary prescriptions, or poor adherence. These gaps put patients at risk and lead to preventable complications and hospitalizations. To improve patient safety and reduce costs, we need to enhance these reviews with better tools to ensure problems are caught early and addressed efficiently. Streamlining and automating the review process is crucial to avoiding these risks and delivering more reliable, personalized medication care.



Definition of clinical medication reviews (CMR)

A **systematic and comprehensive evaluation** of a patient's medications.

A **collaborative process** involving pharmacists and other healthcare professionals.

Focused on improving **medication safety, adherence, and clinical outcomes.**

Often conducted during **transitions of care** or in high-risk populations.

Aimed at **optimizing medication regimens** by identifying unnecessary or harmful drugs and potential interactions and addressing patient adherence issues.

Examples of use Found in the Literature

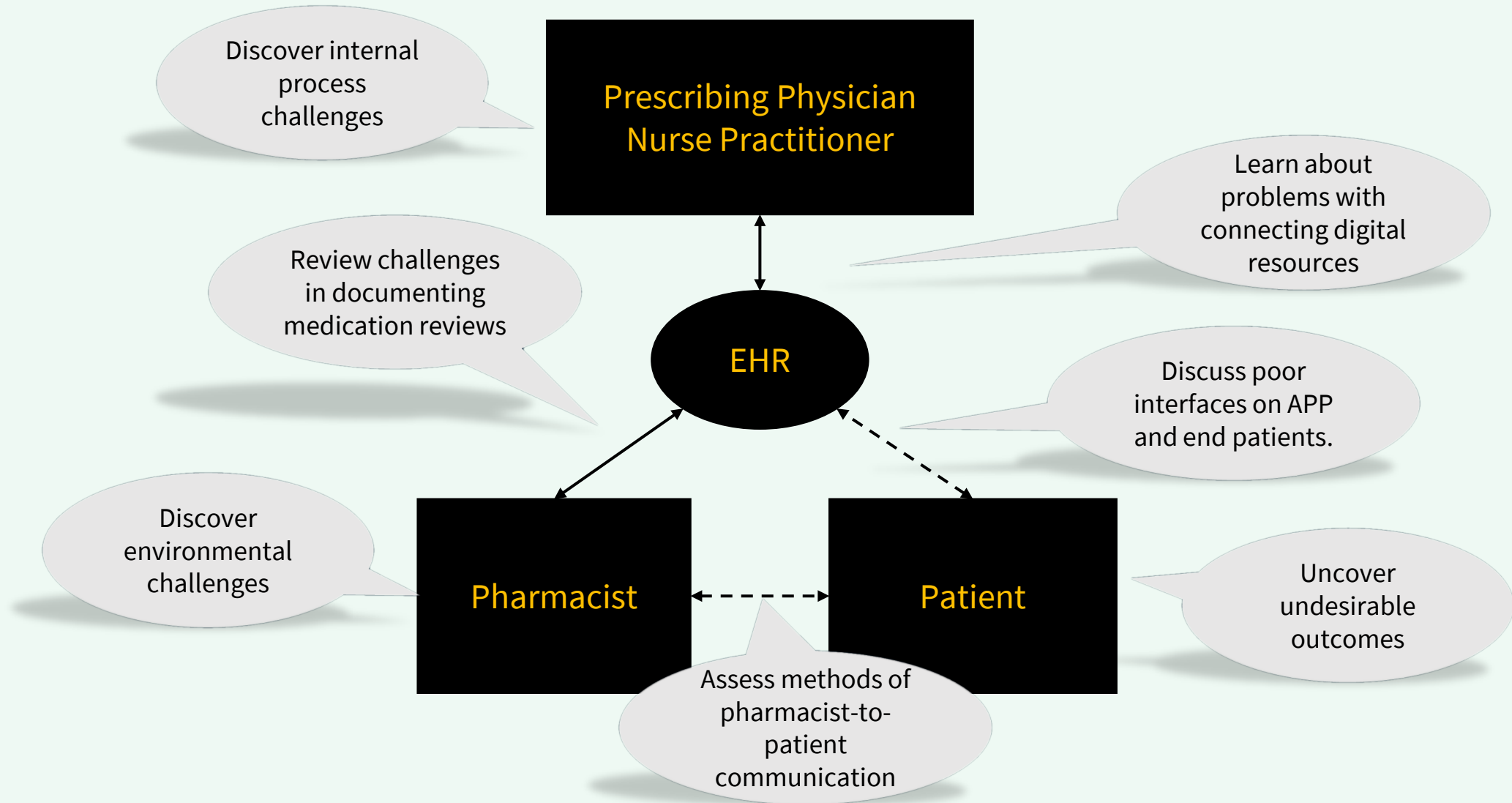
- Tan et al. (2022) considered medication reviews a central component of the collaborative clinic model, where pharmacists reviewed and optimized the medication regimens of diabetic patients to improve adherence and reduce complications.
- Riester et al. (2021) used medication reviews to identify and prioritize high-risk patients for focused interventions, aiming to reduce hospital readmissions by optimizing their medication regimens during care transitions.
- Abbott et al. (2020) consider CMR as home-based reviews conducted by pharmacists to assess medication safety and adherence in patients discharged from the hospital.

What did we learn from the literature review?

The 14 studies reviewed revealed several common themes about medication reviews, highlighting recurring challenges, benefits, and insights across different healthcare settings. Here are the key common themes.

Common Themes (clinical)	Common Themes (non-clinical)
<ul style="list-style-type: none">▪ Collaboration between pharmacists and other healthcare providers is essential but often lacking.▪ Medication reviews positively impact patient outcomes, improving adherence and reducing adverse effects when properly conducted.▪ Variability in implementation across settings affects the consistency and effectiveness of medication reviews.▪ Resource limitations, such as staffing shortages and insufficient reimbursement, challenge the prioritization of medication reviews.▪ Patient engagement is crucial for improving adherence and ensuring the effectiveness of medication reviews.	<ul style="list-style-type: none">▪ Technology and tools like telehealth and predictive models can support medication reviews but have limitations.▪ Geographic and setting-specific challenges create barriers to consistent implementation, especially in rural areas.▪ Reimbursement issues limit the financial incentives for pharmacists to prioritize medication reviews.▪ Time constraints and workload pressures limit the frequency and thoroughness of medication reviews.▪ Training and competency gaps hinder the quality and consistency of medication reviews.

What is Our High-level CONOPS?



References

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