

BRODCO

DESIGN • BUILD • RENOVATIONS • ADDITIONS
EST. 1998

SAUNA

2026



steemd.ca



ART | DESIGN | FUNCTION

MISSION & VISION

Steemd Wellness sets out to redefine the outdoor experience by fusing art, engineering, and function. Our North American-made outdoor living products represent the pinnacle of curated design, delivering high-value solutions where leading-edge aesthetics meet everyday utility.

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the **ONYX** series



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the ONYX Sauna Series

This modern sauna offers a sleek, minimalist sanctuary designed to comfortably accommodate 2-3 people. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

Key Features:

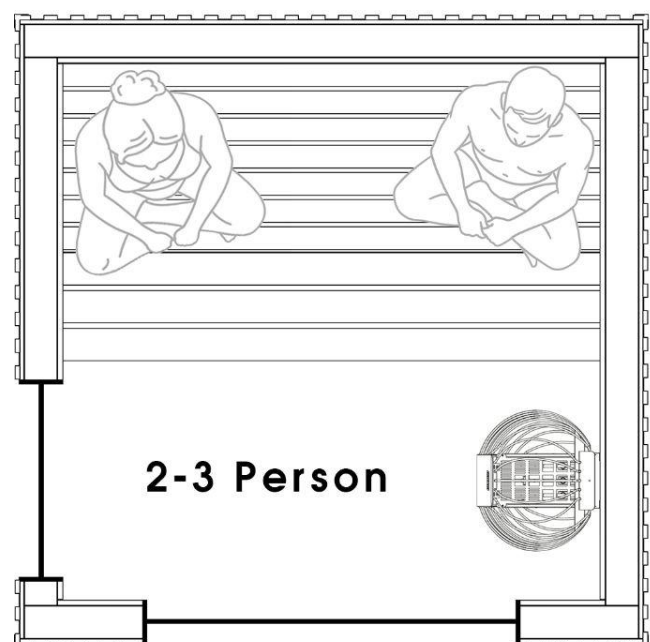
Premium Exterior: Clad in smooth textured LP Smart Siding, with custom metal trims the sauna features a deep charcoal/black finish that fits perfectly in any backyard or commercial setting.

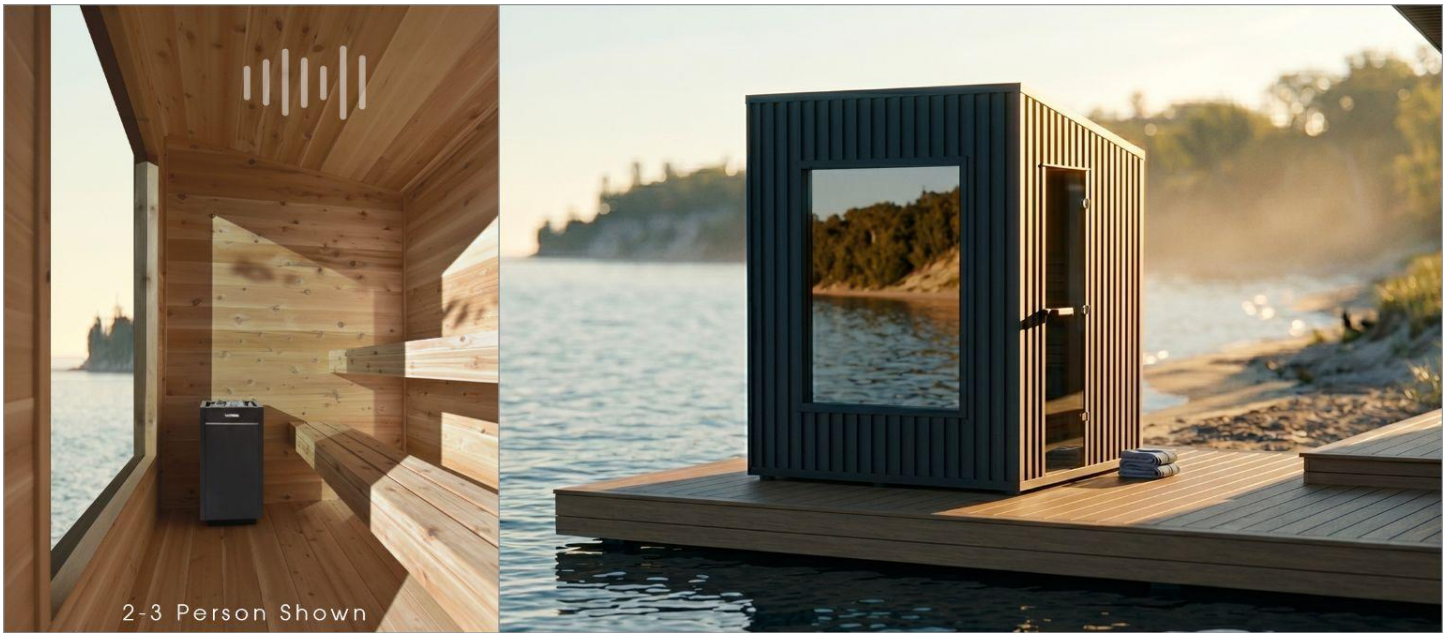
Engineered Roof: Engineered for durability, our custom profile steel roof system delivers uncompromising protection while maintaining Steemd's signature architectural simplicity and minimal visible hardware.

Thoughtful Design: The structure includes a clean-lined, flush-mount door with a vertical pull handle and a large tempered glass window, allowing for natural light and a more spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Sauna Footprint		68.5" x 68.5"
Interior Floor Space		57.5" x 57.5"
Interior Front Height		84.5"
Interior Back Height		75"
Exterior Front Height		91"
Exterior Back Height		84"
Front Window		40"W x 60"H
Glass Door		21.375" x 67"
Upper Bench		60.5" x 19.5"
Bench Step		60.5" x 8.5"
Wall R Value		R-6
Cubic Feet		220





2-3 Person Shown

the ONYX Sauna Series

This modern sauna offers a sleek, minimalist sanctuary designed to comfortably accommodate 2-3 people. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

Key Features:

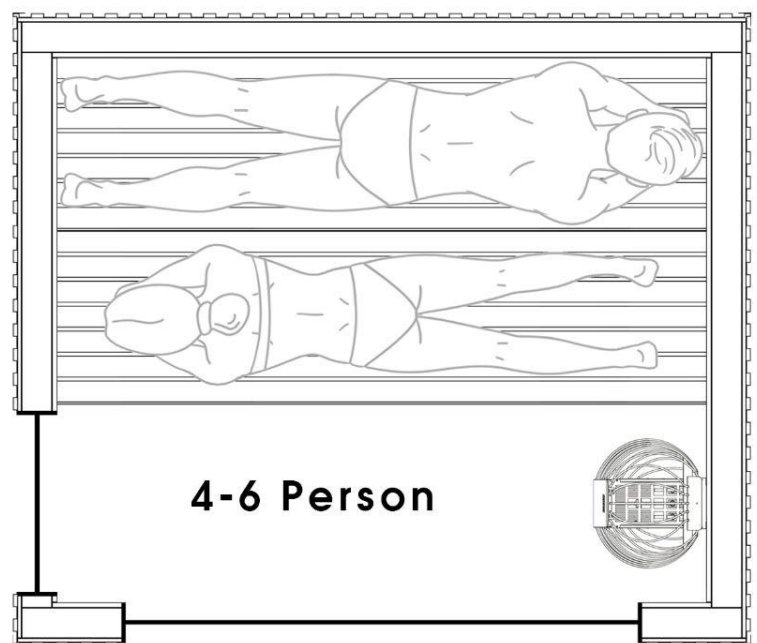
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Thoughtful Design: The structure includes a clean-lined, flush-mount door with a vertical pull handle and a large tempered glass window, allowing for natural light and a more spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Footprint	74.5" x 86.5"
Interior Floor Space	66.5" x 80.5"
Interior Front Height	84.5"
Interior Back Height	75"
Exterior Front Height	91"
Exterior Back Height	84"
Front Window	60"W x 60"H
Glass Door	21.375" x 67"
Upper Bench	80.5"L x 19.5"D
Lower Bench	80.5"L x 19.5"D
Wall R Value	R-6
Cubic Feet	266





the ONYX Sauna Series

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Key Features:

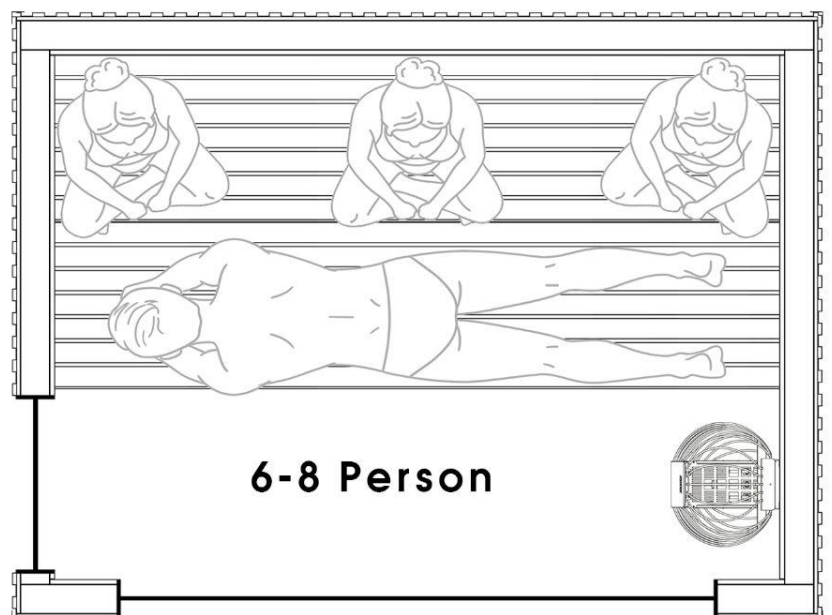
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Thoughtful Design: The structure includes a clean-lined, flush-mount door with a vertical pull handle and a large tempered glass window, allowing for natural light and a more spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

- Sauna Footprint | 74.5" x 98.5"
- Interior Floor Space | 66.5" x 92.5"
- Interior Front Height | 84.5"
- Interior Back Height | 75"
- Exterior Front Height | 91"
- Exterior Back Height | 84"
- Front Window | 72"W x 60"H
- Glass Door | 21.375" x 67"
- Upper Bench | 92.5"L x 19.5"D
- Lower Bench | 92.5"L x 19.5"D
- Wall R Value | R-6
- Cubic Feet | 305



the **MODERN** series



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the MODERN Sauna Series

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Key Features:

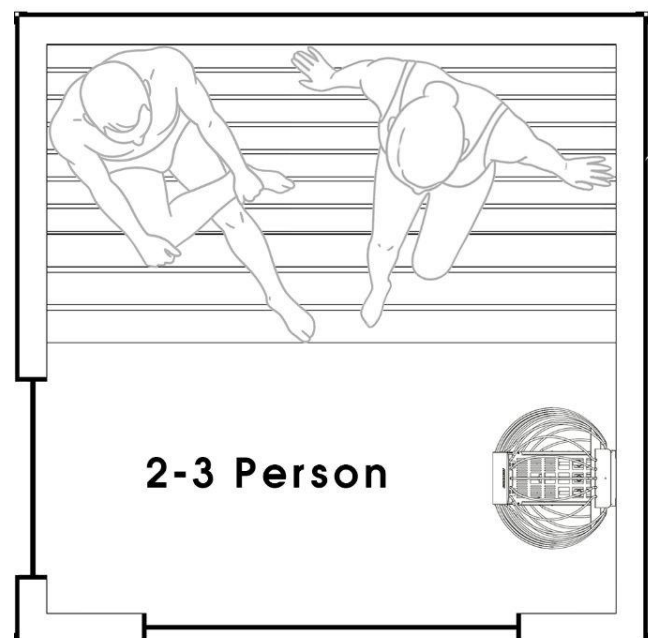
Premium Exterior: Clad in smooth textured LP Smart Siding, with custom metal trims the sauna features a deep charcoal/black finish that fits perfectly in any backyard or commercial setting.

Engineered Roof: Engineered for durability, our custom profile steel roof system delivers uncompromising protection while maintaining Steemd's signature architectural simplicity and minimal visible hardware.

Thoughtful Design: The structure includes a clean-lined, flush-mount door with a vertical pull handle and a large tempered glass window, allowing for natural light and a more spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Sauna Footprint		66.75" x 66.75"
Interior Floor Space		60.75" x 60.75"
Interior Front Height		84.5"
Interior Back Height		75"
Exterior Front Height		91"
Exterior Back Height		84"
Front Window		40"W x 60"H
Glass Door		21.375" x 67"
Upper Bench		60.5" x 19.5"
Bench Step		60.5" x 8.5"
Wall R Value		R-6
Cubic Feet		220





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This modern sauna offers a sleek, minimalist sanctuary designed to comfortably accommodate 2-3 people. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

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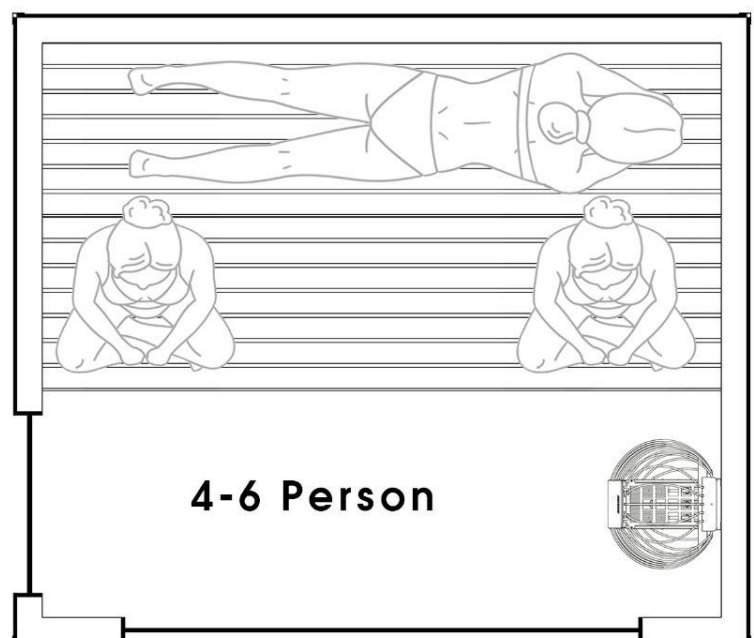
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Thoughtful Design: The structure includes a clean-lined, flush-mount door with a vertical pull handle and a large tempered glass window, allowing for natural light and a more spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Footprint	72.75" x 84.75"
Interior Floor Space	66.75" x 78.5"
Interior Front Height	84.5"
Interior Back Height	75"
Exterior Front Height	91"
Exterior Back Height	84"
Front Window	60"W x 60"H
Glass Door	21.375" x 67"
Upper Bench	78.5"L x 19.5"D
Lower Bench	78.5"L x 19.5"D
Wall R Value	R-6
Cubic Feet	266





the MODERN Sauna Series

This modern sauna offers a sleek, minimalist sanctuary designed to comfortably accommodate 2-3 people. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

Key Features:

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Thoughtful Design: The structure includes a clean-lined, flush-mount door with a vertical pull handle and a large tempered glass window, allowing for natural light and a more spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Sauna Footprint | 72.75" x 96.75"

Interior Floor Space | 66.5" x 90.75"

Interior Front Height | 84.5"

Interior Back Height | 75"

Exterior Front Height | 91"

Exterior Back Height | 84"

Front Window | 72"W x 60"H

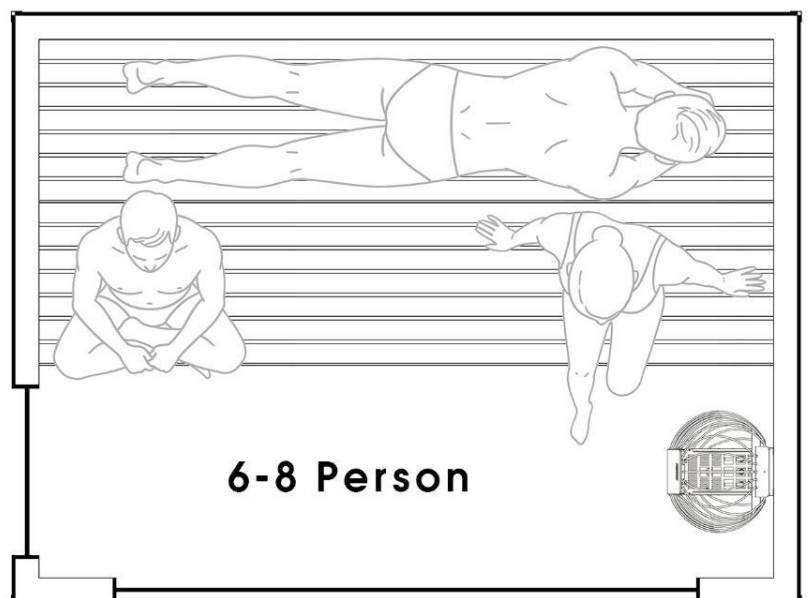
Glass Door | 21.375" x 67"

Upper Bench | 90.75"L x 19.5"D

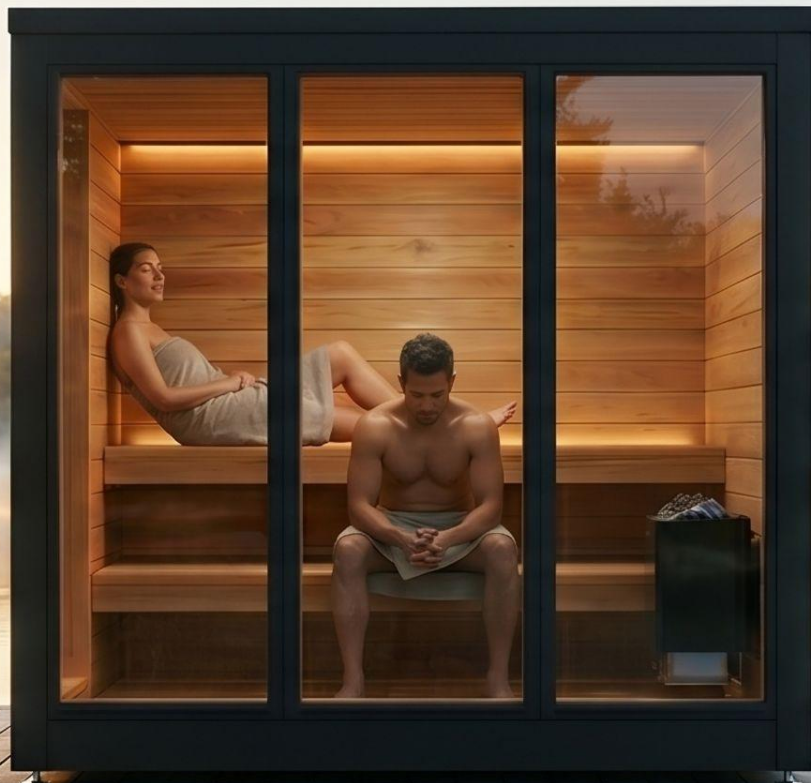
Lower Bench | 90.75"L x 19.5"D

Wall R Value | R-6

Cubic Feet | 305



the **HORIZON** series



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4-6 Person Shown

the HORIZON Sauna series

The **HORIZON** sauna offers expansive views while comfortably accommodating 4-6 people. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

Key Features:

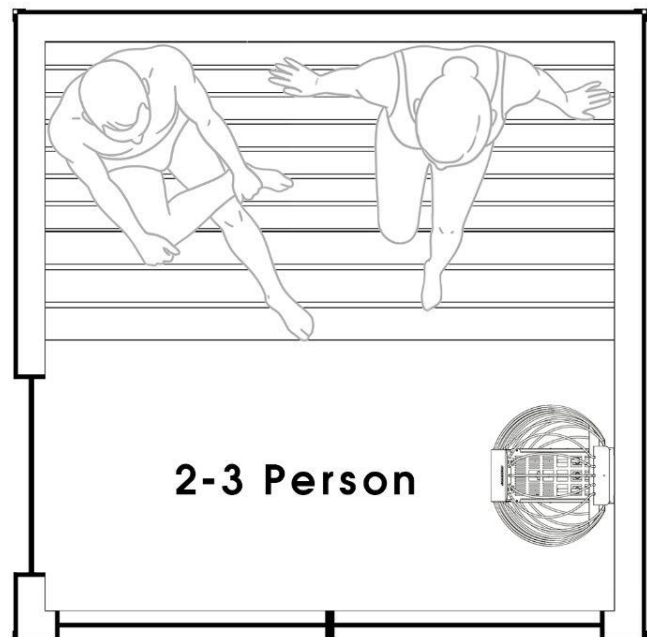
Premium Exterior: Clad in smooth-textured LP Smart Siding with custom metal trims, the sauna features a deep charcoal-black finish that fits perfectly in any backyard or commercial setting.

Engineered Roof: Engineered for durability, our custom profile steel roof system delivers uncompromising protection while maintaining Steemd's signature architectural simplicity and minimal visible hardware.

Open Design: The structure includes a full glass door and three large front windows, allowing for natural light, expansive views, and a spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Footprint	66.75" x 66.75"
Interior Floor Space	60.75" x 60.75"
Interior Front Height	79.75"
Interior Back Height	76"
Exterior Front Height	91"
Exterior Back Height	84"
Front Windows (x2)	29"W x 77"H
Glass Door	21.375" x 67"
Upper Bench	60.75" x 19.5"
Bench Step	60.75" x 8.5"
Wall R Value	R-6
Cubic Feet	220





4-6 Person Shown

the HORIZON Sauna series

The HORIZON sauna offers expansive views while comfortably accommodating 4-6 people. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

Key Features:

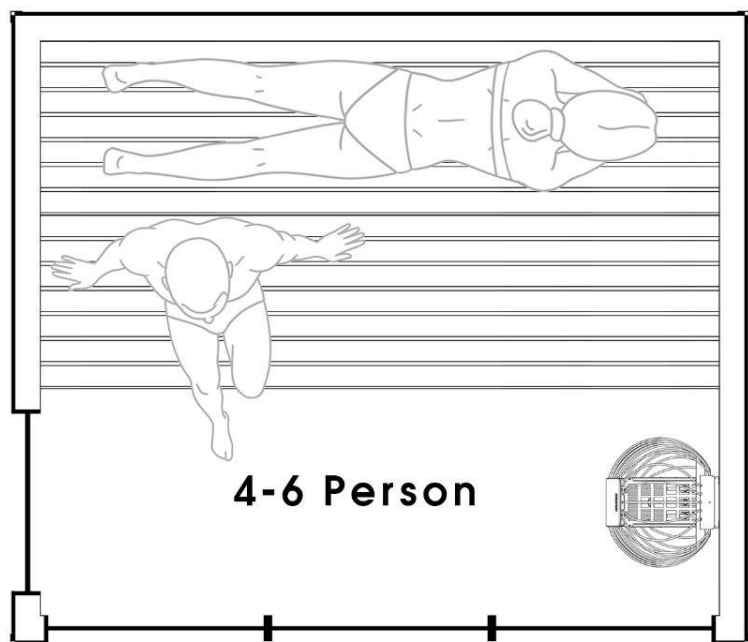
Premium Exterior: Clad in smooth-textured LP Smart Siding with custom metal trims, the sauna features a deep charcoal-black finish that fits perfectly in any backyard or commercial setting.

Engineered Roof: Engineered for durability, our custom profile steel roof system delivers uncompromising protection while maintaining Steemd's signature architectural simplicity and minimal visible hardware.

Open Design: The structure includes a full glass door and three large front windows, allowing for natural light, expansive views, and a spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Footprint	72.75" x 84.75"
Interior Floor Space	66.75" x 78.75"
Interior Front Height	84.5"
Interior Back Height	75"
Exterior Front Height	91"
Exterior Back Height	84"
Front Windows (x2)	25.75"W x 77"H
Glass Door	21.375" x 67"
Upper Bench	78.75" x 19.5"
Lower Bench	78.75" x 19.5"
Wall R-Value	R-6
Cubic Feet	220





the HORIZON Sauna series

The HORIZON sauna offers expansive views while comfortably accommodating 4–6 people. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

Key Features:

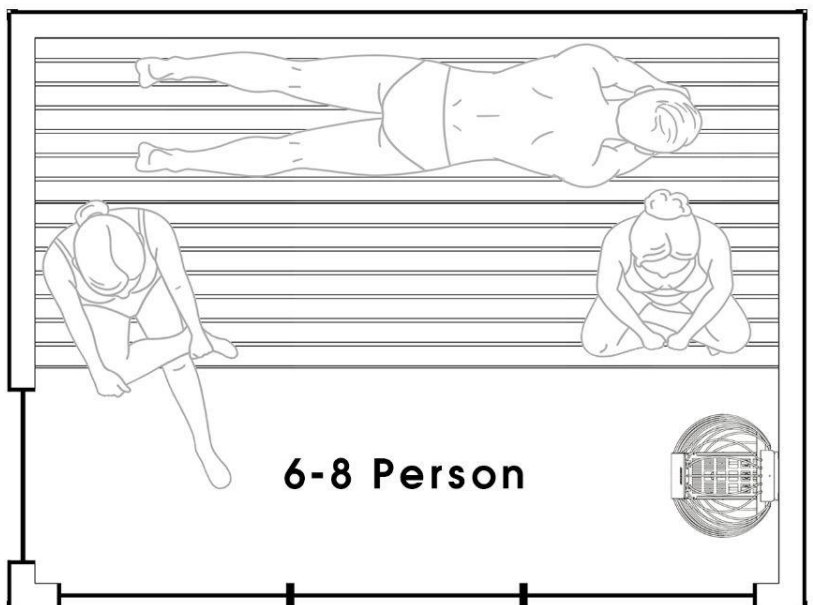
Premium Exterior: Clad in smooth-textured LP Smart Siding with custom metal trims, the sauna features a deep charcoal-black finish that fits perfectly in any backyard or commercial setting.

Engineered Roof: Engineered durability, our custom profile steel roof system delivers uncompromising protection while maintaining Steemd's signature architectural simplicity and minimal visible hardware.

Open Design: The structure includes a full glass door and three large front windows, allowing for natural light, expansive views, and a spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Footprint | 72.75" x 96.75"
 Interior Floor Space | 66.75" x 90.5"
 Interior Front Height | 79.75"
 Interior Back Height | 76"
 Exterior Front Height | 91"
 Exterior Back Height | 84"
 Front Windows (x3) | 28.25"W x 77"H
 Glass Door | 21.375" x 67"
 Upper Bench | 90.5"L x 19.5"D
 Lower Bench | 90.5"L x 19.5"D
 Wall R-Value | R-6
 Cubic Feet | 305



the **VAULT** series





the VAULT Sauna series

The **VAULT** sauna offers compact comfort to accommodate 1-2 occupants. Combining contemporary aesthetics with rugged durability, it is built to withstand the elements while providing a high-end wellness experience.

Key Features:

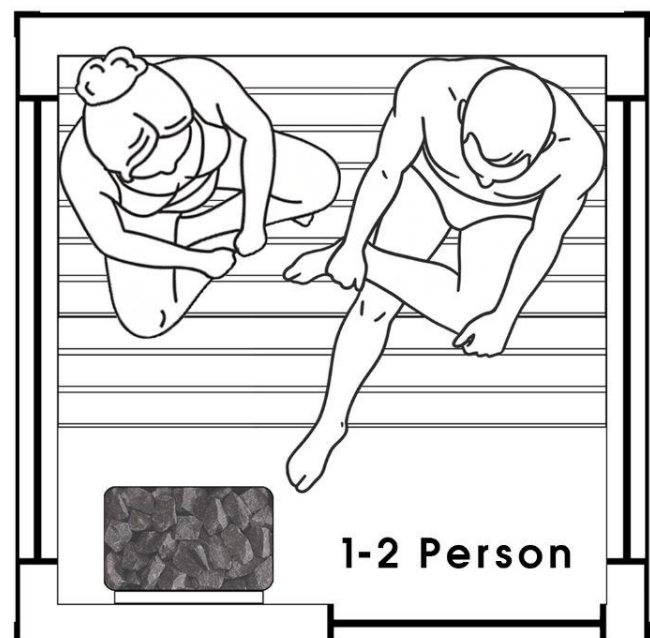
Premium Exterior: Clad in smooth-textured LP Smart Siding with custom metal trims, the sauna features a deep charcoal-black finish that fits perfectly in any backyard or commercial setting.

Engineered Roof: Engineered for durability, our custom profile steel roof system delivers uncompromising protection while maintaining Steemd's signature architectural simplicity and minimal visible hardware.

Compact Design: The structure includes a full glass door and two transom windows, allowing for natural light and a spacious feel.

Customized Heat: Choose the experience that fits your lifestyle with both electric and wood-burning heater options.

Footprint	48.75" x 48.75"
Interior Floor Space	42" x 42"
Interior Front Height	79"
Interior Back Height	76"
Exterior Front Height	84"
Exterior Back Height	81"
Transom Windows (x2)	36"W x 12"H
Glass Door	21.375" x 67"
Upper Bench	42" x 19.5"
Bench Step	42" x 11"
Wall R Value	R-6
Cubic Feet	85



HEALTH BENEFITS ASSOCIATED WITH REGULAR SAUNA BATHING



HEAVILY SUPPORTED BY LONGITUDINAL RESEARCH - PARTICULARLY THE LANDMARK FINNISH KUOPIO ISCHEMIC HEART DISEASE RISK FACTOR (KIHD) STUDY.

ALL-CAUSE MORTALITY REDUCTION:

FREQUENT SAUNA BATHING (4 TO 7 SESSIONS PER WEEK) IS ASSOCIATED WITH AN APPROXIMATELY 40% LOWER RISK OF ALL-CAUSE MORTALITY COMPARED TO USING THE SAUNA ONLY ONCE A WEEK (LAUKKANEN ET AL., 2015).

40% REDUCED ALL-CAUSE MORTALITY:

USING A SAUNA 4-7 TIMES A WEEK SIGNIFICANTLY EXTENDS LIFESPAN COMPARED TO USING IT ONLY ONCE A WEEK.

MAJOR CARDIOVASCULAR PROTECTION:

CUTS THE RISK OF FATAL HEART DISEASE BY UP TO 50% AND SUDDEN CARDIAC DEATH BY 63%.

BETTER BLOOD PRESSURE & VASCULAR HEALTH:

REDUCES ARTERIAL STIFFNESS AND LOWERS BLOOD PRESSURE, MIMICKING THE EFFECTS OF MODERATE AEROBIC EXERCISE.

STROKE & BRAIN DISEASE PREVENTION:

FREQUENT USE IS LINKED TO LOWER STROKE RISK AND UP TO A 65% REDUCED RISK OF ALZHEIMER'S AND DEMENTIA.

LOWER SYSTEMIC INFLAMMATION:

REDUCES CHRONIC INFLAMMATION AND OXIDATIVE STRESS, WHICH ARE MAJOR DRIVERS OF AGING AND CHRONIC DISEASE.

CONNECT

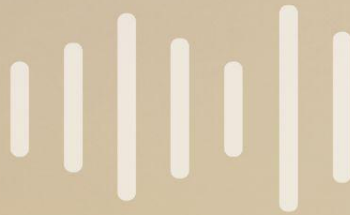
Brodie Watson | 519 281 2763 | bwatson@brodco.com

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