Lebanon Trail Emerald Elite Tryout Packet 2020-2021

Please complete pages 13-24 and return to Mrs. Harmon in F120 or the LTHS, CMS, or FMS front office by Monday, 3/23, at 4:00 PM.

From The Emerald Elite Directors

Dear Parents and EE Hopeful,

Being a member of the Emerald Elite Drill Team at Lebanon Trail High School is an experience unlike any other. This program requires a great deal of hard work and commitment, but its members gain experiences and memories that last a lifetime. As we embark on our fifth year, we hope to continue creating traditions and building the legacy and reputation that defines the Emerald Elite Drill Team.

With that said, it will take dedication from each member of the team in order to continue our success. Unity, cooperation, and dependability are characteristics that great teams value and demonstrate each day, and Emerald Elite is no different. There is not really an "off season" for drill team, so we practice in the mornings year-round in addition to our drill team class period. We will perform at football games, pep rallies, competitions, basketball games, Spring Show, and other special events. Fundraisers and community service projects are also a big part of our year. In order to work as a team, each member is expected to attend and be highly involved in everything we do.

Please read the entirety of this tryout packet, as it includes important information regarding tryouts and involvement in Emerald Elite. Once you have read and understood the information presented in this handout, sign and return pages 13-24 to the dance room (F120) or the Lebanon Trail, Clark, or Fowler front office by Monday, 3/23, at 4:00 PM. Please do not hesitate to contact us with any questions you might have about the tryout process or Emerald Elite in general. We're looking forward to meeting our 2020-2021 team!

Jamie Harmon & Mary Williford
Emerald Elite Director & Asst. Director
Lebanon Trail High School
harmonj@friscoisd.org
willifordm@friscoisd.org

Tryout Information

Parent Meeting:

There will be a mandatory parent and EE hopeful meeting on Thursday, February 27, 2020 at 6:30 pm in the LTHS Lecture Hall (A200). You may turn in your completed application or pick up a blank tryout packet at this time. If a parent/guardian is unable to attend this meeting, please email Jamie Harmon (harmonj@friscoisd.org) with a notification of your absence.

Tryout Applications:

The following pages need to be completed and turned in by Monday, March 23, 2020 at 4:00 pm. Applications may be turned in to Mrs. Harmon in F120 or the LTHS, CMS, or FMS front office. **Late applications will not be accepted.**

- Emerald Elite Drill Team Application Page (13)
- Emerald Elite Audition Agreement Form (14)
- FISD Travel Release Form (15)
- FISD Social Media Contract (17)
- FISD Dance Team Acknowledgement Form (19)
- FISD Inherent Risk Form (21)
- FISD Medical Release Form (23)
- FISD Physical Form (visit www.lthsemeraldelite.com to download)
- Report Card with 1st & 2nd 9-Weeks Grades

Please secure your completed packet in a manila envelope labeled:

Emerald Elite Tryout Application- "EE Hopeful's Name"

Attention: Jamie Harmon, Emerald Elite Director

Lebanon Trail High School

Tryout Clinic:

Tryout clinic will take place on Tuesday, 3/24, Wednesday, 3/25, and Thursday, 3/26, from 4:30-6:30 pm in the LTHS main gym. During the clinic, dancers will learn both a jazz and a kick routine, receive their tryout groups and numbers, discuss what is expected at tryouts, and participate in a mock tryout. Attendance is mandatory on all three days. If a hopeful misses a day of clinic, he or she will not be allowed to tryout. Dancers should wear school appropriate dance clothing, dance shoes, and hair up. Tryout clinic is closed to spectators and may not be video recorded. A video of the tryout routines will be available on the Emerald Elite website

after the first day of clinic (www.lthsemeraldelite.com). No food or drink is allowed in the gym except for bottled water. Hopefuls may bring a snack to eat in the hallway before clinic.

Emerald Elite Tryouts:

Tryouts for the 2020-2021 Emerald Elite Drill Team will be held on Friday, March 27, 2020 at 5:00 pm in the LTHS main gym. All hopefuls must be an enrolled 9th-12th grade student at Lebanon Trail High School for the 2020-2021 school year. Candidates should report to the dance room (F120) by 4:30 pm and will be escorted into the gym when it is their turn to tryout. Tryouts are closed to spectators. Candidates are expected to stay for the entirety of auditions and callbacks (if needed). Dancers should wear the following:

- Black tank top or short sleeve shirt (tight fitting and school appropriate)
- Black leggings (ankle length)
- Black jazz shoes with black socks or half shoes
- Hair in a slicked up high bun
- Performance make-up
- No jewelry except stud earrings

Scoring:

Hopefuls will be scored by a panel of judges, and their decision is final. Judges will not refer to hopefuls by name, only numbers will be used. In accordance with FISD Fine Arts Department policy, LTHS Emerald Elite hopefuls must earn a score of at least 70 points out of 100 in order to make the team. There is no minimum or maximum number of spots available. If a candidate makes a 70 or higher, he or she will be a member of the new team. Viewing score sheets must be done within 5 school days of tryouts.

Announcement of the 2020-2021 Emerald Elite Drill Team:

The new team will be announced via the Emerald Elite website (www.lthsemeraldelite.com) using numbers only. The list of new team members will be posted approximately 30 minutes after tryout candidates have been dismissed. If a hopeful is not selected for the team, he or she is highly encouraged to enroll in the Dance Training course at Lebanon Trail. Taking this course will help dancers gain the skills necessary to improve technique and prepare for the following year's tryout.

Emerald Elite Line Tryout Rubric

Candidate Number: _____ Judge Number: _____ Judge Initials: _____

Audition Criteria	Comments	Points
Jazz Routine		**_____/40**
Kick Routine		**_____/30**
Right Split		**_____/10**
Left Split		**_____/10**
Showmanship/Overall Presentation		**_____/10**

Total Score: _____

Emerald Elite's Year at a Glance

New Team Practices:

New team practices will start after team tryouts and are mandatory. They will be held after school from 4:30-6:30 pm. Some of these practices will be utilized as a fitting for uniforms, practice items, spirit wear, etc.

Summer Dance Classes:

Emerald Elite members are expected to take studio dance classes over the summer. Class schedules and hour expectations will be given before the end of the 2019-2020 school year.

Line Camp:

All Emerald Elite members must attend Crowd Pleaser's Line Camp on July 31st-August 2nd at the Delta Hotels by Marriott Dallas Allen hotel. This is a time for the girls to get to know one another, develop both dance and leadership skills, and learn routines for the upcoming year.

Summer Practices:

Summer practices start shortly before school begins. These practices are mandatory for all members as we will be working on football routines, stand routines, contest routines, and conditioning for the fall.

Football Season:

Emerald Elite will perform at all football games, home and away, as well as potential playoff games. Members will be required to try out for each halftime performance. Football games are mandatory.

Basketball Season:

We will perform our contest routines at select basketball games throughout the season. We will only attend games held at LTHS with the exception of potential playoff games. Attendance at these events is mandatory.

Contest Season:

Emerald Elite will attend 2 regional competitions and 1 national competition in 2021. All members will be required to try out for each contest routine. Practices for contest season will be held before school, after school, and on some Saturdays.

Spring Show:

Our annual Spring Show will be held in the LTHS auditorium. This will be an opportunity for the team to showcase all the work they have done throughout the year.

Emerald Elite Fundraisers

Emerald Elite members are expected to participate in several fundraisers throughout the year. See below for a glance at our tentative events for 2020-2021. Funds raised go towards contest fees, costumes, choreography, team building events and socials, Spring Show, banquet, and more.

Fundraiser:	Approximate Date:	Explanation:
SNAP! Raise	August 2020	EE family and friends can make online tax-deductible donations that go towards our expenses for the year.
EE Junior Clinic	October 2020	Young dancers come to LTHS while their parents enjoy a day to themselves. Attendees get to learn a fun routine and participate in activities led by EE members.
Crowd Pleasers Contest	February 2021	All EE members and their parents come together to host a dance contest at LTHS.
Spring Show Program Ads	February- April 2021	Local businesses, family, and friends can purchase ad space in our Spring Show program promoting their company or sending well wishes to their favorite EE member.
Various Spirit Nights	Year Round	Once a month, a local business will host an "EE Night" where a portion of the proceeds go towards EEBA.

Emerald Elite Estimated Expenses

The following fees are a requirement for members of Emerald Elite. They are estimates but should be a close representation of what is expected. As a returning team member, fees will be lower because a lot of items will remain the same from year to year. Payment plans are available upon request.

Rookie Fees	Returning Member Fees
Leapin' Leotards- $560 (4 practice tops, 2 pairs of leggings, game day shirt, team pullover, 2 pairs of boots, spirit jersey, team backpack, half shoes, tights, performance bra) Down Patt- $90 (2 uniform tops, uniform bloomers) Floyette- $95 (uniform hat) Miscellaneous Items- $525 (summer dance classes, t-shirts, technique classes, game day meals, team earrings, team tennis shoes) Crowd Pleasers Line Camp- $500 Crowd Pleasers Nationals- $TBD Booster Club Fees- $50 ($25/parent)	Leapin' Leotards- $25 (game day shirt, any other items that need replacing) Miscellaneous Items- $520 (summer dance classes, t-shirts, technique classes, game day meals, team tennis shoes) Crowd Pleasers Line Camp- $500 Crowd Pleasers Nationals- $TBD Booster Club Fees- $50 ($25/parent)

Emerald Elite Merit and Demerit System

Purpose

In order to be a productive and successful team, it is necessary that each team member be responsible to uphold a discipline system and FISD Code of Conduct. The purpose of the merit/demerit system is to enhance our organization in a positive way by holding each team member to a standard for team rules, policies, and procedures. The merit/demerit system will be enforced at all times. Each team member is expected to know, understand, and follow the system. The Director will issue and keep record of merits and demerits. Merits and demerits will be recorded once the new team is selected and will be in effect until the end of the Emerald Elite's year. Members will begin each Emerald Elite year with a "zero balance" of merits and demerits.

Merit System Guidelines

The merit system is designed to reward members for positive behavior. Opportunities to earn merits will be provided throughout the year by the Director. One merit will erase one demerit if the merit is earned prior to receiving the demerit. Earning a merit is the only way to remove a demerit from an Emerald Elite's record.

Demerit System Guidelines

The demerit system is designed to hold members accountable for team rules, policies, and procedures. Demerits may be erased by earning merits. Upon receiving a demerit, the member will perform physical conditioning and sign the merit/demerit log.

Probation

A member will be placed on probation if he/she earns **ten** demerits. The duration of the probation period will be determined by the director. Members will attend all rehearsals. Members may wear the team uniform and attend social activities related to dance team while on probation. A contract will be written and must be signed by the member,

parent, and director. If the member is placed on probation due to loss of eligibility for UIL grading purposes, the team member may not wear the performance uniform, travel, or sit with the team. The team member may attend educational field trips, but he/she may not participate or assist with a public performance. Probation will result in sitting out from all performances within the probation period. If there is not a scheduled performance during the probation period, the team member may be pulled from performances that occur after the probation period has ended. In addition to the Emerald Elite Merit/Demerit System, all guidelines stated in the FISD Extracurricular Code of Conduct will also apply.

Suspension

A member will be suspended if he/she earns **fifteen** demerits. The duration of the suspension period will be determined by the director. Members will attend all rehearsals. Members may not wear any part of the team uniform to school or activities. Members may not attend social activities related to dance team. Members may not travel or sit with the dance team at performance events or public activities. A contract will be written and must be signed by the member, parent, and director. Suspension will result in sitting out from all performances within the suspension period, as determined by the director. If there is not a scheduled performance during the suspension period, the team member may be pulled from performances that occur after the suspension period has ended. In addition to the Emerald Elite Merit/Demerit System, all guidelines stated in the FISD Extracurricular Code of Conduct will also apply.

Dismissal

A member will be considered for dismissal from the team if he/she accumulates **twenty or more** demerits, even if he/she has not encountered probation or suspension. If a member is removed from the team, he/she must turn in all school equipment and uniforms and clear all financial obligations within one week of dismissal. Dismissal will require a meeting with the campus principal. In addition to the Emerald Elite Merit/Demerit System, all guidelines stated in the FISD Extracurricular Code of Conduct will also apply.

Infraction Rubric

Attendance	**Number of Demerits**
Unexcused tardy to rehearsal, performance, or mandatory activity	1 for every 5 minutes
Unexcused absence from rehearsal or other mandatory activity	3
Leaving early without director's permission	3
Unexcused absence from a performance	5
Attire	**Number of Demerits**
Wearing incorrect clothes/uniform	1 per item
Wearing nail polish for a performance	1
Wearing incorrect makeup	1
Wearing incorrect hair	1
Wearing jewelry at rehearsal or performance	1
Wearing tights with runs in them for a performance	1
Wearing incorrect clothes for spirit days	1
Lending EE attire to a non-EE member	3-5
Incorrect care or damage to costumes or school property	3-5
Conduct	**Number of Demerits**
Talking at inappropriate times	1
Forgetting an item	1 per item
Chewing gum	1
Using cell phone at inappropriate times	1
Not cheering at a pep rally, game, or spirit event	1
Not following instructions	1
Leaving a mess	1
Disorderly locker room	1
Eating in uniform	3
Profanity	3
Visible tattoo	3
Negative/inappropriate social media	3-5
Physical displays of affection	3-5
Disrespectful behavior towards a peer	3-5
Disrespectful behavior towards a parent/teacher/director	5
Disrespectful behavior towards an administrator	5
Inappropriate conduct	5-10
Infraction of school rules	**Number of demerits**
Detention	3 per instance
Office referral	5 per instance
Saturday school	5 per day
ISS	5 per day
Suspension from school	25/dismissal from the team
ANY INFRACTION NOT LISTED ABOVE	**PER DIRECTOR'S DISCRETION**

Emerald Elite Important Dates

Spring and Summer 2020

Tuesday, 3/31: Spring Show Rehearsal (5:00-7:00 PM)

Thursday, 4/2: Spring Show Dress Rehearsal (5:00-8:00 PM)

Friday, 4/3 & Saturday, 4/4: Spring Show (6:00 PM call time)

Tuesday, 4/7: New Team Parent Meeting (6:30 PM)

Wednesday, 4/22: Officer/Sergeant Mock Tryouts (5:00 PM)

Friday, 4/24: Officer/Sergeant Reveal (5:30 PM)

Tuesday, 4/28 & Thursday, 4/30: New Team Practice (4:30-6:30 PM)

Monday, 5/4: Booster Club Meeting (6:30 PM)

Monday, 5/4 & Wednesday, 5/6: New Team Practice (4:30-6:30 PM)

Tuesday, 5/12 & Thursday, 5/14: New Team Practice (4:30-6:30 PM)

Saturday, 5/16: Mother/Daughter Brunch (10:00 AM- 12:00 PM)

Monday, 5/18 & Wednesday, 5/20: New Team Practice (4:30-6:30 PM)

Friday, 5/29- Monday, 6/1: Crowd Pleasers Officer Camp

Monday, 7/27- Thursday, 7/30: Team Practice (10:00 AM-12:00 PM)

Friday, 7/31- Sunday, 8/2: Crowd Pleasers Line Camp

Wednesday, 8/5-Friday, 8/7: Team Practice (3:30-6:30 PM)

Monday, 8/10-Wednesday, 8/12: Team Practice (3:30-6:30 PM)

****All dates and times are subject to change.**

Emerald Elite Drill Team Application

Name: _____

Nickname (if applicable): _____

Student ID: _____

Grade Level (for ’20-’21): _____

Birthday (MM/DD/YYYY): _____

T-Shirt Size (circle one): S M L XL

Address: _____

City: _____

Zip Code: _____

Attach a Recent Photo Here

Candidate’s Email Address: _____

Mother’s Name: _____ Mother’s Cell Phone: _____

Mother’s Email Address: _____

Father’s Name: _____ Father’s Cell Phone: _____

Father’s Email Address: _____

Other organizations and programs you plan to be in for the ’20-’21 school year (i.e. sports, other fine arts, ISM, CTE programs, etc.) _____

_____

Emerald Elite Audition Agreement Form

Parent/Guardian Contract:

I, the parent/guardian of, _____, grant my permission for him/her to audition for the Emerald Elite Drill Team. I have read and fully understand the Frisco ISD Dance/Drill Team Code of Conduct 2020-2021 and the Emerald Elite Merit and Demerit System. I am fully aware of the discipline, time, and expense that would be required of my child as a member of Emerald Elite. If my child is selected to be a member of Emerald Elite, I agree to support all Frisco ISD, Lebanon Trail HS, and Emerald Elite rules, policies, and guidelines as they relate to drill team. I further stipulate that I will assist the Emerald Elite Directors and Lebanon Trail HS in the monitoring and enforcement of the Code of Conduct and Merit/Demerit System. I support my child in this endeavor and understand the implications that will result in the event that the rules and regulations are not followed and no refunds will be given.

_____	_____	_____
Printed Parent Name	Parent Signature	Date

Candidate Contract:

I, _____, am choosing to audition for the Emerald Elite Drill Team. I have read and fully understand the Frisco ISD Dance/Drill Team Code of Conduct 2020-2021 and the Emerald Elite Merit and Demerit System. I am fully aware of the discipline, time, and expense that would be required of me as a member of Emerald Elite. If I am selected to be a member of Emerald Elite, I agree to follow all Frisco ISD, Lebanon Trail HS, and Emerald Elite rules, policies, and guidelines as they relate to drill team. I understand that if I am unable to meet the requirements set forth in the Code of Conduct and Merit/Demerit System, I will forfeit my membership as a Lebanon Trail Emerald Elite Drill Team member and no refunds will be given.

_____	_____	_____
Printed Candidate Name	Candidate Signature	Date

Travel Release Form

As part of its educational program, the Frisco Independent School District (FISD) has organized a variety of educational and learning activities and trips in which your child will have an opportunity to participate. These trips and activities are designed to benefit students by providing unique learning experiences and exposure to new and different people and places in a supervised setting. School personnel will keep you informed of the upcoming activities in which your child will have the opportunity to participate. I, the undersigned, the parent and/or legal guardian of the student identified below, a minor, hereby acknowledge that said minor is presently under my care, custody and control. I hereby give the student identified below my express permission to travel with school personnel on the educational enrichment activities and trips the school has planned and to participate in all scheduled activities involved in the trip or activity. I acknowledge that liability of FISD, the FISD Board of Trustees, and any agents, employees, representatives, insurers, successors and assignees of the entities just named, is narrowly defined and extremely limited by Texas law and local policy.

LEBANON TRAIL EMERALD ELITE STUDENT/PARENT AUTHORIZATION & RELEASE FOR OFF-CAMPUS ACTIVITES

The Frisco Independent School District (FISD) offers a variety of learning activities at designated off-campus locations in which students will have an opportunity to participate. I hereby give permission for my son/daughter to participate in the various off-campus activities associated with the Frisco Dance/Drill Team program. I understand that FISD may not provide transportation to and from all activities. In the event that FISD does not provide such transportation, I further understand that I must provide transportation for my son/daughter as a condition of his/her participation in that activity. In consideration for allowing my son/daughter to participate in off-campus activities, I knowingly and voluntarily agree to assume full responsibility and assume all risk for any accident, loss, damage and injuries he/she may sustain as a result of or arising out of any aspect of the activity. Furthermore, I, on behalf of myself, my son/daughter named below, our respective family members and our respective heirs, legatees, executors, administrators and assignees, hereby agree to release, acquit, discharge and hold harmless FISD and FISD Board of Trustees and any agents, employees, representatives, insurers, successors and assignees of the entities just named from any and all claims, demands, liabilities, actions or causes of action, of whatever kind or character, whether known or unknown, whether arising out of federal, state or local statute or common law, including claims resulting from negligence, that I or my son/daughter may sustain arising out of any aspect of the off-campus activity, including, but not limited to, driving or riding to or from the off-campus activity.

LEBANON TRAIL EMERALD ELITE PARENT/GUARDIAN-STUDENT TRAVEL RELEASE & AGREEMENT

I HAVE REVIEWED AND AGREE TO THE INFORMATION STATED ABOVE. I UNDERSTAND THE CONTENTS AND GIVE MY PERMISSION FOR MY SON/DAUGHTER TO ATTEND DISTRICT AND OUT-OF-DISTRICT TRIPS, SCHOOL-SPONSORED, EXTRA-CURCULAR AND CO-CURRICULAR ACTIVITIES. I UNDERSTAND THAT FRISCO ISD AND LEBANON TRAIL HIGH SCHOOL WILL NOT BE LIABLE FOR INJURIES AND MEDICAL COST FOR STUDENTS. I UNDERSTAND THAT ANY VIOLATION OF SET RULES WILL SUBJECT MY CHILD TO SUSPENSION FROM CLASS, EXPULSION FROM SCHOOL AND DISMISSAL FROM THE DANCE/DRILL TEAM ORGANIZATION. I FURTHER UNDERSTAND THAT ANY STUDENT VIOLATING THE CONDUCT RULES OF FRISCO ISD OR THE DANCE/DRILL TEAM ORGANIZATION WILL BE SENT HOME AT HER EXPENSE.

_____	_____	_____
Printed Parent Name	Parent Signature	Date
_____	_____	_____
Printed Student Name	Student Signature	Date

Social Media Contract

As a Lebanon Trail Emerald Elite Drill Team member, the sponsors, principals, teachers, and community hold you to a high standard of behavior. This high standard of behavior includes the use of social media such as Facebook, Instagram, Twitter, SnapChat, Tik Tok, etc. If you choose to use social media and post inappropriate pictures and/or printed material on your account (including but not limited to the use of cursing, bullying, drugs, alcohol, sexual conduct) you will be subject to consequences up to and including immediate suspension and/or removal from the team. The discipline will be decided by the directors and administrators at the time of the offense.

By signing this document, you agree that you understand the consequences of inappropriate online behavior.

_____	_____	_____
Printed Parent Name	Parent Signature	Date

_____	_____	_____
Printed Student Name	Student Signature	Date

Visit www.lthsemeraldelite.com to view the FISD Dance Team Code of Conduct.

FRISCO INDEPENDENT SCHOOL DISTRICT

Dance Team Acknowledgment Form

to be turned in prior to tryouts

I PLEDGE TO FOLLOW THE DANCE TEAM CODE OF CONDUCT SET FORTH BY FRISCO INDEPENDENT SCHOOL DISTRICT.

I HAVE READ AND UNDERSTAND THE GUIDELINES SET IN THE CODE OF CONDUCT AND WILL ADHERE.

_____ _____

STUDENT SIGNATURE DATE

I HAVE READ AND UNDERSTAND THE GUIDELINES SET IN THE CODE OF CONDUCT AND MY CHILD WILL ADHERE.

_____ _____

PARENT SIGNATURE DATE

FRISCO INDEPENDENT SCHOOL DISTRICT

FRISCO INDEPENDENT SCHOOL DISTRICT

Inherent Risk Sheet- *to be turned in prior to tryouts*

INHERENT RISKS OF DANCE TEAM:

Dance Team participation is reasonably safe as long as certain guidelines are followed, but there is the inherent risk of injury as in any athletic activity. Dance Team is an anaerobic/aerobic activity which includes jumping, stunting, motions, and tumbling. All physicals must be on file in the high school office before you may participate in practices and games. Keep your sponsor informed of all injuries and/or chronic conditions.

Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring. Injuries that can occur in Dance Team include, but are not limited to, the following: *Blisters, muscle strains, ligament sprains, joints and muscle soreness, abrasions, contusions, stress fractures, broken bones, spinal cord injuries involving paralysis, and even death. However, if you take certain precautions, the possibility of such injuries will be largely decreased.*

BE SURE TO CONSISTENTLY ABIDE BY THE FOLLOWING GUIDELINES:

NEVER stunt or tumble unless a sponsor or sponsor's designee is present
Always practice in the presence of a qualified teacher
Always warm-up appropriately before dancing (practice and games) by jogging & stretching
Do not attempt a stunt that you do not know how to perform safely and that has not been checked *off* by the teacher
Always use attentive spotters when stunting
Always dance in an area free from obstruction
Always use mats or a grassy area when stunting during practice
Do not stunt on uneven ground, wet surfaces, and concrete. Do not stunt in cold or rainy weather
Never talk, laugh, mess around when performing a stunt
Report all injuries to the coach as soon as they occur
Follow all trainer and doctor recommendations
Lift weights to increase strength and guard against injuries
Always wear shoes and clothing appropriate for Dance Team
Never wear jewelry of any kind of chew gum when dancing (practice and games)
Always have your hair pulled back from your face and shoulders
Eat nutritious meals and get plenty of rest
Always ask for assistance or advice at any time

I have read the preceding warning
I thoroughly appreciate and understand the assumption of risks inherent in Dance Team participation
I acknowledge that I am physically fit and am voluntarily participating in this activity

STUDENT SIGNATURE _____ DATE _____
PARENT SIGNATURE _____ DATE _____

FRISCO INDEPENDENT SCHOOL DISTRICT

Dance Team Medical Release Form

to be turned in prior to tryouts

DANCE TEAM MEDICAL RELEASE FORM

Student's Name: _____

School: _____ Grade: _____

I certify that _____is physically capable and able to fulfill requirements needed to be a dance team member. I understand that this form legally releases all obligations and responsibilities for the medical treatment of my daughter in the event of illness or injury during any squad related activity when either parent cannot be reached. If there is any physical or medical reason why she should not participate fully, the school requires a doctor's release. Furthermore, the school is not liable for any injury incurred during Dance Team.

Parent(s) Signature: _____ Date: _____

MEDICAL TREATMENT PERMISSION FORM

In the event of an emergency occurring while my daughter is on a school sponsored practice, performance, or trip. I grant my permission to the school and its employees to take whatever action necessary. In the event that I cannot be reached, I hereby authorize the school and/or its employees to give consent for my daughter, to receive medical treatment.

Home Phone: _____ Business Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Person to be notified other than parent or guardian in an emergency:

Name: _____ Phone: _____

Family Doctor: _____ Phone: _____

If you do not grant permission/authorization for consent to medical treatment, what procedure should be followed?

Insurance Company: _____ Policy #_____

Parent(s) Signature: _____ Date: _____

Medical Information:

	Circle One			*Circle One*	
Heart condition or disease	Yes	No	Asthma	Yes	No
Diabetes	Yes	No	Allergic to medication	Yes	No
Convulsions disorder	Yes	No	Allergic to insect stings	Yes	No

State allergies: _____
Date of last tetanus shot: _____
Additional medical information that might be helpful: _____
Any medications currently receiving: _____