

Biblical Truths about Healing

Rev 10.4.20 – 9.8.21



- Does God still heal?
- Does God want everyone healed?
- How do you know God's will for someone's healing?
- Why couldn't the disciples heal everyone?
- Why didn't Jesus heal everyone?
- What about Paul's thorn in his flesh?
- Why didn't Paul heal his friend Trophimus?
- What about Job?
- Doesn't the Bible say that we will have sickness as a cross to bear?
- Are people not healed because of sin, lack of faith, or unbelief?

Biblical Truths about Healing will prove or disprove the most common beliefs regarding healing. It is not based on personal views or ideologies passed on for years through churches.

It is about what God says about specific issues regarding healing. Join me on this incredible journey through the Scriptures and learn what the Bible says the truths are about healing.

"And you will know the truth, and the truth will set you free." John 8:32

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David De John
Dd1013@comcast.net
708-321-4300

Introduction

We will use the Bible to explore, discuss and understand the most common beliefs and questions regarding healing. When we talk about healing, we are talking about both physical and emotional healing.

A lot of what we have heard, read and learned has been someone's personal views that they have used to justify someone not being healed. Those beliefs are not biblical and can put you into and keep you in bondage.

So let's start our biblical journey and learn what the Bible says about healing of both physical illnesses and emotional strongholds.

My Testimony

About 30 years ago, I was very sick and after multiple tests were completed, the doctor spoke to me and my wife and said I only had about 2 weeks to live.

I didn't understand the medical things he was saying, but my wife did because she is a registered nurse. The doctor said there is nothing they can do, but they will try to manage the symptoms to try to make me comfortable. I said if there is nothing you can do I'm going home. I am going to call friends that I know believe God still heals and ask them to come to my house to pray and I'm going to be better. The doctor put up quite a fuss, saying that he wanted me in the hospital. But I said I'm going home and if I'm not better in the morning I will call him and I will follow his instructions.

On the way home, I started calling everyone we knew that we felt confidently believed that God heals. I did not want to invite anyone that believed God only heals sometimes, or only if it's His will or if I met some unwritten qualifying factors for healing. I was not going to waiver on my position of who I was going to let in my house that evening.

About 30 years ago, I became very ill. After a series of tests, the doctor sat down with my wife and me and told us I had only about two weeks to live. I didn't fully grasp the medical details, but my wife did, she's a registered nurse. The doctor explained there was nothing they could do except try to manage my symptoms and keep me comfortable. I told him, "If there's nothing you can do, then I'm going home. I'm going to call some friends who believe God still heals, ask them to pray, and I'm going to get better." He strongly objected, insisting I stay in the hospital, but I stood firm: "I'm going home. If I'm not better in the morning, I'll call you and follow your instructions."

On the way home, I began calling everyone we knew who had unwavering faith that God heals. I was careful not to invite anyone who believed healing was conditional, only sometimes, or only if I somehow qualified for it. I refused to let doubt enter my home that night.

A friend called back and said he had invited one of the elders in the church, a friend of ours. I knew the person well and knew he did not believe that God wants everyone healed. I told the friend to please call the person back and tell him I sincerely appreciate his willingness to come over to pray for me, but I would rather them do it from their home. The friend asked me why and I told them, “this is not a social gathering, it is not for coffee and donuts, this is not to play games, it is life or death. I am not playing around. I will not let anyone in my house that believes we do not know God’s will about healing everyone, and that feels it’s necessary to pray if it’s God’s will. The Bible states God’s will for our healing. The friend said they understood, but admitted they know how serious the situation was and they were not completely sure if God would heal me and asked if they should stay home. I told them I love them, but yes.

The friends that came over knew what this meant and we prayed into the night time. I felt weak and fell in and out of sleep during the evening. As the last person left, I felt the same, no difference. But I told my wife, “I am healed, the Bible says so, God says so, I am not going to accept anything less than God’s promise.”

When I woke up in the morning I felt fine. My wife and I went direct to the doctor’s office and waited for him to come in, in fact I drove there. He examined me and sent me out to have the test repeated. They came back normal. I was healed!!!!!!

One of my friends later called back and said she had invited a church elder we both knew. I respected this man, but I also knew he didn’t believe that God wants everyone healed. I asked my friend to please call him back and let him know that while I truly appreciated his willingness, I preferred he pray from home. When my friend asked why, I told him plainly: “This is not a social visit. This is not for coffee and donuts. This is life and death, mine. I cannot allow anyone in my home who questions God’s will to heal or who feels the need to pray, ‘if it be God’s will.’ The Bible makes God’s will clear.” Psalm 103: 2-3 says: “Praise the Lord, my soul, and forget not all his benefits, who forgives **ALL your sins, and heals **ALL** your diseases”. I stressed that’s in the same sentence as a promise from God. If she absolutely believed God forgives ALL of her

sins, then she MUST believe God heals ALL her diseases. It doesn't matter what she has seen with her human eyes, it matters what the promises of God says.

My friend admitted she didn't have faith that God wants all of His children healed, that's not what she's seen in church, and asked if she should stay home and pray. I said yes.

That night, those who came understood exactly what was at stake. They prayed into the night. I was weak and drifted in and out of sleep on the couch with my wife sitting on the floor next to me holding my hand. By the time the last person left, nothing seemed to have changed. Yet I told my wife with full conviction, "The Bible states by Jesus stripes I am healed and the God that forgives all my sins, heals all my diseases and I will not accept anything less than His promise."

The next morning, I woke up completely well. My wife and I drove straight to the doctor's office and waited for him to come in. He examined me, ordered the tests again, and when the results came back, every single one was normal. I was healed!

No surgeries, no procedures, no medication, just the promises of God miraculously manifesting.

The pastor of the church I attended was aware of my circumstances and saw the physical change in my health and saw the test results. He sent me out to multiple churches around the Midwest to share my testimony to give hope to believers and increase their faith that the Bible says God heals.

A lot of people have said that my healing was a fluke, an exception to the rule. Then how do you explain a few years later when I was diagnosed with throat cancer, I was completely miraculously healed within a few days after the diagnosis?

After receiving the diagnosis, I invited specific people over to pray with me. When I woke up the next morning, I was the same, nothing had changed. My faith was shaken. I started wondering if the people telling me it was a one time healing were right. When we realized what was happening, my wife and I dropped to our knees and prayed. I asked God for forgiveness for my doubt and unbelief in His promises. I knew the Bible shows that doubt and unbelief will render a person's faith powerless and ineffective. The next morning I was the same, no improvement. A few other friends asked if they could come over and pray. But knowing their belief on healing I kindly thanked them and told them no, but I would appreciate it, if they prayed from their home. People have asked why I did that.

**One of my friends later called back and said she had invited a church elder we both knew. I respected this man, but I also knew he did not believe that God wants everyone healed. I asked her to please call him back and let him know that, while I sincerely appreciated his willingness, I preferred he pray from home. When she asked why, I told her plainly: “This is not a social visit. This is not for coffee and donuts. This is life and death—my life. I cannot allow anyone in my home who questions God’s will to heal or feels the need to pray, ‘if it be God’s will.’ The Bible makes God’s will clear.”

I reminded her of Psalm 103:2-3: “*Praise the Lord, my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases.*” I stressed that forgiveness and healing are in the same sentence, part of the same promise. If she believed without question that God forgives all her sins, then she must also believe He heals all her diseases. It doesn’t matter what we’ve seen with human eyes; what matters is what God’s Word says.

My friend admitted she didn’t have faith that God wants all His children healed—that wasn’t what she had seen in church—and asked if she should stay home and pray. I told her yes.

That night, those who came understood exactly what was at stake. We prayed into the night. I was weak, drifting in and out of sleep on the couch while my wife sat on the floor beside me, holding my hand. By the time the last person left, nothing seemed different. I remember saying with complete faith to my wife, “The Bible says, ‘*By His stripes I am healed.*’ The same God who forgives all my sins heals all my diseases. I will not accept anything less than His promise.” The next morning, I woke up completely well. My wife and I drove straight to the doctor’s office. He examined me, ordered the tests again, and every single one came back normal. I was healed—no surgeries, no procedures, no medication—just the promises of God miraculously manifesting.

The pastor of my church knew what I had been facing, saw the dramatic change in my health, and read the test results himself. He began sending me to churches across the Midwest to share my testimony, to encourage believers, and to strengthen their faith that God still heals today.

Of course, some people said my healing was just a fluke, an exception to the rule. But how do you explain what happened just a few years later, when I was diagnosed with throat cancer and once again experienced a miraculous healing within days?

This time, after receiving the diagnosis, I invited specific people I trusted to pray with me. The next morning, I woke up the same, nothing had changed. My faith wavered, I was scared and I began to wonder if the people who said my first healing was a one-time event were right.

Recognizing the doubt rising within me, my wife and I dropped to our knees and prayed. I asked God to forgive me for my unbelief. I knew from Scripture that doubt and unbelief can render faith powerless and ineffective.

The following morning, I still felt no different. A few more friends asked if they could come and pray. But because I knew their views on healing, I kindly thanked them and told them to pray from home.

People often ask me why I was so careful about who I allowed to pray with me? The story of Jesus healing Jairus' daughter in multiple books in the Bible, explains it. It is what God boldly showed me to understand and accept. The Bible boldly states when the people showed doubt and unbelief in Jesus' ability to heal the girl, Jesus had ALL the people with doubt and unbelief removed. Why? Because the Bible shows doubt and unbelief will render a person's faith powerless and ineffective.

**“You don’t know what you don’t know.....
until that incredible ‘aha’ moment when your eyes are
opened to a possibility you never imagined.”**

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1. Does God still heal – Yes....

2. Does God heal everyone – Yes - Up to the promised age of life as described in the Bible

We will come back to these two important questions at the end of the session.

Chapter 3 - What about God's Sovereignty

There are churches that teach and Christians that believe God's Sovereignty means God can do whatever He wants, because he is the all-powerful God. That seems to make perfect sense.

Let's start with what the word Sovereignty means. Sovereign: an entity who has supreme power or authority, having supreme rank, preeminent, indisputable, greatest in degree, utmost or extreme, being above all others in character, importance, excellence, etc.

That sounds like a good description of God. In other words, God can do whatever He wants to and in fact He has done whatever He wants. God is so sovereign and powerful that He has laid out His sovereign will for mankind in writing. God has put His irrevocable promises between Him and us, in writing in the Bible. God has given us the Bible as His indisputable word and promise to show us His will.

Chapter 4 - How do we know God's will for someone's healing?

The Bible states that God has made provisions for everyone's healing.

Isaiah 53:5 - But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him,
And by His stripes we are healed." (KJV)

1 Peter 2:24 - Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.
(stripes meaning the whippings Jesus received)

Please Note, the verse contains both the purpose and the result of Jesus's death and stripes. The verses state Jesus died for our salvation and by His stripes we are healed in the same sentence. They are not in 2 different books of the Bible or two different chapters or sentences, they are together for a reason. It was part of the same process. Through Jesus crucifixion, we received the gift of our salvation and healing. All we have to do is accept and receive them.

Has that changed? Has God changed His mind on salvation and healing? No

Hebrews 13:8 says: "Jesus Christ the same yesterday, and today, and forever."

Jesus is God, so God is the same, yesterday, today and forever. He will not change His word is His bond. It is an absolute promise from God to us, His children.

Romans 11:29 says: "for God's gifts and his call are irrevocable." (NIV)

God's gifts for us are irrevocable. He will not and cannot take them back because He has promised them to us. But God has made His promises even better. For example, God replaced the laws of the Old Testament, the punishment and curse and the daily sacrifices, with the

ultimate sacrifice of Jesus death. Jesus's crucifixion and death freed us from the curse of the laws of the Old Testament.

In Mark 16: 15-20 Jesus spoke His final words to His disciples after His resurrection. Consider how important these words are if they were His final words, His final thoughts, and His final commands.

Mark 16:15 – 20 says: “And he said unto them, Go ye into all the world, and preach the gospel to every creature. He that believeth and is baptized shall be saved; but he that believeth not shall be damned. And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover. So then after the Lord had spoken unto them, he was received up into heaven, and sat on the right hand of God. And they went forth, and preached everywhere, the Lord working with them, and confirming the word with signs following. Amen.”

Verse 17 says: “And these signs shall follow them that believe; In my name they shall cast out devils; they shall speak with new tongues; they shall lay hands on the sick, and they shall recover.” Jesus is stating irrefutably that specific signs will follow those that believe, that means everyone that believes, it didn't say some. It was not just the apostles or disciples. Jesus said it for everyone that believes.

The Bible is boldly stating that God's will is for His children to be healed, whether it is a physical or an emotional issue, whether it is a common cold or a spiritual attack initiated by the devil's forces.

Everyone that came for healing and believed was healed. Jesus came to do the will of God, so everything Jesus did represents God's will, His perfect will.

John 6:38 Jesus said: “For I came down from heaven, not to do mine own will, but the will of him that sent me.”

2 John 5:19 “Jesus gave them this answer: "Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does.”

Jesus, the apostles, and disciples healed everyone that came to them and believed. The only exception was the man who brought his son with seizures to the disciples. They couldn't heal the boy, but Jesus healed him. There is a very important lesson included in those verses that most churches ignore.

Matthew 17:15 – 20 “Lord, have mercy on my son: for he is lunatick, and sore vexed: for oftentimes he falleth into the fire, and oft into the water. And I brought him to thy disciples, and they could not cure him. Then Jesus answered and said, O faithless and perverse generation, how long shall I be with you? how long shall I suffer you? bring him hither to me. And Jesus rebuked the devil; and he departed out of him: and the child was cured from that very hour. Then came the disciples to Jesus apart, and said, Why could not we cast him out? And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.”

There are two very important points in these verses:

1) If we have faith as a grain of mustard seed we can move our mountain, i.e., we can overcome our challenges, struggles, problems, health issues, etc.. We already have more than a mustard seed size faith, because as believers, we have the Spirit of God living in us. We have the faith of God at our disposal. We do not need more faith. We need to learn how to use the faith that is in us and get rid of our unbelief. Unbelief will render fleshly faith ineffective, powerless, and useless.

2) Please notice that when the disciples could not heal the man's son, they didn't say, “Oh well, I guess it wasn't God's will for the boy to be healed.” They didn't say to the father, “you or your son must have sin in your lives.” What they did was wonder why. They wondered “what are we

missing, what did we do wrong?”. Verse 19 says: “Then came the disciples to Jesus apart, and said, why could not we cast him out? And Jesus said unto them, Because of your unbelief:”

They didn’t try to make excuses. They asked Jesus why they couldn’t do it and they listened to His answer. They wanted to grow to do God’s will.

There are a few other important points I want to make regarding healing.

Mark 8:22 – 28: “And he cometh to Bethsaida; and they bring a blind man unto him, and besought him to touch him. And he took the blind man by the hand, and led him out of the town; and when he had spit on his eyes, and put his hands upon him, he

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asked him if he saw ought. And he looked up, and said, I see men as trees, walking. After that he put his hands again upon his eyes, and made him look up: and he was restored, and saw every man clearly. And he sent him away to his house, saying, back into the town or tell it to anyone in the town. Why? Because the town of Bethsaida was filled with unbelief and their unbelief can put doubt in his mind and cause him to Neither go into the town, nor tell it to any in the town.”

Notice Jesus had to lay hands on the blind man twice, because the first time got the man partially healed, where the blind man saw men as trees, walking. The second time, he saw everything clearly. The reason for this is unbelief. Notice Jesus told the man to go home and do not tell anyone. It is being implied that the man could lose his healing because of the unbelief in the people in Bethsaida. Jesus actually chastised the town of Bethsaida about their sinful unbelief.

Matthew 11:21 - “Woe to you, Chorazin! Woe to you, Bethsaida! For if the miracles that were performed in you had been performed in Tyre and Sidon, they would have repented long ago in sackcloth and ashes

Unbelief is the devil’s biggest weapon against believers. If he can plant a seed of doubt and unbelief, our fleshly faith is rendered powerless and useless.

No matter what someone tells you about never being able to know God's will, don't believe them. They are wrong. God's will is His word.

Romans 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Chapter 5 - But if God wants everyone healed, what about Paul's thorn in his side

A lot of people wrongly believe that Paul's thorn in his flesh is referring to a sickness or illness, including me until recently. But that is not accurate.

2 Corinthians 12:7 "And lest I should be exalted above measure through the abundance of the revelations, there was given to me a thorn in the flesh, the messenger of Satan to buffet me, lest I should be exalted above measure."

The phrase thorn in the side/flesh/eye was used multiple times in the Bible and it always meant the same thing. In fact, God used it when he was talking to the Israelites at the Promised Land:

Numbers 33:55 – "But if ye will not drive out the inhabitants of the land from before you; then it shall come to pass, that those which ye let remain of them shall be pricks in your eyes, and thorns in your sides, and shall vex you in the land wherein ye dwell."

Joshua 23:13 – "Know for a certainty that the Lord your God will no more drive out any of these nations from before you; but they shall be snares and traps unto you, and scourges in your sides, and thorns in your eyes, until ye perish from off this good land which the Lord your God hath given you."

Judges 2:3 - Wherefore I also said, I will not drive them out from before you; but they shall be as thorns in your sides, and their gods shall be a snare unto you.

Do you realize that was God speaking to the Israelites? That was God using the phrase about the thorn. When Paul used the phrase about a thorn in his flesh he was talking to God and using the exact words that God had used. Paul knew exactly what he meant when he said it to God and God knew exactly what Paul meant when Paul said it.

The phrase means an annoyance, a frustration, or an harassment. In other words, a pain in the butt. There is not one time in the Bible where the phrase thorn in the side was used to reference a sickness or illness.

There is no reference of the word thorn as a sickness or illness in Strongs Exhaustive Concordance for verse 2 Corinthians 12:7.

So how did this all start? I would imagine years and years ago, someone was not healed when they were prayed for and someone's pride pushed them to say something as an excuse. So they might have created a falsehood saying, well Paul wasn't healed from the thorn in his flesh. Unfortunately most people didn't research it to see what it really meant I didn't either until recently. The false teaching was repeated over and over again through the years.

Chapter 6 - What about Timothy taking wine for his stomach

The answer to that is water.

1 Timothy 5:23 “Drink no longer water, but use a little wine for thy stomach’s sake and thine often infirmities”

Back in Jesus’ day, during the Roman Empire, and in the days of the old west in America, people drank wine, beer or alcohol because a lot of the water was contaminated with bacteria and would cause stomach sickness. They didn’t have water filtration systems back then. Have you ever heard of Montesuma’s revenge about drinking water years ago in Mexico? Wine was a common way of helping stomach issues from water born bacteria in those days. So Timothy was being given common sense advice.

Chapter 7 - What about Paul leaving Trophimus sick

2 Timothy 4:20 – “Erastus abode at Corinth: but Trophimus have I left at Miletum sick.”

First of all, nowhere in the Bible does it say that Paul prayed or laid hands on Trophimus and could not heal him. Second, it doesn't say that Trophimus was seriously sick or if he just had a sore throat. Third, let's seriously consider Paul's character. Is there any reason to believe that Paul would leave a friend seriously sick if it was within his ability to go to him and heal him? Let's look at the whole chapter and not just a few words. The chapter is showing us that Paul was near the end of his ministry, which means the end of his life.

2 Timothy 4: 6-7 “For I am now ready to be offered, and the time of my departure is at hand. I have fought a good fight, I have finished my course, I have kept the faith..”

1) Paul died around 67AD. 2) The book of 2 Timothy was written about 67AD, so Paul in fact was at the end of his life. Now let's look at Paul's situation when he wrote 2 Timothy. According to the Bible's overview, Paul was in prison. Paul had been arrested before he had a chance to meet with Trophimus and pray for him and obviously he couldn't leave prison to visit Trophimus. That's why Paul had to leave Trophimus sick in the town.

Chapter 8 - What about Job?

The story of Job is based on satan appearing to God along with the sons of God. God tells satan about how perfect and upright a man he is and that he fears God and hates evil. Satan responds by challenging God saying Job is only that way because God has a hedge of protection around him, but if God removes that hedge Job will curse God to His face. Job endured tremendous challenges and pain but he did not sin or curse God.

This situation only took place one time in the Bible and it was between God and satan. We live in a different situation than the people in the Old Testament, we have an entirely different covenant than they did. Jesus dying on the cross, changed everything. We now have the Holy Spirit (the Spirit of God} living in us as believers.

“Now there was a day when the sons of God came to present themselves before the Lord, and Satan came also among them. And the Lord said unto Satan, Whence comest thou? Then Satan answered the Lord, and said, From going to and fro in the earth, and from walking up and down in it. And the Lord said unto Satan, Hast thou considered my servant Job, that there is none like him in the earth, a perfect and an upright man, one that feareth God, and escheweth evil? Then Satan answered the Lord, and said, Doth Job fear God for nought? Hast not thou made an hedge about him, and about his house, and about all that he hath on every side? thou hast blessed the work of his hands, and his substance is increased in the land. But put forth thine hand now, and touch all that he hath, and he will curse thee to thy face.”

“In all this Job sinned not, nor charged God foolishly.”

Job 1:6-11, 22

Chapter 9 - Are children born with sickness or health issues because their parents sinned? No

John 9:2-3 “ And his disciples asked him, saying, Master, who did sin, this man, or his parents, that he was born blind? Jesus answered, Neither hath this man sinned, nor his parents: but that the works of God should be made manifest in him.”

Chapter 10 = Is sickness part of our cross to bear – No

An example of picking up your cross is found in Matthew 16: 24

Matthew 16:24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me. (KJV) –

“Then Jesus said to His disciples, “If anyone wishes to follow Me [as My disciple], he must deny himself [set aside selfish interests], and take up his cross [expressing a willingness to endure whatever may come] and follow Me...” (AMP)

The cross in this verse means struggles, problems, being beaten, arrested and persecuted as the apostles were. How could God say in one place that you must be willing to bear your cross of sickness and illnesses, when He has shown beyond the shadow of a doubt that He wants His children healed? Nowhere in the Bible does it refer to a cross to bear as a sickness.

Chapter 11 - Does God make people sick or allow them to be sick to teach or punish them?

Every person that Jesus, the apostles and disciples healed were sinners. Every one of us are sinners. According to the Bible, every person from Adam and Eve to you and me, are all sinners. But, every person who came to Jesus for healing and believed were healed.

Romans 3:23 “ For all have sinned, and come short of the glory of God”

But there is one situation where the Bible does stress that the consequences of a particular action could bring on weakness, sickness or worse. Paul talks about this to the church in Corinth. Could this be the cause of some people’s sicknesses or weaknesses? I will let you decide for yourself. The good news is, it can be corrected immediately.

1 Corinthians 11: 27 – 32 “ So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. Everyone ought to examine themselves before they eat of the bread and drink from the cup. For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. That is why many among you are weak and sick, and a number of you have fallen asleep. But if we were more discerning with regard to ourselves, we would not come under such judgment.

Nevertheless, when we are judged in this way by the Lord, we are being disciplined so that we will not be finally condemned with the world.”

The Bible is telling us, if a person partakes in communion in an unworthy manner, they have brought judgement on themselves, which could mean weakness and sickness. If you believe it means that if you took part in communion and did it with a wrong heart or intention that you have subjected yourself to God’s judgement and punishment, then stop right now and repent. But repent with a sincere heart. So take a minute in silence to prepare your heart and then tell God you are truly sorry for partaking in the Holy Ceremony of His Body and Blood and ask God to forgive you for this and to remove any judgement or punishment that might have been inflicted because of your actions.

That's all you have to do, God will always forgive you. Always, always remember what the verse says: "Everyone ought to examine themselves before they eat of the bread and drink from the cup." In other words, search your heart and repent for any wrong doings before partaking in Holy Communion. Also remember what communion represents: the sacrifice, the suffering, the pain, the beating Jesus endured for our salvation and healing.

If you feel you might have been affected by that situation and you repented, you have been freed of any punishment, sickness or weakness in Jesus name.

Chapter 12 - Do doctors heal people with surgery or medicine

There is not one example in the Bible of Jesus, the apostles or disciples sending a person to a doctor for surgery or medicine to get cured. Jesus healed them all.

A Biblical healing is a Biblical healing. Doctors perform medical scientific procedures. Those procedures and/or medicine or treatments can absolutely cure some problems, but it is not a miracle. Claiming a doctor healed you is insulting and degrading to the torture and sacrifice that Jesus endured. Do you believe that “by His stripes we are healed” was only until scientist could invent antibiotics or doctors perform surgeries?

Nowhere in the Bible does it state anything like that and again, that is ignoring and degrading Jesus sacrifice.

Am I saying that Christians should not go to a doctor? No, I would never say that. I am not a doctor and would not consider telling you what you should do. But for me, if I have Jesus in my life, if I have the Holy Spirit living inside of me, I have all of the healing power I need. However, if I am not at a place where I can receive that healing yet, I am not going to sit home and die. I will go to the doctor, and continue to seek God until I get to the point where my healing that Jesus suffered for can manifest in my body.

Chapter 13 - Can the devil or his demons affect people's health

Absolutely, spiritual warfare is real. The Bible mentions the word satan, devil, demon, evil spirit, etc. over 100 times. It is real. Remember how many times that Jesus cast out demons and the people were then healed? We, as followers of Jesus, have authority over the devil and his demons.

Remember Jesus last words before ascending into heaven, in Mark chapter 6, what would follow those that believe:

“In my name shall they cast out devils; they shall speak with new tongues; They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover. So then after the Lord had spoken unto them, he was received up into heaven, and sat on the right hand of God. And they went forth, and preached every where, the Lord working with them, and confirming the word with signs following. Amen.”

The words were meant for everyone that believes, through the end of time. They were meant for you and me, for your children and your children's children. They did not end when the apostles died.

But you might be wondering why don't we see more healings or more miracles? It is because we are missing something. Unfortunately, most Christians and Christian leaders just make excuses for the lack of results. But they should be seeking Jesus and asking why, what are we missing, just like the disciples did when they couldn't heal the man's son that had seizures. They asked Jesus why and Jesus said they couldn't heal the boy because of their unbelief. Keep in mind it's not me saying that, it's Jesus saying that.

Chapter 14 = Do I need to increase my faith?

That depends on what type of faith you are using. There are two types of Faith.

Fleshly faith – Fleshly faith is based on our own personal strength, will power, determination and effort. Jesus said all it takes is faith the size of a grain of mustard seed to move your mountains (your problems, health issues or challenges).

Matthew 15:19-20 “For verily I say unto you, if ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove, and nothing shall be impossible unto you.”

Fleshly faith is subjected to worldly elements, namely doubt and unbelief. Even a small amount of doubt and unbelief will render fleshly faith ineffective, powerless and useless. This is shown throughout the Bible. The problem is you never know how much unbelief is really inside of you.

The fact is any amount of unbelief could affect your faith. Unbelief even the size of a grain of mustard seed can affect your faith. The Bible shows that unbelief affected the people needing healing, the people laying hands on them and even daily situations.

Even the apostles and disciples suffered from unbelief and they walked and talked with Jesus. They suffered from doubt, and fear. Fear is a manifestation of unbelief. Unbelief in God's promises, His word, His covenant.

Let's look at what the Bible says about unbelief:

Jesus could not do many miracles and healings in some towns because of their unbelief “And He did not do many miracles there because of their unbelief.. Matthew 13:58

Jesus told the disciples that they could not heal the man's son with seizures because of their unbelief. “then came the disciples to Jesus apart, and said, Why could not we cast him out? And Jesus said unto them, Because of your unbelief” Matthew 17: 19-20

When Peter got out of the boat and started walking on the water toward Jesus, the wind blew and distracted him. When he realized what was happening, he became afraid, he developed

doubt/unbelief and started falling into the water. “And he said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus. But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried, saying, Lord, save me.” Matthew 14:29-30

When the apostles were in the boat with Jesus, they encountered a storm. They became afraid. They woke Jesus up because they were afraid, that fear was unbelief that Jesus would protect them and take care of them. “he disciples went and woke him, saying, “Lord, save us! We’re going to drown!” Matthew 8:25

When Jesus healed the blind man from Bethsaida, he told the man to go home and not return to the town of Bethsaida or tell anyone there about it. That was because the city was filled with unbelief and doubt and the people could plant seeds of unbelief in him. Jesus chastised the people in Bethsaida saying, that if the miracles performed in their city were performed in other cities the people would have repented and believed.

“And he sent him away to his house, saying, Neither go into the town, nor tell it to any in the town” Mark 8:26

“Woe unto thee, Chorazin! woe unto thee, Bethsaida! for if the mighty works, which were done in you, had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes” Matthew 11:21

Imagine unbelief as snow. You look through a window of a house and see a very slight amount of snow on the grass, but not even enough to cover the sidewalk or street. When you go outside you notice a very slight amount of snow has covered your windshield, as you walk by it, you run your finger over the windshield and the slight layer of snow comes right off, so you think it’s no big deal. But when you get inside your car you realize, it affects your vision. You can’t see through the windshield to drive. It might be a very small amount of snow, that one swish of the windshield wipers will clear away. But, until you get rid of it, your vision is no longer clear and it renders your big powerful 4,000 pound car, powerless, useless and ineffective of completing its purpose of getting you to your destination. But just one swish of

your windshield wipers can eliminate the snow on the windshield that is stopping you from driving and moving forward.

Look at your windshield wipers as your shield of faith “with which you can extinguish all the flaming arrows of the evil one.” If you do not use your windshield wipers, you cannot get rid of the snow stopping you from driving and moving forward. If you don’t use your shield of faith to extinguish the flaming arrows of unbelief then what happens? Unbelief, can stop you in your tracks, rendering your faith powerless, useless and ineffective.

Even if you have more than one grain of mustard seed size faith, even a small amount of unbelief can still render your faith powerless, ineffective and useless.

The point is fleshly faith is just that, it is faith of the flesh. It is based on our own personal strength, our own personal will power, our own personal determination and that is not the faith that we are supposed to be using.

2. Faith of God – We live in an entirely different phase of the Bible than the people we read about in the Old Testament and the New Testament when Jesus walked the earth. When Jesus died he provided for us to receive the Holy Spirit. Every one of us as believer’s received the Spirit of God when we got saved. The same Spirit that created the heavens and the earth, day and night, separated the waters from the dry land and rose Jesus from the dead lives in us. Every one of us have the authority and power and faith of God living in us. This is a game changer!

To fully understand this let’s quickly review the phases of the Bible: First let’s clarify there is only one God throughout the Bible and Jesus’s crucifixion was the ultimate sacrifice for the forgiveness of our sins and was a game changer for all who believed from that day forward.

Phase 1

In the Old Testament people lived under the Law. God saw how His children were falling short of obeying the law, but God had a plan.

Phase 2.

God sent Jesus to us as the ultimate sacrifice for the forgiveness of our sins. Jesus ministry brought teaching about the new relationship with God and the promises to come. His ministry brought power and authority to His disciples and followers. However, the people still relied on their own faith, will power, determination and direction at that time because they did not have the Holy Spirit yet.

Phase 3.

Through Jesus's crucifixion as the ultimate sacrifice for all people's sins that believe in Him and repent, the believers received another incredible gift. We received the gift of the Holy Spirit living in us (this is God living in us). That means the power and authority, righteousness and faith of God lives in us so He can flow in us and through us because we have become God's vessel to do God's work on earth. God loves us so much that he allowed His own son Jesus to die for us, to guarantee us everlasting life in heaven and not in hell.

John 3:16 – 17 “For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.”

Please understand, Jesus said that God loves you as much as He loves Him.

“I in them and you in me—so that they may be brought to complete unity. Then the world will know that you sent me and have loved them even as you have loved me”. John 17:23

Do you really understand that? God loves you as much as He loves Jesus. God would never do anything to cause you pain or sickness in your life. It wasn't God who caused you the sickness or physical issues, the loneliness and insecurity in your life, it was the devil. God has provided you an escape from the devil's evil plans, through His Holy Spirit, but you must learn how to dwell in the presence of the Holy Spirit, to listen and follow the Spirit's direction.

When we accept Jesus, we receive the wonderful gift of salvation, healing and the Holy Spirit.

Jesus promises the Holy Spirit in John 14.

“If ye love me, keep my commandments. And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you. I will not leave you comfortless: I will come to you.”

John 14:15 – 18

The Bible says there are both fruits and gifts of the Holy Spirit. These fruits should radiate from a believer.

Galatians 5:22-23 “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.”

Jesus tells us about the gifts of the Spirit:

“Now there are diversities of gifts, but the same Spirit. And there are differences of administrations, but the same Lord. And there are diversities of operations, but it is the same God which worketh all in all. But the manifestation of the Spirit is given to every man to profit withal. For to one is given by the Spirit the word of wisdom; to another the word of knowledge by the same Spirit; To another faith by the same Spirit; to another the gifts of healing by the same Spirit; To another the working of miracles; to another prophecy; to another discerning of spirits; to another divers kinds of tongues; to another the interpretation of tongues: But all these worketh that one and the selfsame Spirit, dividing to every man severally as he will.”

1 Corinthians 12: 4 - 11

Some churches wrongly teach that the gifts of the spirit have expired and are no longer necessary. They base this belief on a very wrong perception of 1 Corinthians 13: 10-12. They believe the verse stating “But when that which is perfect is come” refers to the Bible, but as you read the verses, it doesn’t say, or refer to the Bible at all. What it refers to is Jesus returning, for Jesus is the perfect one.

But when that which is perfect is come, then that which is in part shall be done away.

When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things. For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

1 Corinthians 13:10-13

Some churches wrongly teach that the gifts of the Spirit, healing and casting out demons ended when the apostles died. This is not true. In fact Jesus clearly states that believers will do the same things He has done and even greater things because He is going to the father and that these signs, i.e. casting out demons and laying hands on the sick and they shall recover shall follow those that believe.

“Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.”

John 14:12

Jesus doesn't put an expiration date on his promise. It is a promise, so either you accept it or you are calling Jesus a liar. I know that is blunt, but this isn't a game, you must hear, know and accept the truth if you are going to be set free and that means from wrong teachings or beliefs.

We should not be relying on our own authority, power, righteousness or faith because they are basically worthless. We should be relying on the Holy Spirit. Jesus said when the Holy Spirit comes into us we will be able to do the same things He has done and even greater things and in Mark 16 Jesus said these signs shall follow them that believe.

“And he said unto them, Go ye into all the world, and preach the gospel to every creature. He that believeth and is baptized shall be saved; but he that believeth not shall be damned. And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover. So then after the Lord had spoken unto them, he was received up into heaven, and sat on the right hand of God. And they went forth, and preached every where, the Lord working with them, and confirming the word with signs following. Amen. Mark 16: 15-20

Those were Jesus last and final words on Earth to his Disciples before ascending into Heaven. Consider that, His final words, how important must those words be? Jesus could have given any type of instructions to His disciples, but those are the words, the instructions, the commands that Jesus chose for His last words. He said “these signs shall follow them that believe” not only until the end of the year, or until the apostles died, and not just for some people, but for all that believe. Jesus didn’t put an expiration date on His instructions or commands. Jesus said “these signs shall follow them that believe”, that is everyone that believes, forever.

Even though the Holy Spirit automatically enters us when we get saved, the Spirit doesn’t automatically start operating and flowing through us. He can’t because God gave us free will. That free will allows us to listen to or ignore God, the Holy Spirit.

The problem is no one might have taught you how to walk in the authority of the Holy Spirit and experience the love of Jesus in your life and impart that love to others. Most churches don't teach this and most ministers don't, because no one taught them. In fact some churches actually deny the power of the Holy Spirit, some churches say it's new age, satanic or mystical teachings and scare believers to deny the power of the Holy Spirit.

We, in our fleshly selves, can block the Holy Spirit from operating. How can I be so sure? The only reason the Holy Spirit enters us is as the comforter and operate through us as His vessel on earth to do God’s will. If we were all allowing the Holy Spirit to completely flow through us to do God’s will, we would be seeing incredible miraculous signs of it every single day, in every country, in every state and every city. But we don’t see the Holy Spirit flowing because we, God’s own children, are blocking the Spirit from flowing through us.

It is up to us to get close enough to God to be able to allow the Holy Spirit living in us to defeat the spiritual strongholds in us and to allow the love of Jesus/God to heal our physical bodies. It is up to us to believe, accept and receive the gift of healing that Jesus suffered so terribly to provide us.

We do not have to and we should not be relying on our own strength, will power, righteousness or faith. We should be relying on God's strength, God's power, God's righteousness, God's faith, etc. That is why God came to live in us. He came to empower us as His vessels on earth.

I am not saying we are personally a God. I am saying we are a vessel for God's Spirit to flow in us for our own benefit and through us for other people's benefit.

We have to stop trying to do things in the flesh and start accepting we have the power and authority of God living in us. It is that power and that faith that can and will change your life.

Chapter 15 - Why does God allow people to be sick and not intervene

God has already intervened. He did it about 2,000 years ago when Jesus was crucified.

Isaiah 53:5 - But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.”
(KJV)

1 Peter 2:24 - Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

God has made a way for our salvation and our healing, both physically and emotionally, for physical ailments including health issues and functioning body parts, for emotional strong holds of: anger, bitterness, unforgiveness, pride, jealousy, greed, loneliness, insecurity, discouragement, depression, confusion, doubt, fear, anxiety and much more.

Remember, the same Spirit that created the heavens and earth, separated the water from dry land, created day and night, that rose Jesus from the dead lives in you. It is not about your righteousness. You have the righteousness of God living in you. You just have to learn how to use it. You have all of the faith you need. You have the faith of God living in you. You just have to learn how to use it. You have the same authority and power that rose Jesus from the dead living in you. You have to learn how to allow the Holy Spirit to flow through you.

Remember, God provided for your healing over 2,000 years ago when Jesus was crucified, so do not let Jesus suffering go to waste. Accept it, reach out to God, accept and receive your healing. You do not have to beg God to heal you. He already has. You do not have to cry out to God to heal you. He already has. You do not have to ask God to heal you. He already has. You have to get rid of your unbelief and rely on the faith of God to accept your healing.

Let's go back to Sections #1 and #2 that asked:
Does God still heal?

Does God want everyone healed?

Hopefully you can agree the answer to both of those questions is YES

Chapter 16 - Where do you go from here?

We must understand the importance of the love of Jesus in our lives. First you must fully comprehend what that love is based on. Jesus suffered terribly. He was tortured, beaten and whipped. He was nailed to a cross, think about that, Jesus endured the agonizing pain of having large nails pounded through His feet and hands. He did this because He loves us. It is that love that provided for our salvation and healing.

It takes more than just saying you understand. We must allow that love to saturate our mind and heart. It is that love that brings healing, it is that love that brings peace of mind, it is that love that brings completion. We must learn how to release the love of Jesus and His healing power to flow through us. We must learn how to release the love of Jesus in the people we are praying for and laying hands on for healing.

It is important to understand that the love of Jesus is for the person and the power and authority is to cast out demons that could be causing the illness, health issue or Spiritual strongholds. We have been given authority to command evil spirits/demons to leave others by executing the power of the Holy Spirit living in us.

The key is do not quit. The main reason people quit praying for someone's healing is because they get discouraged and give up. Thoughts of doubt and unbelief enter their mind of "it" didn't work. That is unbelief. If you are spiritually ready and truly believe God's word, if you truly believe God's promises, then you would not stop until you saw that person healed. Maybe you have to leave and go home to get sleep, but then you immediately go back and continue praying, until the person receives their healing. Unless the person can sincerely say, they know and believe they are healed and it is just a matter of the healing to physically manifest and they tell you they do not need any more praying.

You will find times when either you or someone else has built their sickness or ailment into something so big, they believe in their minds it is bigger than God, even if they don't want to admit it. They can build that sickness or ailment into something that overwhelms their thoughts because it has gone on for so long, every day, day after day, week after week, month after month,

year after year. To the point where it overwhelms their mind with unbelief. I know because I experienced that same thing with my eye sight. After so many years of being prayed for, of going up to the altar at different churches, of buying every CD, DVD, Book, etc. I could on healing and see no change in my eye sight, discouragement and unbelief builds up. It can become a subconscious stronghold of unbelief without even realizing it.

There are times when someone might simply lay hands on a person and the love of Jesus and His power and authority just flows through them and the person is immediately healed. There are other times when people might be praying for hours and hours for someone before the healing power of Jesus, His love is released in the person and the individual receives their healing. Sometimes even more time is needed.

There are three reasons for this, but none of them are because of God. As the Bible has shown it is not God's fault, or God's will that the person remains sick.

There are three Biblical reasons someone is not healed.

Is the person laying hands on the individual and praying allowing the loving power of Jesus to flow through them to the individual, are they releasing the healing power and the love of Jesus in the individual? Or do they have a blockage? Do they have some form of unbelief?

Is the person laying hands using the power and authority of the Holy Spirit to cast out any unclean spirits/demons when necessary? Or do they have a blockage? Do they have some form of unbelief?

Is the person being prayed for have any unbelief that is stopping them from receiving it.

Or is it a combination of them?

It is important to make sure the person being prayed for is free of unbelief.

How do you understand and receive the true love of Jesus in your life? First of all you received it when you accepted Jesus as your Savior. But have you really accepted it? Are you walking in the peace and love of Jesus? You can't show other people the love of Jesus until you are experiencing it yourself. The love of Jesus is the key to everything.

You must seek God, draw as close to God as possible through reading the Bible, prayer and worship. It is not a matter of works, i.e. if you do this, this and this then God will do something for you. It is a matter of seeking God first and foremost for the relationship, for the spiritual connection and to seek after God's unconditional love. It is God's love that will set you free!

What is a Spiritual loading dose?

Most Christians whether they want to admit it or not (including me until recently) are going through the motions. They have no real prayer life or they don't spend any time in reading the Bible or they have gotten comfortable with a certain schedule and it's become a routine. Sometimes an antibiotic instructions say to take an extra dose of the medication the first day. That's called a loading dose. The purpose of this is to get a grip on the sickness/infection and overcome some of its strength. The individual then continues on a standard dose following the doctor's recommendation. When we have an issue with unbelief or another spiritual stronghold, we might need a "spiritual loading dose" to overcome it. In other words our regular prayer and Bible reading schedule is not going to overcome the strength of the unbelief or stronghold. So we will need to increase our prayer time, Bible reading and possibly fasting to get a grip and overcome it, just like the antibiotic. It will take a greater amount of time with God to allow His Spirit to flow through us and flush out that unbelief or other stronghold.

How long should you spend with God? I can't answer that, it depends on how much unbelief or control the stronghold has on you or someone else. I can tell you this, the amount of unbelief and strength of the stronghold is probably a lot more than you realize. You will have to be willing to make a commitment of your time and energy. It might take one day, a few days, a week, a month or longer. It is not a matter of how long it will take God to break through, it is a matter of how long it will take you to allow the Spirit of God, the love of Jesus to flush out the unbelief.

I have been told some people got their breakthrough in a few hours, some took days, some weeks. It took me longer than most people, probably because I allowed so much unbelief to build a stronghold in me because of the situation 25 years ago and I wasn't even aware it was happening.

My personal Spiritual Loading Dose.

I personally decided to go through the Bible in 30 days on audio, due to the severe damage to my eyes and very limited vision. There are a couple of important points I want to stress, one is I have been saved for over 30 years, but I have never been able to go through the entire Bible no matter how many times I tried. The other point is, I get distracted very easily. It was hard for me to concentrate on what I was reading or hearing for more than just a couple of minutes and then I didn't retain much of it.

Up to that point I had been listening to Scripture verses on healing day and night. In fact I would have a CD going in the bedroom on repeat so it would play the CD over and over while I was sleeping.

When I told my daughter what I was doing with the CD, she said "Dad that is not what you taught us, you always said seek the kingdom of God and it's righteousness first and foremost and God will take care of the rest". In other words "Don't seek the healing, seek the healer". A good friend started saying the same thing to me and I realized I wasn't seeking God, I was selfishly seeking my healing and begging God and asking Him to heal me.

I had purchased a set of 64 CDs of the Bible about 25 years ago. I thought I would listen to 2 CDs a day and I could get through the Bible in 32 days. There are multiple websites that now offer audio versions of the Bible with almost every version you can think of including dramatized.

Dramatized is great because every person in the Bible has someone different speaking so it's easy to distinguish when someone else is talking.

I decided that listening to two CDs a day for 30 days and then praying would be my Spiritual loading dose. But it wasn't that easy, I started daydreaming a lot, distractions and random thoughts popped up more than ever before. Just about 3 minutes into the first CD in the book of Matthew a random thought came to my mind that I need to get the oil changed on one of the cars and I became distracted trying to figure out how long it's been since the last oil change. When I realized I was distracted, I started the chapter over again. Then a few minutes later a thought came to my mind of I wonder if my wife wants to go out for dinner because I have the taste for a pizza. When I realized I was distracted, I started the chapter over again. A few minutes later I

started thinking about when the license plates on my car expired and that I have to get an emission test done before I can renew the license plates. When I realized I had been daydreaming, I started the chapter over again. A few minutes later I started wondering how much the people that were doing the audio were being paid for reading their part. Yes random thoughts as silly as that were distracting me and yes I started the chapter over again. It took me about 3 ½ hours to get through the first 1 ½ hour CD because I kept starting chapters over.

I took a break after the first CD and started praying. I started asking God to help me concentrate, to help me have His word come alive in my life. To help me have every word that I hear saturate my mind and my heart as if every word was written just for me.

I then started the 2nd CD. I had some more time so I decided to listen to the 3rd CD and then the 4th all in the first day. The second day I listened to 4 CDs, the third day I listened to 5 CDs and the next day 4 CDs and I realized I was on track to finish the Bible in 15 days. I realized while listening to the first few CDs that I was distracted and daydreaming less and less maybe only 2 or 3 times a CD. What a difference from every few minutes on the first CD.

My eye sight had not improved after the first few days, I still couldn't see to read anything, but that was no longer my focus. I was completely focused on receiving the love of God, being saturated in the word of God so it came alive in me.

However on the 13th day of my 15 day journey through the Bible, God revealed incredible things to me about me. God revealed specific strongholds that I didn't even realize were there, but once God revealed them, I could tell they were the root cause of some of my problems and struggles I was having. I realized they were also why I responded to things certain ways. Strongholds of bitterness, unforgiveness, anger, fear, anxiety, unbelief and more were shown to me and then flushed away.

I did finish the Bible in 15 days, but my eyesight had not improved. God put it on my heart to start listening to the Bible again. This time to listen to a chapter a day for 3 days in a row so it really sunk in. About 4 days later when I looked up I could see. I went to all the eye specialist I saw and they confirmed my vision had improved unexplainably, but all the internal damage and

scar tissue was still there and their question to me was how can I possibly see at all through all of the damage in my eyes.

But I don't have the time.

I have had so many people tell me they don't have 7 or 8 hours a day to listen or read the Bible and pray a day. If that's the case take a smaller loading dose. Commit to going through the Bible in 30 days. That will take about 3 or so hours a day of reading or listening. You have to give yourself a chance to be focused enough on God so that His Spirit can flow through you and work in you. Depending on how big the stronghold of unbelief is in your life there could be a wall that you don't even realize exist stopping God from flowing through you. Everyone's time will be different. You might get your breakthrough the first day or in 7 days or 30 days. But the point is, you will get your breakthrough if you do not quit.

Most people respond with I don't have 2 or 3 or 4 hours a day to do this. Let me ask you this and I want you to seriously consider it, if someone promised you \$1 Million Dollars if you spent 3 hours a day seriously focused on reading or listening to the Bible for 30 days, would you find the time? Maybe you would have to do an hour in the morning, maybe an hour in the evening and then make up the difference on the weekend, but would you find the time to go through the Bible in 30 days? For \$1 Million Dollars I'm sure you would. To be honest, what God can do in your life during that 30 days is far greater than \$1 Million Dollars. What God can do in those 30 days is change your life in ways you would never imagine.

When you get done with your Spiritual Loading Dose, God will direct you on what you should do on a daily basis with Him after that.

Do not seek the Healing, seek the one that heals

Do not seek the blessing, seek the one that gives the blessing

Do not seek the answer, seek the one that gives the answers.

“But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.”

Matthew 6:33

Maybe you are ready to receive your healing right now or maybe it will take some time for your healing to manifest physically. Maybe you are ready to lay hands on someone and they will receive their healing right now, maybe it will take time for you to reach the point where the love of Jesus and the power and authority will flow through you. But you will never know unless you are doing it. You will not all of a sudden have a feeling that you are ready. So do not wait for what you believe is the perfect time. The person you pass up, might be the first time you experience God flowing through you and they are healed, but if you don't take that step of faith, that person could remain in the bondage of their sickness or stronghold for who knows how long.

When you reach the point of experiencing the love of Jesus and the power and authority flowing in you. All you need is you and God. You might not even need someone else to lay hands on you for your healing. I know you might be thinking that's not the way Jesus did it. You might be thinking Jesus or the disciples always had to lay hands on the person or pray for them, or claim their healing. That's true, but as we discussed earlier, we are living in a different time than the disciples were when Jesus was on earth. We have the Holy Spirit living right in us. That's all you need, you and God. The healing power of Jesus' love is already inside you in the spiritual realm, the almighty power and authority of the Holy Spirit is already inside you in the spiritual realm. It's between you and God as a believer.

No matter what, remember you are already healed by the stripes Jesus received. Do not give up, do not get discouraged, do not entertain the spirit of doubt or unbelief for a second. If you start noticing those thoughts, start quoting and believing scriptures that assure your healing, such as: Isaiah 53:5 and 1 Peter 2:24

“But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.”

“Who his own self bare our sins in his own body on the tree that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.”

If need be, look up the verses in a different version that makes it easier to understand, believe and remember. Always give thanks to God for your healing such as: “Thank You God for providing for my healing. I accept my healing and in Jesus name I am healed.”

Your answer to prayer, your miracle is closer than you think.

Start your Spiritual loading dose today and start allowing the love of Jesus to flow through you and flush out the strongholds that are holding you back from receiving your healing or being God’s vessel for other people’s healing.

God Bless you and enjoy the journey.

Chapter 13 – Taking Communion in an unworthy manner

The Bible says taking communion in an unholy manner can cause us to be sick and even die. I will let the scriptures speak for themselves. I will include a few different Bible translations so you can see the wording that is used.

1 Corinthians 11:25-30 (Amplified)

²⁵ “Similarly when supper was ended, He took the cup also, saying, This cup is the new covenant [ratified and established] in My blood. Do this, as often as you drink [it], to call Me [affectionately] to remembrance. ²⁶ For every time you eat this bread and drink this cup, you are representing *and* signifying *and* proclaiming the fact of the Lord’s death until He comes [again]. ²⁷ So then whoever eats the bread or drinks the cup of the Lord in a way that is unworthy [of Him] will be guilty of [profaning and sinning against] the body and blood of the Lord. ²⁸ Let a man [thoroughly] examine himself, and [only when he has done] so should he eat of the bread and drink of the cup. ²⁹ For anyone who eats and drinks without discriminating *and* recognizing with due appreciation that [it is Christ’s] body, eats and drinks a sentence (a verdict of judgment) upon himself. ³⁰ That [careless and unworthy participation] is the reason many of you are weak and sickly, and quite enough of you have fallen into the sleep of death.”

1 Corinthians 11:25-30 (English Standard Version)

“In the same way also he took the cup, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. ²⁷ Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup. ²⁹ For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. ³⁰ That is why many of you are weak and ill, and some have died”

If you feel you might have taken communion in an unholy manner then sincerely repent and ask God to forgive you and He immediately will.

Chapter 14 – The love of Jesus sets us free

We must understand the importance of the love of Jesus in our lives. First you must fully comprehend what that love is based on. Jesus suffered terribly. He was tortured, beaten and whipped. He was nailed to a cross, think about that. Jesus endured the agonizing pain of having large nails pounded through His feet and hands. He did this because He loves us. It is that love that provided for our salvation and healing.

It takes more than just saying you understand. We must allow that love to saturate our mind and heart. It is that love that brings healing. It is that love that brings peace of mind. It is that love that brings completion. We must learn how to release the love of Jesus and His healing power to flow through us. We must learn how to release the love of Jesus in the people we are praying for and laying hands on for healing.

How do you understand and receive the true love of Jesus in your life? First of all you received it when you accepted Jesus as your Savior. But have you really accepted and internalized His love? Are you walking in the peace and love of Jesus? You can't show other people the love of Jesus until you are experiencing it yourself. The love of Jesus is the key to everything.

You must seek God, draw as close to God as possible through reading the Bible, prayer and worship. It is not a matter of works, i.e. if you do this, this and this then God will do something for you. It is a matter of seeking God first and foremost for the relationship, for the spiritual connection and to seek after God's unconditional love. It is God's love that will set you free!

You must bask in the presence of your loving God. But most people do not understand what that means and do not understand the real benefits of it. It could mean to immerse yourself in God's word, prayer, worship or to be in complete silence to hear from God. You will not know that until you can hear from God. But to start you should immerse yourself in God's word. It is the living word of God. Read it as if God wrote every word just for you and expect His Spirit to flow through you. Bask in the glory, warmth and love of God.

Most of us want the benefits of basking in God's loving presence, but we say we don't have the time to read the Bible more, pray more or worship God more. So we try to convince ourselves we are doing enough. We try to justify our lack of time with God by volunteering for things, helping an elderly lady cross the street, letting a car pull out in front of us from a parking lot while we're stopped by a traffic light, or singing Christian songs in the car but not to worship God but because we like the melody. We go to church on Sunday and write notes on the church bulletin and then spend time talking to our friends, etc. But we ignore spending more time with God, which is the only way we can get closer and bask in God's loving presence. Does God see some people as fake Christians with a spray bottle tan type of relationship with Him?

Most Christians are going through the motions. Maybe they never experienced the full and complete love of God. Maybe they experienced it years ago, but something happened and distracted them and now they're comfortable and just going through the motions.

In the book of Isaiah. God basically chastised the people who were complaining because they were fasting and praying and God had not answered their prayers. God basically told them their fasting was lip service. It was not a sincere gesture. It wasn't from their hearts. They were only doing it because it was something they felt they should do. Maybe they thought if they did "A"

then God will do “B” for them. God told them their hearts had not changed, they were acting the same way as they always did, even while they were fasting.

Following is an example in the book of Isaiah of how people acted and what God’s response was when the people cried out to God because they were fasting and they felt God didn’t notice.

“Why have we fasted,’ they say, ‘and you have not seen it? Why have we humbled ourselves, and you have not noticed?’ “Yet on the day of your fasting, you do as you please and exploit all your workers. Your fasting ends in quarreling and strife, and in striking each other with wicked fists. You cannot fast as you do today.”

Isaiah 58: 3 – 4 NIV

“Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness^[a] will go before you, and the glory of the LORD will be your rear guard. Isaiah 58:8 NIV

“Then you will call, and the LORD will answer; you will cry for help, and he will say: Here am I.” Isaiah 58: 9

“And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.” Isaiah 58: 11

God in the book of Revelation said:

“So then because thou art lukewarm, and neither cold nor hot, I will spue thee out of my mouth.” Revelation 3:16

Chapter 15 – Should we re-examine the way we are praying for people?

The main reason people quit praying for someone's healing is because they get discouraged and give up. Thoughts of doubt enter their mind of "it" didn't work. That is unbelief. If you are spiritually ready and truly believe God's word, if you truly believe God's promises, then you would not stop until you saw that person healed. Maybe you have to leave and go home to get sleep, but then you would go back the next day and continue praying, until the person receives their healing.

You will find times when either you or someone else has built their sickness into something so big that they believe in their minds it is bigger than God, even if they don't want to admit it. They can build that sickness or ailment into something that overwhelms their thoughts because it has gone on for so long, every day, day after day, week after week, month after month, year after year, to the point where it overwhelms their mind with unbelief. I know because I experienced that same thing with my eye sight. After so many years of being prayed for, of going up to the altar at different churches, of buying every CD, DVD, Book, etc. I could on healing and see no change in my eye sight, discouragement and unbelief builds up. It can become a subconscious stronghold of unbelief without even realizing it.

There are times when someone might simply lay hands on a person and the love of Jesus and His power and authority just flows through them and the person is immediately healed. There are other times when people might be praying for hours or days for someone before the healing power of Jesus and His love is released in the person and the individual receives their healing. Sometimes even more time is needed.

The Bible clearly shows there are only four reasons that someone is not healed. As the Bible has shown, it is not God's fault or God's will that the person remains sick.

Following are the only two Biblical reasons someone is not healed.

- Does the person laying hands on an individual have any amount of unbelief? For example when the disciples couldn't heal the man's son with seizures. Jesus healed the boy and told the disciples they couldn't heal him because of their unbelief.
- Does the person that wants healing have any amount of unbelief? For example when Jesus could do no mighty works in His own country, except that He laid His hands upon a few sick folk, and healed them. The Bible shows us that even Jesus didn't heal people that had unbelief.

The Bible shows us there are two other things to consider:

- Is the person laying hands on someone allowing the love of God to flow through them to the individual, allowing God's healing power to flow into the other person? Jesus healed people through His compassion and love. It is not about how loud you pray, or how much you grit your teeth or clench your fist. It's about the love of Jesus flowing through you to the sick person.
- Is the person laying hands on someone in need of healing using the power and authority of God to cast out any unclean spirits/demons when necessary? As the Bible showed numerous times. The Bible shows us multiple times that demons can be at the root of someone's illness. The Bible also shows us that some demons have greater strongholds than others and require the person to fast and pray to get closer to God to be able to cast out the demon.

Could it be a combination of them?

It is important to make sure the person being prayed for and the person laying hands on them is free of unbelief.

An important lesson from over 100,000 healings.

There are many people who have had incredible healing ministries. God has moved through many people to heal others in an incredible way. But there is one person who really stood out as

different his name was John G. Lake. That's because it wasn't just him, he started a healing school and trained many other people on the Biblical principles of healing. In fact they have over 100,000 documented healings. The information on John Lake said a hospital in Spokane, Washington where his healing school was located actually closed for weeks or months because people weren't sick. It went on to say the city launched an investigation into his school's claims and later cancelled it saying they were true.

What stood out most to me about the story of his healing school was before the students graduated they were each given the name of a terminally ill person and told to go and pray for the person and do not return until the person is healed. WOW. They said, some students came back in hours, some in days and some longer.

I don't know why they implemented that, but it stood out to me because they didn't just do a 30 second prayer and leave, or a 30 minute prayer and then have donuts and coffee. The students had faith and believe the sick person would see the physical manifestation of their healing. The student would pray and read the person the Bible and at night go home and sleep and come back the next day and pray and read the person more from the Bible for as long as it took for the person to experience their physical healing manifested.

Could John G. Lake's experience in business give him a unique understanding of human nature? Could John Lake have known that if the person praying stopped before the individual received the physical manifestation that even if the sick person had faith and no unbelief when the student left, it was just a matter of time, maybe hours or days before doubt and unbelief would start taking root again. So the students had to keep praying and praying and read the sick person the word of God, because faith comes from hearing the word until the person was free of unbelief and experienced the physical manifestation of their healing.

I believe what they were doing, whether they realized it or not was destroying any seeds of doubt or unbelief that might be in the sick person.

So what can we learn from that?

Chapter 16 – Get Started

- Do not seek the healing, seek the One that heals.
- Do not seek the blessing, seek the One that gives the blessing.
- Do not seek the answer, seek the One that gives the answers.

“But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.”

Matthew 6:33

Maybe you are ready to receive your healing right now or maybe it will take some time for your healing to manifest physically. Maybe you are ready to lay hands on someone and they will receive their healing right now. Maybe it will take time for you to reach the point where the love of Jesus and the power and authority will flow through you. But you will never know unless you are doing it. You will not all of a sudden have a feeling that you are ready. So do not wait for what you believe is the perfect time. The person you pass up praying for might be the first time you experience God flowing through you and they are healed. But if you don't take that step of faith, that person could remain in the bondage of their sickness or stronghold for who knows how long.

Hopefully you will reach the point of experiencing the love of Jesus and the power and authority flowing in you. All you need is you and God. You might not even need someone else to lay hands on you for your healing. I know you might be thinking that's not the way Jesus did it. You might be thinking Jesus or the disciples always had to lay hands on the person or pray for them, or claim their healing. That's true, but as we discussed earlier, we are living in a different time than the disciples were when Jesus was on earth. We have the Holy Spirit living right in us. That's all you need, you and God. The healing power of Jesus love is already inside you in the spiritual realm, the almighty power and authority of the Holy Spirit is already inside you in the spiritual realm. It's between you and God as a believer.

No matter what, remember you are already healed by the stripes Jesus received. Do not give up. Do not get discouraged. Do not entertain the spirit of doubt or unbelief for a second. If you start noticing those thoughts, start quoting and believing scriptures that assure your healing, such as: Isaiah 53:5 and 1 Peter 2:24

“But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.” Isaiah 53:5

“Who his own self bare our sins in his own body on the tree that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.” 1 Peter 2:24

If need be, look up the verses in a different version so it will be easier to understand, believe and remember. Always give thanks to God for your healing such as: “Thank You God for providing for my healing. I accept my healing and in Jesus name I am healed.”

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