100 Questions for Couples

- 1 What is one thing I did that made you feel loved this week?
- 2 What do you envision our life looking like in 10 years?
- 3. If we had unlimited funds for 1 vacation, where would we go?
- 4. What is one odd thing about me that you find endearing?
- 5 What is your favorite memory from the beginning of our relationship?
- 6 What accomplishment in your life are you most proud of?
- 7 · If you could eat only one treat forever that wouldn't affect your health, what would it be?
- 9. What is one thing your parents taught you that you really appreciate now?
- 10 · If you had a whole day of no work and no responsibilities, what would that ideal day look like?
- 11 What is your favorite thing about your job?
- 12 What is something you've learned about God this week?
- 13 How did you know you wanted to marry me?
- 14 When did you first realize you loved me?
- 15 Who is someone who inspired you as a kid or teenager?
- 16 What is one area of your life that you would like to grow in?
- 18 What Is one area that you have seen me grow in since we have been together?
- 19 What is one activity or date we've been on that you really enjoyed?
- 20 Do you remember our first kiss? What details can you recall?
- 21 What do you view as my greatest strength?
- 22 What is something you really miss about your childhood?
- 23 · When was the last time you were moved to tears?
- 24 \cdot What do you think our greatest strength as a couple is?
- 25 What is your favorite season and why?
- 26 What is your favorite place that you have visited or traveled to?
- 28 Do you believe in soulmates? Why or why not?
- 29 What were some of your favorite childhood TV shows?
- 30 What is a book you've read that really impacted your life?
- 31. If you didn't have to work for money, how would you spend your time?
- 32 · What is your earliest vivid memory?
- 33 · What is one positive thing you learned about marriage & relationships from your parents?
- 34 · What is one thing about me that you've chosen to accept instead of fighting me on?
- 35 · What is your favorite way for me to show you I love you?
- 36. What is one skill you don't have no but have always wanted to learn?
- 38. Do you see any areas w/ family relationships that we need to create boundaries in?
- 39 · How do you want to celebrate important dates in our relationship, such as anniversaries, birthdays, etc.?
- 40 · Is there anything about how we currently handle our money that you would like to change or improve?
- 41 · If/when I make you angry or upset, how would you like me to approach you?
- 42 What is one way we could improve our conflict resolution skills?
- 43 How would you like me to show you that I am paying attention to you?
- 44. If you could only pick 5 words to describe me to someone who has never met me, what would they be?
- 45 What is one unpopular opinion that you have?
- 47 What was your favorite class or classes in high school or college? What did you love about them?
- 48 What is one of the best gifts you've ever been given?
- 49. If you could pick an actor/actress to play you in a movie about your life, who would it be?
- 50 What are the 3 happiest moments of your life?

What is something I do that makes you feel respected? 51 52 Did your family have any traditions that you want to continue in our family? If you could start a foundation to combat one cause, what would it be? What is one thing you'd like to change or overcome this year? If you already started on a goal, have you made 54 any progress? 55 · Identify a good marriage you've seen in your life. What made it a good marriage? If you could choose any era or time period to have lived in, which would it be and why? 57 In what circumstances do you feel closest to me? 59 Describe a life lesson you've learned because of a mistake you made. What are your expectations about how our life will look if we choose to have children? 60 61 What is a dream or recurring dream you remember very vividly? How do you expect me to act when we are with groups of people? How much attention do you expect from 62|_{me?} 63. If you could be famous for something, what would you want it to be? What dating experience before ours had the biggest impact on how you view relationships? 66 Are there traits you have that you wish you could change about yourself? What area or areas of your life do you feel not understood or heard? 67 68 Describe a time you overcame an anxiety or fear and had a wonderful experience because of it. 69 What is the most adventurous thing you've ever done? 70 When was the last time you tried something new? What is one thing about our future together that you are really looking forward to? 71 72 Love aside, what is your favorite part about being together? What do you value most in your friendships? 73 | -74 What pieces of advice would you give to your teenage self? What is one thing you want us to do more of together? 76 If you could be immediately great at an Olympic sport, what would it be? 78 When browsing a bookstore, what section do you gravitate to? 79 l What is the most dangerous situation that you have survived? 80 What worries you most about life? Do I sometimes embarrass you? How? 81 Do you feel that I respect you? How could I show that better? 82 83 What would be one change in my life that you most believe would be for my own good? What musical instrument do you wish you could play? 85 86 If you could travel to any country in the world for one month, where would you go? 87 How do you think society is changing? Do you think we'll change with it? What luxury do you enjoy treating yourself to? 88 What do you most like to do when you have alone time? 89 When you're gone what you want to be remembered for? 90 91 If you had a million dollars to give to any charity, what type of charity would you give it to? 92 What can someone do that makes them immediately unattractive to you? 93 What animal are you most afraid of? 95 What's the most dangerous, thrill-seeking thing you would consider doing? 96 If you could instantly learn a talent or skill, what would you want to know how to do? 97 What brings you the most joy? What do you think would be the best way to strengthen our relationship? 98 99 What toy played the most significant part in your childhood? 100 What new hobbies or activities would you like to try together as a couple?