



# HOPE30 KITCHEN

---

## *Hope30 "Magic" Salad*

### **Ingredients**

- 4 oz of steak
- 1 jar of roasted red peppers (drained)
- 1 sliced sweet onion
- A few splashes of beef stock
- A few shakes of your favorite steak seasoning
- A bowl of chopped romaine

### **Cooking Directions:**

- Grill your seasoned steak in a non-stick pan. Add the beef stock and onions.
- Once the onions are soft and the steak is near done, add sliced roasted peppers to warm in pan.
- Slice steak. Pile veggies and steak on top of lettuce and enjoy!

This is a Hope30 favorite!

---

## NOTES:

