



HOPE30 KITCHEN

♡ BreAnn's Famous Hope30 Chili

Ingredients:

- 1 pound of ground turkey (or beef)
- 2 TBSP Chili Powder
- 2 TBSP Cumin
- 2 cloves of minced Garlic
- 2 TBSP Minced onion
- Pink Salt and Black Pepper to taste
- 1/2 cup of tomato puree
- 2 cups of Chicken Broth (Beef Broth)
- 1 large chopped sweet onion
- 2 chopped bell peppers

Cooking Directions:

- Brown ground turkey seasoned with 1 TBSP each of chili powder, cumin, minced garlic and minced onion. Add pink salt & pepper to taste.
- Once browned, add tomato purée, beef broth, onion & peppers. Add more chili powder & cumin to taste.
- Simmer away!

Cozy & fulfilling!

