

## 💙 Hope30 Cucumber Deli "Sandwich"

## Ingredients:

- 4 oz of lunch meat
- 1 English cucumber seeded
- Tomato sliced thin
- Purple onion sliced thin
- Splash of red wine vinegar
- Oregano, pink salt and black pepper to taste

## **Cooking Directions:**

 Using the cucumber as your "roll", build a sandwich with the ingredients listed. Or add any of your choice, the options are limitless using the Hope30 meat and veggie lists!

The crunch of the crisp cucumber makes this 1000 times better than a sandwich roll!