

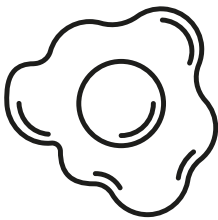


HOPE30 KITCHEN

♡ Hope30 Egg Scramble

Ingredients:

- 3 eggs
- a splash of veggie stock
- 1 bag of frozen broccoli or your favorite veggies (steamed)
- 1 small onion
- a tsp or two of garlic powder
- 1/4 tsp black pepper
- pink salt to taste



Cooking Directions:

- In a small bowl, whisk together eggs, garlic powder, black pepper and pink salt and set aside.
- In a non-stick skillet add a splash of veggie stock and the onion sliced.
- Sauté until the onion is softened.
- Add egg mixture and the steamed broccoli to the onions in the pan.
- Scramble it all together and serve on a bed of lettuce.

There are a million veggie combos that can work with this recipe, and a drizzle of salsa on top is yummy, too!
