



HOPE30 KITCHEN

♡ Hope30 Hard Boiled Eggs w/Sweet Mustard Salad

Ingredients:

- 3 Hard boiled eggs
- 1 romaine heart chopped
- 1/4-1/3 cup Dijon Mustard
- 1 tsp Apple Cider Vinegar
- 2 tsp - 1 tbsp Balsamic Vinegar
- 1/4 tsp - 1/2 tsp Stevia liquid sweetener
(start out small and add more to taste)

Cooking Directions:

- Chop Romaine and prepare hard boiled eggs.
- Prepare dressing by combining all ingredients listed. Add Stevia by starting out small & adding more to taste.
- Drizzle dressing over salad. Add more veggies if preferred.

This dressing is also used as a dipping sauce & drizzle over steak!
