

Y Hope30 Salsa Chicken Tacos

Ingredients:

- 1 pound of chicken breast
- 1 jar of salsa
- Pink salt and pepper to taste
- Romaine lettuce heart leaves
- Purple onion (sliced thin)
- Tomato (thin sliced)

Cooking Directions:

- Using your pressure cooker, crock pot or your oven combine the chicken and the salsa and cook to temperature.
- Shred and place in lettuce leaves as if they were taco shells.
- Add a few slices of onion and tomato and enjoy!!!!

This is a GREAT meal for Taco Tuesday!