



# HOPE30 KITCHEN

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## *Hope30 Ole Lunch Dip w/ Veggies*

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### **Ingredients:**

- 1/4 tsp pink salt
- 1/4 tsp dried oregano
- 1/4 tsp ground cumin
- 1/4 tsp onion powder
- 1/4 tsp garlic powder
- 1/4 tsp chili powder
- 1/4 Paprika
- 4 oz cottage cheese
- 1/8 cup fresh salsa from produce department

### **Cooking Directions:**

- In a small bowl mix spices.
- Add to cottage cheese and then stir in salsa.
- Cut veggies wide enough to serve as "scoops."

That's it! So easy, so delicious!

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