

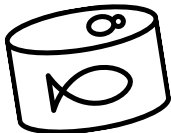


HOPE30 KITCHEN

♡ Hope30 Tuna Salad Boats

Ingredients:

- 1 can of Albacore in water, drained
- 1 TBSP Organic Dill Pickle Relish
- Dash pink salt & pepper
- 1 TBSP Red Onion, chopped
- 4 Cherry tomatoes, sliced
- 1/2 Cucumber
- Fresh Parsley



Cooking Directions:

- Drain one can of albacore thoroughly.
- Add 1 TBSP of Dill Relish
- Add Chopped red onion
- Stir until combined
- Add pink salt & pepper to taste, a little goes a long way.
- Cut cucumber in half & then again lengthwise.
- Scoop out seeds of cucumber with teaspoon
- Scoop tuna mixture into cucumber boats
- Slice cherry tomatoes and place on top of tuna
- Sprinkle fresh parsley on tomatoes & tuna

Not only is this light & fresh, but the cucumber boats make it fun to eat as well!
