

STARTING

SCHOOL

STRATEGIES FOR INDEPENDENCE

1

PACK-A-BAG

Help me to pack a bag when leaving the house, with a jumper, water bottle and snack.

Help me to learn to carry it on my back.

2

JUST ENOUGH HELP

Give me just enough help to help be able to it myself.

Help me feel amazing when I can do as much as I can.

3

PACK AWAY

After play, help me to learn to packaway before I start new play.

4

CHORES

Let me have a simple chore so that i can learn to contribute to my home. I will need help, and is nice to know my help is important.



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