

STARTING

SCHOOL

STRATEGIES FOR INDEPENDENCE

1

PACK-A-BAG

Help me to pack a bag when leaving the house, with a jumper, water bottle and snack.

Help me to learn to carry it on my back.

JUST ENOUGH HELP

Give me just enough help to help be able to it myself.
Help me feel amazing when I can do as much as I can.

2

3

PACK AWAY

After play, help me to learn to packaway before I start new play.

CHORES

Let me have a simple chore so that i can learn to contribute to my home. I will need help, and is nice to know my help is important.

4