

# PROFESSIONAL LEARNING

## WORKSHOP TOPIC GUIDE

Quality learning opportunities to help you thrive.

<b>TRAUMA INFORMED PRACTICE</b>	This workshop considers the impact adverse experiences have on the developing brain and key strategies to support intentional approaches to engaging with individuals struggling with the impacts of trauma.
<b>THRIVING IN CARING PROFESSIONS</b>	Working in the caring profession is acknowledged to be particularly challenging but we do not have to be martyrs to be amazing at what we do. This workshop provides an understanding of why 'overwhelm' builds over time, what it can look and feel like, and a framework for finding what can help you thrive not just survive.
<b>OUTSIDE THE BOX ENGAGEMENT</b>	This workshop introduces you to an integrated approach to helping kids engage with you, tasks and their surroundings. Established by trauma informed allied health professionals, based on successful repeated engagement of kids with particularly complex struggles.
<b>PLAY INTEGRATED LEARNING</b>	This workshop explores play and provides examples and strategies of how it can stand alone as important, and how it can be a tool to lead to readiness for learning and learning.
<b>CUSTOMISE YOUR OWN WORKSHOP</b>	The community in which we work is continually changing and presenting professionals with a range of challenges. Contact us and have a chat about how we might be able to help you and your team thrive in the very important work that you do.