



POLIO UPDATE

BREAKING NEWS...

Sadly two further cases of polio have been reported in the last month in Afghanistan bringing the total reported so far this year to 21. The 21st polio case was reported in Urozgan province, a 3-year old boy who is now permanently paralysed by the polio virus.

Meanwhile in Pakistan, 8 cases have been reported so far this year.

In 2018, so far, 29 cases of polio have been reported, compared to 19 at the same time last year.

In Nigeria, no cases

ROTARY
INTERNATIONAL



This year's Rotary International theme for 2018-19 "Be the Inspiration" was chosen by RI President Barry Rassin. "Together we will see a world where people unite and take action to create lasting change - across the globe, in our communities and in ourselves."

Braunton Caen Rotary



NEWSLETTER

JANUARY / FEBRUARY 2019

The Rotary Foundation

'Together, we see a world where people unite and take action to create lasting change in ourselves, in our community and across the globe'

This is the vision that unites all Rotarians and sets them on the path to make the world a better place. Not a big deal you may argue, surely this is what every person on the planet should be trying to achieve. You would be right of course but over a million of us globally have come together under the umbrella of Rotary to really focus our efforts on six key areas where we see the greatest need: Peace and Conflict Resolution, Water and Sanitation, Maternal and Child Health, Basic Education and Literacy, Economic Development, Disease Prevention and Control.

The Rotary Foundation is a department within Rotary that offers Rotarians the tools they may need to develop their own project ideas tailored to

support their own community. Members can access guidance, assistance and training facilities and generous grant funding opportunities.

Our Annual Fund raises 120 million US Dollars every year from clubs and members around the world and over 90% of this is awarded in the form of grants for clubs for their project work.

Rotary's Polio Programme is on the cusp of totally eradicating the disease throughout the world.

In Braunton, our Rotary Club focuses on literacy in our primary schools to ensure that more children reach the national standards for reading, writing and comprehension. We run a Memory Cafe to help those suffering with dementia and we run 'Heart Start' courses to make the community aware of the defibrillators

sited in the village and how to use them.

We support numerous local and international charities and sponsor the education of underprivileged young people in Tanzania.

We show the pride we have in our community and continue to reach out beyond our home comforts and do good in the world.

If anyone wishes to get involved with Rotary, all you need is time, energy, and a passion to improve your world.

Become one of Rotary's people of action or explore the many opportunities we have for anyone — whatever your age or interest — who wants to improve lives in communities near and far. Just get in touch with us at admin@brauntoncaenrotary.co.uk or see our contact information on the back page of this newsletter.





Rotary First Aid Tips

Of the Month

Where has the last year gone. Hopefully not too much of your time was spent in A&E or even hunting through the your first aid box for a plaster.

Consider taking a glance around your home, wondering just what might kill you or injure you. If you don't have a carbon monoxide detector and you have an unserviced boiler, the "silent killer" could take you and your family out. A small kink or hole in the carpet on your top stair could do it, too. A slippery bathtub, kitchen grease fire or absentminded reach into the food processor could cause you some major problems. So could that dull kitchen knife, the pot of boiling water on the stove top and the sharp corner of your living room coffee table. Scared yet?

An hour looking around your house and garden could save you days or weeks recovering from breaks, bleeds or burns if you take heed of the results of your diligence and put in place simple precautions. Some are obvious but some creep up on you. How wobbly are the old wooden stepladders you have had since before you were married? Are you sure the string you put on it seventeen years ago to temporarily hold the third step is still OK? With what certainty do you think the wobbly handle on your favourite frying pan is secure just because it has been safe for the last 4 years? We have yet not even thought about what precautions we can take now before the ice & snow make the footpaths look pretty, or is that pretty dangerous?

Since the H&S Act of 1974 was passed and now implemented there are less than a quarter serious accidents in places of employment and the numbers of workplace deaths have dropped annually from about 700 to about 150. There are 550 people alive today who would have died in the workplace last year but for "H&S gone mad!"

Community

Santa Sleigh extends his visit and breaks all records

This year Santa decided to spend even longer in Braunton, Wrafton & Chivenor with six nightly visits over a fortnight instead of four in a week. He could also be found greeting shoppers outside Tesco's. Hopefully more children young and old were able to see him and the money raised for Rotary local charities exceeded £2,500 – the highest total since the Club asked Santa to visit seven years ago.

Fortunately the weather was mild and no-one got wet, which is also a record we think !

Thanks to all who contributed to Santa's collection.



International

News

Mary's Meals

The Rotary Club of Braunton Caen recently sent a donation of £1000 to Mary's Meals. This fantastic charity provides a daily school meal for pupils in the poorest areas of The World. The UK government's "Double the Love" campaign will "match fund" The Club's contribution, so obviously we

are overjoyed that £2000 will create a bigger impact. A Summer BBQ with live music, a sponsored slim and a 5p collection contributed to our fundraising throughout 2018.

Shelterbox

An annual concert held at Broomhill Art Hotel has long been a feature of Braunton Caen Rotary's International fundraising. Please consider joining us at this great event. Tickets are only available by contacting Broomhill 01271 850262.

Proceeds are sent to Shelterbox Disaster Relief Charity.



Youth Update

Literacy Project

Ready, Steady, Read with Rotary is an eight week literacy programme aimed at helping ordinary children who, for one reason or another, but not Special Educational Needs, have not managed to grasp the basics of reading. Selected pupils receive intensive support in 30 minute, one-to-one, individually tailored sessions with a literacy consultant, a qualified teacher funded by Braunton Caen Rotary Club, over 40 consecutive days. Progress is carefully recorded and afterwards the child returns full time to the classroom where they are able to cope more effectively.

The programme has been running in Southmead Primary School for a year

during which time 12 pupils have benefitted from this individual attention. All of the pupils were assessed as being well below their chronological age in literacy skills. Without exception their progress has been amazing, with advances in their literacy abilities improving between 11 and 24 months over the 8 week period. As importantly, they have learnt the joy of reading. At the end of each 8 week session the pupils receive a prize in the form of the final book in the series they have been reading with the consultant.

The programme will continue at Southmead Primary School next year and Braunton Caen Rotary Club hopes to be

able to raise sufficient funding to employ another teacher, initially in Southmead for one term and then hopefully, in one of the other village primary schools.

From our club's point of view this is a village-centered project, clear in its aim, with the prospect of real beneficial and tangible results. It is a potential life changer for some of the young people of the village who, through no fault of their own, are facing a future with little prospect for success in any field.

Youth Speaks

We are delighted to hear that Caen Primary School will be entering a team in the 2019 Junior competition, alongside Southmead Primary School.



What's coming up in January/February some key dates

Wednesday 16th January 2019

Rinus & Aniet van der Sande will be hosting the eighth annual Shelterbox musical event at Broomhill Art Hotel. Yazzy, a local singer/songwriter, will provide entertainment at this hugely popular event which sells out year on year. Tickets are £14.50 (available direct from Broomhill Art Hotel 01271 850262) and will include a superb Mediterranean supper. There will be a raffle in aid of Shelterbox.



Speakers:

30th January 2019 - Charlotte Henderson for Cardiac Arrest in the Young.

13th February 2019 - Mr Harrison, Community Engagement Officer, Police & Crime Commissioner's office

Braunton Caen Memory Café - Wednesday 30th January & 27th February

For people with memory problems, to come and join us for a chat, fun and refreshments, 14:00-16:00 Mariner's Close.



Fun & Fellowship

Christmas Party

Braunton Caen celebrated Christmas and it's 8th birthday by having a party with family and friends at the Saunton Sands Hotel. It was a superb night with fabulous food & entertainment, and we even had a little secret santa gift. Grateful thanks to President Chris & Sue for all their efforts in arranging the party.



January & February Diary

Braunton Caen
Rotary



- Wednesday 2nd January Open Meeting, 19:00 Ebrington Arms
- Wednesday 9th January Chivenor Military Wives 19:00 Ebrington Arms
- Thursday 10th January Village Fair Committee, 19:00 Williams Arms
- Wednesday 16th January Shelterbox Event at Broomhill Art Hotel (see page 3)
- Thursday 17th January Club Council, 19:00, hosted by Chris Andrews
- Wednesday 23rd January Open Meeting: Youth Speaks Dress Rehearsals, 19:00 Ebrington Arms
- Wednesday 30th January Caen Memory Café, 14:00-16:00 Mariners Close—all welcome
Speaker Meeting 19:00 Ebrington Arms: Charlotte Henderson CRY Cardiac Risk in Young
- Wednesday 6th February Open Meeting, 19:00 Ebrington Arms
- Wednesday 13th February Speaker Meeting 19:00 Ebrington Arms: Mr Harrison, Community Engagement Officer, Police & Crime Commissioner's Office
- Wednesday 20th February Speaker Meeting 19:00 Ebrington Arms, Rosemary - her life & career
- Wednesday 27th February Caen Memory Café, 14:00-16:00 Mariners Close—all welcome
Open Meeting 19:00 Ebrington Arms and Youth Speaks Rehearsals

Braunton Bingo 2019

Braunton Caen runs six bingo sessions in the village for the local community. 2019 dates, all on a Friday, are:

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|---------------|--------------|
| 15th February | 2nd August |
| 5th April | 4th October |
| 7th June | 6th December |



Club Contact Information

Website: www.brauntoncaenrotary.co.uk
Facebook: The Rotary Club of Braunton Caen
Club President: Chris Andrews 07792 173234 coandrews@talktalk.net
Club Secretary: Caroline Sinclair 07811 424048 carolatifsherton@aol.com
Newsletter Editor: Paula Byrom 0777 277 0850 paulabyrom@rpbfunerals.co.uk

Meeting place

Ebrington Arms, Knowle, Braunton EX33 2LW
Wednesday Nights at 7.00pm—8.00pm



find us on

Facebook

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Why not like and share our items

The Ebrington Arms
Village Freehouse

01271
812166