



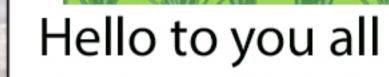
DON'T FORGET TO
PUT YOUR CLOCKS

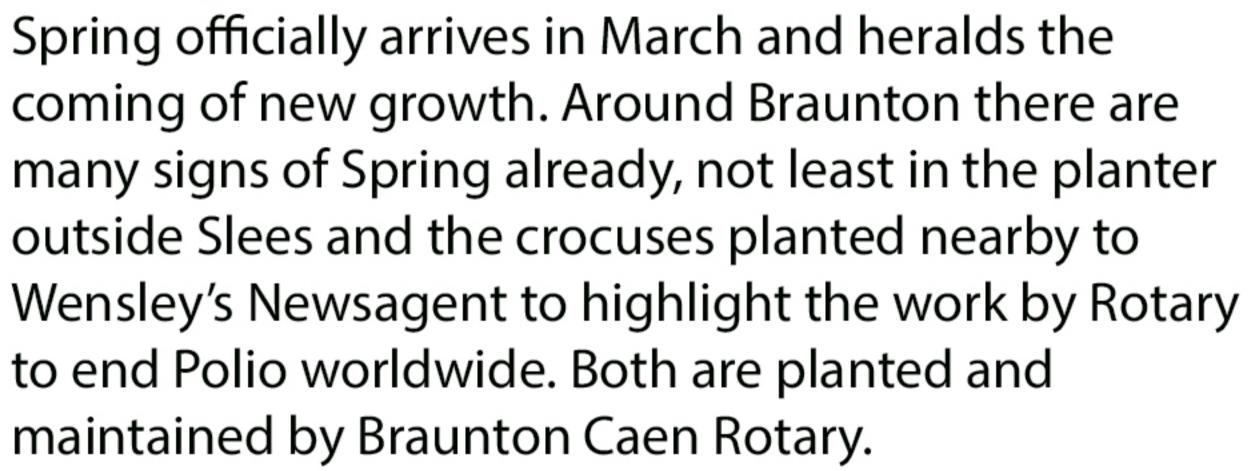
FORWARD
AN HOUR ON
SUNDAY, 28TH MARCH



I wandered lonely as a cloud
That floats on high o'er vales and hills
When all at once, I saw a crowd,
A host of golden daffodils;
Beside the lake, beneath the trees,
Fluttering and dancing in the breeze.
William Wordsworth







Below left Paula, our President, and Jenny can be seen assisting at Braunton Academy with the Covid Rapid Testing. This is to help students with their return to the school. They will have three tests over the space of three weeks.

Braunton Caen Rotary, alongside other North Devon Rotary clubs, are holding a Virtual Balloon Race to raise monie for the North Devon Hospice. To enter, go online at brauntoncaenrotary.co.uk/balloon race. Tickets per balloon cost £3 and the first prize is £500!



















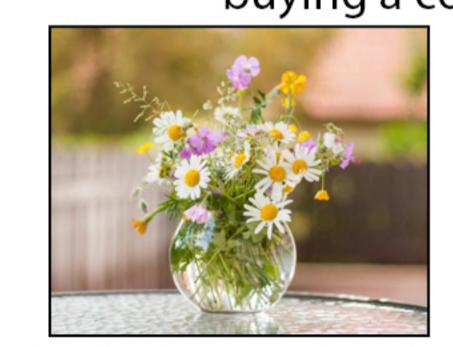
Mothering Sunday is celebrated in the UK and Northern Ireland on the 4th Sunday in Lent. Since the Middle Ages Christians have visited their 'Mother Church', the church where they received their baptism and during the 16th century anyone who did so was said to have gone 'mothering'. Originally called Mid-Lent Sunday it was the day of respite from the fasting of Lent. Later it also became the day when the servants were given a day off to visit their Mother Church and their families. In 1913 Constance Penswick Smith started a modern observance of the day. She published books and a play on the subject of Mothering Sunday, the most influential being the 'Revival of Mothering Sunday' in 1921. Within in this she outlined the four aspects of Motherhood that should be honoured. They were 'The Church, our Mother', 'Mother of Earthly Homes', 'The Mother of Jesus' and 'Gifts of Mother Earth.

What did the baby corn say to the Mummy corn? Where is Popcorn?!

Why did the baby strawberry cry? Because his Mum was in a jam!



Ann Jarvis, an American and peace activist, had started a campaign in the US to make Mother's Day a recognised holiday dedicated to peace. Along with another acitivist, Julia Ward Howe, Ann had instituted Mother's Day Work Clubs to address public health issues. In 1908, Anna Jarvis (daughter to Ann) held a memorial for her mother in Grafton, West Virginia. Anna wanted to honour her mother, and all mothers, believing that a mother is 'the person who has done more for you than anyone in the world'. Although in 1908, the US Congress rejected the proposal of a Mother's Day official holiday, by 1911 all the US states were observing the day. In 1914, President Woodrow Wilson signed an order to designate a Mother's Day holiday on the second Sunday in May. in 1920, Hallmark Cards started selling cards to celebrate the day and this started the commercialisation of the holiday. Anna Jarvis objected to this and started boycotts and lawsuits stating that people should appreciate their mothers through hand-written letters expressing their love and gratitude rather than buying a commercially produced card and gift.





As Mothering Sunday was a respite from the fasting of Lent, gifts of food became popular as well as wild flowers picked from the lanes. Fresh bread was baked or a roast of lamb or veal cooked to spoil Mother and show her appreciation and gratitude. Simnel cakes were a tradition too. This cake consisted of two rich fruity layers which were boiled in water, then baked. After baking, the cake would be decorated with marzipan on the top and in the middle. Eleven little balls of marzipan were placed on top to represent the eleven apostles (Judas was not included) and sugared violets were also used for decoration. Today gifts of flowers and food are still given. One of the most popular food ones is to bring Mum her breakfast in bed.





YOU are my sunshine!

## ANSWERS:

Across Down

1. Hugs 2. Gift

5. Flowers 3. Love

6. Day7. Cake7. Cook8. Mom



What do you call a small Mum? A minimum!

What did the baby Egyptian say when he got lost?
I want my Mummy!