

FOR PRACTITIONER USE ONLY

VITALI-CHI FREQUENCY A - Z INDEX

These frequencies may be made from a combination of flowers, herbs, essential oils and Earth minerals. The frequency of each ingredient has been captured and added to distilled water. They are to be used with Vitali-Chi Boost only and are not to be taken internally. Add 2 drops from each frequency bottle in your Wellbeing Box Set/s and place into the Boost bottle with water. For best results we recommend using Vitali-Chi Boost for 40 - 60 minutes daily. Longer periods of time or more frequent use will not harm but water must be drunk before and after each treatment to help release toxins from your body.

Please Note: On occasions, you may notice a physical or emotional detox. This may be felt as temporary feelings of fatigue, energy loss or sadness due to you letting go of past or current panic, paranoia, anger, resentment, remorse or distress or other internally held negative emotions. A release is a perfectly normal part of letting go and any feelings will subside with continued regular use of Vitali-Chi Boost. Should you feel uncomfortable due to a too rapid release, then postpone sessions for a day or two.

Do not switch on Boost: If you are pregnant, wear a pacemaker or suffer from epilepsy. However, you may use Vitali-Chi with the frequencies but without the Booster as a less energising alternative. This method of healing is not to be used in place of or postponement of traditional medical treatment, so if in doubt please see your Doctor.

AURA

Aura Brightener

Super Aura & Chakra Repair
Super Aura Cleanse

Super Aura Protection
Super Strong Aura

BODY PARTS

Achilles Heel

Gall Bladder

Prostate

Adrenal Glands

Gums & Teeth

Salivary Glands

Bladder

Heart

Sweat Glands

Blood

Head

Skin

Blood Vessels

Kidneys

Small Intestine

Bones

Large Intestine

Spleen

Brain

Ligaments

Stomach

Breast

Liver

Sweat Glands

Cells

Lungs

Thyroid

Colon

Mouth & Throat

TMJ

Ears

Nose

Uterus

Endocrine Glands

Ovaries

Vagina

Eyes

Pancreas

CELLULAR MEMORY

Angry

Cellular Memory

Painful Times

Agitated

Death

Purified

Associated Painful Memories

False Self

Starving

Bright

Frozen Emotions

CHAKRAS

Earth Star
Root
Navel
Sacral
Solar Plexus

Heart
Throat
Third Eye
Crown
Causal

Soul Star
Stellar Gateway

DRAMAS

Confusion

Dramatic Events

EMOTIONAL

Balanced Emotions
Catastrophic
Chronic Irritation
Deserting Self
Emotional Issues
Emotional Pain - Chronic
Emotionally Scarred
Extreme Mental Anguish

Family Conflicts
Fears & Phobias
Fear of flying
Guilt Free
Incompetence
Manipulated
Mastering Emotions
Mood Swings
Negative Messaging

Nightmares
Releasing Old Hurt
Social Phobia
S.O.S.
Soul Balanced
Spoilt Little Princess
Strength
Suffered Spirit
Suppressed Emotions

INNER CHILD

Angry
Ashamed
Beaten
Bitter
Brutally Scarred
Child Abuse
Completely Broken
Deep Wounds
Extreme Rigidity
Feeling Unworthy
High Spirited
Incestuous Rape
Insecure
Intimidated & Groomed
Killer Instinct

Learnt Behaviour
Lethargy
Lost Will
Mental Abuse
Morose
Numb
Outrageous Temper
Point of Death
Prostitution
Raped
Raped & Mutilated
Remorse
Suicidal
Self Destruct
Sexually Violated
Shocking Experiences
Sibling Rivalry
Terrified

Turbulent Upbringing
Unbalanced
Unlovable
Venomous
Victim
Violent Outbursts
Violently Attacked
Withdrawn

MERIDIANS

Bladder
Central
Circulation Sex
Gall Bladder
Governing

Heart
Kidney
Large Intestine
Liver
Lung

Small Intestine
Spleen/Pancreas
Stomach
Triple Warmer

MIND

All Knowing
Beaten Down
Broken
Clear
Dual Personality
Explosive
Forced
Freedom

Genius
Intrusive Thoughts
Lightness
Locked
Mental Lethargy
Mentally Shut Down
Moods
Overloaded

Peace of Mind
Powerful
Purposed
Requiem
Spiritually Shut Down
Terrified
Unstable
Unwanted

PAST LIVES

Cause & Effect
Family Wounds

Healing Lifetimes
Karmic
Negative

Painful
Strict Regimes
Super Past Life Cleanse

**PATTERNS OF
BEHAVIOUR**

Abrasive Communication
Anxious
Boundaries & Consequences
Co-dependent
Controlled
Controlling
Denial
Deserting Self
Detached
Diverse
Dumb

Family Feuds
Hoarder
Indifferent
Manipulation
Negative
Not being your truth
Over Protective
Obsessive
Obtuse
Passive Aggressive
Positive Attitude
Pride
Resourceful

Resistance to change
Self Sabotage
Stifled
Stubborn
Stuck in the past
Superiority
Trepidation
Undiscerning
Unmerciful Behaviour

PERSONAL GROWTH

Abundant Self Love
Accelerate Forward
Achievements
All that you can be
A Perfect Life
Breaking Free
Changing Ways
Competent
Complete
Creative Force
Driven Determination

Endurance
Equality
Free Spirit
Liberated
Living Your True Potential
Masterly
New Beginnings
Optimistic
Overcoming Fear
Overcoming Jealousy
Overcoming Loneliness
Overcoming Traumatic
Events

Overcoming Past Mistakes
Personality Damaged
Public Speaking
Programmed
Releasing Negative Beliefs
Restored Trust
Self Awareness
Self Reliance
Transcending Betrayal
True Self
True to Self
Unveiled Mask

PLEASURE ACTIVITIES

Physical Exercise
Loving Relationships

Spiritual Development

RAISING CONSCIOUSNESS

Accessing Higher Power
Clairaudience
Clairsentience
Clairvoyance
Clairvoyance Advanced
Connection to the Universe
Detachment
Direct Universal Connection
Extra Terrestrial Communication
Grounding Information
Heightened Awareness
Incompatible Energies
Infinite Wisdom
Intuition
Judgement
Liberates Ones Soul
Peace

Possessed
Psychic Fatigue
Raising Consciousness
Sensing Clearly
Soul Reference Point
Spiritual Love
Star Seed
Suffering Souls
Super Clear
Super Consciousness
Super Psychic
Telepathic Communication
Transcending Lower Consciousness
Transcending Low Self Worth
Transition
Victory

REBIRTH

Centred
Clarity
Christ Consciousness
Despondency
Ecstatic
Energiser

Liberated
Living Your Purpose
Lost Soul
Mandate
Motivated
Peace

Revitalised
Self Heal
Self-Empowerment
Suicidal Despair
Vision

RELATIONSHIPS

Abused
Anger
Antagonised
Anxious Habits
Battles
Betrayed
Bored
Broken Down
Brutally Rejected
Bullied & Intimidated
Catastrophic
Closure
Commitment Phobic
Compatible
Conflicting Decisions
Considerate
Destroyed
Destructive Behaviour
Devoted
Directionless
Disconnected
Disempowered

Distrust
Ending
Flexible
Forgiveness
Frightened
Heartbroken
Ignored
Joyful
Karmic
Letting Go
Lonely
Lost Love
Loveless
Loving

Loyal
Mirrored Abusive Behaviour
Moving On
Open Heart
Over-Sensitive
Perfectly Suited
Persecution
Platonic

Possessive
Re-kindled
Regret
Relentless Behaviour
Remorse
Resolve
Rigidity
Secure
Selfless
Soul Mate
Temper
Tormented
Toxic
Two Way Love
Transformation of Super Ego
Turbulent Ending
Unrequited Love
Unwise Attachments
Venomous
Violent

SELF ESTEEM

Assertive Behaviour

Avoidance

Beaten Down

Communication Skills

Confidence

Hope

Inadequacy

Insecure

Lost Confidence

Motivation

Nerves Calmed

No Regard

Passive

People Pleaser

Poor Self Image

Projection

Raising Self Esteem

Revival

Self Doubt

Self Value

Self Worth

Time Management

Uncomfortable

Conversations

SPIRIT

Divine Harmony
DNA
Enlightened
Etheric Web
Happy

Immature
Immense Shame
Inner Strength
Isolated
Spirit Returned

Trauma Release
Twin Flame
Worldly

SPIRITUAL EVOLUTION

Accountable
All Saints
Angelic Support
Awesome
Evolving Lifetimes
Forgiveness

Heart Consciousness
Kundalini
Karmic Debts
Law of Attraction
Mature
Spiritual Awakening
Reborn

Responsibility
Retribution
Unmet Needs

SPIRITUAL LESSONS

Acceptance
Almighty Strength
Altruistic
Authentic
Autonomous
Cause & Effect
Courage
Democratic
Different Perspective

Discernment
Disciplined
Epiphany
Faith
Helpful
Love Prevails
Neutrality
Passionate
Patience

Polarity
Resilience
Responsible
Spiritual Guidance
Surrendering to Life's Plan
Wise

SPIRITUAL MATTERS

Abundance
Accessing Consciousness
Advanced Soul
Ascension
Awareness
Becoming a Messiah
Born Free
Compassionate
Consoling
Crystal Clear

Divine Consciousness
Divine Intervention
E.T. Portal
Evolving Spirit
Going Home
Miracles
Poised Demeanour
Portal Activation
Projection of the Senses
Soul Reincarnation

Spiritual Bravado
Spiritual Exorcism
Spiritually Hounded
Successful Incarnations
Super Activated Light Body
Timeless
Without Purpose

SUBTLE BODIES

Physical
Etheric
Emotional

Astral
Mental
Etheric Template

Celestial
Causal

TRAUMA

Abused
Antagonised
Battered
Disturbed
Financial Stress
Heart Closed
Inconsolable
Trauma Internalised

Lifeless
Lost
Mentally Confused
Out of Body
Shell Shocked
Shocking News
Stolen Precious Memories
Taunted

Traumatic Memories
Traumatic Violent Carnage
Traumatised

WELLBEING TONICS

Allerg-Eze
Children's
Digest-E-Zyme
Immune Defense
Meno-Eze
Nerves

Nico-Quit
Oxy Cells
Personal Power
Sleep-Ezy
Stress Buster
Super Balance
Super Calm

Super Detox
Super Eze
Super Pick-Me-Up
Time Zone
Traum-Eze
Weight-Less

WOUNDS

Abused
Deep Despair
Family Wounds
Frozen Internalised Emotions
Grief

Heart Loss
Internalised Pain
Isolation
Knocks & Bumps
Lost Soul Mate

Traumatised Memories
Unbearable Loss
Undeserving
Worthless

ZEN

Abstract
All Knowing
Angelic Force
At-Onement
Candid
Connected Relationships
Consistent
DNA Soul Purpose
Equilibrium
Exemplary
Flow
Freedom from worry
Grace

Gracious
Healing Family Wounds
Inner Serenity
Insightful
Inspirational
Instinctual
Joy
Kind
Loving the Self
Meditation
Messiac
Non-Judgemental

Peaceful
Peace Within
Ravishing Life
Relinquishing Ego
Starting-A-New
Still
Successful
Tolerant
Unconventional

ZERO FLAWS

Assimilation
Beautiful
Co-operative
Decisive
Dependable

Detachment
Forbearance
Overcoming Abuse
Re-Invented
Shameless

Shouldering Life's Problems
Solid
Unphased
Whole

ZERO TOLERANCE

Abandoned
Abortion
Abuse
Absolute Distrust
Adopted
Alcoholic
Analytical
Bad Language
Bereft
Boredom
Chastised
Childless
Child Pornography
Conformity Consciousness
Cruel Behaviour
Delayed Development
Delinquency

Demeaning Behaviour
Degrading Behaviour
Disgusting Behaviour
Divorce
Dominatrix
Easily Influenced
Ending Violence
Grieving Flashbacks
Inertia
Infidelity
Irresponsible
Job Dissatisfaction
Martyr
Mistress
Narcissistic Behaviour
Negative Dialogue
Pensioned
Poverty Consciousness

Over Disciplined
Over Sexed
Repetitive Flashbacks
Restless
Sabotaging Relationships
Sabotaging Success
Self Harm
Self Loathing
Sexual Indecision
Sexually Perverted
Sick Depravity
Snoring
Suicide
Unacceptable Behaviour
Undisciplined
Used
Vindictive Behaviour

ZEST

Adjustment
Alive
Balanced Health
Completion
Convalescence
Dualism Breakthrough
Energy Rebound

Euphoric
Exhaustion
Exuberant
Focus
Geopathic Stress & EMF's
Grounded
Hangover

Independent
Intuitive
Limitless
Pressured
Proactive
Vibrancy
Vitality