

VITALI-CHI

Vitali-Chi
ENERGY FOR LIFE

VITALI-CHI Wellbeing and Skin Care Products are infused with natural vibrational healing properties which help revitalise chi – your natural life force.

We have formulated a range of products that will not only help you look younger but feel healthier too, because they work at a cellular level that is more than just skin deep.

They assist root cause healing by conveying to the cell – ‘detox’, ‘revitalise’, ‘regenerate’ and help take out the stress that life has put in.

They are gathered from flowers, herbs, essential oils and earth minerals. These unique blends are the result of 30 years of experience and research into Eastern and Western healing traditions. They may assist wellbeing, skin care, regeneration or weight loss.

Our skin care range combines natural and nourishing base ingredients abundant with vitamins and minerals that help feed and nourish the skin. They are also paraben free and vegan friendly.



FACE CARE

Take your skin on a journey, replacing and revitalising older cells
with new reinvigorated younger ones

PARABEN FREE. VEGAN FRIENDLY.



YOUR DAILY VITALI-CHI FACE CARE REGIME

Cleanse. Exfoliate. Tone. Apply Serum, then Face Lotion or Cream. Apply Eye Cream and Lip Balm.

Optional additions include: Face Mask, Anti-Blemish Treatment, Face Oil and topical application of Derma Soothe Lotion for skin conditions



VGENERÉ FACE WASH+ Gentle, effective face wash suitable for all skin types including oily & bacterial skin. Freshen and awaken your face with our moisture giving aloe vera cleanser to help achieve smooth and silky glowing skin. Unfragranced, so suitable for even the most sensitive of skins.

200ml £20



VGENERÉ CLEANSER+ Light, hydrating cleansing lotion suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. This silky, deep cleansing lotion contains witch hazel to tighten and tone your skin and help reduce the appearance of open pores. Together with antioxidant pure Vitamin E oil to lightly moisturise.

200ml £20



VGENERÉ ANTI-AGEING CLEANSER+ Rich, hydrating cleansing lotion suitable for dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. Refreshing, Vitamin C rich cucumber and natural Vitamin E help restore moisture and vitality to your skin. Enzymes help break down dead skin cells to promote skin elasticity and help support cell renewal. Also soothes skin irritations.

200ml £20



VGENERÉ EXFOLIATING FACE POLISH+ Suitable for all skin types. Helps remove dead skin cells to reveal softer, smoother and more even toned skin. Finely ground olive stones blended with anti-bacterial and anti-fungal natural coconut oil. Together with moisturising pure Vitamin E in a creamy lotion. This combination helps prepare your skin to absorb other VGeneré products, thereby enhancing their effectiveness.

100ml £20



VGENERÉ TONER+ Light toning lotion suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. Pure organic rose water refreshes, soothes and refines your skin. It also effectively tightens and tones the skin, minimises open pores, calms inflamed areas, rosacea, eczema, dermatitis, psoriasis or acne.

200ml £20



VGENERÉ ANTI-AGEING TONER+ Hydrating toning lotion suitable for dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. Anti-ageing, antioxidant rich, pure organic chamomile water also calms and hydrates sensitive or itching skin. It can also be used as a compress to help reduce reddened, tired or dark circles around the eyes.

200ml £20



VGENERÉ FACE SERUM+ Anti-oxidant, vitamin rich face serum suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. An advanced weapon against time and gentle enough for sensitive skin. Organic aloe-based serum mixed with rose water, meadowfoam, sunflower and carrot seed oils, super tonifying DMAE, clarifying alpha hydroxy fruit acids and skin loving, moisture-boosting CoQ10, Vitamin C Ester and natural skin loving oils B5, B3, A, C and E.

30ml £30



VGENERÉ ANTI-AGEING FACE SERUM+ Anti-oxidant, vitamin rich face serum suitable for acne scars, dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. A concentrated organic delivery system of pure vegan hyaluronic acid to plump, protect and restore your skin. Aloe vera, Vitamin E, jojoba, gotu kola, horsetail, wild geranium, dandelion and the highest form of active, bio-available Vitamin C tighten and nourish your skin without leaving it feeling dry. This powerful anti-ageing formulation will also help boost your skin's natural sun protection and refine skin texture.

30ml £30



VGENERÉ FACE LOTION+ Light face lotion suitable for all skin types including oily and bacterial skin. Powerful, organic and skin toning to help open pores, acne and acne scars, giving skin a radiant, healthy and glowing appearance. Also helps diminish sun damage and is proven to boost skin's natural sun protection. Lightens discolouration, refines skin texture and reduces wrinkle formation. Contains natural aloe vera, sunflower oil, MSM, Vitamin C Ester, shea butter, jojoba, Vitamin B5, E, green tea, gotu kola, horsetail, wild geranium and dandelion.

100ml £25



VGENERÉ FACE CREAM+ Anti-oxidant, vitamin rich face cream suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. Delivers organic and highly concentrated Vitamin C Esters, Vitamin E, soothing and hydrating aloe vera, coconut, neem seed and sunflower oils, antioxidant rich blueberry, raspberry and cranberry extracts, omega 3 and 6 enriched rosehip oil and clarifying white willow bark. This powerful formulation will also help boost your skin's natural sun protection and refine skin texture. **50ml £25**



VGENERÉ ANTI-AGEING FACE CREAM+ Anti-oxidant, vitamin rich face cream suitable for dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. This ultimate anti-ageing formula is packed with a powerhouse of nourishing and organic ingredients. A combination of Vitamin C Esters, Vitamin A, E, Pro-Vitamin B5 with hydrating aloe vera, jojoba, sunflower and avocado oils, antioxidant rich rooibos and raspberry leaf with collagen boosting allantoin and neem. Natural skin food! **50ml £25**



VGENERÉ EYE CREAM+ Anti-oxidant, vitamin rich eye cream suitable for all skin types, fine lines, dark circles and puffy eyes. Pure organic plant oils, botanical actives, peptides Matrixyl 3000 and Tripeptide-5, ocean based retinol and a powerhouse of vitamins and minerals make this an extremely effective formulation, for day and night and for under and around eye repair and protection. May also be used over deeply scored facial lines. **15ml £20**



VGENERÉ LIP BALM+ Anti-oxidant, vitamin rich lip balm suitable for dry, damaged or cracked lips. Ultra-hydrating, nourishing, protective skin healing ingredients have been used. Organic jojoba wax, cocoa butter, pure Vitamin E, castor bean, apricot kernel and jojoba oils all help to create luxurious lips.

15ml £15



VGENERÉ FACE MASK+ Gentle, deep cleansing face mask suitable for all skin types. Created with skin repairing Vitamins A, B and E and skin loving almond oil. Together with kaolin and bentonite mineral rich clays to help purify and tone the skin and reduce acne and open pores. Leaves behind silky smooth, healthy looking skin.

100ml £20



VGENERÉ ANTI-AGEING FACE MASK+ Fragranced face mask suitable for pigmentation, broken capillaries, fine lines, wrinkles and dry, mature or ageing skin. Hydrating aloe vera and skin firming, regenerating, antioxidant avocado, peach, wheatgerm and Vitamin E oils boost collagen and repair the skin long after sun exposure. Add to this, essential oils of Lemon to reduce cell and tissue damage and Sandalwood Amyris for skin elasticity and you have an amazing anti-ageing face mask that may even be used overnight.

100ml £20



VGENERÉ ANTI-BLEMISH TREATMENT+ Suitable for spots, acne and skin eruptions. Formulated with botanical witch hazel which deeply cleanses and reduces open pores. It protects from bacterial and fungal infections and creates smoother skin due to its skin toning properties reigning supreme. Also, soothes wet eczema. **100ml £20**



VGENERÉ FACE OIL+ Contains super absorbent and skin loving, hydrating oils of peach, rice bran, grapeseed, jojoba, hazelnut, wheatgerm and pure Vitamin E. Full of antioxidants and vitamins A, B, C, D, E that nourish, protect and feed the skin. Promotes skin elasticity and suppleness and helps repair damaged skin, rosacea and acne scars. Good for sensitive skin. Also good for nail damage and helps protect and moisturise cuticles and extremely dry cracked nails. **30ml £20**



VGENERÉ FRAGRANCED FACE OIL+ Light face oil suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. Containing the same oils as VGeneré Face Oil, but fragranced with Lemon and Sandalwood Amyris essential oils to further reduce cell and tissue damage and promotes skin elasticity. **30ml £20**



VGENERÉ ANTI-AGEING FACE OIL+ Suitable for pigmentation, broken capillaries, fine lines, wrinkles and dry, mature skin. This unique blend of skin repairing oils accelerate cell turnover and promotes healthy cell renewal. Oils of sunflower, grapeseed, wheatgerm, Vitamin E, shea, peach, jojoba, borage, argan, avocado and rosehip are full of antioxidant Vitamins A, C, D and E. Good for sensitive skin, eczema, dermatitis and psoriasis. **30ml £20**



VGENERÉ FRAGRANCED ANTI-AGEING FACE OIL+ Suitable for pigmentation, broken capillaries, fine lines, wrinkles and dry, mature skin. This unique blend of skin repairing oils accelerate cell turnover and promotes healthy cell renewal. Oils of sunflower, grapeseed, wheatgerm, Vitamin E, shea, peach, jojoba, borage, argan, avocado and rosehip are full of antioxidant Vitamins A, C, D and E. Fragranced with Lemon and Sandalwood Amyris essential oils to further reduce cell and tissue damage and promote skin elasticity. Apply VGeneré Anti-Ageing Face Cream over the oil for very dry skin. **30ml £20**



VITALI-CHI SKIN CARE PROTOCOLS

Follow these product protocols to help you look younger and feel healthier

Skin Type	Normal	Dry or Mature	Oily	Combination	Sensitive	Acne & Blemished	Rosacea	Eczema & Dermatitis	Fungal	Psoriasis
VGeneré Face Wash	●	●	●	●	●	●	●	●	●	●
VGeneré Cleanser	●		●	●		●	●		●	
VGeneré Cleanser Anti-Ageing		●			●			●		●
VGeneré Exfoliating Face Polish	●	●	●	●		●		●	●	●
VGeneré Toner	●		●	●		●	●		●	
VGeneré Toner Anti-Ageing		●			●			●		●
VGeneré Face Mask	●		●	● TZ		●				
VGeneré Face Mask Anti-Ageing		●		● C	●		●	●	●	●
VGeneré Anti-Blemish Skin Treatment			● T	● TZ	● T	● T		● T	● T	
VGeneré Serum	●			● C	●			●		
VGeneré Serum Anti-Ageing		●	●	● TZ		●	●		●	●
VGeneré Face Lotion	●		●	● TZ		●	●		●	●
VGeneré Face Cream	●			● C	●					
VGeneré Face Cream Anti-Ageing		●			●			●		
VGeneré Face Oil	● N	● N	● N	● N C	● N		● N			
VGeneré Face Oil Fragranced	● N	● N	● N	● N C			● N			
VGeneré Face Oil Anti-Ageing		● N			● N			● T N		● T N
VGeneré Face Oil Fragranced Anti-Ageing		● N							● N	
VGeneré Eye Cream	●	●	●	●	●	●	●	●	●	●
VGeneré Lip Balm	●	●	●	●	●	●	●	●	●	●
VGeneré Exfoliating Body Polish	●	●	●	●		●	●		●	
VGeneré Hand & Body Wash	●	●	●	●		●			●	
VGeneré Hand & Body Lotion	●		●	●		●			●	
VGeneré Body Cream		●		●	●		●	●		●
VGeneré Body Cream Fragranced		●		●					●	
VGeneré Body Oil		●			●			●		● T
VGeneré Hand & Foot Cream	●	●	●	●		●	●	●	●	●
VGeneré Hair Oil		● ●		● ●	● ●		● ●	● ●	● ●	● ●
Derma Soothe Exfoliating Body Polish					●		●	●		●
Derma Soothe Bath Salts							●	●		●
Derma Soothe Hand & Body Wash					●		●	●		●
Derma Soothe Skin Lotion					●		●	● T ●		● T ●
Derma Soothe Shampoo		●			●		●	●	●	●
Derma Soothe Conditioner		●			●		●	●	●	●

Keys (where to use)

● = Face

● = Body

T = Topicals

TZ = over T-Zone

C = over Cheeks

N = Night

BODY CARE

Ultimate 'more than just skin deep' treatments to care for you and your body

PARABEN FREE. VEGAN FRIENDLY.



YOUR DAILY VITALI-CHI BODY CARE REGIME

**Exfoliate. Bathe or shower with Body Wash. Apply Body Lotion, Cream or Oil.
Follow with Foot Cream. Optional additions: Super-Eze Bath Salts**



VGENERÉ EXFOLIATING BODY POLISH+ Fragranced, suitable for all skin types. Helps remove dead skin cells to reveal softer, smoother and more even toned skin. Ground olive stones, white tea and vitamin rich apricot oil help provide ultra-soothing moisturisation. Together with Lemon and Sandalwood Amyris essential oils to further assist cell regeneration and repair.

200ml £25



VGENERÉ HAND AND BODY WASH+ Fragranced, suitable for all skin types, poor skin tone, pigmentation, broken capillaries and veins. A moisturising foam wash blending anti-oxidant, vitamin rich Lemon and Sandalwood Amyris essential oils to help cleanse, purify and assist skin cell regeneration and repair.

250ml £20



VGENERÉ HAND & BODY LOTION+ Fragranced, suitable for all skin types, poor skin tone, pigmentation, broken capillaries and veins. A light moisturising lotion with skin conditioning coconut, grapeseed and pure Vitamin E oils. Together with anti-oxidant, vitamin rich Lemon and Sandalwood Amyris pure essential oils to assist cell regeneration and repair.

250ml £20



SUPER CALM SKIN LOTION+ Suitable for anger, agitation, restlessness, hyper-activity, fears, phobias, panic, inner hysteria, anxiousness and frayed nerves. Liquid calm within a blend of light coconut and pure Vitamin E oils. **100ml £15 250ml £25**



VGENERÉ BODY CREAM+ Suitable for poor skin tone, pigmentation, broken capillaries, veins and dry, mature or ageing skin. Luxurious, anti-oxidant vitamin rich skin repair with oils of grapeseed, peach, wheatgerm, pure Vitamin E, shea, jojoba and hydrating aloe vera. Improves skin elasticity and assists cell regeneration and repair. Feeds and nourishes the skin. Good for sunburn and sensitive skin too. **200ml £25**



VGENERÉ FRAGRANCED BODY CREAM+ Suitable for poor skin tone, pigmentation, broken capillaries, veins and dry, mature or ageing skin. The same amazing formulation but with added essential oils of Lemon and Sandalwood Amyris which further reduce cell and tissue damage. **200ml £25**



VGENERÉ BODY OIL+ Suitable for poor skin tone, stretch marks, scars, deep bruising, damaged and dry, mature or ageing skin, eczema, dermatitis or psoriasis. Ultra skin repair made with antioxidant vitamin rich oils of grapeseed, peach, wheatgerm, pure Vitamin E, shea and jojoba. Improves skin suppleness and elasticity, assists cell regeneration and leaves the skin feeling nourished, silky and smooth. **150ml £25**



VGENERÉ HAND & FOOT CREAM+ Fragranced hand & foot cream suitable for skin exposed to chronic stress, bacteria and fungus which may cause dry or cracked skin, athlete's foot, nail fungus, verrucae or chilblains. Anti-oxidant vitamin rich oils of sunflower, coconut, jojoba, almond, borage and pure Vitamin E together with highly emollient, moisture retaining urea. Additional Lemon and Sandalwood Amyris essential oils help to further reduce cell and tissue damage. **100ml £20**



SUPER-EZE BATH SALTS+ Fragranced, suitable for physical and emotional pain, tight and sore muscles, ligaments and tendons, joint stiffness and calcified bones. A combination of mineral rich Epsom and Dead Sea salts with Lavender and Eucalyptus essential oils which also help strengthen the immune system, ease stress, nervous tension and exhaustion and improve skin conditions. **200ml £25**

SKIN & HAIR CONDITIONS

Suitable for eczema, dermatitis and psoriasis and dry hair, skin and scalp disorders

Delivering soothing, healing and calming properties

PARABEN FREE. VEGAN FRIENDLY.





DERMA SOOTHE EXFOLIATING BODY POLISH+ Unfragranced, suitable for all skin types including sensitive skin. Helps remove dead skin cells to reveal softer, smoother and more even toned skin. Ground olive stones, white tea and vitamin rich apricot oil help provide ultra soothing moisturisation. **200ml £25**



DERMA SOOTHE BATH SALTS+ Fragranced, suitable for distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. An effective dry skin aid that hydrates and promotes a healthy skin barrier. Made from pure mineral rich Epsom and Dead Sea Sea salts, coupled with cell regenerating Lavender and calming Neroli essential oils. Also good for fungus and bruised skin. **300ml £25**



DERMA SOOTHE HAND & BODY WASH+ Unfragranced, suitable for sensitive, young or distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Gentle, natural palm-free, organic liquid soap made from coconut and sunflower soaps. Not fragranced so suitable for even the most sensitive of skins. **250ml £20**



DERMA SOOTHE SKIN LOTION+ Unfragranced, suitable for sensitive, young or distressed skin exposed to chronic stress, chemical overload, radiation, allergens & a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Helps restore balance. Organic oils of olive, flax and sunflower with shea & cocoa butters present rich sources of Vitamin E & essential fatty acids to nourish, repair & restore the skin. **100ml £15 250ml £25**



DERMA SOOTHE HAIR SHAMPOO+ Unfragranced, suitable for sensitive, young or distressed skin, eczema, dermatitis, psoriasis and all dry scalp conditions. Natural skin nourishing ingredients effectively retain moisture in the hair and scalp to help calm, soothe and heal. SLES and MIT free to avoid skin irritation. **250ml £20**



DERMA SOOTHE HAIR CONDITIONER+ Unfragranced, suitable for sensitive, young or distressed skin, eczema, dermatitis, psoriasis and all dry scalp conditions. Gentle oils of coconut, sunflower, Vitamin E, argan, almond, jojoba and shea butter combine with natural properties to help calm, soothe and heal. SLES and MIT free to avoid skin irritation. **250ml £20**



VGENERÉ HAIR OIL+ Suitable for dry and damaged hair, eczema, dermatitis, psoriasis and fungal scalp conditions. Amazingly absorbent but nourishing and moisturising. Pure cold-pressed vitamin rich oils of jojoba, peach kernel, rice bran, sunflower, hazelnut and hempseed further create high hair shine. **50ml £20**



WEIGHT LESS

A fusion of essential oils and natural vibrational healing properties to assist weight loss

Helps detox feelings of emptiness that may lead to cravings and hormone imbalance

To be used alongside a healthy eating and exercise plan

PARABEN FREE. VEGAN FRIENDLY.





WEIGHT LESS EXFOLIATING BODY POLISH+ Fragranced, suitable for poor skin tone, cellulite, detox and weight loss. Helps remove dead skin cells to reveal smoother and softer skin. Enhanced by daily skin brushing and a healthy eating and exercise plan. Ground olive stones, white tea and vitamin rich apricot oil help soften and prepare your skin for better Vitali-Chi product absorption. Together with Pink Grapefruit, Bergamot and Orange Essential oils to help activate the lymphatic system, boost metabolism and act as a natural detoxification. **200ml £25**



WEIGHT LESS DETOX BATH SALTS+ Fragranced, suitable for poor skin tone, cellulite, detox and weight loss. Enhanced by daily skin brushing and a healthy eating and exercise plan. A combination of mineral rich Epsom and Dead Sea salts with Pink Grapefruit, Bergamot and Orange essential oils to help activate the lymphatic system, boost metabolism and act as a natural detoxification. **300ml £25**



WEIGHT LESS BODY WASH+ Fragranced, suitable for poor skin tone, cellulite, detox and weight loss. Enhanced by daily skin brushing and a healthy eating and exercise plan. A moisturising foam wash blending skin softening aloe vera with Pink Grapefruit, Bergamot and Orange essential oils to help activate the lymphatic system, boost metabolism and act as a natural detoxification. **200ml £20**



WEIGHT LESS BODY CREAM+ Fragranced body cream suitable for poor skin tone, cellulite, detox and weight loss. Light and hydrating, made with aloe vera, coconut, grapeseed and pure Vitamin E oils. Together with Pink Grapefruit, Bergamot and Orange essential oils to help activate the lymphatic system, boost metabolism and act as natural detoxification. Caffeine further aids circulation and helps reduce cellulite.

200ml £25

ALKALISING, IONIZING WATER JUG



The perfect weight loss aid. Converts tap water into 1 litre of alkaline water pH 9 - 10 and 0.5 litres of acidic water pH 3 - 4 within 10 - 20 minutes.

Alkaline ionized water neutralises acidity that can cause many age-related diseases. It produces antioxidant, high pH alkaline water to help detoxify your entire body and wash acidic waste from your tissues and cells.

As well as the Alkaline ionized water, acidic water also gets produced and this may be used as a natural, anti-bacterial, sterilizing household cleaning product. It also effectively removes pesticides and kills microbes and bacteria on vegetables, fruits, meat and fish.

£114

WELLBEING GELS

Natural vibrational healing properties suspended in aloe vera gel for common ailments

Assists rapid cell regeneration and in healing wounds, rashes, burns and all skin issues

Anti-bacterial, anti-fungal, antiviral, anti-allergy and anti-inflammatory

Apply 4 times a day or as often as required

PARABEN FREE. VEGAN FRIENDLY



DIGEST E-ZYME GEL+ Suitable for digestive problems such as heartburn, indigestion, acid reflux, ulcers, colic, abdominal pain, wind, irritable bowel and leaky gut. **100ml £15**



IMMUNE DEFENSE GEL+ Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. **100ml £15**



IMMUNE DEFENSE FRAGRANCED GEL+ Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. Add to this essential oils of Teatree Lemon, Eucalyptus Citriodora and Lemongrass which further boost your immune system. Antiseptic and antibacterial. **100ml £15**



SUPER-EZE GEL+ Suitable for physical and emotional pain, tight and sore muscles, ligaments and tendons, joint stiffness and calcified bones. Also helpful for skin cysts. **100ml £15**



WELL WOMAN GEL+ Suitable for painful periods, hormonal imbalance, heavy bleeding, inflammation, polyps, fibroids, cysts, endometriosis, menopause and vaginal dryness. Assists as a hormone regulator. **100ml £15**

WELLBEING SPRITZERS

Unique blends of natural vibrational healing properties retained in distilled water for an array of maladies
Spritz in mouth Wellbeing Spritzers 50ml £12

HYPOALLERGENIC. PARABEN FREE. VEGAN FRIENDLY.



ALLERG-EZE Assists poor immune function that causes allergies and seasonal allergies. Most effective when taken as a complete course of one or more 50 ml bottles.

DIGEST E-ZYME Assists digestive problems that cause heartburn, indigestion, acid reflux, ulcers, colic, abdominal pain, wind, irritable bowel and leaky gut.

FERTILIT-EZE Reduces symptoms of infertility such as polyps, cysts, polycystic ovary syndrome, endometriosis, under and overactive thyroid caused by hormone imbalance. Calms and eases fear of infertility.

IMMUNE DEFENSE Eases mouth, gums, nose, sinuses, chest and respiratory conditions caused by infections, viruses, bacteria and fungus. Helps boost the immune system.

MAMA-QUEZY-EZE Reduces morning sickness, calms and reassures new parent concerns. Eases self-doubt, inadequacy and panic. Helps regulate the hormones.



MENO-EZE Menopause aid. Eases hot flushes and assists the transition of the change in life caused by fluctuating hormonal changes.

NICO-QUIT Prepares one to quit smoking and may be used before, during or after quitting. Eases withdrawal symptoms. Assists detoxification of cells.

OXY CELLS Helps restore acid/alkaline/hydrogen imbalance which may cause disease of the cells.



PERSONAL POWER Aids lost confidence, low self-esteem and helpless, powerless and assertive issues. Inspires and promotes self-belief and self-love. Helps one claim back their power after distressing circumstance so that one can live their true potential.

PREG-EZE Assists the transition of pregnancy and helps regulate the hormones. A wellbeing tonic to help balance the mind, body, soul and spirit and replenish lost energy.

SLEEP-EZY Relaxes and helps create calm made by a nervous, agitated, stressful and unrested mind. Helps prepare one for a restful sleep. Soothes the soul.

STRESS BUSTER Relaxes tension and stress caused by overwhelm, burnout, chronic fatigue, nervous disorders, frayed nerves and nerve problems.



SUPER BALANCE Helps to balance and replenish lost energy and nutrients that affect bone strength, nerves, brain, memory, heart and hormone function.

SUPER CALM Helps create calm made by anger, agitation, restlessness, hyper-activity, fears, phobias, panic, inner hysteria, anxiousness and frayed nerves. Helpful for bladder problems.

SUPER DETOX Helps cleanse and detox the cells of negativity, toxic relationships and toxic overload that contribute to sluggish bowel movements. May precede a weight loss program.



SUPER-EZE Relieves muscles, ligaments and tendons that feel tight and sore. Helps joint stiffness and calcified bones. Assists and is helpful for emotional and physical pain.

SUPER PICK-ME-UP Eases feelings of being unable to cope that may cause depression. Uplifts the mind. Supports personal power to overcome difficulties. Helps detox the mind of extreme negative thinking that may create intrusive thoughts.

TIME ZONE Helps regulate circadian rhythm disorders. Great aid for jet lag and shift workers. Restores equilibrium.

TRAUM-EZE Trauma aid and ‘emergency rescue remedy’ to assist grief, shock, distress or negative memories. Can also be used as a before and after care for operations and dental work.

WEIGHT LESS Helps cleanse and detox the cells of negativity and habits that create the need to crave and over eat and never feel satiated. To be used alongside a healthy eating and exercise plan.

AROMAFREQUENCIES

**Unique blends of 100% pure essential oils infused with natural vibrational healing properties
Together they help revitalise your energy
PARABEN FREE. VEGAN FRIENDLY.**

The ingredients have been carefully chosen to assist wellbeing and have been sourced from the natural world of flowers, herbs, essential oils and earth minerals.



All our AromaFrequencies can be used in one of our aroma diffusers. Add 3-6 drops.

They can also be used in baths, showers and massage oils. Please see bottle for correct dilutions.

Typically add 6 drops to a 100 litre bath or to a shower sponge or 3-6 drops to 20ml of carrier oil for a massage. On average you should get around 200 drops per bottle, so around 33 different uses per bottle.

INDIVIDUAL AROMAFREQUENCIES 10ml
USB AROMA DIFFUSER
STANDARD AROMA DIFFUSER
REMOTE CONTROL AROMA DIFFUSER
DELUXE AROMA DIFFUSER

£15.00
£28.00
£48.00
£48.00
£60.00

RECEIVE A FREE AROMA DIFFUSER WITH MULTIPLE AROMAFREQUENCIES:

USB AROMA DIFFUSER WITH 4 AROMAFREQUENCIES
STANDARD AROMA DIFFUSER WITH 5 AROMAFREQUENCIES
REMOTE CONTROL AROMA DIFFUSER WITH 5 AROMAFREQUENCIES
DELUXE AROMA DIFFUSER WITH 6 AROMAFREQUENCIES

£ 60.00
£ 75.00
£ 75.00
£ 90.00





ABUNDANCE Helps to release memories of rejection, neglect, isolation, deprivation and unnurtured experiences so that one can feel less undeserving and worthier of love and abundance. Helps open one up to wealth and a wealth of possibilities. Contains: Multiple vibrational properties, Sweet Orange, Neroli & Pink Grapefruit Essential Oils

ADVANCED SOUL Assists the evolvement of the soul by purifying and dispersing lifetimes of auric debris. Helps open the heart to feel compassion, release attachment and connect with cosmic unity. Contains: Multiple vibrational properties, Ho Leaf & Frankincense Essential Oils



CREATIVE FORCE Purifies negativity and self-doubt. Enhances creativity by helping to connect to inner power, intuition and Universal Consciousness to enable untapped potential. Inspirational. Contains: Multiple vibrational properties, Spearmint & Peppermint Essential Oils

CRYSTAL CLEAR Helps cleanse, purify and detox the atmosphere caused by toxic gases, geopathic stress, emotional debris, mental anguish, negative forces and negative past life imprints. Contains: Multiple vibrational properties & Teatree Lemon Essential Oil

DERMA SOOTHE Suitable for distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Helps restore balance. Contains: Multiple vibrational properties & Lavender and Neroli Essential Oils



GOING HOME Helps one to let go and release the fear of dying. Prepares the subtle bodies for a smooth transition into spirit to assist the timeless evolution of the soul. Contains: Multiple vibrational properties, Lavender & Spikenard Essential Oils



IMMUNE DEFENSE Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. Contains: Multiple vibrational properties, Teatree Lemon, Eucalyptus Citriodora & Lemongrass Essential Oils

LOVE POTION Sensuously inviting. Helps to rekindle a loveless relationship. Opens the heart to invite love and romance. Invokes love and union of souls. Fragranced to act like an aphrodisiac. Contains: Multiple vibrational properties, Rose Geranium & Ylang-Ylang Essential Oils



MEDITATION Helps cleanse, purify, detox and calm the atmosphere. Prepares the person and room for mindfulness. Invites and invokes spiritual aid. Contains: Multiple vibrational properties, Lavender & Elemi Essential Oils

PERSONAL POWER Aids lost confidence created by low self-esteem and helpless, powerless and assertive issues. Helps inspire and promote self-belief and self-love. Helps one claim back their power after distressing circumstance so that one can live their true potential. Contains: Multiple vibrational properties, Lemon, White Grapefruit & Lemongrass Essential Oils



POSITIVE ATTITUDE Helps release pessimistic, negative thoughts and feelings made by persistent negative messaging. Opens one up to experience the Law of Attraction by helping to change ones' expectations. Contains: Multiple vibrational properties, Tangerine & Bergamot Essential Oils

SELF LOVE Helps one to love themselves. Helps stop self-loathing, self-harm and self-punishment caused by abuse, deep regret and guilty withheld secrets. Helps stop intrusive thoughts and negative messaging that create a cycle of feeling unlovable. Contains: Multiple vibrational properties, Sweet Orange, Lemon & Helichrysum Essential Oils



SLEEP-EZY Relaxes and helps create calm made by a nervous, agitated, stressful and unrested mind. Helps prepare one for a restful sleep. Soothes the soul. Contains: Multiple vibrational properties, Lavender and Chamomile Essential Oils

STRESS BUSTER Relaxes tension and stress caused by overwhelm, burnout, chronic fatigue, nervous disorders, frayed nerves and nerve problems. Contains: Multiple vibrational properties & Lavender and Ylang Ylang Essential Oils



SUPER AURA & CHAKRA REPAIR Helps cleanse, purify and repair the multiple auric bodies. Assists chakra function and repair. Grounds and protects one from psychic attack. Strengthens the mind, body and soul. Contains: Multiple vibrational properties, Bergamot, Bitter Orange & Patchouli Essential Oils

SUPER BRAIN Study and memory aid. Purifies negativity and self-doubt. Good for brain-fog that creates limited brain reserves and memory loss. Contains: Multiple vibrational properties, Basil & Lavender Essential Oils

SUPER CALM Helps create calm made by anger, agitation, restlessness, hyper-activity, fears, phobias, panic, inner hysteria, anxiousness and frayed nerves. Contains: Multiple vibrational properties, Lavender & Neroli Essential Oils



SUPER DETOX Helps cleanse and detox the cells of negativity, toxic relationships and toxic overload that contributes to sluggish bowel movements. May precede a weight loss program. Contains: Multiple vibrational properties, Peppermint and Fennel Essential Oils

SUPER-EZE Relieves muscles, joints, ligaments and tendons that have become tight and sore. Assists and is helpful for emotional and physical pain. Contains: Multiple vibrational properties, Lavender + Eucalyptus Essential Oils



SUPER PICK-ME-UP Eases feelings of being unable to cope that may cause depression. Uplifts the mind. Supports personal power to overcome difficulties. Helps detox the mind of extreme negative thinking that may create intrusive thoughts. Contains: Multiple vibrational properties, Tangerine, Sweet Orange and Petitgrain Essential Oils

SUPER PSYCHIC Heightens awareness and sharpens psychic sensitivity. Helps one to become insightful. Clears the mind, ego and aura to enable easy connection to Universal Consciousness and All-That-Is. Prevents psychic fatigue. Contains: Multiple vibrational properties, Lemon & Patchouli Essential Oils



TRAUM-EZE Trauma aid and ‘emergency rescue remedy’ to assist grief, shock, distress or negative memories. Can also be used as a before and after care for operations and dental work. Contains: Multiple vibrational properties, Lemon, Cypress & Juniper Berry Essential Oils

VGENERÉ Improves the look of skin tone, stretch marks, scars and deep bruising. Suitable for skin pigmentation, broken capillaries and veins, cell regeneration and repair. Contains: Multiple vibrational properties & Lemon and Sandalwood Amyris Essential Oils



VIBRANCY Energy boost for lost joie de vivre caused by low energy after long periods of grief or suffering and depleted mental and physical reserves. Contains: Multiple vibrational properties, Lemongrass and Lemon Essential Oils

WEIGHT LESS Helps cleanse and detox the cells of negativity and habits that create the need to crave food and over eat and never feel satiated. To be used alongside a healthy eating and exercise plan. Contains: Multiple vibrational properties, Pink Grapefruit, Bergamot & Orange Essential Oils

AURA SPRAYS & ROOM CONDITIONERS

Unique blends of essential oils infused with distilled water and natural vibrational healing properties. Spray around your personal space or a room to change the ambience of any area

PARABEN FREE. VEGAN FRIENDLY.

AURA SPRAYS & ROOM CONDITIONERS 100 ml £15



ADVANCED SOUL Assists the evolvement of the soul by purifying and dispersing lifetimes of auric debris. Helps open the heart to feel compassion, release attachment and connect with cosmic unity. Contains: Multiple vibrational properties, Ho Leaf & Frankincense Essential Oils.

CREATIVE FORCE Purifies negativity and self-doubt. Enhances creativity by helping to connect to inner power, intuition and Universal Consciousness to enable untapped potential. Inspirational. Contains: Multiple vibrational properties, Spearmint & Peppermint Essential Oils.

CRYSTAL CLEAR Helps cleanse, purify and detox the atmosphere caused by toxic gases, geopathic stress, emotional debris, mental anguish, negative forces and negative past life imprints. Contains: Multiple vibrational properties & Teatree Lemon Essential Oil

IMMUNE DEFENSE Helps cleanse and purify the aura and atmosphere from chest and respiratory conditions caused by infections, viruses, bacteria and fungus. Contains: Multiple vibrational properties, Teatree Lemon, Eucalyptus Citriodora & Lemon Essential Oils.

MEDITATION Helps cleanse, purify, detox and calm the atmosphere. Prepares the person and room for mindfulness. Invites and invokes spiritual aid. Contains: Multiple vibrational properties, Lavender & Elemi Essential Oils



SUPER AURA & CHAKRA REPAIR Helps cleanse, purify and repair the multiple auric bodies. Assists chakra function and repair. Grounds and protects one from psychic attack. Strengthens the mind, body and soul. Contains: Multiple vibrational properties, Bergamot, Bitter Orange & Patchouli Essential Oils

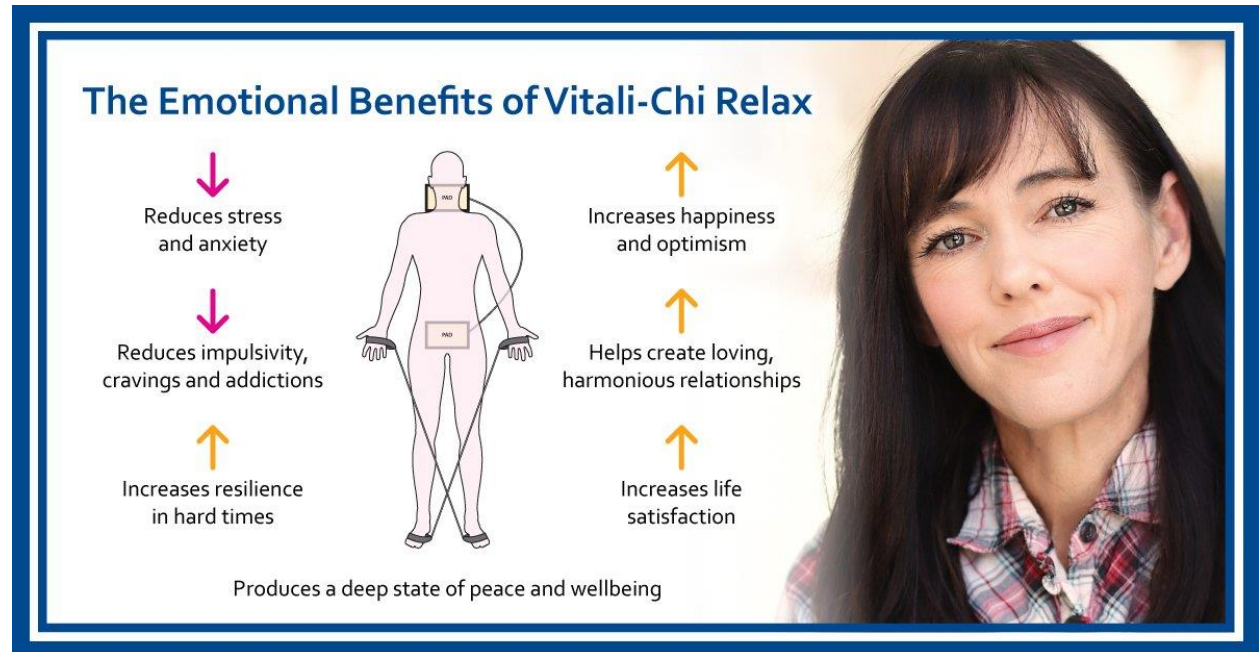
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VITALI-CHI ENERGY & WELLBEING SYSTEMS are amazing!

Based on the ancient healing principle of acupuncture but without the needles. Just lay back and relax on Vitali-Chi Balance or Boost to feel revitalised.

VITALI-CHI BALANCE is a natural preventative health care system that revitalises depleted energy. It is the perfect meditation. It rebalances and regulates your energy and blood pressure, calms your nervous system and cleanses your personal space (aura). It relieves tension and stress and improves sleep patterns. Regular use can help you feel relaxed yet alert. This is also the system used in our **VITALI-CHI RELAX** group relaxation concept.



VITALI-CHI BOOST does so much more. It safely delivers and increases the potency of natural healing vibrations that assist wellbeing, skin care, regeneration and weight loss. Communication to the cells increases, thereby enhancing the immune system. The additional booster is thought to disrupt bacteria, pathogens and damaged cells and existing energy doubles after just one hour of use. This is the system used by Vitali-Chi Practitioners & Salons.

Both systems induce the deeply relaxing Theta Brain Wave state which increases cell regeneration and encourages DNA to repair and heal. Very importantly it decreases the production of cortisol linked to ageing, stress, fatigue, inflammation and pain.

The PLUS options also include 16 hours of exclusive guided visualisations to listen to whilst relaxing.

VITALI-CHI BALANCE

A health care system that revitalises depleted energy. Relaxation in a box for home or office with copper mesh pads, hand-foot connectors, eye mask, soothing Solfeggio music CD. All within an attractive box. **£294.00**

- Natural preventative health care system
- Revitalises depleted energy
- Induces a Theta Brain Wave State which is the self-healing state
- Perfect meditation
- Rebalances and regulates your energy and blood pressure
- Calms your nervous system
- Relieves tension and stress
- Improves sleep patterns
- Regular use can help you feel relaxed yet alert and focused
- Cleanses your personal space (aura)
- Calms hyperactive, agitated states of mind
- Great for children



VITALI-CHI BOOST

A health care system that enhances and safely delivers natural healing vibrations via the energy field. Assists all health issues including skin care, regeneration, weight loss, personal, psychic and spiritual development or relationship wellbeing. Healing in a handy carry case... Contains copper mesh pads, boost bottle, box of 10 vibrational frequencies, a booster, hand-foot connectors, eye mask, soothing Solfeggio music CD, 2 spare washable covers for mesh pads, a timer, cotton bag to hold loose items. **£594.00**

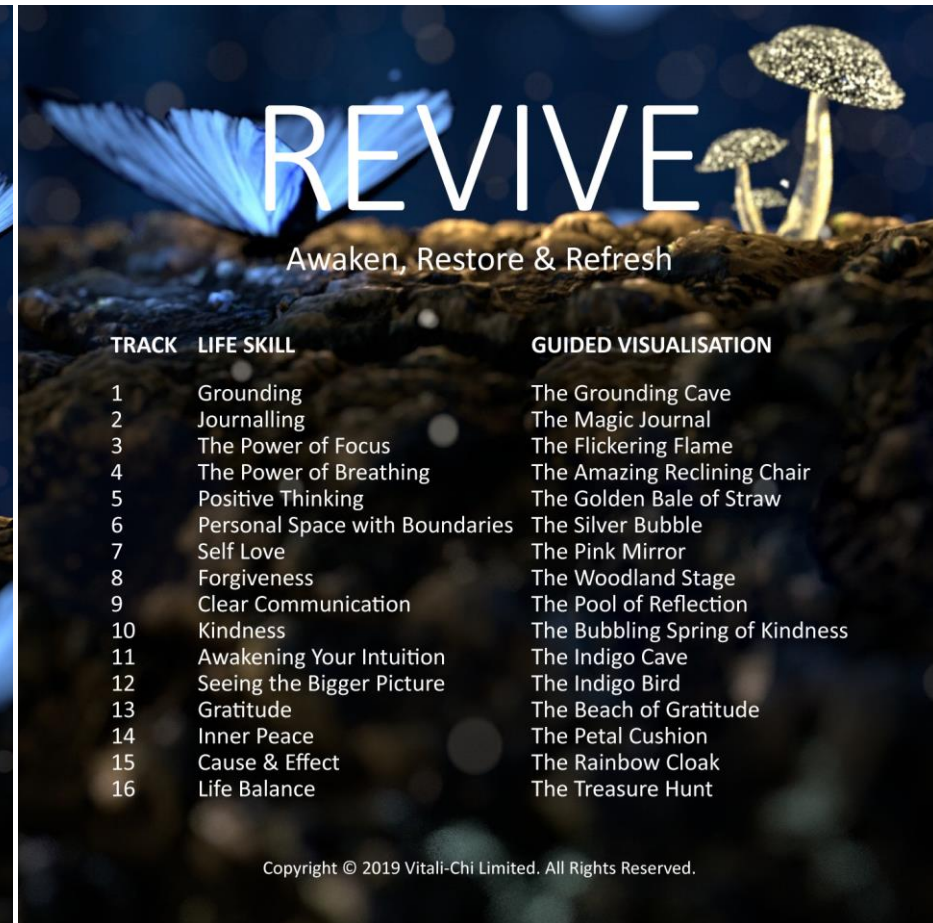
- Cells in your body become lighter, brighter and stronger and so are able to send clearer messages of instruction for healing
- Enhances the Immune System by increasing communication to the cells
- Booster helps disrupt bacteria, pathogens and damaged cells
- Doubles your existing energy after just one hour of use
- Detox – Assists the organs of elimination
- Induces a Theta Brain Wave State which is the self-healing state which:-
 - Encourages DNA to repair and heal
 - Increases production of hormones Melatonin, DHEA, HGH
 - Decreases production of cortisol linked to ageing, stress, fatigue, inflammation and pain



BALANCE PLUS £394.00

BOOST PLUS £694.00

VITALI-CHI BALANCE or VITALI-CHI BOOST but PLUS also includes 16 exclusive guided visualisations with padded headphones. Each focusing on a different frequency and life skill that help release emotional blocks that inhibit calm, focus, concentration and study. They further balance the chakras to enhance health and relationship wellbeing. Perfect for those looking to do long term repair and healing.



TRACK	LIFE SKILL	GUIDED VISUALISATION
1	Grounding	The Grounding Cave
2	Journalling	The Magic Journal
3	The Power of Focus	The Flickering Flame
4	The Power of Breathing	The Amazing Reclining Chair
5	Positive Thinking	The Golden Bale of Straw
6	Personal Space with Boundaries	The Silver Bubble
7	Self Love	The Pink Mirror
8	Forgiveness	The Woodland Stage
9	Clear Communication	The Pool of Reflection
10	Kindness	The Bubbling Spring of Kindness
11	Awakening Your Intuition	The Indigo Cave
12	Seeing the Bigger Picture	The Indigo Bird
13	Gratitude	The Beach of Gratitude
14	Inner Peace	The Petal Cushion
15	Cause & Effect	The Rainbow Cloak
16	Life Balance	The Treasure Hunt

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A BRIEF HISTORY OF VITALI-CHI

Around 5,000 years ago the Chinese discovered an energy system that runs through and around the body. At around the same time, in India, similar discoveries were being made. What followed was thousands of years of practical research where detailed 'maps' of the human body were gradually built. These 'maps' became the guides for acupuncturists and healers the world over.

Fast forward to the early 1920s and Leon Ernest Eeman found himself '100% disabled' after a plane crash toward the end of the first world war. The medical establishment at the time declared that they could do no more for him so Leon went on to develop a 'relaxation circuit', made of copper. Amazingly, with the use of vibrational frequencies, he cured himself of his disability and spent the next twenty years developing the concept further.

At around the same time, Edgar Cayce and Royal Raymond Rife were making their own discoveries about holistic and energetic healing, with particular regard to vibrational medicine.

In 2005, Jill Jesson started to use a rudimentary copper circuit. Over the following years, Jill used the circuit more and more in her practice. In 2010 she combined the circuit with the use of vibrational frequencies along with a 'booster'. The results were extraordinary and word of mouth quickly travelled, so much so, that in 2103, Jill along with her husband, Allen, decided to launch Vitali-Chi as a way of promoting and sharing this breakthrough in healing.

It is, of course, still relatively early days but these extraordinary results have started to spread and with the help of the Internet, news is travelling fast. The complementary top-to-toe product range has only helped spread that positive feedback, with numerous 5 star reviews being posted online.

If you have any other questions, please don't hesitate, because we're here to help.....

Contact: Allen or Jill Jesson on 01206 385397 or email to allen@vitali-chi.com or visit <http://www.vitali-chi.co>

All prices shown include VAT. Vitali-Chi Ltd, PO Box 12581, COLCHESTER CO5 8FG

WOULD YOU LIKE TO BECOME AN AMBASSADOR FOR VITALI-CHI?



- Nice small business opportunity
- Full training given
- Get started for as little as £99
- Work at your own pace
- Create your own passive income stream
- Great commissions
- Expansion opportunities

For further information, please visit <https://www.vitali-chi.com/ambassadors>

Should you choose to proceed, please use the following coupon code for your welcome bonus:

