

**VITALI-CHI**

WELLBEING SKINCARE VIBRATION

*Vitali-Chi*  
ENERGY FOR LIFE



# VITALI-CHI Wellbeing and Skin Care Products

are infused with natural vibrational healing properties which help revitalise chi - your natural life force

We have formulated a range of products that will not only help you look younger but feel healthier too, because they work at a cellular level that is more than just skin deep. They assist root cause healing by conveying to the cell – ‘detox’, ‘revitalise’, ‘regenerate’ and help take out the stress that life has put in.

They are gathered from flowers, herbs, essential oils and earth minerals. These unique blends are the result of 30+ years of experience and research into Eastern and Western healing traditions. They may assist wellbeing, skin care, regeneration or weight loss.

Our skin care range combines natural and nourishing base ingredients abundant with vitamins and minerals that help feed and nourish the skin. Many are made with organic ingredients and pure essential oils and some are fragrance free, making them suitable for sensitive skin. All are paraben free and vegan friendly.





# YOUR DAILY VITALI-CHI FACE CARE REGIME

**Cleanse. Exfoliate. Tone. Apply Serum, then Face Lotion or Cream. Eye Cream. Lip Balm**  
**Optional: Face Mask, Anti-Blemish Treatment, Face Oil, Derma Soothe Skin Lotion**



## VGENERÉ FACE WASH<sup>+</sup>

Gentle, effective face wash suitable for all skin types including oily and bacterial skin. Freshen and awaken your face with our moisture giving aloe vera cleanser to help achieve smooth and silky glowing skin. Unfragranced, so suitable for even the most sensitive of skins. **200ml £20**



## VGENERÉ CLEANSER<sup>+</sup>

Light, hydrating cleansing lotion suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. This silky, deep cleansing lotion contains witch hazel to tighten and tone your skin and help reduce the appearance of open pores. Together with organic oils of olive, flax, sunflower, aloe vera, shea and cocoa butters to lightly moisturise. **200ml £20**



## VGENERÉ ANTI-AGEING CLEANSER<sup>+</sup>

Rich, hydrating cleansing lotion suitable for dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. Made with organic chamomile and aloe vera and oils of olive, flax, sunflower, jojoba, shea and cocoa butters which nourish the skin. Enzymes help break down dead skin cells to promote skin elasticity and help support cell renewal. Also soothes skin irritations. **200ml £20**



### **VGENERÉ EXFOLIATING FACE POLISH<sup>+</sup>**

Suitable for all skin types. Helps remove dead skin cells to reveal softer, smoother and more even toned skin. Finely ground olive stones blended with anti-bacterial and anti-fungal natural coconut oil. Together with moisturising pure Vitamin E in a creamy lotion. This combination helps prepare your skin to absorb other VGeneré products, thereby enhancing their effectiveness. **100ml £20**



### **VGENERÉ TONER<sup>+</sup>**

Light toning lotion suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. Pure organic rose water refreshes, soothes and refines your skin. It also effectively tightens and tones the skin, minimises open pores, calms inflamed areas, rosacea, eczema, dermatitis, psoriasis or acne. **200ml £20**



### **VGENERÉ ANTI-AGEING TONER<sup>+</sup>**

Hydrating toning lotion suitable for dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. Anti-ageing, antioxidant rich, pure organic chamomile water also calms and hydrates sensitive or itching skin. It can also be used as a compress to help reduce reddened, tired or dark circles around the eyes. **200ml £20**



### **VGENERÉ FACE SERUM<sup>+</sup>**

Antioxidant, vitamin rich face serum suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. An advanced weapon against time and gentle enough for sensitive skin. Organic aloe-based serum mixed with rose water, meadowfoam, sunflower and carrot seed oils, super tonifying DMAE, clarifying alpha hydroxy fruit acids and skin loving, moisture-boosting CoQ10, Vitamin C Ester and natural skin loving oils B5, B3, A, C and E.

**30ml £30**



### **VGENERÉ ANTI-AGEING FACE SERUM<sup>+</sup>**

Antioxidant, vitamin rich face serum suitable for acne scars, dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. A concentrated organic delivery system of pure vegan hyaluronic acid to plump, protect and restore your skin. Aloe vera, Vitamin E, jojoba, gotu kola, horsetail, wild geranium, dandelion and the highest form of active, bio-available Vitamin C tighten and nourish your skin without leaving it feeling dry. This powerful anti-ageing formulation will also help boost your skin's natural sun protection and refine skin texture.

**30ml £30**



### **VGENERÉ FACE LOTION<sup>+</sup>**

Light face lotion suitable for all skin types including oily and bacterial skin. Powerful, organic and skin toning to help open pores, acne and acne scars, giving skin a radiant, healthy and glowing appearance. Also helps diminish sun damage and is proven to boost skin's natural sun protection. Lightens discolouration, refines skin texture and reduces wrinkle formation. Contains natural aloe vera, sunflower oil, MSM, Vitamin C Ester, shea butter, jojoba, Vitamin B5, E, green tea, gotu kola, horsetail, wild geranium and dandelion.

**100ml £25**



### **VGENERÉ FACE CREAM<sup>+</sup>**

Antioxidant, vitamin rich face cream suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. Delivers organic and highly concentrated Vitamin C Esters, Vitamin E, soothing and hydrating aloe vera, coconut, neem seed and sunflower oils, antioxidant rich blueberry, raspberry and cranberry extracts, omega 3 and 6 enriched rosehip oil and clarifying white willow bark. This powerful formulation will also help boost your skin's natural sun protection and refine skin texture. **50ml £25**



### **VGENERÉ ANTI-AGEING FACE CREAM<sup>+</sup>**

Antioxidant, vitamin rich face cream suitable for dry, mature or ageing skin, pigmentation, broken capillaries, fine lines and wrinkles. This ultimate anti-ageing formula is packed with a powerhouse of nourishing and organic ingredients. A combination of Vitamin C Esters, Vitamin A, E, Pro-Vitamin B5 with hydrating aloe vera, jojoba, sunflower and avocado oils, antioxidant rich rooibos and raspberry leaf with collagen boosting allantoin and neem. Natural skin food! **50ml £25**



### **VGENERÉ EYE CREAM<sup>+</sup>**

Antioxidant, vitamin rich eye cream suitable for all skin types, fine lines, dark circles and puffy eyes. Pure organic plant oils, botanical actives, peptides Matrixyl 3000 and Tripeptide-5, ocean based retinol and a powerhouse of vitamins and minerals make this an extremely effective formulation, for day and night and for under and around eye repair and protection. May also be used over deeply scored facial lines. **15ml £20**





### **VGENERÉ LIP BALM<sup>+</sup>**

Antioxidant, vitamin rich lip balm suitable for dry, damaged or cracked lips. Ultra-hydrating, nourishing, protective skin healing ingredients have been used. Organic jojoba wax, cocoa butter, pure Vitamin E, castor bean, apricot kernel and jojoba oils all help to create luxurious lips. **15ml £15**



### **VGENERÉ FACE MASK<sup>+</sup>**

Gentle, deep cleansing face mask suitable for all skin types. Created with skin repairing Vitamins A, B and E and skin loving almond oil. Together with kaolin and bentonite mineral rich clays to help purify and tone the skin and reduce acne and open pores. Leaves behind silky smooth, healthy looking skin. **100ml £20**



### **VGENERÉ ANTI-AGEING FACE MASK<sup>+</sup>**

Fragranced face mask suitable for pigmentation, broken capillaries, fine lines, wrinkles and dry, mature or ageing skin. Hydrating aloe vera and skin firming, regenerating, antioxidant avocado, peach, wheatgerm and Vitamin E oils boost collagen and repair the skin long after sun exposure. Add to this, essential oils of Lemon to reduce cell and tissue damage and Sandalwood Amyris for skin elasticity and you have an amazing anti-ageing face mask that may even be used overnight. **100ml £20**



### **VGENERÉ ANTI-BLEMISH SKIN TREATMENT<sup>+</sup>**

Suitable for spots, acne and skin eruptions. Formulated with botanical witch hazel which deeply cleanses and reduces open pores. It protects from bacterial and fungal infections and creates smoother skin due to its skin toning properties reigning supreme.

**100ml £20**



### **DERMA SOOTHE SKIN LOTION<sup>+</sup>**

Unfragranced, suitable for sensitive, young or distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Organic oils of olive, flax, sunflower, grapeseed, peach, wheatgerm, pure Vitamin E, jojoba, aloe vera, shea and cocoa butters nourish, repair and restore the skin.

**100ml £15    250ml £25**



### **VGENERÉ FACE OIL<sup>+</sup>**

Contains super absorbent and skin loving, hydrating oils of peach, rice bran, grapeseed, jojoba, hazelnut, wheatgerm and pure Vitamin E. Full of antioxidants and vitamins A, B, C, D, E that nourish, protect and feed the skin. Promotes skin elasticity and suppleness and helps repair damaged skin, rosacea and acne scars. Good for sensitive skin. Also good for nail damage and helps protect and moisturise cuticles and extremely dry cracked nails.

**30ml £20**



### **VGENERÉ FRAGRANCED FACE OIL<sup>+</sup>**

Light face oil suitable for all skin types, pigmentation, broken capillaries, fine lines and wrinkles. Containing the same oils as VGeneré Face Oil, but fragranced with Lemon and Sandalwood Amyris essential oils to further reduce cell and tissue damage and promote skin elasticity. **30ml £20**



### **VGENERÉ ANTI-AGEING FACE OIL<sup>+</sup>**

Suitable for pigmentation, broken capillaries, fine lines, wrinkles and dry, mature skin. This unique blend of skin repairing oils accelerate cell turnover and promotes healthy cell renewal. Oils of sunflower, grapeseed, wheatgerm, Vitamin E, shea, peach, jojoba, borage, argan, avocado and rosehip are full of antioxidant Vitamins A, C, D and E. Good for sensitive skin, eczema, dermatitis and psoriasis. **30ml £20**



### **VGENERÉ FRAGRANCED ANTI-AGEING FACE OIL<sup>+</sup>**

Suitable for pigmentation, broken capillaries, fine lines, wrinkles and dry, mature skin. This unique blend of skin repairing oils accelerate cell turnover and promotes healthy cell renewal. Oils of sunflower, grapeseed, wheatgerm, Vitamin E, shea, peach, jojoba, borage, argan, avocado and rosehip are full of antioxidant Vitamins A, C, D and E. Fragranced with Lemon and Sandalwood Amyris essential oils to further reduce cell and tissue damage and promote skin elasticity. Apply VGeneré Anti-Ageing Face Cream over the oil for very dry skin. **30ml £20**



# VITALI-CHI SKIN CARE PROTOCOLS

Follow these product protocols to help you look younger and feel healthier

Skin Type	Normal	Dry or Mature	Oily	Combination	Sensitive	Acne & Blemished	Rosacea	Eczema & Dermatitis	Fungal	Psoriasis
VGeneré Face Wash+	●	●	●	●	●	●	●	●	●	●
VGeneré Cleanser+	●		●	●		●	●		●	
VGeneré Anti-Ageing Cleanser+		●			●			●		●
VGeneré Exfoliating Face Polish+	●	●	●	●		●		●	●	●
VGeneré Toner+	●		●	●		●	●		●	
VGeneré Anti-Ageing Toner+		●			●			●		●
VGeneré Face Mask+	●		●	● TZ		●				
VGeneré Anti-Ageing Face Mask+		●		● C	●		●	●	●	●
VGeneré Anti-Blemish Skin Treatment+			● T	● TZ	● T	● T			● T	
VGeneré Serum+	●			● C	●			●		
VGeneré Anti-Ageing Serum+		●	●	● TZ		●	●		●	●
VGeneré Face Lotion+	●		●	● TZ		●	●		●	●
VGeneré Face Cream+	●			● C	●					
VGeneré Anti-Ageing Face Cream+		●			●			●		
VGeneré Face Oil+	● N	● N	● N	● N C	● N		● N			
VGeneré Face Oil Fragranced+	● N	● N	● N	● N C			● N			
VGeneré Anti-Ageing Face Oil+		● N			● N			● T N		● T N
VGeneré Anti-Ageing Face Oil Fragranced+		● N							● N	
VGeneré Eye Cream+	●	●	●	●	●	●	●	●	●	●
VGeneré Lip Balm+	●	●	●	●	●	●	●	●	●	●
VGeneré Exfoliating Body Polish+	●	●	●	●		●	●		●	
VGeneré Hand & Body Wash+	●	●	●	●		●			●	
VGeneré Hand & Body Lotion+	●		●	●		●			●	
VGeneré Body Cream+		●		●	●		●	●		●
VGeneré Body Cream Fragranced+		●		●					●	
VGeneré Body Oil+		●			●			●		● T
VGeneré Hand & Foot Cream+	●	●	●	●		●	●	●	●	●
VGeneré Hair Oil+		● ●		● ●	● ●		● ●	● ●	● ●	● ●
Derma Soothe Exfoliating Body Polish+					●		●	●		●
Derma Soothe Bath Salts+							●	●		●
Derma Soothe Hand & Body Wash+					●		●	●		●
Derma Soothe Skin Lotion+					● ●		●	● T ●		● T ●
Derma Soothe Hair Shampoo+		●			●		●	●	●	●
Derma Soothe Hair Conditioner+		●			●		●	●	●	●

Keys (where to use)

● = Face

● = Body

● = Scalp

● = Hair

T = Topicals

TZ = over T-Zone

C = over Cheeks

N = Night

# BODY CARE

Ultimate 'more than just skin deep' treatments to care for you and your body

PARABEN FREE • VEGAN FRIENDLY



# YOUR DAILY VITALI-CHI BODY CARE REGIME

**Exfoliate. Bathe or shower with Body Wash. Apply Body Lotion, Cream or Oil. Hand & Foot Cream**  
**Optional additions: Super-Eze Bath Salts**



## **VGENERÉ EXFOLIATING BODY POLISH<sup>+</sup>**

Fragranced, suitable for all skin types. Helps remove dead skin cells to reveal softer, smoother and more even toned skin. Ground pumice stone, hydrating aloe vera and antioxidant vitamin rich oils of coconut and vitamin E help provide ultra-soothing moisturisation. Together with Lemon and Sandalwood Amyris essential oils to further assist cell regeneration and repair.

**200ml £25**



## **VGENERÉ HAND & BODY WASH<sup>+</sup>**

Fragranced, suitable for all skin types, poor skin tone, pigmentation, broken capillaries and veins. A moisturising foam wash blending antioxidant vitamin rich Lemon and Sandalwood Amyris essential oils to help cleanse and assist skin cell regeneration and repair.

**250ml £20**



## **VGENERÉ BATH OIL<sup>+</sup>**

A rich and nourishing dispersing bath oil<sup>+</sup> made with organic golden jojoba and sunflower oils. Suitable for all skin types, anti-ageing, poor skin tone, pigmentation, broken capillaries and veins. Use in a bath or after a shower on lightly dampened skin. For fragrance mix with any one of our 25 Vitali-Chi AromaFrequencies<sup>+</sup>

**250ml £20**



### **VGENERÉ HAND & BODY LOTION<sup>+</sup>**

Fragranced suitable for all skin types, poor skin tone, pigmentation, broken capillaries and veins. A light moisturising lotion made with skin conditioning organic oils of olive, flax, sunflower, pure Vitamin E, aloe vera, shea and cocoa butters to nourish, repair and restore the skin. Together with Lemon and Sandalwood Amyris essential oils to further assist cell regeneration. **250ml £20**



### **LOVE POTION BODY LOTION<sup>+</sup>**

Sensuously inviting. Helps to rekindle a loveless relationship. Opens the heart to invite love and romance. Invokes love and union of souls. Fragranced to act like an aphrodisiac. Skin conditioning organic oils of olive, flax, sunflower, grapeseed, peach, wheatgerm, pure Vitamin E, jojoba, aloe vera, shea and cocoa butters nourish, repair and restore the skin. Together with Rose Geranium & Ylang-Ylang essential oils. **250ml £20**



### **LOVE POTION SENSUAL MASSAGE OIL<sup>+</sup>**

Sensuously inviting. Helps to rekindle a loveless relationship. Opens the heart to invite love and romance. Invokes love and union of souls. Fragranced to act like an aphrodisiac. Skin conditioning organic oils of olive, flax, sunflower, grapeseed, peach, wheatgerm, pure Vitamin E, jojoba, aloe vera, shea and cocoa butters nourish, repair and restore the skin. Together with Rose Geranium & Ylang-Ylang essential oils. **100ml £20**





### **SUPER CALM SKIN LOTION<sup>+</sup>**

Suitable for anger, agitation, restlessness, hyper-activity, fears, phobias, panic, inner hysteria, anxiousness and frayed nerves. Helping you to cope through adversity. Helpful for bladder problems. Liquid calm within a light blend of organic oils of olive, flax, sunflower, pure Vitamin E, aloe vera, shea and cocoa butters.

**100ml £15    250ml £25**



### **VGENERÉ BODY CREAM<sup>+</sup>**

Suitable for poor skin tone, pigmentation, broken capillaries, veins and dry, mature or ageing skin. Luxurious, antioxidant vitamin rich skin repair with organic oils of olive, flax, sunflower, grapeseed, peach, wheatgerm, pure Vitamin E, jojoba, aloe vera, shea and cocoa butters to nourish, repair and restore the skin. Improves skin elasticity and assists cell regeneration and repair. Feeds and nourishes the skin. Good for sunburn and sensitive skin too.

**200ml £25**



### **VGENERÉ FRAGRANCED BODY CREAM<sup>+</sup>**

Suitable for poor skin tone, pigmentation, broken capillaries, veins and dry, mature or ageing skin. The same amazing formulation but with added essential oils of Lemon and Sandalwood Amyris which further reduce cell and tissue damage.

**200ml £25**



### **VGENERÉ BODY OIL<sup>+</sup>**

Suitable for poor skin tone, stretch marks, scars, deep bruising, damaged and dry, mature or ageing skin, eczema, dermatitis or psoriasis. Ultra skin repair made with antioxidant vitamin rich oils of grapeseed, peach, wheatgerm, pure Vitamin E, shea and jojoba. Improves skin suppleness and elasticity, assists cell regeneration and leaves the skin feeling nourished, silky and smooth. **150ml £25**



### **VGENERÉ HAND & FOOT CREAM<sup>+</sup>**

Fragranced hand and foot cream suitable for skin exposed to chronic stress, bacteria and fungus which may cause dry or cracked skin, athlete's foot, nail fungus, verrucas, chilblains or infected eczema or psoriasis. Antioxidant vitamin rich oils of sunflower, coconut, jojoba, almond, borage and pure Vitamin E together with highly emollient, moisture retaining urea. Additional Lemon and Sandalwood Amyris essential oils help to further reduce cell and tissue damage. **100ml £20**



### **SUPER-EZE BATH SALTS<sup>+</sup>**

Fragranced, suitable for physical and emotional pain, tight and sore muscles, ligaments and tendons, joint stiffness and calcified bones. A combination of mineral rich Epsom and Dead Sea salts with Lavender and Eucalyptus essential oils which also help strengthen the immune system, ease stress, nervous tension and exhaustion and improve skin conditions. **300ml £25**

# SKIN & HAIR CONDITIONS

Suitable for sensitive skin, eczema, dermatitis and psoriasis. Or dry hair, skin and scalp disorders

Delivering soothing, healing and calming properties

PARABEN FREE • VEGAN FRIENDLY





### **DERMA SOOTHE EXFOLIATING BODY POLISH<sup>+</sup>**

Unfragranced, suitable for all skin types including sensitive skin. Helps remove dead skin cells to reveal softer, smoother and more even toned skin. Ground pumice stone, hydrating aloe vera and antioxidant, vitamin rich oils of coconut and Vitamin E help provide ultra-soothing moisturisation. **200ml £25**



### **DERMA SOOTHE BATH SALTS<sup>+</sup>**

Fragranced, suitable for distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. An effective dry skin aid that hydrates and promotes a healthy skin barrier. Made from pure mineral rich Epsom and Dead Sea Sea salts, coupled with cell regenerating Lavender and calming Neroli essential oils. Also good for fungus and bruised skin. **300ml £25**



### **DERMA SOOTHE HAND & BODY WASH<sup>+</sup>**

Unfragranced, suitable for sensitive, young or distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Gentle, natural palm-free, organic liquid soap made from coconut and sunflower soaps. Not fragranced so suitable for even the most sensitive of skins. **250ml £20**



### **DERMA SOOTHE SKIN LOTION<sup>+</sup>**

Unfragranced, suitable for sensitive, young or distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Organic oils of olive, flax, sunflower, grapeseed, peach, wheatgerm, pure Vitamin E, jojoba, aloe vera, shea and cocoa butters nourish, repair and restore the skin.

**100ml £15    250ml £25**



### **DERMA SOOTHE HAIR SHAMPOO<sup>+</sup>**

Unfragranced, suitable for sensitive, young or distressed skin, eczema, dermatitis, psoriasis and all dry scalp conditions. pH 4.5 – 5.5 makes it also suitable for colour treated hair. Low foaming organic skin nourishing ingredients enriched with aloe vera effectively retain moisture in the hair and scalp to help calm, soothe and heal. SLES and MIT free to avoid skin irritation.

**250ml £20**



### **DERMA SOOTHE HAIR CONDITIONER<sup>+</sup>**

Unfragranced, suitable for sensitive, young or distressed skin, eczema, dermatitis, psoriasis and all dry hair and scalp conditions. Organic gentle oils of coconut, sunflower, olive, Vitamin E, jojoba and shea combine with aloe vera to help calm, soothe and heal and leave hair lustrous and shining. pH 3.85 – 5 and SLES and MIT free to avoid skin irritation.

**250ml £20**



### **VGENERÉ HAIR OIL<sup>+</sup>**

Suitable for dry and damaged hair, eczema, dermatitis, psoriasis and fungal scalp conditions. Amazingly absorbent but nourishing and moisturising. Pure cold-pressed vitamin rich oils of jojoba, peach kernel, rice bran, sunflower, hazelnut and hempseed further create high hair shine. **50ml £20**



### **VGENERÉ FACE OIL<sup>+</sup>**

Contains super absorbent and skin loving, hydrating oils of peach, rice bran, grapeseed, jojoba, hazelnut, wheatgerm and pure Vitamin E. Full of antioxidants and vitamins A, B, C, D, E that nourish, protect and feed the skin. Promotes skin elasticity and suppleness and helps repair damaged skin, rosacea and acne scars. Good for sensitive skin. Also good for nail damage and helps protect and moisturise cuticles and extremely dry cracked nails. **30ml £20**



### **VGENERÉ ANTI-AGEING FACE OIL<sup>+</sup>**

Suitable for pigmentation, broken capillaries, fine lines, wrinkles and dry, mature skin. This unique blend of skin repairing oils accelerate cell turnover and promotes healthy cell renewal. Oils of sunflower, grapeseed, wheatgerm, Vitamin E, shea, peach, jojoba, borage, argan, avocado and rosehip are full of antioxidant Vitamins A, C, D and E. Good for sensitive skin, eczema, dermatitis and psoriasis. **30ml £20**



### **VGENERÉ BODY OIL<sup>+</sup>**

Suitable for poor skin tone, stretch marks, scars, deep bruising, damaged and dry, mature or ageing skin, eczema, dermatitis or psoriasis. Ultra skin repair made with antioxidant vitamin rich oils of grapeseed, peach, wheatgerm, pure Vitamin E, shea and jojoba. Improves skin suppleness and elasticity, assists cell regeneration and leaves the skin feeling nourished, silky and smooth.

**150ml £25**



### **DERMA SOOTHE AROMAFREQUENCIES<sup>+</sup>**

Suitable for distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Helps restore balance. Contains: Multiple vibrational properties, Lavender & Neroli Essential Oils.

**10ml £15**



# WEIGHT LESS

A fusion of essential oils and natural vibrational healing properties to assist weight loss

Helps detox feelings of emptiness that may lead to cravings and hormone imbalance

To be used alongside a healthy eating and exercise plan

PARABEN FREE • VEGAN FRIENDLY







### **WEIGHT LESS EXFOLIATING BODY POLISH<sup>+</sup>**

Fragranced, suitable for poor skin tone, cellulite, detox and weight loss. Helps remove dead skin cells to reveal smoother and softer skin. Enhanced by daily skin brushing and a healthy eating and exercise plan. Ground pumice stone, hydrating aloe vera and antioxidant vitamin rich oils of coconut and vitamin E help soften and prepare your skin for better Vitali-Chi product absorption. Together with Pink Grapefruit, Bergamot and Orange essential oils to help activate the lymphatic system, boost metabolism and act as a natural detoxification.

**200ml £25**



### **WEIGHT LESS DETOX BATH SALTS<sup>+</sup>**

Fragranced, suitable for poor skin tone, cellulite, detox and weight loss. Enhanced by daily skin brushing and a healthy eating and exercise plan. A combination of mineral rich Epsom and Dead Sea salts with Pink Grapefruit, Bergamot and Orange essential oils to help activate the lymphatic system, boost metabolism and act as a natural detoxification.

**300ml £25**



### **WEIGHT LESS BODY WASH<sup>+</sup>**

Fragranced, suitable for poor skin tone, cellulite, detox and weight loss. Enhanced by daily skin brushing and a healthy eating and exercise plan. A moisturising foam wash blending Pink Grapefruit, Bergamot and Orange essential oils to help activate the lymphatic system, boost metabolism and act as a natural detoxification.

**200ml £20**



### **ALKALISING, IONIZING WATER JUG**

The perfect weight loss aid. Converts tap water into 1 litre of alkaline water pH 9 - 10 and 0.5 litres of acidic water pH 3 - 4 within 10 - 20 minutes. Alkaline ionized water neutralises acidity that can cause many age-related diseases. It produces antioxidant, high pH alkaline water to help detoxify your entire body and wash acidic waste from your tissues and cells. As well as the Alkaline ionized water, acidic water also gets produced and this may be used as a natural, anti-bacterial, sterilizing household cleaning product. It also effectively removes pesticides and kills microbes and bacteria on vegetables, fruits, meat and fish.

**£114**



### **WEIGHT LESS BODY CREAM<sup>+</sup>**

Fragranced body cream suitable for poor skin tone, cellulite, detox and weight loss. Light and hydrating, made with organic oils of olive, flax, sunflower and aloe vera. Together with Pink Grapefruit, Bergamot and Orange essential oils to help activate the lymphatic system, boost metabolism and act as natural detoxification. Caffeine further aids circulation and helps reduce cellulite.

**200ml £25**



### **WEIGHT LESS AROMAFREQUENCIES<sup>+</sup>**

Helps cleanse and detox the cells of negativity and habits that create the need to crave and overeat and never feel satiated. Assists weight loss. To be used alongside a healthy eating and exercise plan. Contains: Multiple vibrational properties, Pink Grapefruit, Bergamot & Orange Essential Oils.

**10ml £15**



### **WEIGHT LESS WELLBEING SPRITZER<sup>+</sup>**

Helps cleanse and detox the cells of negativity and habits that create the need to crave and overeat and never feel satiated. Assists weight loss. To be used alongside a healthy eating and exercise plan. Contains: Multiple vibrational properties, distilled water.

**50ml £12**

# IMMUNE DEFENSE

ANTIVIRAL • ANTIBACTERIAL • ANTIMICROBIAL • ANTIFUNGAL • ANTISEPTIC

A powerful combination of cleansing, protecting and immune building Lemongrass, Teatree Lemon & Eucalyptus essential oils and natural vibrational properties to help stop the spread of viruses, coughs, colds, flu, infections, bacteria, fungus and mould

PARABEN FREE • VEGAN FRIENDLY





### **IMMUNE DEFENSE HAND WASH<sup>+</sup>**

A moisturising foam wash blending powerful antiviral, antibacterial, antimicrobial, antifungal, antiseptic Lemongrass, Teatree Lemon & Eucalyptus Citriodora essential oils to help cleanse, protect and boost your immune system.

**250ml £20**



### **IMMUNE DEFENSE HAND SANITISER<sup>+</sup>**

Wash your hands! No water required. A powerful combination of 70% alcohol with moisturising, skin softening Aloe Vera gel and essential oils of Lemongrass, Teatree Lemon & Eucalyptus Citriodora to help cleanse, protect and boost your immune system.

**50ml £10 250ml £20**



### **IMMUNE DEFENSE AURA & ROOM SPRAY<sup>+</sup>**

Helps stop the spread of viruses, infections, bacteria, fungus and mould. Lemongrass, Teatree Lemon & Eucalyptus Citriodora essential oils help immediately cleanse and protect your personal or room space.

**50ml £12 100ml £15**



### **IMMUNE DEFENSE AROMAFREQUENCIES<sup>+</sup>**

For baths, showers, massage and inhalation. Use in an aroma diffuser for children and to help cleanse and protect your personal or room space or inhale from a tissue. Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria, fungus and mould. A powerful combination of Lemongrass, Teatree Lemon & Eucalyptus Citriodora essential oils.

**10ml £15**



### **IMMUNE DEFENSE WELLBEING SPRITZER<sup>+</sup>**

Suitable for internal use. Safe for babies, children and in pregnancy.

**50ml £12**



### **IMMUNE DEFENSE GEL<sup>+</sup>**

Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. Can be used as protection against viruses. Unfragranced for sensitive skin and for safe use with babies, children and during pregnancy.

**100ml £15**

### **IMMUNE DEFENSE GEL FRAGRANCED<sup>+</sup>**

The same amazing formulation but with added essential oils of Lemongrass, Teatree Lemon & Eucalyptus Citriodora to increase its efficacy and power.

**100ml £15**

# WELLBEING GELS

**Natural vibrational healing properties suspended in aloe vera gel for common ailments**  
**Assists rapid cell regeneration and in healing wounds, rashes, burns and all skin issues**  
**Antibacterial, antifungal, antiviral, anti-allergy and anti-inflammatory**

**Apply 4 times a day or as often as required**

**PARABEN FREE • VEGAN FRIENDLY**



## **DIGEST E-ZYME GEL<sup>+</sup>**

Suitable for digestive problems such as heartburn, indigestion, acid reflux, ulcers, colic, abdominal pain, wind, irritable bowel and leaky gut.

**100ml £15**



## **IMMUNE DEFENSE GEL<sup>+</sup>**

Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. Unfragranced for sensitive skin, children and for during pregnancy.

**100ml £15**



### **IMMUNE DEFENSE FRAGRANCED GEL<sup>+</sup>**

Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. Add to this essential oils of Teatree Lemon, Eucalyptus Citriodora and Lemongrass which further boost your immune system. Antiseptic and antibacterial. **100ml £15**



### **SUPER-EZE GEL<sup>+</sup>**

Suitable for physical and emotional pain, tight and sore muscles, ligaments and tendons, joint stiffness and calcified bones. Also helpful for skin cysts. **100ml £15**



### **WELL WOMAN GEL<sup>+</sup>**

Suitable for painful periods, hormonal imbalance, heavy bleeding, inflammation, polyps, fibroids, cysts, endometriosis, menopause and vaginal dryness. Assists as a hormone regulator. **100ml £15**



# WELLBEING SPRITZERS

Unique blends of natural vibrational healing properties retained in distilled water for an array of maladies

Spritz in mouth Wellbeing Spritzers 50ml £12

**HYPOALLERGENIC • PARABEN FREE • VEGAN FRIENDLY**



## **IMMUNE DEFENSE**

Eases mouth, gums, nose, sinuses, chest and respiratory conditions caused by infections, viruses, bacteria and fungus. Helps boost the immune system.



## **STRESS BUSTER**

Relaxes tension and stress caused by overwhelm, burnout, chronic fatigue, nervous disorders, frayed nerves and nerve problems.



## **PERSONAL POWER**

Aids lost confidence, low self-esteem and helpless, powerless and assertive issues. Inspires and promotes self-belief and self-love. Helps one claim back their power after distressing circumstance so that one can live their true potential.



## **SUPER BALANCE**

Helps to balance and replenish lost energy and nutrients that affect bone strength, nerves, brain, memory, heart and hormone function.





### **SUPER CALM**

Helps create calm made by anger, agitation, restlessness, hyper-activity, fears, phobias, panic, inner hysteria, anxiousness and frayed nerves. Helping you to cope through adversity. Helpful for bladder problems.



### **SUPER DETOX**

Helps cleanse and detox the cells of negativity, toxic relationships, heavy metals and toxic overload that contribute to sluggish bowel movements. May precede a weight loss program.



### **SUPER-EZE**

Suitable for physical and emotional pain, tight and sore muscles, ligaments and tendons, joint stiffness and calcified bones. Also helpful for skin cysts.



### **SUPER PICK-ME-UP**

Eases feelings of being unable to cope that may cause depression. Uplifts the mind. Supports personal power to overcome difficulties. Helps detox the mind of extreme negative thinking that may create intrusive thoughts.



### **TRAUM-EZE**

Trauma aid and 'emergency rescue remedy' to assist grief, shock, distress or negative memories. Can also be used as a before and after care for operations and dental work.



### **WEIGHT LESS**

Helps cleanse and detox the cells of negativity and habits that create the need to crave and overeat and never feel satiated. Assists weight loss. To be used alongside a healthy eating and exercise plan.

# WELLBEING PATCHES

Unique blends of natural vibrational healing properties suspended in hypo-allergenic patches for an array of maladies

Effective delivery of properties over a 24 hour period and up to 10 days

Wellbeing Patches Set of 4 £12, Set of 12 £28 or Set of 30 £70

**HYPOALLERGENIC • PARABEN FREE • VEGAN FRIENDLY**



**ABUNDANCE**

Helps to release memories of rejection, neglect, isolation, deprivation and unnurtured experiences so that one can feel less undeserving and worthier of love and abundance. Helps open one up to wealth and a wealth of possibilities.

**ADDICTION**

Helps feelings of hopelessness, helplessness and inadequacy that can lead to dependency patterns of behaviour, addiction and substance abuse. Assists self-forgiveness and self-love and empowers one to become proactive.

**ADVANCED SOUL**

Assists the evolvement of the soul by purifying and dispersing lifetimes of auric debris. Helps open the heart to feel compassion, release attachment and connect with cosmic unity.

**ALLERG-EZE**

Assists poor immune function that causes hayfever and other allergies. Suitable for allergy related skin conditions, nasal congestion, itchy watery eyes and shortness of breath.

**BIRTH EZE**

Helps ease the pain of contractions during childbirth and relaxes one to make pushing easier, thereby easing labour, delivery and after birth.

**CREATIVE FORCE**

Purifies negativity and self-doubt. Enhances creativity by helping to connect to inner power, intuition and Universal Consciousness to enable untapped potential. Inspirational.

**FERTILIT-EZE**

Helps symptoms of infertility such as polyps, cysts, polycystic ovary syndrome, endometriosis, under and overactive thyroid made by hormone imbalance. Calms and eases fear of infertility.

**IMMUNE DEFENSE**

Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. Helps boost the immune system.

**MAMA QUEZY EZE**

Assists morning sickness and calms and reassures new parent concerns. Eases self-doubt, inadequacy and panic. Helps regulate the hormones.

**MENO-EZE**

Menopause aid. Assists the transition of the change of life made by fluctuating hormonal changes. Eases hot flushes, night sweats, anxiety, menopause related joint pain, mood and memory.

### **NICO QUIT**

Prepares one to quit smoking and may be used before, during or after quitting to help break the habit. Eases withdrawal and dependency. Assists detoxification of cells.

### **PERSONAL POWER**

Aids lost confidence created by low self-esteem and helpless, powerless and assertive issues. Helps inspire and promote self-belief and self-love. Helps one claim back their power after abuse and circumstance. Helps liberate one to unveil their mask and become true to their self so they can live their true potential.

### **POSITIVE ATTITUDE**

Helps release pessimistic, negative thoughts and feelings made by persistent negative messaging. Opens one up to experience the Law of Attraction by helping to change one's expectations.

### **PREG AFTER CARE**

Eases 'baby blues', exhaustion, poor milk flow, birthing soreness, thrush and candida and other slow to heal after pregnancy symptoms.

### **PREG-EZE**

Assists the transition of pregnancy and helps regulate the hormones. A wellbeing tonic to help balance the mind, body, soul and spirit and replenish lost energy.

### **RELATIONSHIP HARMONY**

Assists broken down, disconnected, discordant relationships. Encourages boundaries, consequences, assertive communication and agreements that create fairness, respect, equality, understanding and forgiveness. Most effective when worn by both parties.

### **SELF-LOVE**

Helps one to love them self. Helps stop self-loathing, self-harm and self-punishment caused by abuse, deep regret and guilty withheld secrets. Helps stop intrusive thoughts and negative messaging that create cycles of feeling unlovable.

### **STRESS BUSTER**

Relaxes tension and stress caused by overwhelm, burnout, chronic fatigue, nervous disorders, frayed nerves and nerve problems.

### **SUPER CALM**

Helps create calm made by anger, agitation, restlessness, hyperactivity, fears, phobias, panic and anxiousness. Helping you to cope through adversity. Helpful for bladder problems.

### **SUPER DETOX**

Helps cleanse and detox the cells of negativity, toxic relationships, heavy metals and toxic overload that contribute to sluggish bowel movements. May precede a weight loss program.

### **SUPER-EZE**

Suitable for physical and emotional pain, tight and sore muscles, ligaments and tendons, joint stiffness and calcified bones. Also helpful for skin cysts.

### **SUPER PICK-ME-UP**

Eases feelings of being unable to cope that may cause depression. Uplifts the mind. Supports personal power to overcome difficulties. Helps detox the mind of extreme negative thinking that may create intrusive thoughts.

### **TIME ZONE**

Helps regulate your internal body clock known as circadian rhythms which helps the sleep-wake cycle. Great aid for jet lag, shift workers and a lifestyle of late night or early wake times. Restores equilibrium.

### **TRAUM-EZE**

Trauma aid and ‘emergency rescue remedy’ that is needed after grief, shock, distress, an abused ‘inner child’, deep distressing cellular memories and before and after care for operations and dental work.

### **VGENERÉ**

Improves skin elasticity and the look of stretch marks, scars and deep bruising. Helps reduce skin pigmentation, broken capillaries and veins and assists cell regeneration and repair.

### **VIBRANCY**

Energy boost for - Lost joie de vivre caused by low energy after long periods of grief or suffering and depleted mental and physical reserves.

### **WEIGHT LESS**

Helps cleanse and detox the cells of negativity and habits that create the need to crave and overeat and never feel satiated. Assists weight loss. To be used alongside a healthy eating and exercise plan.



# AROMAFREQUENCIES

**Unique blends of 100% pure essential oils infused with natural vibrational healing properties  
Together they help revitalise your energy**

**PARABEN FREE • VEGAN FRIENDLY**

The ingredients have been carefully chosen to assist wellbeing and have been sourced from the natural world of flowers, herbs, essential oils and earth minerals



All our AromaFrequencies can be used in one of our aroma diffusers. Add 3-6 drops

They can also be used in baths, showers and massage oils. Please see bottle for correct dilutions

Typically add 6 drops to a 100 litre bath or to a shower sponge or 3-6 drops to 20ml of carrier oil for a massage. On average you should get around 200 drops per bottle, so around 33 different uses per bottle

**INDIVIDUAL AROMAFREQUENCIES**

**USB AROMA DIFFUSER**

**STANDARD AROMA DIFFUSER**

**REMOTE CONTROL AROMA DIFFUSER**

**DELUXE AROMA DIFFUSER**

10ml **£15.00**

**£28.00**

**£48.00**

**£48.00**

**£72.00**

**FREE AROMA DIFFUSER with MULTIPLE AROMAFREQUENCIES:**

**USB AROMA DIFFUSER with 4 AROMAFREQUENCIES**

**£60.00**

**STANDARD AROMA DIFFUSER with 5 AROMAFREQUENCIES**

**£75.00**

**REMOTE CONTROL AROMA DIFFUSER with 5 AROMAFREQUENCIES**

**£75.00**

**DELUXE AROMA DIFFUSER with 6 AROMAFREQUENCIES**

**£90.00**





### **ABUNDANCE**

Helps to release memories of rejection, neglect, isolation, deprivation and unnurtured experiences so that one can feel less undeserving and worthier of love and abundance. Helps open one up to wealth and a wealth of possibilities. Contains: Multiple vibrational properties, Sweet Orange, Neroli & Pink Grapefruit Essential Oils.



### **ADVANCED SOUL**

Assists the evolvement of the soul by purifying and dispersing lifetimes of auric debris. Helps open the heart to feel compassion, release attachment and connect with cosmic unity. Contains: Multiple vibrational properties, Ho Leaf & Frankincense Essential Oils.



### **CREATIVE FORCE**

Purifies negativity and self-doubt. Enhances creativity by helping to connect to inner power, intuition and Universal Consciousness to enable untapped potential. Inspirational. Contains: Multiple vibrational properties, Spearmint & Peppermint Essential Oils.



### **CRYSTAL CLEAR**

Helps cleanse, purify and detox the atmosphere caused by toxic gases, geopathic stress, emotional debris, mental anguish, negative forces and negative past life imprints. Contains: Multiple vibrational properties & Teatree Lemon Essential Oil.



### **DERMA SOOTHE**

Suitable for distressed skin exposed to chronic stress, chemical overload, radiation, allergens and a harsh environment which may cause prickly heat, skin rash, inflammation, eczema, dermatitis or psoriasis. Helps restore balance. Contains: Multiple vibrational properties, Lavender & Neroli Essential Oils.



### **GOING HOME**

Helps one to let go and release the fear of dying. Prepares the subtle bodies for a smooth transition into spirit to assist the timeless evolution of the soul. Contains: Multiple vibrational properties, Lavender & Spikenard Essential Oils.





### **IMMUNE DEFENSE**

Suitable for respiratory conditions such as sinuses, coughs, colds, flu, infections, viruses, bacteria and fungus. Contains: Multiple vibrational properties, Teatree Lemon, Eucalyptus Citriodora & Lemongrass Essential Oils.



### **LOVE POTION**

Sensuously inviting. Helps to rekindle a loveless relationship. Opens the heart to invite love and romance. Invokes love and union of souls. Fragranced to act like an aphrodisiac. Contains: Multiple vibrational properties, Rose Geranium & Ylang-Ylang Essential Oils.



### **MEDITATION**

Helps cleanse, purify, detox and calm the atmosphere. Prepares the person and room for mindfulness. Invites and invokes spiritual aid. Contains: Multiple vibrational properties, Lavender & Elemi Essential Oils.



### **PERSONAL POWER**

Aids lost confidence created by low self-esteem and helpless, powerless and assertive issues. Helps inspire and promote self-belief and self-love. Helps one claim back their power after distressing circumstance so that one can live their true potential. Contains: Multiple vibrational properties, Lemon, White Grapefruit & Lemongrass Essential Oils.



### **POSITIVE ATTITUDE**

Helps release pessimistic, negative thoughts and feelings made by persistent negative messaging. Opens one up to experience the Law of Attraction by helping to change ones' expectations. Contains: Multiple vibrational properties, Tangerine & Bergamot Essential Oils.



### **SELF LOVE**

Helps one to love themselves. Helps stop self-loathing, self-harm and self-punishment caused by abuse, deep regret and guilty withheld secrets. Helps stop intrusive thoughts and negative messaging that create a cycle of feeling unlovable. Contains: Multiple vibrational properties, Sweet Orange, Lemon & Helichrysum Essential Oils.



### **SLEEP-EZY**

Relaxes and helps create calm made by a nervous, agitated, stressful and unrested mind. Helps prepare one for a restful sleep. Soothes the soul. Contains: Multiple vibrational properties, Lavender & Chamomile Essential Oils.



### **STRESS BUSTER**

Relaxes tension and stress caused by overwhelm, burnout, chronic fatigue, nervous disorders, frayed nerves and nerve problems. Contains: Multiple vibrational properties, Lavender & Ylang Ylang Essential Oils.



### **SUPER AURA & CHAKRA REPAIR**

Helps cleanse, purify and repair the multiple auric bodies. Assists chakra function and repair. Grounds and protects one from psychic attack. Strengthens the mind, body and soul. Contains: Multiple vibrational properties, Bergamot, Bitter Orange & Patchouli Essential Oils.



### **SUPER BRAIN**

Study and memory aid. Purifies negativity and self-doubt. Good for brain-fog that creates limited brain reserves and memory loss. Contains: Multiple vibrational properties, Basil & Lavender Essential Oils.



### **SUPER CALM**

Helps create calm made by anger, agitation, restlessness, hyper-activity, fears, phobias, panic, inner hysteria, anxiousness and frayed nerves. Helping you to cope through adversity. Helpful for bladder problems. Contains: Multiple vibrational properties, Lavender & Neroli Essential Oils.



### **SUPER DETOX**

Helps cleanse and detox the cells of negativity, toxic relationships, heavy metals and toxic overload that contribute to sluggish bowel movements. May precede a weight loss program. Contains: Multiple vibrational properties, Peppermint & Fennel Essential Oils.



### **SUPER-EZE**

Relieves muscles, joints, ligaments and tendons that have become tight and sore. Assists and is helpful for emotional and physical pain. Contains: Multiple vibrational properties, Lavender & Eucalyptus Essential Oils.



### **SUPER PICK-ME-UP**

Eases feelings of being unable to cope that may cause depression. Uplifts the mind. Supports personal power to overcome difficulties. Helps detox the mind of extreme negative thinking that may create intrusive thoughts. Contains: Multiple vibrational properties, Tangerine, Sweet Orange & Petitgrain Essential Oils.



### **SUPER PSYCHIC**

Heightens awareness and sharpens psychic sensitivity. Helps one to become insightful. Clears the mind, ego and aura to enable easy connection to Universal Consciousness and All-That-Is. Prevents psychic fatigue. Contains: Multiple vibrational properties, Lemon & Patchouli Essential Oils.



### **TRAUM-EZE**

Trauma aid and 'emergency rescue remedy' to assist grief, shock, distress or negative memories. Can also be used as a before and after care for operations and dental work. Contains: Multiple vibrational properties, Lemon, Cypress & Juniper Berry Essential Oils.



### **VGENERÉ**

Improves the look of skin tone, stretch marks, scars and deep bruising. Suitable for skin pigmentation, broken capillaries and veins, cell regeneration and repair. Contains: Multiple vibrational properties, Lemon & Sandalwood Amyris Essential Oils.



### **VIBRANCY**

Energy boost for lost joie de vivre caused by low energy after long periods of grief or suffering and depleted mental and physical reserves. Contains: Multiple vibrational properties, Lemongrass & Lemon Essential Oils.



## **WEIGHT LESS**

Helps cleanse and detox the cells of negativity and habits that create the need to crave and overeat and never feel satiated. Assists weight loss. To be used alongside a healthy eating and exercise plan. Contains: Multiple vibrational properties, Pink Grapefruit, Bergamot & Orange Essential Oils.



# AURA, ROOM, LINEN & PILLOW SPRAYS

Unique blends of essential oils infused with distilled water and natural vibrational healing properties  
Spray around your personal space or a room to change the ambience of any area  
Also available Linen & Pillow Sprays

AURA, ROOM, LINEN & PILLOW SPRAYS 100ml £15, 50ml £12

PARABEN FREE • VEGAN FRIENDLY

## ADVANCED SOUL

Assists the evolvement of the soul by purifying and dispersing lifetimes of auric debris. Helps open the heart to feel compassion, release attachment and connect with cosmic unity. Contains: Multiple vibrational properties, Ho Leaf & Frankincense Essential Oils.

## CREATIVE FORCE

Purifies negativity and self-doubt. Enhances creativity by helping to connect to inner power, intuition and Universal Consciousness to enable untapped potential. Inspirational. Contains: Multiple vibrational properties, Spearmint & Peppermint Essential Oils.







### **CRYSTAL CLEAR**

Helps cleanse, purify and detox the atmosphere caused by toxic gases, geopathic stress, emotional debris, mental anguish, negative forces and negative past life imprints. Contains: Multiple vibrational properties & Teatree Lemon Essential Oil.



### **IMMUNE DEFENSE**

Helps cleanse and purify the aura and atmosphere from chest and respiratory conditions caused by infections, viruses, bacteria and fungus. Contains: Multiple vibrational properties, Teatree Lemon, Eucalyptus Citriodora & Lemongrass Essential Oils.



### **LOVE POTION**

Sensuously inviting. Helps to rekindle a loveless relationship. Opens the heart to invite love and romance. Invokes love and union of souls. Fragranced to act like an aphrodisiac. Contains: Multiple vibrational properties, Rose Geranium & Ylang-Ylang Essential Oils.



### **MEDITATION**

Helps cleanse, purify, detox and calm the atmosphere. Prepares the person and room for mindfulness. Invites and invokes spiritual aid. Contains: Multiple vibrational properties, Lavender & Elemi Essential Oils.



### **POSITIVE ATTITUDE**

Helps release pessimistic, negative thoughts and feelings made by persistent negative messaging. Opens one up to experience the Law of Attraction by helping to change ones' expectations. Contains: Multiple vibrational properties, Tangerine & Bergamot Essential Oils.



### **SLEEP-EZY**

Relaxes and helps create calm made by a nervous, agitated, stressful and unrested mind. Helps prepare one for a restful sleep. Soothes the soul. Contains: Multiple vibrational properties, Lavender & Chamomile Pure Essential Oils.



### **SUPER AURA & CHAKRA REPAIR**

Helps cleanse, purify and repair the multiple auric bodies. Assists chakra function and repair. Grounds and protects one from psychic attack. Strengthens the mind, body and soul. Contains: Multiple vibrational properties, Bergamot, Bitter Orange & Patchouli Essential Oils.



### **SUPER CALM**

Helps create calm made by anger, agitation, restlessness, hyperactivity, fears, phobias, panic, inner hysteria, anxiousness and frayed nerves. Helping you to cope through adversity. Helpful for bladder problems. Contains: Multiple vibrational properties, Lavender & Neroli Essential Oils.



### **SUPER PICK-ME-UP**

Eases feelings of being unable to cope that may cause depression. Uplifts the mind. Supports personal power to overcome difficulties. Helps detox the mind of extreme negative thinking that may create intrusive thoughts. Contains: Multiple vibrational properties, Tangerine, Sweet Orange & Petitgrain Essential Oils.



### **SUPER PSYCHIC**

Heightens awareness and sharpens psychic sensitivity. Helps one to become insightful. Clears the mind, ego and aura to enable easy connection to Universal Consciousness and All-That-Is. Prevents psychic fatigue. Contains: Multiple vibrational properties, Lemon & Patchouli Essential Oils.



### **VIBRANCY**

Energy boost for lost joie de vivre caused by low energy after long periods of grief or suffering and depleted mental and physical reserves. Contains: Multiple vibrational properties, Lemongrass & Lemon Essential Oils.



### **WEIGHT LESS**

Helps cleanse and detox the cells of negativity and habits that create the need to crave and overeat and never feel satiated. Assists weight loss. To be used alongside a healthy eating and exercise plan. Contains: Multiple vibrational properties, Pink Grapefruit, Bergamot & Orange Essential Oils.

# GIFTS

Treat your friends and family to anyone of our best seller gifts

Each one packaged within a white organza bag

More online at [www.vitali-chi.co](http://www.vitali-chi.co)



**GIFT 1**  
**VGenere Hand & Foot Cream<sup>+</sup>**  
**Moisturising cotton socks and gloves**

**£25**  
**100ml**

Great gift for gardener's and heavy-duty workers. Intensive treatment suitable for dry, cracked and rough skin, athlete's foot, nail fungus, verrucas or chilblains. Antioxidant vitamin rich oils of sunflower, coconut, jojoba, almond, borage and pure Vitamin E together with highly emollient, moisture retaining urea. Additional Lemon & Sandalwood Amyris essential oils help to further reduce cell and tissue damage.



**GIFT 2**  
**VGenere Hand & Foot Cream<sup>+</sup>**

**£10**  
**15ml**

Mini, travel size suitable for dry, cracked and rough skin, athlete's foot, nail fungus, verruca's or chilblains.





**GIFT 3**  
**Sleep-Ezy Room, Linen & Pillow Spray<sup>+</sup>**  
**Eye Mask**

**£20**  
**100ml**

A sleeping spray that really works! Relaxes and helps create calm made by a nervous, agitated, stressful and unrested mind. Vibrational properties with Lavender & Chamomile essential oils help prepare one for a restful sleep. Soothes the soul. Spritz generously throughout the air and onto linens and pillows.



**GIFT 4**  
**Love Potion Body Lotion<sup>+</sup>**  
**Love Potion Room, Linen & Pillow Spray<sup>+</sup>**

**£32**  
**250ml**  
**50ml**

Sensuously inviting. Helps to rekindle a loveless relationship. Opens the heart to invite love and romance. Invokes love and union of souls. Vibrational properties with Rose Geranium & Ylang-Ylang essential oils act like an aphrodisiac and the lotion has oils that nourish, repair and restore the skin.



**GIFT 5**  
**Super-Eze Bath Salts<sup>+</sup>**  
**Super-Eze Gel<sup>+</sup>**

**£35**  
**300ml**  
**100ml**

Suitable for arthritis, calcified bones, joint stiffness and muscular aches and pains. Vibrational properties with mineral rich salts draw toxins out and then deeply relax you. The gel helps break down hardened calcium deposits which further helps to relieve pain. An amazing formulation!



# VITALI-CHI ENERGY & WELLBEING SYSTEMS ARE AMAZING!

Based on the ancient healing principle of acupuncture but without the needles. Just lay back and relax on Vitali-Chi Balance or Boost to feel revitalised.

VITALI-CHI BALANCE is a natural preventative health care system that revitalises depleted energy. It is the perfect meditation. It rebalances and regulates your energy and blood pressure, calms your nervous system and cleanses your personal space (aura). It relieves tension and stress and improves sleep patterns. Regular use can help you feel relaxed yet alert. This is also the system used in our VITALI-CHI RELAX group relaxation concept.

VITALI-CHI BOOST does so much more. It safely delivers and increases the potency of natural healing vibrations that assist wellbeing, skin care, regeneration and weight loss. Communication to the cells increases, thereby enhancing the immune system.

The additional booster is thought to disrupt bacteria, pathogens and damaged cells and existing energy doubles after just one hour of use. This is the system used by Vitali-Chi Practitioners and Salons.

Both systems induce the deeply relaxing Theta Brain Wave state which increases

cell regeneration and encourages DNA to repair and heal. Very importantly it decreases the production of cortisol linked to ageing, stress, fatigue, inflammation and pain.

The PLUS options also include 16 hours of exclusive guided visualisations to listen to whilst relaxing.

**The Emotional Benefits of Vitali-Chi Relax**

- ↓ Reduces stress and anxiety
- ↓ Reduces impulsivity, cravings and addictions
- ↑ Increases resilience in hard times
- ↑ Increases happiness and optimism
- ↑ Helps create loving, harmonious relationships
- ↑ Increases life satisfaction

Produces a deep state of peace and wellbeing

# VITALI-CHI BALANCE

A health care system that revitalises depleted energy. Relaxation in a box for home or office with copper mesh pads, hand- foot connectors, eye mask, soothing Solfeggio music CD. All within an attractive box. **£294**

- Natural preventative health care system
- Revitalises depleted energy
- Induces a Theta Brain Wave State which is the self-healing state
- Perfect meditation
- Rebalances and regulates your energy and blood pressure
- Calms your nervous system
- Relieves tension and stress
- Improves sleep patterns
- Regular use can help you feel relaxed yet alert and focused
- Cleanses your personal space (aura)
- Calms hyperactive, agitated states of mind
- Great for children



# VITALI-CHI BOOST

A health care system that enhances and safely delivers natural healing vibrations via the energy field. Assists all health issues including skin care, regeneration, weight loss, personal, psychic and spiritual development or relationship wellbeing. Healing in a handy carry case... Contains copper mesh pads, boost bottle, box of 10 vibrational frequencies, a booster, hand-foot connectors, eye mask, soothing Solfeggio music CD, 2 spare washable covers for mesh pads, a timer, cotton bag to hold loose items. **£594**

- Cells in your body become lighter, brighter and stronger and so are able to send clearer messages of instruction for healing
- Enhances the Immune System by increasing communication to the cells
- Booster helps disrupt bacteria, pathogens and damaged cells
- Doubles your existing energy after just 1 hour of use
- Detox – Assists the organs of elimination
- Induces a Theta Brain Wave State which is the self-healing state which:-
  - Encourages DNA to repair and heal
  - Increases production of hormones Melatonin, DHEA, HGH
  - Decreases production of cortisol linked to ageing, stress, fatigue, inflammation and pain





# BALANCE PLUS £394.00

# BOOST PLUS £694.00

VITALI-CHI BALANCE or VITALI-CHI BOOST with PLUS also includes 16 exclusive guided visualisations with padded headphones. Each focusing on a different frequency and life skill that help release emotional blocks that inhibit calm, focus, concentration and study. They further balance the chakras to enhance health and relationship wellbeing. Perfect for those looking to do long term repair and healing.



# A BRIEF HISTORY OF VITALI-CHI

Around 5,000 years ago the Chinese discovered an energy system that runs through and around the body. At around the same time, in India, similar discoveries were being made. What followed was thousands of years of practical research where detailed ‘maps’ of the human body were gradually built. These ‘maps’ became the guides for acupuncturists and healers the world over.

Fast forward to the early 1920s and Leon Ernest Eeman found himself ‘100% disabled’ after a plane crash toward the end of the first world war. The medical establishment at the time declared that they could do no more for him so Leon went on to develop a ‘relaxation circuit’, made of copper. Amazingly, with the use of vibrational frequencies, he cured himself of his disability and spent the next twenty years developing the concept further.

At around the same time, Edgar Cayce and Royal Raymond Rife were making their own discoveries about holistic and energetic healing, with particular regard to vibrational medicine.

In 2005, Jill Jesson started to use a rudimentary copper circuit. Over the following years, Jill used the circuit more and more in her practice. In 2010 she combined the circuit with the use of vibrational frequencies along with a ‘booster’. The results were extraordinary and word of mouth quickly travelled, so much so, that in 2013, Jill along with her husband, Allen, decided to launch Vitali-Chi as a way of promoting and sharing this breakthrough in healing.

It is, of course, still relatively early days but these extraordinary results have started to spread and with the help of the Internet, news is travelling fast. The complementary top-to-toe product range has only helped spread that positive feedback, with numerous 5 star reviews being posted online.

If you have any other questions, please don’t hesitate, because we’re here to help...

**Call:** Allen or Jill Jesson on 01206 385397 • **Email:** [allen@vitali-chi.com](mailto:allen@vitali-chi.com) • **Web:** [www.vitali-chi.co](http://www.vitali-chi.co)

All prices shown include VAT. Vitali-Chi Ltd, PO Box 12581, COLCHESTER CO5 8FG

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- Full training given
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For further information, please visit

[www.vitali-chi.com/ambassadors](http://www.vitali-chi.com/ambassadors) or [www.vitali-chi.com/affiliates](http://www.vitali-chi.com/affiliates)

