

## Books by Topic

See below for a list of resources for biblical help and hope arranged topically. Click on each title for a link to purchase that book on Amazon.

### FOR THE COUNSELOR

[\*Christ-Centered Biblical Counseling: Changing Lives with God's Changeless Truth\*](#) | ed. John MacDonald, Robert Kellemen, Steve Viars

[\*Instruments in the Redeemer's Hands: People in Need for Change Helping People in Need of Change\*](#) | Paul Tripp

[\*Counseling the Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture\*](#) | Stuart Scott, Heath Lambert

[\*Women Counseling Women: Biblical Answers to Life's Difficult Problems\*](#) | Elyse Fitzpatrick

[\*Men Counseling Men: A Biblical Guide to Major Issues Men Face\*](#) | ed. John Street

[\*Seeing with New Eyes: Counseling and the Human Condition Through the Lens of Scripture\*](#) | David Powlison

### ADDICTIONS

[\*Addictions: A Banquet in the Grave: Finding Hope in the Power of the Gospel\*](#) | Ed Welch

[\*The Heart of Addiction: A Biblical Perspective\*](#) | Mark Shaw

[\*Hope and Help for Video Game, TV & Internet 'Addiction'\*](#) | Mark Shaw

[\*Hope and Help for Self-Injuries and Cutters\*](#) | Mark Shaw

[\*Hope and Help for Gambling\*](#) | Mark Shaw

[\*Divine Intervention: Hope and Help for Families of Addicts\*](#) | Mark Shaw

### ANGER

[\*Anger, Anxiety and Fear: A Biblical Perspective\*](#) | Stuart Scott

[\*Anger: Escaping the Maze\*](#) | David Powlison

[\*Uprooting Anger: Biblical Help for a Common Problem\*](#) | Robert D. Jones



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[\*Anger and Stress Management God's Way\*](#) | Wayne Mack

[\*The Heart of Anger: Practical Help for Prevention and Cure of Anger in Children\*](#) | Lou Priolo

[\*Getting a Grip: The Heart of Anger Handbook for Teens\*](#) | Lou Priolo

## ANXIETY & FEAR

[\*Anger, Anxiety and Fear: A Biblical Perspective\*](#) | Stuart Scott

[\*Fear: Breaking its Grip\*](#) | Lou Priolo

[\*Overcoming Fear, Worry and Anxiety\*](#) | Elyse Fitzpatrick

[\*The Fear Factor: What Satan Doesn't Want You to Know\*](#) | Wayne Mack, Joshua Mack

[\*Trust: A Godly Woman's Adornment\*](#) | Lydia Brownback

[\*Trusting God Even When Life Hurts\*](#) | Jerry Bridges

[\*When People Are Big and God Is Small: Overcoming Peer Pressure, Codependency and the Fear of Man\*](#) | Ed Welch

## BODY IMAGE & EATING

[\*The Lord's Table: A Biblical Approach to Weight Loss\*](#) | Mike Cleveland

[\*Love to Eat Hate to Eat: Breaking the Bondage of Destructive Eating Habits\*](#) | Elyse Fitzpatrick

[\*More than Bread: A Workbook for Women Who Struggle with Eating\*](#) | Elyse Fitzpatrick

[\*Eating Disorders: Hope for Hungering Souls\*](#) | Mark Shaw

[\*Counseling the Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture\*](#) | Stuart Scott, Heath Lambert

[\*Hope & Help for Self-Injurers and Cutters\*](#) | Mark Shaw

[\*Redeemed from the Pit: Biblical Repentance and Restoration from the Bondage of Eating Disorders\*](#) | Marie Notcheva

[\*Picture Perfect: When Life Doesn't Line Up\*](#) | Amy Baker

## COMMUNICATION & CONFLICT

[\*War of Words: Getting to the Heart of Your Communication Struggles\*](#) | Paul Tripp



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## Northwest Georgia Biblical Care & Discipleship

[\*Relationships — A Mess Worth Making\*](#) | Timothy Lane

[\*The Peacemaker: A Biblical Guide to Resolving Personal Conflict\*](#) | Ken Sande

[\*Communication and Conflict Resolution: A Biblical Perspective\*](#) | Stuart Scott

[\*Your Family God's Way: Developing and Sustaining Relationships in the Home\*](#) | Wayne Mack

[\*Deception: Letting Go of Lying\*](#) | Lou Priolo

### DATING, RELATIONSHIPS & CONTENTMENT

[\*Passion and Purity: Learning to Bring Your Love Life Under Christ's Control\*](#) | Elisabeth Elliot

[\*Pre-Engagement: Five Questions to Ask Yourself\*](#) | David Powlison

[\*Five Paths to the Love of your Life: Defining your Dating Style\*](#) | ed. Alex Chediak

[\*The Secret of Contentment\*](#) | William Barclay

[\*Contentment: A Godly Woman's Adornment\*](#) | Lydia Brownback

[\*The Rare Jewel of Christian Contentment\*](#) | Jeremiah Burroughs

[\*Discontentment: Why Am I So Unhappy?\*](#) | Lou Priolo

[\*Bitterness: The Root That Pollutes\*](#) | Lou Priolo

### DECISION MAKING

[\*A Christian's Guide to Guidance: How to Make Biblical Decisions in Everyday Life\*](#) | Jay Adams

[\*Just Do Something: A Liberating Approach to Finding God's Will\*](#) | Kevin DeYoung

[\*Biblical Manhood: Masculinity, Leadership and Decision Making\*](#) | Stuart Scott

[\*Decision-Making and the Will of God: A Biblical Alternative to the Traditional View\*](#) | Garry Friesen, J.

Robin Maxson

[\*Found: God's Will\*](#) | John MacArthur

[\*Step by Step: Divine Guidance for Ordinary Christians\*](#) | James Petty

### DEPRESSION

[\*Depression: A Stubborn Darkness\*](#) | Ed Welch

[\*Good Mood, Bad Mood: Help and Hope for Depression and Bipolar Disorder\*](#) | Charles Hodges, MD



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[\*Joy: A Godly Woman's Adornment\*](#) | Lydia Brownback

[\*Out of the Blues: Dealing with the Blues of Depression and Loneliness\*](#) | Wayne Mack

[\*Will Medicine Stop the Pain? Finding God's Healing for Depression, Anxiety and Other Troubling Emotions\*](#) |

Elyse Fitzpatrick, Laura Hendrickson, MD

[\*If I am a Christian, Why Am I Depressed?\*](#) | Robert B. Somerville

## FORGIVENESS

[\*From Forgiven to Forgiving: Learning to Forgive God's Way\*](#) | Jay Adams

[\*Unpacking Forgiveness: Biblical Answers for Complex Questions and Deep Wounds\*](#) | Chris Brauns

[\*Forgiveness: I Just Can't Forgive Myself\*](#) | Robert D. Jones

[\*Putting Your Past in Its Place: Moving Forward in Freedom and Forgiveness\*](#) | Steve Viars

## FINANCES

[\*Debt-Free Living: Eliminating Debt in a New Economy\*](#) | Larry Burkett

[\*Your Money Counts \(Now More Than Ever\)\*](#) | Howard Dayton

[\*Money, Possessions, and Eternity\*](#) | Randy Alcorn

[\*When the Money Runs Out: Hope and Help for the Financially Stressed\*](#) | James Petty

[\*Family Money Matters: How to Run Your Family Finances to God's Glory\*](#) | John Temple

## GOD & THE GOSPEL

[\*The Attributes of God\*](#) | Arthur Pink

[\*Desiring God: Meditations of a Christian Hedonist\*](#) | John Piper

[\*Our Awesome God\*](#) | John MacArthur

[\*What is the Gospel?\*](#) | Greg Gilbert

[\*The Cross Centered Life: Keeping the Gospel the Main Thing\*](#) | CJ Mahaney

[\*A Gospel Primer for Christians: Learning to See the Glories of God's Love\*](#) | Milton Vincent

## IDOLATROUS LUSTS



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[\*Gospel Treason: Betraying the Gospel with Hidden Idols\*](#) | Brad Bigney

[\*Idols of the Heart: Learning to Long for God Alone\*](#) | Elyse Fitzpatrick

## MARRIAGE

[\*The Excellent Wife: A Biblical Perspective\*](#) | Martha Peace

[\*The Exemplary Husband: A Biblical Perspective\*](#) | Stuart Scott

[\*Helper by Design: God's Perfect Plan for Women in Marriage\*](#) | Elyse Fitzpatrick

[\*Strengthening Your Marriage\*](#) | Wayne Mack

[\*The Complete Husband: A Practical Guide to Biblical Husbanding\*](#) | Lou Priolo

[\*Tying the Knot Tighter: Because Marriage Lasts a Lifetime\*](#) | Martha Peace, John Crotts

[\*What Did You Expect?: Redeeming the Realities of Marriage\*](#) | Paul David Tripp

## MEDICINE

[\*The Christian Counselor's Medical Desk Reference\*](#) | Robert Smith

[\*Blame It on the Brain: Distinguishing Chemical Imbalances, Brain Disorders, and Disobedience\*](#) | Ed Welch

[\*Will Medicine Stop the Pain? Finding God's Healing for Depression, Anxiety and Other Troubling Emotions\*](#) |

Elyse Fitzpatrick, Laura Hendrickson, MD

[\*Good Mood, Bad Mood: Help and Hope for Depression and Bipolar Disorder\*](#) | Charles Hodges, MD

[\*Borderline Personality: A Scriptural Perspective\*](#) | Cathy Wiseman

[\*Post-Traumatic Stress Disorder: Recovering Hope\*](#) | Jeremy Lelek

## PARENTING

[\*Age of Opportunity: A Biblical Guide to Parenting Teens\*](#) | Paul David Tripp

[\*Give Them Grace: Dazzling Your Kids with the Love of Jesus\*](#) | Elyse Fitzpatrick, Jessica Thompson

[\*Shepherding a Child's Heart\*](#) | Tedd Tripp

[\*The Faithful Parent: A Biblical Guide to Raising a Family\*](#) | Martha Peace, Stuart Scott

[\*The Heart of Anger: Practical Help for the Prevention and Cure of Anger in Children\*](#) | Lou Priolo



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[\*When Good Kids Make Bad Choices: Help and Hope for Hurting Parents\*](#) | Elyse Fitzpatrick, Jim Newheiser  
[\*You Never Stop Being a Parent: Thriving in Relationship with Your Adult Children\*](#) | Elyse Fitzpatrick, Jim Newheiser

## **PRIDE & HUMILITY**

[\*From Pride to Humility: A Biblical Perspective\*](#) | Stuart Scott  
[\*Humility: A Forgotten Virtue\*](#) | Wayne Mack and Joshua Mack  
[\*Humility: True Greatness\*](#) | C.J. Mahaney  
[\*Brokenness: The Heart God Revives\*](#) | Nancy Leigh DeMoss

## **REPENTANCE, SIN & TEMPTATION**

[\*Repentance: Turning from Sin to God\*](#) | Thomas Boston  
[\*Doctrine of Repentance\*](#) | Thomas Watson  
[\*Killing Sin Habits: Conquering Sin with Radical Faith\*](#) | Stuart Scott, Zondra Scott  
[\*Motives: Why Do I Do the Things I Do\*](#) | Ed Welch  
[\*The Enemy Within: Straight Talk About the Power and Defeat of Sin\*](#) | Kris Lundgaard  
[\*Temptation: Applying Radical Amputation to Life's Sinful Patterns\*](#) | Jay Adams  
[\*Hope and Help for Sexual Temptation\*](#) | Mark Shaw  
[\*Respectable Sins: Confronting the Sins We Tolerate\*](#) | Jerry Bridges

## **SANCTIFICATION & DISCIPLESHIP**

[\*How People Change\*](#) | Timothy Lane, Paul David Tripp  
[\*Holiness\*](#) | J.C. Ryles  
[\*Discipline of Grace: God's Role and Our Role in the Pursuit of Holiness\*](#) | Jerry Bridges  
[\*Spiritual Disciplines for the Christian Life\*](#) | Donald Whitney  
[\*The Hole in Our Holiness: Filling the Gap Between Gospel Passion and the Pursuit of Godliness\*](#) | Kevin DeYoung  
[\*Living the Cross Centered Life: Keeping the Gospel the Main Thing\*](#) | CJ Mahaney



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## SEXUAL ISSUES

[\*Finally Free: Fighting for Purity with the Power of Grace\*](#) | Heath Lambert

[\*Help! He's Struggling with Pornography\*](#) | Brian Croft

[\*Is God Anti-Gay?\*](#) | Sam Allberry

[\*Sex is not the Problem. Lust is.\*](#) | Joshua Harris

[\*Washed and Waiting: Reflections on Christian Faithfulness and Homosexuality\*](#) | Wesley Hill

[\*What is the Meaning of Sex?\*](#) | Denny Burk

[\*When His Secret Sin Breaks Your Heart\*](#) | Kathy Gallagher

## TRIALS & SUFFERING

[\*Trusting God: Even When Life Hurts\*](#) | Jerry Bridges

[\*Walking with God Through Pain and Suffering\*](#) | Tim Keller

[\*The Power of Suffering: Strengthening Your Faith in the Refiner's Fire\*](#) | John MacArthur

[\*Surprised By Suffering: The Role of Pain and Death in the Christian Life\*](#) | R.C. Sproul

[\*Suffering and the Sovereignty of God\*](#) | John Piper

[\*Thankfulness: Even When it Hurts\*](#) | Susan Lutz

## WORK, TIME MANAGEMENT & BUSYNESS

[\*Crazy Busy: A \(Mercifully\) Short Book about a \(Really\) Big Problem\*](#) | Kevin DeYoung

[\*What's Best Next: How the Gospel Transform the Way You Get Things Done\*](#) | Matthew Perman

[\*The Gospel at Work: How Working for King Jesus Gives Purpose and Meaning to Our Jobs\*](#) | Sebastian Traeger, Greg Gilbert



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