Parent Toolkit





Thrive-Online Parent Toolkit

A FREE toolkit of strategies and activities to help you now!

Insights for parents during the Covid-19 lockdown

To help you through the lockdown, we have pulled together some hints and tips in this first, FREE release of the Thrive Online Parent Toolkit. It is specially designed for parents with children aged 4 to 11 years.

The parent toolkit provides:

- Information and an animation explaining the different, age-related stages of a child's social and emotional development
- Short films showing two families sharing the impact this knowledge of Thrive has had on them
- Hints and tips for looking after yourselves
- Carefully selected, age-appropriate strategies and activities for you to try with your children at home
- A facility for you to expand and personalise the toolkit for you and your children

Register with Thrive-Online

In order to access and use the Parent Toolkit, you will need to register with Thrive-Online. To do this please go to thriveapproach.com/login/ and the following page should appear



Now hover over 'Who we work with' and the following will appear



Click on Parents and Carers as shown above and the following screen will then appear



This page will provide further information relating to the parent toolkit and what it aims to provide for you and your children. Please read through this information and watch the clip.



Once you have watched the clip and read the information please press the blue button 'Try out the Thrive-Online Parent Toolkit'

This will then take you to the log in page – if you are not already registered you will need to do so by following a few simple steps. If you already have log in details to Thrive-Online please enter them and continue from page 5.



Click on the Blue 'Register with Thrive' button

Log in to Thrive - The Thrive App × +			- 0 ×
← → C iii thriveapproach.com/log	f ⊻ © in 0)	🥑 01392 797555 🛛 🖉 enquiriee@thriveapproach.com	्र 😧 🔁 :
	thrive Who we would be a set of the set of t	Q L LOGIN TO THRIVE	
	HOME / LOG IN TO THRIVE		CONTACT
	If you have login details for Thrive-Online or if you want to login to your Thrive account member area, please enter your details below. Please login to book this course. Email Password Log IN	New to Thrive? If you are new to Thrive, would like to book onto a course and get access to further resources please register with Thrive REGISTER WITH THRIVE	TOUR TEAM

You will then come to a page which states 'Register with Thrive' Scroll down the page and you will see a section which needs to be completed.

9 Register - The Thrive Approach X +	- σ ×
← → C i thriveapproach.com/register/ f ♥ © in 0	्र 🖈 🗉 🕒 : 01392 797555 📷 enquiries@thriveapproach.com
thrive Who we w	Q LOGIN TO THRIVE
Register with Thrive	CONNOS
Any personal information that you give to us will be used to set up and administer your account and to provide you with the services that you request. We would like to send you our newsletter and other information about services related to Thrive that we think may interest you. Please let us know below if you would like to receive this information when answering the 'Marketing' question. You can unsubscribe at any time.	Any information that you give to us will be held in line with our retention policy and if you would like further information about how we handle your personal information please see our <u>Privacy_Policy</u> .
YOUR DETAILS First Name *	Last Name *
Email address *	Alternative email
Phone number *	Phone number type * Correct Co



Fill in the details with your personal information

Please note the following

Job Title - please enter other - a further box will then appear for you to enter Parent

Reason for registering – please enter other – a further box will appear for you to enter Parent Toolkit How did you hear about Thrive? Please complete this as best you can using something like School, Friend, facebook etc.

Organisation – please leave these fields blank

Password – Please enter a password which must be at least 10 characters and must contains lower case, upper case, numerical and special characters

YOUR DETAILS					
First Name *	Last Name *				
Hubert	Thrive				
Email address *	Alternative email				
hubert@thriveapproach.com					
Phone number *	Phone number type *				
01392 797555	Mobile	Home	Work		
Job title *					
Other			~		
Parent					
Marketing *					
Please do keep me updated			~		
Reason for registering *					
Other			~		
Parent Toolkit					
How did you hear about Thrive? *					
	al at				
Enter how you heard about Thrive hear - i.e. was it through your school LP / a Friend / Via Facebook etc					
Address *					
Scale Hayne					
Howden Lane					
Newton Abbot	Devon				
TQ12 6NQ					
	Organization	hav			
Organisation name	Organisation phone num	ber			
CHOOSE A PASSWORD					
Password *					
✓ I accept Thrive's terms & conditions					
SUBMIT					

Once you have completed the form, please read and accept the terms & conditions then press the blue 'submit' button



≜ Hubert Thrive - p

Once you have submitted your information, you will then see the following page thrive

t ^{⊂ Courses} Thrive-Online Parent Toolkit	Contact Member Services; 01392 797557 memberservices@thriveapproach.com
Control Contro Control Control Control Control Control Co	Course Details Ticket cost: None Code: PH9000 room Course: Thrive-Online Parent Toolki Date: 26 May 2020 Times: 1. Tue 26th May 2020 09:00 - 17:00 2. Wed 26th May 2021 09:00 - 17:00
* 2020. Thrive. All rights reserved. Privacy Policy	

Complete the booking form stating that it is for yourself and again read and tick the Terms & conditions - now press 'Next' and the following page will appear. Check the information contained in the above page is correct and add any additional information that may be required e.g. alternative email address and other telephone numbers.

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	^{1[©] Thrive-Online Parent Toolkit}	Conlact Member Services: 01392 797557 memberservicesgjbf/weapproach.com	
	📀 Booking 🛛 😢 Profile Info		
	A. Profile Information If you have changed the Organisation you work at, please do let us know and we can update this for you. A. Details A. Details Mumer Thrive Mumer Thrive Mumer Thrive Other Parent Please heap me updated Mumering* Please heap me updated Mumering* Name Mumering* Name Mumering* Name Name Name Name Name Name Name Name Name Name	Course Details Ticket cost: None Code: PH0000 Course: Thrive-Online Parent Toolit Tarent Toolit Tice 28 May 2020 Times: 1.112 28th May 2020 09:00 - 17:00 2. Wed 28th May 2021 09:00 - 17:00	
	Alternative Email Alternative Email Work Telephone * 01392 797555 Home Telephone Mobile Mobile B. Address Address Ine 1 * Seale Hayne Address line 2 Howden Lane Address line 3 Town or eity *		
	Nexton Abbot County Devon Postcodo* Tq12 ENQ		

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thrive	Members Area Courses - 🎄 My Account Toolkit		1 Hubert Thrive - p
	t ^{∞ Courses} Bookings	Contact Member Services: 01392 797557 memberservicesgthriveapproach.com	
	Order Complete Order confirmation no. 38209. Members Area Membership Support If you need assistance with your booking please contact our support team memberservices@thriveapproach.com	Course Details Ticket cost: None Venue: Virtual training Code: PH9000 room Course: Thrive-Online Sessions: 2 Parent Toolkit Date: 26 May 2020 Times: 1. Tue 28th May 2020 09:00 - 17:00 2. Wed 28th May 2021 09:00 - 17:00	
	8 2020 Thrive All rights reserved Privacy Balley		

Once you have completed the form above, click 'Book now' and the following page will appear.

Once the booking has been made you will receive an email as follows

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Thank you for booking onto Thrive-Online Parent Toolkit (PH9000) on 2020-05-26, at Virtual training room.

Your booking reference is 38209, and further details will be sent to you in due course.

You can view your bookings, course attendance, and review other personal profile information by logging in at www.thriveapproach.com using this email address and your password.

If you have any questions or would like any further information, then please do not hesitate to contact us.

Please click on this link to rea d a notice regarding COVID-19

If you cannot access the URL above for any reason, please copy and paste this URL below into your address bar

https://www.thriveapproach.com/app/uploads/2020/03/COVID-19-Delegates.pdf

.....

You can now enter the members area by clicking the Blue 'Members Area' button

thrive	Members Area Courses - 📥 My Account Toolkit		▲ Hubert Thrive - ₽
	Courses Bookings Order Complete Order confirmation no. 38209. Members Area Membership Suppert Ty vou red asstance with your booking please contact our support team memberservices@thriveapproach.com	Contact Member Services: 01392 797557 memberservices@ftriwapproach.com Course Details Ticket cost: None Venue: Virtual training Code: Priveo-Online Sessions: 2 Parent Toolkit Date: 28 May 2020 09:00 - 17:00 2 Word 38 May 2021 09:00 - 17:00	
	01992 797557 * 2020. Thrive. All rights reserved. Privacy Policy		



The following page will appear. Please follow and read steps 1 to 4 as shown below.

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thrive)	Members Area Courses - 🌲 My Account Toolikit	🔬 Hubert Thrive 🗸
	Welcome to your Members Area Contact Member Services: 01392 797557 memberservices@thrivespproach.com	
	Thrive-Online Toolkit Welcome to the new Thrive-Online Parent Toolkit, which is FREE for all parents during the Covid-19 lockdown. The toolkit comprises: • introductory information and guidance for all (follow steps 1–4 below) • new, tailored, online support for parents and carers of children aged 4–11 years • further training and support for different age groups, which will be coming soon.	
	Download Key Resources Description of the stages of development We have through several stages of social and emotional development on our way from babyhood to addithood. Find out how these ages and stages can be us to take or our responses to our children's needs.	
	Step 2 Find out about the difference Thrive can make Listen to two families sharing the impact that learning about Thrive has had on them.	
	State is experience 100 to the number one priority – looking after yourself In order to care effectively for our children, our number one priority is to care for ourselves first. To help you with this during the Covid-19 lookidown, read these postcards of ideas for getting started.	
	Postavit for parents and caregivers 1 Postavit for parents and caregivers 2 Postavit for parents and caregivers 3 Postavit for parents and caregivers 4 Postavit for parents and caregivers 6 Postavit for parents and caregivers 7 Postavit for parents and caregivers 6 Postavit for parents and c	

Under the above steps you will also see the course booking which is for the Parent Toolkit – this is for information only.



Once you have watched the clips and read the information above scroll to the top of the page and enter the toolkit by clicking as indicated below

thrive	Members Area	Courses +	≗ My Account	Toolkit	▲ Hubert Thrive -
	A Welcome to your Membe	rs Area		Contact Member Services: 01392 797557 memberservices@thriveapproach.com	
	Thrive-	Online T	oolkit re-Online Paren	t Toolkit, which is FREE for all parents during the Covid-19	
	iockaown. I ∘ introduc ∘ new, tail ∘ further t	ne toolkit cor ctory informa lored, online s training and s	iprises: tion and guidan support for pare upport for diffe	ce for all (follow steps 1–4 below) ints and carers of children aged 4–11 years rent age groups, which will be coming soon.	
	I have complete	ed steps 1–4 below	and want to try the Thr	ve-Online toolkit for children aged 4–11 yrs >	

You will then be taken to the following Screen

← → C 🔒 toolkit.thriveftc.com		☆ 🖽 😝 🗄
thrive Toolkit Members Area		Hubert Thrive =
	Parent Toolkit Thrive-Online Parent Toolkit	
	Let's get started Add a child To use the parent toolkit you need to add your child's name. You can use a nickname if you want. For more information on how we use and protect your data click here Child	
	Add a child To use the parent toolkit you need to add your child's name. You can use a nickname if you want. For more information on how we use and protect your data click here C Child	

Click on the blue + Child button and the following Screen will appear

thrive)	Toolkit Members Area		Add your child	Cancel	B Hubert Thrive
			First name / nickname:		
		Thrive-Online	Last some		
			Last name.		
		Let's get sta	Age:		
				Save and Continue >	
		To use the parent toolkit use and protect your dat		formation	n on how we
		• Child			

Enter the child's information as shown below

thrive)	Toolkit Members Area		Add your child Cancel	B Hubert Thrive
		arent Toolkit	First name / nickname:	
		hrive-Online	Peaches	
			Last name:	
		Let's get sta	Age:	
			6 •	
		To use the parent toolkit use and protect your dat	Save and Continue > ormation on how we	

Once you have entered the information press the blue 'Save and Continue' button



The following screen will then appear

Parent Toolkit Thrive-Online Parent Toolkit	
O Child	
Overview	
Below you will see one bar for each child you have entered. Click the 'View Strategie child's age. Once you have clicked through and started using the 'Toolkit', this screet progress.	s' button to see the three Needs that relate to your n will show the Needs you are working with, and your
Peaches, 6	View Strategies :
Add your first strategy for this child by clicking on the "View Strategies' button.	

If you have more than one child press the blue + Child button and add the next child.

You will then see a bar for each child as shown below

Parent Toolkit Thrive-Online Parent Toolkit		
Child Overview Below you will see one bar for each child you have entered. Click the 'View Strategies' button to see the three Ne child's age. Once you have clicked through and started using the 'Toolkit', this screen will show the Needs you ar progress.	ads that relate to your working with, and your	
Peaches, 6 Add your first strategy for this child by clicking on the 'View Strategies' button.	View Strategies	
Guince, 4 Add your first strategy for this child by clicking on the 'View Strategies' button.	View Strategies	

You can now start to select the needs and activities for each child – we will be concentrating on Peaches for the purpose of this How to Guide.

Click on the View Strategies button in the bar with the child's name and age as shown below

Parent Toolkit Thrive-Online Parent Toolkit	
Child Overview Below you will see one bar for each child you have entered. Click the 'View Strategies' button to see the three N hid's age. Once you have clicked through and started using the 'Toolkit', this screen will show the Needs you a progress.	reds that relate to your e working with, and your
Peaches, 6 Add your first strategy for this child by clicking on the "View Strategies' button.	View Strategies
Quince, 4 Add your first strategy for this child by clicking on the "View Strategies" button.	View Strategies 1

The following screen will then appear

Peaches Select Strategies	
< Return to Overview	
At each stage of emotional development, we can identify three key areas of need. Each one is shown below. Please focus on one Need and complete it to uniock the others. We recommend working through at most two strategies for your chos Need.	sen
Needs	
Developing an identity	•
Distinguishing between Fantasy and Reality	0
Exploring Power With Responsibility	0



As you can see the system will bring up three Needs, you can work through each of these needs – you do not have to start with the top one, you can work on which ever one you would like, however, the system will not allow you to move onto a different need until the one selected has been completed.

For the purposes of this How to Guide we are going to look at 'Developing an identity' – Click on the pink banner for Developing an identity and the following will appear.

We recommend that you choose two of the options available by clicking on the + sign in the box

At each s Please fo Need.	tage of emotional development, we can identify three key areas of need. Each one is shown below. cus on one Need and complete it to unlock the others. We recommend working through at most two strategies for your chosen	
Need	s	
Childri who th share. Avraila	ping an identity c interpretation of the second of the s	
•	Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: I feel warm inside when you notice special things about me and tell me you love me'.	
•	Talk with your child about how their ideas and actions may be different from other people. Child's voice: 'I'm learning that other people are different. How am I different and how am I the same?	
0	Create opportunities that help your child to contribute towards doing household tasks (saying/clearing the table, preparing veg etc) this raises self-esteem and contributes to a child's development of skills. Child's volce: 'I feel important when I can help with jobs at home'	
	Help your child learn how to be kind and caring about themselves. Child's voice: Sometimes having your hair brushed and doing your teeth isn't much fun'.	
0	Talk with your child about their experience of difference and diversity to support their understanding. Child's voice: 'Why are people different colours? Why don't look like my friends?	
•	Children will have their own ways of responding to pressure. Explore with them what they need at these times so they can become more resilient. Child's voice: My tummy's hurting and I can't get to sleep and I need you.'	

Once you have made your selection, your choices will go into 'In progress' as shown below





You now need to return to the overview by clicking on the 'return to Overview' at the top of the page

< Return to Overview
At each stage of emotional development, we can identify three key areas of need. Each one is shown below. Please focus on one Need and complete it to unlock the others. We recommend working through at most two strategies for your chosen Need.
Needs
Developing an identity 🗢
Children enjoy finding out what it feels like to be someone else through play. In this way they can begin to decide what they like and who they are. Through this process, children begin to notice how they can be different from others as well as what similarities they share.
You can explore all strategies, choosing 2 at a time.
In progress
Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: I feel warm inside when you notice special things about me and tell me you love me'.
Help your child learn how to be kind and caring about themselves. Child's voice: Sometimes having your hair brushed and doing your teeth isn't much fun'.

The overview will now look like the below

Parent Toolkit Thrive-Online Parent Toolkit				
• Child				
Overview				
Below you will see one bar for each child you have entered. Click the 'View Strat child's age. Once you have clicked through and started using the 'Toolkit', this so progress.	egles' button to see the thre creen will show the Needs y	e Needs that relate to ou are working with, an View Strategi	your d your	
Need	Need Progress	@ Target		
Developing an identity	6 Strategies Available	4	•	
Need	Need Progress	@ Target	•	
Distinguishing between Fantasy and Reality	6 Strategies Available	4		
Need Exploring Power With Responsibility	6 Strategies Available	Target		
Quince, 4		View Strategi	25 :	
Add your first strategy for this child by clicking on the 'View Strategies' button				

As we are working with Peaches and we have selected Developing an identity press the + sign at the end of that Need as indicated above. The following screen will then appear.

O Child			
Overview			
Below you will see one bar for each child you have entered. Click t child's age. Once you have clicked through and started using the progress.	he "View Strategies" button to see the thi Toolkit", this screen will show the Needs	ree Needs that relate t you are working with, a	o your nd your
Peaches, 6		View Strateg	ies :
Need Developing an identity	Need Progress 6 Strategies Available	@ Target	Θ
Strategy Notice and appreciate your child's unique character, this re-enforces th feel warm inside when you notice special things about me and tell me y	eir growing sense of self. Child's voice: 1 ou love me'.	Try an Activ	· ·
Strategy Help your child learn how to be kind and caring about themselves. Child brushed and doing your teeth isn't much fun'.	r's volce: 'Sometimes having your hair	Try an Activ	v >
Need Distinguishing between Fantasy and Reality	Need Progress 6 Strategies Available	@ Target	
Heed Exploring Power With Responsibility	Need Progress 6 Strategies Available	Target 4	۲
Quince, 4		View Strateg	ies :
Add your first strategy for this child by clicking on the 'View Stra	ategles' button.		

We can now click on Try an Activity



Once you have clicked 'Try and Activity' you will see the following page.

As you can see from the page below there are some downloads available for example there is a Power and Identity mp3 available – we recommend you listen to this information as it will give you more information on the age appropriate level of learning.

This page also provides you with information relating to the Need you have chosen – the strategy within that need and two Activities – Activity A and Activity B. Next to each activity there is a description of what to do.

Need Developing an identity Strategy Notice and appreciate your child's unique chara enforces their growing sense of self. Child's voic inside when you notice special things about me me'.	cter, this re- ce: 'I feel warm and tell me you love	
0 of 4 Activities Logged	Downloads Power and Identity.mp3	
< Return to Overview		
You have chosen to support this developmental Need using the strategy shown above. Two activities (A) and (B) are provided to help you get started. In addition, you can add your own an Toolkif' encourages you to repeat this strategy using your favoured activities. Activity A : Either you or your child write the child's name on a piece of paper and they then decor available. Put the picture somewhere special. Activity Foraw around your child's hands or feet. The child can decorate them how they like. Old things that they like (people, activities, foods and so on) on each of the fingers or toes.	ctivities. Repetition is important and the ate their name paper with whatever is er children can write or tell you to write	
Use the next screen to build your own toolkit Check out the 2 activities provided above, and try them out. And then practice by creating so Let's go>	me of your own.	

One you have read the information on the different activities choose which activity you are going to do. Once you have done the activity you can log the information into the toolkit.

Please note you may log out of the toolkit and do the activities as and when you like. You may choose to do both activities shown. You may find that your child responds better to a specific activity and may prefer to do this activity several times.

The toolkit allows you to log information on how you and your child enjoyed an activity, this is done by answering the questions as shown.

thrive	Cancel
Strategy Notice and appreciate your child's unique character, this re-enforces their growing sense of s notice special things about me and tell me you love me'. Your toolkit	self. Child's volce: 1 feel warm inside when you
Was the activity one of the Thrive defaults or one you created? Activity A Activity B	0
Add your own activity	
 Describe the activity you and your child have carried out (in 20 words or less) Activity A 	~
3. Did you remember the strategy while you were doing the activity? Yes No	
4. Did you and your child enjoy this activity? You Yes No G	
Child 😂	
Yes Ø No	

	Let's help every child
Sorry you didn't enjoy this. No worries. Why not try another activity or create one of your own that you will enjoy. 5. Thinking about your own self-care, have you remembered to be kind to yourself today?	
Tes No	

Once you have finished answering the questions click the submit button and the following page will appear.

 	e toolkit.thriveftc.com/child/67/need/10/solution	/3716				\$	0:
		Developing an identity Stategy Notice and appreciate your enforces their growing sen inside when you notice spe me'.	r child's unique cha se of self. Child's ve cial things about m	racter, thi bice: 'I fee le and tell	s re- I warm me you love		
		0 of 4 Activities Logged			Downloads Power and Identity.mp3		
		Return to Overview					
		You have chosen to support this developmental Need u Two activities (A) and (B) are provided to help you get st 'Toolkit' encourages you to repeat this strategy using yo	using the strategy shown above. arted. In addition, you can add your ov our favoured activities.	mactivities. Repeti	tion is important and the		
		Activity A: Either you or your child write the child's nam available. Put the picture somewhere special.	ie on a piece of paper and they then de	corate their name p	aper with whatever is		
		Activity B: Draw around your child's hands or feet. The things that they like (people, activities, foods and so on)	child can decorate them how they like.) on each of the fingers or toes.	Older children can v	write or tell you to write		
		Try another activity >					
		Activities you and your child have done so far	Date	Status			
		Activity A	2 Jun, 2020, 16:17	Unsuccessful	Repeat Activity>		
© 2020. Th	hrive. All rights reserved. Privacy Policy						

As one of the answers given was negative it has stated that the activity was Unsuccessful. You can now either do the same activity again by pressing the Repeat Activity button or you can choose a different activity. In the example I have chosen to do the same activity and have now answered the questions with all positive responses as shown below

thrive)	c	ancel
	Strategy Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's volce: 1 feel warm inside when you notice special things about me and tell me you love me'. Your toolkit	
	1. Was the activity one of the Thrive defaults or one you created?	
	Activity A	
	Activity B	
	Add your own activity	
	2. Describe the activity you and your child have carried out (in 20 words or less) Activity A ✓	
	3. Did you remember the strategy while you were doing the activity? Yes No	
	4. Did you and your child enjoy this activity?	
	Image: Second	

Let's help every child	
+ Lanix	

Child O Yes O No		
Britliant! You both enjoyed it. 5. Thinking about your own self-care, have you remembered to be kind to you Yes No No	rself today?	
Submit		

Once you press submit the following page will appear and as you can see it has stated that the activity was successful

← → C	toolkit.thriveftc.com/child/67/need/10/solution/3	716				\$	0:
		Developing an identity strategy Notice and appreciate your child' enforces their growing sense of s inside when you notice special th me'.	s unique cha self. Child's v ings about n	nracter, this oice: 'I fee ne and tell	s re- l warm me you love		
		1 of 4 Activities Logged			Downloads Power and Identity.mp3		
		Return to Overview					
		You have chosen to support this developmental Need using the stra Two activities (A) and (B) are provided to help you get started. In add Toolkit' encourages you to repeat this strategy using your favoured Activity A: Either you or your child write the child's name on a piece available. Put the picture somewhere special. Activity B: Draw around your child's hands or feet. The child can dee things that they like (people, activities, foods and so on) on each of the	tegy shown above. lition, you can add your o activities. of paper and they then d corate them how they like he fingers or toes.	wn activities. Repetit ecorate their name pa . Older children can w	ion is important and the aper with whatever is vrite or tell you to write		
		Try another activity >					
		Activities you and your child have done so far	2 Jun. 2020, 16:17	Unsuccessful	Depend Artifully N		
		Activity A	2 Jun, 2020, 16:20	Successful	Repeat Activity>		
© 2020. Thrive	e. All rights reserved. Privacy Policy						

You can now repeat the activity, or you could try Activity B. Once you have completed the activity enter the outcomes into the toolkit

thrive).	
Strategy Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: I feel w notice special things about me and tell me you love me'.	arm inside when you
Your toolkit	
1. Was the activity one of the Thrive defaults or one you created?	
Activity A	
Activity B	ø
Add your own activity	
2. Describe the activity you and your child have carried out (in 20 words or less)	
Activity B	~
3. Did you remember the strategy while you were doing the activity? Yes No	
4. Did you and your child enjoy this activity?	
You	
Yes ONO	



Child						
U Yes 👩	© No					
Brilliant! You both enjoyed it.						
5. Thinking about your own self-car	B, have you rememi	bered to be kind to yo	ourself today?			
5. Thinking about your own self-car	e, have you rememi	bered to be kind to yo	ourself today?			
5. Thinking about your own self-car © Yes 📀	e, have you rememi © No	bered to be kind to yo	ourself today?			
5. Thinking about your own self-car O Yes O	e, have you rememi © No	bered to be kind to yo	ourself today?			
5. Thinking about your own self-car	e, have you rememi © No	bered to be kind to yo	ourself today?			
5. Thinking about your own self-car	e, have you rememi O No	bered to be kind to yo	ourself today?			

Again, once completed click Submit

thrive	Toolkit Members Area					B Hubert Thr
		Need Developing an identity Strategy Notice and appreciate your child's i enforces their growing sense of se inside when you notice special thin me'.	unique cha lf. Child's v Igs about n	racter, this oice: 'I feel 1e and tell 1	: re- warm me you love	
		2 of 4 Activities Logged			Downloads Power and Identity.mp3	
		< Return to Overview				
		You have chosen to support this developmental Need using the strategy Two activities (A) and (B) are provided to help you get started. In additio 'Toolikit' encourages you to repeat this strategy using your favoured act Activity A: Elither you or your child write the child's name on a piece of p	y shown above. n, you can add your ov ivities. baper and they then de	vn activities. Repetitio	on is important and the per with whatever is	
		Available: Fut the pictule somewhere special. Activity B: Draw around your child's hands or feet. The child can decora things that they like (people, activities, foods and so on) on each of the f				
		Try another activity >				
		Activities you and your child have done so far	Date	Status		
		Activity A	2 Jun, 2020, 16:17	Successful	Repeat Activity >	
		Activity B	2 Jun, 2020, 16:41	Successful	Repeat Activity >	

Each time you log your outcomes it will record them on the Activities Logged page – you must log 4 successful activities. Once you have logged four successful activities a pop-up box will appear as shown below

Image: Control Control Image: Control <t< th=""><th>4 Activities</th><th>Logged ©</th><th></th><th>Downloads Power and Identity.mp3</th><th>k.</th></t<>	4 Activities	Logged ©		Downloads Power and Identity.mp3	k.
Not have chosen to support this developmental Need using the strategy shown above. Too kit resources you to repeat this strategy using your facured activities. Activity 4: The vector developmental Need using the strategy using your facured activities. Activity 4: The vector developmental Need using the strategy using your facured activities. But don't stop there choose another strategy and activities. But don't stop there choose another strategy and activities. Activity 4: Activity 4: Congraturity 4: Mathematical Strategy and activities. But don't stop there choose another strategy and activities. Activity 4: Congraturity 4: Mathematical Strategy and activities. But don't stop there choose another strategy and activities. Activity 4: Congraturity 4: Mathematical Strategy and activities. Mathematical Strategy and activities. But don't stop there choose another strategy and activities. Mathematical Strategy and a	< Return	to Overview			
emotional learning: In result of the second se	You have o Two activit 'Toollat' en Activity & avail Activ thin	usen to support this developmental Need using the strategy show as (A) and (B) are provided to help you get started, in addition, you courages you to repeat this strategy using your favoured activities. In the row of our enhife with the elditic some on a second provide Congratuation You've logged 4 success Fut don't stop there, choose another strategy and activities.	in above. can add your own activities and they then decounts the ons! sful activities	Repetition is important and the roune name with whatever is a seriences for your child's.	
Activity A 2. Jun; 2020, 16:17 Unisuccessful Expend Activity 2 Activity B 2. Jun; 2020, 16:41 Successful Expend Activity 5 Activity B 2. Jun; 2020, 16:41 Successful Expend Activity 5 Activity B 2. Jun; 2020, 16:41 Successful Expend Activity 5 Activity B 2. Jun; 2020, 16:43 Successful Expend Activity 5 Activity B 2. Jun; 2020, 16:43 Successful Expend Activity 5	Try Activity	emotional learning of the second seco	ng.		
Activity B 2 Jun; 2020; 16:41 Successful Impend Activity S Activity B 2 Jun; 2020; 16:43 Successful Impend Activity S Activity A 2 Jun; 2020; 16:43 Successful Impend Activity S	Activity A Activity A	2.3	un, 2020, 16:17 Unsucces un, 2020, 16:20 Successf	Stul Report Activity> A Report Activity>	
Activity B 2 Jun 2020, 16,43 Successful inspect Activity A 2 Jun 2020, 16,44 Successful inspect Activity A	Activity B	2.)	un, 2020, 16:41 Successf	Bepeat Activity>	
	Activity B Activity A	2.3	un. 2020. 16:43 Successf un. 2020. 16:44 Successf	Repeat Activity>	

Click the OK button and it will then take you to the child overview page as shown below

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Parent Toolkit Thrive-Online Parent Toolkit			
• Child			
Overview			
child's age. Once you have clicked through and started using progress.	the Toolkit', this screen will show the Needs	s you are working wit	and your
Need Developing an identity	Strategies Available	e target 4	۲
Need Need	Need Progress 5 Strategies Available Need Progress	4 ® Target	۲
Need Developing an identity Need Distinguishing between Fantasy and Reality	Need Progress 5 Strategies Available Need Progress 6 Strategies Available	4 (a) Target 4	•
Need Distinguishing between Fantasy and Reality Need Distinguishing between Fantasy and Reality	Need Progress 5 Strategies Available Need Progress 6 Strategies Available Need Progress	4 (a) Tarpet 4 (b) Tarpet (c) Tarpet	•
Need Distinguishing between Fantasy and Reality Need Exploring Power With Responsibility	Need Progress 5 Stratingen Available Need Progress 6 Stratingen Available Need Progress 6 Stratingen Available	4 (a) Target 4 (b) Target 4 4	•
Need Distinguishing between Fantasy and Reality Need Distinguishing between Fantasy and Reality Need Exploring Power With Responsibility Quince, 4	Need Progress 5 Strateges Available Need Progress 6 Strateges Available Need Progress 6 Strateges Available	4 © Tarpet 4 © Tarpet 4 View Strat	 egles
Need Distinguishing between Fantasy and Reality Need Exploring Power With Responsibility Quince, 4 Add your first strategy for this child by clicking on the View	Need Progress 5 Strategies Available Need Progress 6 Strategies Available Need Progress 6 Strategies Available	4 Tarpet 4 Tarpet 4 View Strat	E E egies

Now click on the View Strategies as indicated above and the following page will appear

thrive)	Toolkit Members Area		B Hubert Thrive
		Peaches Select Strategies	
		K Return to Overview	
		At each stage of emotional development, we can identify three key areas of need. Each one is shown below. Please focus on one Need and complete it to unlock the others. We recommend working through at most two strategies for your chosen Need.	
		Needs	
		Developing an identity	
		Children enjoy finding out what it feels like to be someone else through play. In this way they can begin to decide what they like and who they are. Through this process, children begin to notice how they can be different from others as well as what similarities they share.	
		Completed	
		Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: 1 feel warm inside when you notice special things about me and tell me you love me'.	
		In progress	
		Help your child learn how to be kind and caring about themselves. Child's voice: 'Sometimes having your hair brushed and doing your teeth isn't much fun'.	
		Available	
		Talk with your child about how their ideas and actions may be different from other people. Child's voice: I'm learning that other people are different. How am I different and how am I the same?	
		Create opportunities that help your child to contribute towards doing household tasks (laying/clearing the table, preparing veg etcl this ralees aelf-eateem and contributes to a child's development of skills. Child's voice: 'I feel important when I can help with jobs at home'	
		Talk with your child about their experience of difference and diversity to support their understanding. Child's voice: 'Why are people different colours? Why don't look like my friends?	
		Children will have their own ways of responding to pressure. Explore with them what they need at these times so they can become more resilient. Child's voice: 'My tummy's hurting and I can't get to sleep and I need you.'	
		Distinguishing between Fantasy and Reality 📤 📀	
		Exploring Power With Responsibility 🔒 📀	
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As you can see the first Strategy has been completed 'Notice and appreciate your child's unique character'

Now you can click on one of the other available Strategies by clicking on the plus sign at the beginning of the paragraph. This will then be shown in the 'In progress' section as shown below



Needs
Developing an identity
Children enjoy finding out what it feels like to be someone else through play. In this way they can begin to decide what they like and who they are. Through this process, children begin to notice how they can be different from others as well as what similarities they share.
You can explore all strategies, choosing 2 at a time.
Completed
Notice and appreciate your child's unique character, this re-enforces their growing sense of self. Child's voice: T feel warm inside when you notice special things about me and tell me you love me'.
In progress
Plep your child learn how to be kind and caring about themselves. Child's voice: Sometimes having your hair brushed and doing your teeth len't much fun'.
Create opportunities that help your child to contribute towards doing household tasks (layingklearing the table, preparing veg etc) this raises self-esteem and contributes to a child's development of skills. Child's voice: I feel important when I can help with jobs at home'
Available
Talk with your child about how their ideas and actions may be different from other people. Child's voice: 'I'm learning that other people are different. How an I different and how am I the same?
Talk with your child about their experience of difference and diversity to support their understanding. Child's voice: 'Why are people different colours? Why don't look like my friends?

If there are activities that you do not like or you wish to change your mind you can deselect one of the strategies in the 'In progress' section and then click a different available strategie.

Now return to the overview by clicking on the Return to Overview button as shown below

thrive)	Toolkit Members Area		B Hubert Thrive
		Peaches Select Strategies	
		< Return to Overview	

The following page will appear

Parent Toolkit Thrive-Online Parent Toolkit			
• Child			
Overview			
progress.	ig the Toolkit, this screen will show the Need	s you are working wi	un, anu your
Progress. Peaches, 6 Need	ng the Toolinit, this scheen will show the Need Need Progress	View Stra ® Target	Itegies
Peaches, 6 Need Developing an identity	Need Progress 5 Strateges Available	View Stra @ Target 4	itegies i
Peaches, 6 Need Developing an identity Nee Need Distinguishing between Fantasy and Reality	Need Progress 5 Strategies Available Need Progress 6 Strategies Available	View Stra Target 4 © Target 4	tegies : ③
Progress. Peaches, 6 Need Developing an identity Need Distinguishing between Fantasy and Reality Need Exploring Power With Responsibility	Need Progress Strategies Available Need Progress Strategies Available Need Progress Strategies Available Need Progress Strategies Available	View Stra Target 4 Target 4 Target 4 Target 4	tegies i

Click on the + sign at the end of the Developing an identity as shown above and the following page will appear



• Child			
Overview			
selow you will see one bar for each child you have entered. Click the 'View child's age. Once you have clicked through and started using the 'Toolkit', progress.	Strategies' button to see the thr this screen will show the Needs	ree Needs that relate to yo you are working with, and	our your
Peaches, 6		View Strategies	:
Need Developing an identity	Need Progress 5 Strategies Available	@ Target	Θ
Strategy Notice may be used to be a set of the set of		>	
Strategy Help your child learn how to be kind and caring about themselves. Child's voice: 'Sometimes having your hair brushed and doing your teeth isn't much fur.'		Try an Activity	>
Strategy Create opportunities that help your child to contribute towards doing household tasks (laying/clearing the table, preparing veg etcl this raises self-esteem and contributes to a child's development of skills. Child's voice: I teel important when I can help with jobs at home:		Try an Activity	>
Need Distinguishing between Fantasy and Reality	Need Progress 6 Strategies Available	⊜ Target 4	
Need Exploring Power With Responsibility	Need Progress 6 Strategies Available	® Target	
Quince, 4		View Strategies	:
Add your first strategy for this child by clicking on the "View Strategies' t	outton.		

This page is showing the first strategy selected has had four activities logged and therefore is complete. You can now work on the other two which are shown.

To move onto one of the other needs i.e. 'Distinguishing between Fantasy and Reality' or 'Exploring Power with Responsibility' you must complete at least four strategies within the current need 'Developing an Identity'

Once you have worked through and done four strategies the following page will appear.



At this point you can choose to do the other two strategies for this need or you can choose to start to work on another need.

This process is followed for each child and for each need at the age appropriate level.