

An illustration on the left side of the slide shows the silhouettes of a family—a man, a woman, and a child—walking away from the viewer on a vibrant, multi-colored path that curves upwards. The path is composed of broad, overlapping bands of yellow, orange, and red, set against a clear blue sky. The man is carrying a briefcase, and the woman is holding a bag. The child is holding the man's hand.

# Image of Life Process

This presentation explores the key stages of the human life cycle, from birth to retirement and beyond. We'll uncover the unique challenges and opportunities at each phase, guiding you through the Image of Life Process.

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# Understanding the Stages of Life

1

## Birth

The miraculous beginning of life, filled with wonder and new possibilities.

2

## Childhood

A formative period of growth, learning, and exploration.

3

## Adulthood

The prime years of independence, career, and personal fulfillment.



# Birth and Early Childhood Development

## Newborn Stage

The delicate and vulnerable first months, requiring nurturing care.

## Infant Milestones

Key physical, cognitive, and social developments in the first year.

## Toddler Exploration

A dynamic period of increased mobility, curiosity, and independence.

# Adolescence and Transition to Adulthood

## 1 Identity Formation

Developing a sense of self and purpose during this transformative time.

## 2 Emotional Changes

Navigating the rollercoaster of hormonal and social shifts.

## 3 Independence Strive

Seeking autonomy and responsibility as they prepare for adult life.

## 4 Educational Paths

Exploring career options and mapping out their future trajectories.

# Adulthood and Career Milestones



## Career Advancement

Progressing through  
job roles and building  
professional expertise.



## Relationships & Family

Forming meaningful  
connections and  
starting a family.



## Homeownership

Achieving financial  
stability and  
establishing a place to  
call home.



## Personal Accomplishmen s

Celebrating successes  
and milestones along  
the way.

# Midlife and Personal Growth

## Reflection & Introspection

Evaluating one's life path and finding new sources of meaning.

## Work-Life Balance

Achieving harmony between career, family, and personal pursuits.

## Continued Learning

Embracing lifelong education and exploring new hobbies or skills.

## Mentorship & Legacy

Guiding and inspiring the next generation through shared wisdom.

# Retirement and Aging with Dignity

1

## Retirement Planning

Preparing financially and emotionally for this next chapter.

2

## Active Lifestyle

Maintaining physical and mental well-being through leisure activities.

3

## Giving Back

Dedicating time and expertise to serve the community.



# Conclusion and Reflections

## Key Takeaways

- Embrace the unique opportunities at each life stage
- Prioritize personal growth and well-being
- Leave a lasting legacy through mentorship and service

## Final Thoughts

The Image of Life Process is a dynamic journey filled with challenges and rewards. By understanding and navigating each stage with intentionality, we can unlock our full potential and live a life of meaning and fulfillment.