



FOXFIT PT
FEMALE COACHING & TRAINING

Pelvic Floor Function Workshop

Learn to better maintain your pelvic floor health with strategies and knowledge provided through a practical and engaging workshop.



Woden Valley Uniting Church
40 Gillies Street, Curtin, 2605



Sunday 29 June
6:30pm to 8pm



0406 975 934

 foxfitpt.com.au

 Curtin, Canberra, ACT

JOIN US