

Confidence

Is the belief in your own abilities.

*"He who has lost confidence can lose nothing more." – **Pierre Boiste***

Consideration

Is the thoughtful concern for others.

*"It is the height of folly to expect consideration and decency from a person who mistreats himself." – **Thomas Szasz***

Enthusiasm

Is making others aware when you are excited about something.

*"There is a real magic in enthusiasm. It spells the difference between mediocrity and accomplishment." – **Norman Vincent Peale***

Forgiveness

Is pardoning someone who hurt you or your feelings.

*"Forgiveness saves the expense of anger, the cost of hatred, the waste of spirits." – **Hannah More***

Gratitude

Is the feeling of being thankful.

*"Gratitude is not only the greatest of virtues,
but the parent of all others." – **Marcus Tullius
Cicero***

Wisdom

Is knowledge, experience, and
good judgment.

*"Wisdom begins in wonder." -- **Socrates***

Understanding

An understanding person is
patient and kind.

*"No law or ordinance is mightier than
understanding." -- **Plato***





Success

Is reaching your goal.

*"Success consists of getting up just one more time than you fail." – **Oliver Goldsmith***

Talent

Is your natural ability and strength.

*"Use what talent you possess. The woods would be very silent if no birds sang except those that sang best." – **Henry Van Dyke***

Punctual

A punctual person arrives on time.

*"Punctuality is the soul of business." – **Thomas C. Haliburton***

Optimism

Is believing that things will turn out successfully or for the best.

*"No pessimist ever discovered the secrets of the stars or sailed to an uncharted land or opened a new heaven to the human spirit." – **Helen Keller***

Participate

To participate is to join with others in an activity or event.

*"The world is run by those who show up." --
Anonymous*

Patience

Having patience means being able to put up with problems and delays without getting angry or upset.

"Patience is also a form of action." – Auguste Rodin

Kind

A kind person is friendly, helpful, and generous.

"One kind word can warm three winter months." – Japanese proverb

Loyalty

Is being faithful to one's country, family, friends, or beliefs.

"Loyalty is still the same, whether it win or lose the game – true as the dial to the sun, although it be not shined upon." – Samuel Butler

Moral

A moral person acts in ways
that are honest and good.

*"What is moral is what you feel good after, and
what is immoral is what you feel bad after. –*

Ernest Hemingway

Adventurous

Being adventurous means you
are willing to take the risk of
doing something new.

*"The biggest adventure you can take is to live
the life of your dreams." – **Oprah Winfrey***

Ambition

Is wanting something enough
to work hard to get it.

*"Ambition without knowledge is like a boat on a
dry river." -- **Anonymous***





Bravery

Is the courage and determination
to do difficult things.

"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear." – **Nelson Mandela**

Caring

Caring means having concern
about what happens to
someone.

"One who cares is one who listens." – **J. Richard Clarke**

Trust

If you trust someone, you
believe that person is honest
and reliable.

"Your every voter, as surely as your chief magistrate, exercises a public trust." – **Grover Cleveland**

Education

Is gaining knowledge and skills
through a learning process.

"The art of teaching is the art of assisting discovery." – **Mark Van Doren**

Determination

Determination means working toward a goal.

*"The difference between the impossible and the possible lies in man's determination." – **Tommy Lasorda***

Thankful

A thankful person is sincerely appreciative.

*"It isn't what's in your pocket that makes you thankful, but what you have in your heart." -- **Anonymous***

Tolerance

Is respecting the customs, beliefs, and opinions of others.

*"Human diversity makes tolerance more than a virtue; it makes it a requirement for survival." – **René Dubos***

Polite

A polite person has good manners and is courteous to others.

*"The only true source of politeness is consideration." – **William Gilmore Simms***

Appreciation

Is enjoying or valuing somebody or something.

"The more one does and sees and feels, the more one is able to do, and the more genuine may be one's appreciation of fundamental things like home and love and understanding companionship." – **Amelia Earhart**

Attitude

Your attitude reflects your opinions and feelings about someone or something.

"Work is either fun or drudgery. It depends on your attitude. I like fun." – **Colleen Barrett**

Character

Your character is defined by how you act and what you say to others.

"Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing." – **Abraham Lincoln**

Courage

To have courage means to face obstacles, hard decisions, and dangers with bravery and determination.

"One isn't necessarily born with courage, but one is born with potential. Without courage, we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest." – **Maya Angelou**





Courteous

A courteous person is polite and respectful.

*"Life is not so short but that there is always time enough for courtesy." – **Ralph Waldo Emerson***

Creativity

Is thinking of new ideas and using your imagination.

*"Creativity comes from trust. Trust your instincts. And never hope more than you work." – **Rita Mae Brown***

Patriotism

People demonstrate patriotism by showing love and pride in their country.

*"I only regret that I have but one life to lose for my country." – **Nathan Hale***

Perseverance

Perseverance means having the patience and determination to keep trying, even when faced with difficulties.

*"Perseverance is failing 19 times and soaring the 20th." – **Julie Andrews***

Respect

Is a feeling of admiration for someone.

"Being brilliant is no great feat if you respect nothing." – Johann Wolfgang von Goethe

Sense of Humor

To have a sense of humor is to laugh and be playful without harming others.

"Every survival kit should include a sense of humor." -- Anonymous

Sportsmanship

Is fair and reasonable behavior, especially in competition.

"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime."
– **Babe Ruth**





Truthfulness

Is being honest and sincere
with others.

*"The truth which has made us free will in the
end make us glad also." – **Felix Adler***

Cleanliness

Is practicing good personal
hygiene.

*"Cleanliness is indeed next to godliness." –
Christopher Morley*

Commitment

A commitment is a promise to
do something or support
something.

*"If your energy is as boundless as syour
ambition, total commitment may be a way of
life you should seriously consider." – **Joyce
Brothers***

Compassion

Is a desire to help someone
who is suffering.

*"make no judgments where you have no
compassion." – **Anne McCaffrey***

Self – Image

Is how you think about yourself
and your actions.

*“One’s self – image is very important because if that’s in good shape, then you can do anything, or practically anything.” – **John Gielgud***

Teamwork

Teamwork means working with
group members to achieve a
common goal.

*“The strength of the team is each individual member. The strength of each member is the team.” – **Phil Jackson***

Respect for the Environment

Respect for the environment
means appreciating and
conserving natural resources.

*“Nature provides a free lunch, but only if we control our appetites.” – **William Ruckelshaus***





Responsible

A responsible person acts in a trustworthy and reliable manner.

"Today, more than ever before, life must be characterized by a sense of universal responsibility, not only nation to nation and human to human, but also human to other forms of life." – Dalai Lama

Fair

A fair person is honest and does not show favoritism.

"Play fair. Don't hit people. Say you're sorry when you hurt somebody." – Robert Fulghum

Flexible

A flexible person is willing to alter plans when necessary.

"I am a man of fixed and unbending principles, the first of which is to be flexible at all times." – Everett M. Dickson

Effort

To make an effort means to try hard.
"A person should set his goals as early as he can and devote all his energy and talent to getting there. With enough effort, he may achieve it.

Or he may find something that is even more rewarding. But in the end, no matter what the outcome, he will know he has been alive." –

Walt Disney

Curiosity

Is a desire to investigate and seek understanding of our world.

*"The cure for boredom is curiosity. There is no cure for curiosity." – **Ellen Parr***

Dedication

Is the willingness to put the necessary time and energy into a task.

*"Dreams and dedication are a powerful combination." – **William Longgood***

Dependable

A dependable person is trustworthy and reliable.

*"He was trustworthy. That's why people followed him." – **Dennis McNally***





Honorable

An honorable person tells the truth and acts justly.

*“Honor is like an island, rugged and without a beach; once we have left it, we can never return.” – **Nicolas Boileau-Despéaux***