

# Morning Circle Question Bank

## Daily Check-In Questions

- What's one word to describe how you're feeling this morning?
- What's something you're looking forward to today?
- What's one thing that might make today hard for you?
- What kind of support do you need from the class today?
- If you were a weather forecast, what would your mood be?

## Community Building Questions

- What does respect look like, sound like, and feel like in our classroom?
- Share one thing you appreciate about someone in this circle.
- What helps you feel included at school?
- How can we show kindness to each other this week?
- What's something we can do as a class to make everyone feel safe?

## Reflection Questions

- What's one thing that went well for you yesterday?
- What's something you want to do differently today?
- How do you think our class is doing with our social contracts?
- When have you felt most proud of yourself this week?
- What's a challenge you faced recently and how did you handle it?

## Empathy and Perspective Taking

- How do you know when someone else is upset?
- What's a way you show care for others?
- When was a time you helped someone feel better?
- What can we do if we notice someone feels left out?

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## Relationship Building Prompts

- If you could be any animal today, which one would you be and why?
- What's a small thing that always makes you smile?
- If you had a superpower in class, what would it be?
- What's your favorite way to celebrate small successes?
- Share something good that happened to you recently.

## Goal Setting and Growth

- What's one thing you want to work on this week?
- What's a skill you're proud of improving?
- What helps you stay motivated when something is hard?
- Who or what inspires you to do your best?
- If you could set one class goal for us, what would it be?

## Identity and Strengths

- What's something unique about you that people might not know?
- What's a strength you bring to our classroom?
- When do you feel most confident at school?
- Share a talent, interest, or hobby outside of school.
- Who do you look up to and why?

## Celebration and Gratitude

- What's one thing you're grateful for today?
- Who would you like to thank in this circle and why?
- What's something that made you smile this week?
- Share a classmate's action that made our class better.
- What's something you're proud of accomplishing recently?