

Affective Statement Examples

“I feel (emotion) when (behavior) because (impact).”

Stop Talking!

I feel frustrated when you are talking while I’m talking because we don’t have a lot of time and we won’t be able to go outside.

I feel irritated when you are talking while I’m talking because others can’t hear the directions and they might not be able to accomplish the task.

It’s maddening when you are talking while I’m talking because we have so little time left to finish what we are doing.

Be respectful!

I’m nervous when you cut in line because those that you are pushing could easily fall down and get hurt.

I’m disgusted when you make burping sounds because others are complaining to me and don’t want to be around you when you do that.

I feel angry when you interrupt your classmates when they are in the middle of a thought. Respecting them means listening carefully and then adding your ideas.

Sit down and do your work.

I am confident that if you sit down now and get busy that you will be able to enjoy some free time before lunch.

I am eager for you to sit down now and finish your work so that you will be able to get to lunch on time.

I am optimistic that if you get busy, sit down and finish your work now that you will be able to play outside for some extra time.

Good Job!

I’m so happy when you work so hard because I know you care about what we are learning in class!

I feel a great deal of joy when I see and hear you so engaged in this project. You are working as a real team!

I feel inspired by what a great job you are doing on this project. You stand a very good chance of receiving an honor for your work!

Pick your head up.

I’m concerned when you put your head down on the desk that you didn’t get enough sleep last night.

I’m confused when I see you have your head down on the desk because I know this is your favorite subject.

I’m perplexed that your head is down on the desk because yesterday you couldn’t have been more engaged in what we are doing.

Think before you speak.

I feel awful when you make inappropriate and off-color jokes because you are hurting others' feelings and not realizing it.

I am not amused when you blurt out answers that you have not thought about because those answers are rarely correct.

I am hesitant to call on you when your arm shoots up before I have finished asking the question because you have not considered what it is that I am actually asking.

Stay on task.

I am astonished when you buckle down and focus your attention on what you are doing that you finish with quality work.

It is critical that you stay focused on your work so that you do not have to take it home for homework on a night when you have a concert.

I am interested in how you will finish your project by the due date if you don't get busy and stay focused because you are wasting precious time right now.

I'm going to call the cops.

I get scared when you are losing control because you are putting your classmates at risk and I may have to call the School Resource Officer.

I am worried when you threaten to hurt me because I might have to call the School Resource Officer to help calm you down.

I am frightened when you raise your fist at your classmates because someone could get hurt and there would have to be police involvement.

Great job on your test.

I felt so excited when I graded your exam because I know that your studying really paid off.

I am thrilled that you did so well on this test because I've always known that you could tackle and master this tough work.

I'm so proud of you for doing such a great job on your test. You showed me that you care about the material and worked really hard to learn the material.

You're a great reader.

I'm amazed at how well you are reading now because you are reading with a lot of feeling and understanding.

I am optimistic that your progress in reading will continue because then you can move on to reading chapter books, something you've always wanted to do.

I'm hopeful that you will continue to be such an avid reader! The librarian has told me that you are taking out and talking about more books now than ever!

Don't chew gum in my class.

I'm disappointed that you are not honoring the "no gum chewing" class rule because if it ends up on furniture or the floor it is near impossible to remove.

I'm anxious when I see you chewing gum in class because your bubbles are going to pop on someone's property or their clothes or hair and that would be harmful.

I feel disrespected when you chew gum in class when you know we have a rule against it. The rule is there so that gum doesn't ruin school or your classmate's property.

You did a nice job on your homework.

I am energized by how well you did on your homework last night because now you are ready to dive right into the experiment you have been wanting to do.

I am ecstatic about the great job you did on your homework! This is the quality of work I have always known you are capable of.

I am so pleasantly surprised at how well you did on your homework because you are incredibly capable and I just haven't seen your potential until now!

Stop throwing thing around the class.

I feel very insecure when you are throwing erasers over your shoulder because you will knock something over or hit someone.

I feel very vulnerable when you are playing basketball with your trash in the waste basket near my desk because you could easily knock off some of my prized items I have on my desk.

I am dismayed when you continue to throw your art supplies in the bins rather than placing them because they are expensive and could get easily broken.

You need to start getting along with others.

I am skeptical that when you joke around and pull chairs out from under your classmates that they think it is funny; they complain to me and don't want to spend time with you.

I am powerless to change how you talk and interact with your classmates because they think you don't really like them.

I disapprove how you are talking and joking around with your peers; they don't think any of it is a joke and they are avoiding you.

Line Up!

It's important for you to line up quickly and quietly because when we have a fire drill, we all need to be outside in less than one minute.

I feel very fulfilled when everyone lines up so rapidly because then we can have a full lunch period and you will have plenty of time to go outside after eating.

I am embarrassed when everyone doesn't line up immediately when the principal is watching us because I know how well you usually do it and he needs to see our best!