## **Acts of Mean-Spirited Behavior**

## **PERPETRATORS**

## TARGETS

## **BYSTANDERS**

- ◆ Learned behaviors from role-models to get their needs met
- ◆ Lack empathy
- Average or better selfesteem / sense of self
- Likely to have negative attitudes towards school
- Want/need to control others or gain power
- Want to fit in or "be cool"
- Often are "popular" students
- May have been targets themselves
- May want to avoid becoming a target

- ♦ Vulnerable
- ♦ Few or no friends
- ♦ Poor social skills
- Shy, Withdrawn & Quiet
- ◆ Irritating habits
- ♦ Poor in sports
- ◆ Relate better to adults

- Experience a sense of guilt
- Often feel powerless to do anything
- Often afraid to tell someone who could help
- Must be able to trust adults so that they will "tell"
- Need to practice standing up to others
- Become the "caring majority"
- ◆ Be given permission and empowered to become allies