

A yellow diamond-shaped sign with a black border, containing the text 'LBB SAFETY MEETING MAY 2023'.

LBB

SAFETY

MEETING

MAY 2023

HEAT STRESS



Heat Stress

Heat stress includes a series of conditions where the body is under stress from overheating

Heat-related illnesses include:

- Heat Rash
- Heat Cramps
- Heat Exhaustion
- Heat Stroke

Contributing Factors...

- High temperatures and humidity
- Low fluid consumption
- Extreme heat or direct sun exposure
- Limited air movement (no breeze or wind)
- Physical exertion
- Use of bulky protective clothing and equipment
- Individual/personal risk factors (e.g. pre-existing health conditions and lifestyle)



HEAT STRESS INJURIES

HEAT RASH

- Red raised rash
- Impairs sweating and decreases effectiveness of sweating

HEAT CRAMPS

- Muscle cramps, pain or spasms in the abdomen, arms or legs

HEAT EXHAUSTION

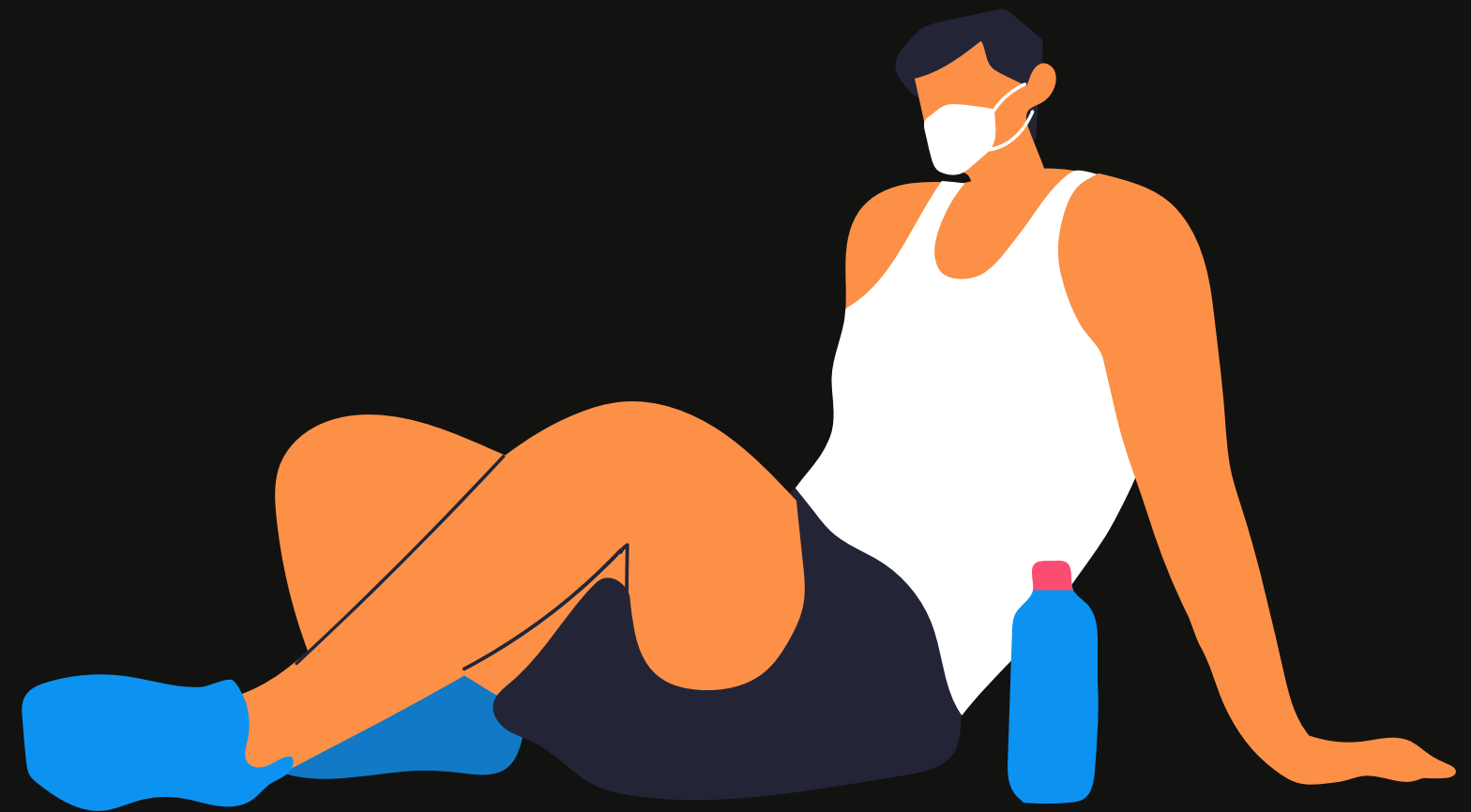
- Moist, clammy skin
- Dilated pupils
- Normal or subnormal temperature
- Dizziness, confusion and/or nausea
- Weak pulse
- Rapid breathing

HEAT STROKE

- Dry, red, hot skin
- Pupils constricted
- Very high body temperature
- Dizziness, confusion and/or nausea
- Pulse rapid
- Unconsciousness
- Coma
- Death

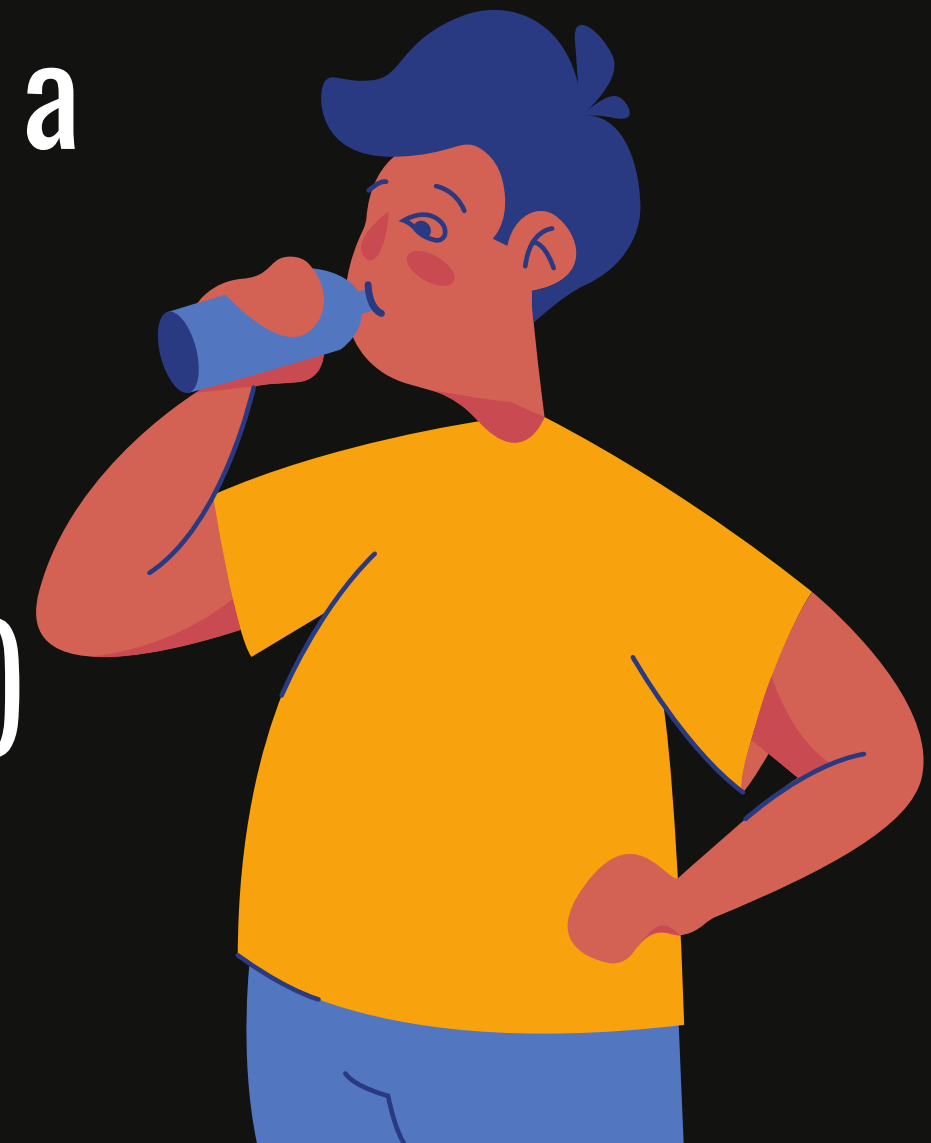
Treatment...

- Remove worker from the hot area
- Provide liquids to drink
- Remove unnecessary clothing
- Cool the worker
- Call 911 if necessary



Prevention...

- Frequent resting breaks
- Frequently drink lots of cold water
 - Avoid drinking caffeinated and alcoholic beverages, as these make the body lose water, as have a dehydration symptoms
- Cooling air
- Wear light, loose-fitting, breathable (like cotton) clothing





Accident Investigations

Tuesday (4/25) at South Waterfront -- Grease Burn to the Face

- **Cause:** Bricking the grill and while doing the corners, the grease splashed back
- **How could this be prevented?** Not rushing and bricking slowly
- **Recommendations:** When bricking, try not to rush and be caution of the amount of high temp and oil is currently on the grill.

Tuesday (4/25) at South Waterfront -- Oil Splatter to Arm

- **Cause:** Picked up the fry basket and shook too quickly
- **How could this be prevented?** Drain the oil from the fries before shaking
- **Recommendations:** Let the fries sit on the rack for a bit before shaking the fries to loosen them OR while on the resting rack, use a tong to separate fries instead.

Accident Investigations

Friday (4/28) at Progress Ridge -- Sliced Finger


- **Cause:** Opening pineapple can and fingers got cut in between
- **How could this be prevented?** Slowly opening the pineapple can
- **Recommendations:** When opening or handling the pineapple can, use cut gloves, because the edges of the can after opening are very sharp.



**Any safety, health
or hazard issues
at any of your
locations?**



Have a Safety Concern?



LITTLE BIG BURGER

REPORT CONCERNS

HOW CAN WE IMPROVE SAFETY?



See something. Say something. All LBB employees have a voice. Please [click here](#) to report any safety concerns or ways to improve safety in the workplace.

Incident Reporting:

- Form can be filled out online at WeAreLBB.com
- Who can submit a form → ANYONE
- Possible examples of when it should be completed:
 - First Aid of any kind is administered (even the smallest injuries should be documented)
 - Injury of a guest or employee on the property
 - Someone being ejected from the property or if they make a threat
 - Possible crime has been committed (ex. theft or harassment)
 - Property damage (company-owned or property owned by guest, vendor, or employee)



Safety Committee Meeting Notes

The graphic features a dark grey background with yellow and black diagonal hazard stripes at the top and bottom. The text is centered and reads: SAFETY COMMITTEE, MEETING MINUTES, and COMPLETE AFTER EVERY SAFETY COMMITTEE MEETING.

SAFETY COMMITTEE

**MEETING
MINUTES**

COMPLETE AFTER EVERY SAFETY COMMITTEE MEETING

After each monthly safety committee meeting, members should complete this brief form to record meeting notes and to report any safety concerns that require corrective action.