



## Cashew Cream Chocolate Mousse

Blend together:

1/2 cup soaked cashews (overnight, drain water)

2-3 dates

1/3 cup filtered water

1-2 tablespoons melted coconut oil

3 tablespoons cacao powder

Dash of sea salt

Splash of pure vanilla extract

Garnish with chopped mint, berries, or chopped nuts.