

# FOLLOWING YOUR SPIRITUAL PATH

Note: Our aim is a balanced, centered spirituality. These words are meant to facilitate understanding, not to stifle individuality.

SPIRITUAL PATH	ACTION E	REFLECTION I	SERVICE S	AWARENESS N	KNOWLEDGE T	DEVOTION F	DISCIPLINE J	SPONTANEITY P
SOME POSITIVE EXPRESSIONS	Assertiveness Building community	Independence Deepening community	Love Pleasure	Ecstasy Anticipation	Equanimity Objectivity	Compassion Rapport Trust	Discrimination Competence	Acceptance Serenity
SOME NEGATIVE EXPRESSIONS	Anger Attack	Fear Withdrawal	Attachment	Elation Depression	Apathy Criticalness	Sentimentality Over-protectiveness	Inappropriate control Judging others	Failure to take responsibility
UNDER-DEVELOPMENT MAY LEAD TO	Isolation Lack of circumsppection	Emptiness Dependence	Abstraction Overlooking	Flatness	Confusion	Coldness Distrust	Loss of purpose Indecision	Premature closure Baseless conclusions
OVER-DEVELOPMENT MAY LEAD TO	Impatience Shallowness	Withholding Idiosyncrasy Inappropriate intensity	Idolatry Frivolity Inappropriate conformity	Illusion Impracticality Subbornness Fickleness	Reductionism Cynicism Dogmatism Rumination	Credulity Personalizing Blaming	Rigidity Perfectionism	Passivity Impulsiveness Procrastination
SPECIAL TEMPTATIONS AND VULNERABILITIES	Distraction Suggestibility	Inaction Inclusion by others	Superstition Suspicion Fear of change	Primitive sensuality Psychogenic illness	Emotional explosion exploitation indulgence Contaminated thinking	Idealizing authority Pseudo-objectivity Hurt feelings	Self-righteousness Scrulpulosity	Rebelliousness Carelessness
NEEDED FOR WHOLENESS	REFLECTION	ACTION or Participation	AWARENESS	SERVICE or Embodiment	DEVOTION	KNOWLEDGE	SPONTANEITY	DISCIPLINE

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Finding Your Spiritual Path and Following Your Spiritual Path were developed to help individuals and groups use C.G. Jung's observations about psychological type as a way to find their individual and group journeys toward wholeness. The words and phrases are meant to open you to new aspects of this search. If you have comments and suggestions to share with the author, please send them to CAPT, P.O. Box 13807, University Station, Gainesville, FL 32604, and they will be forwarded to the Reverend Earle Page.