

Frozen Yogurt Bark

- 2 cups nonfat yogurt
- 1/4 cup honey
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon lemon juice
- Pinch of salt
- Strawberries sliced
- Blueberries
- Granola



Directions:

1. Start by lining a baking sheet with parchment paper and set aside.
2. In a large mixing bowl combine yogurt, honey, vanilla, lemon juice, and salt. Whisk until thoroughly combined.
3. Transfer yogurt mixture to the previously prepared baking sheet and spread it around to an even thickness.
4. Top with berries.
5. Garnish with granola.
6. Freeze for 2 to 3 hours, or until firm.
7. Break into pieces.
8. Keep in the freezer before serving,
9. Serve and enjoy!