

Snack Bites

Yields 15 Bites

Ingredients:

- 1 cup oatmeal
- 1/2 cup peanut butter or other nut butter
- 1/4 cup honey or other sticky sweetener
- 1/4 tsp cinnamon
- 1 tsp vanilla extract
- 1/4 cup dried cherries or other dried fruit
- 1/4 cup chocolate chips optional



Directions

- In a large bowl, combine all ingredients. If the mixture seems to dry, add extra honey or maple syrup (1 Tbsp at a time). If it seems too wet add a bit more oatmeal (1 Tbsp at a time).
- Place the bowl in the fridge for 30 minutes. This will help the bites stick together when you roll them. Scoop out about 1-tablespoon chunks and roll into the shape of a 1-inch ball. Repeat until batter is gone. You should end up with about 15 snack bites.
- Keep refrigerated enjoy chilled straight from the fridge!