

Turkey and Cheese Pinwheels

Yields 1 Serving

Ingredients:

- 1 regular size whole wheat tortilla or wrap
- 2 Laughing Cow spreadable light Swiss cheese wedges
- 3 oz. deli turkey
- Small handful baby spinach optional



Directions

1. Lay your flatbread or tortilla on a clean, flat surface. First, we'll spread the cheese wedges on the flatbread. Make sure to spread it on the ENTIRE flatbread surface.
2. Next, add the turkey to 2/3 of the tortilla, leaving about 1/3 of the tortilla with just the cheese spread. Then, add a small handful of spinach on top of the turkey.
3. Begin rolling the pinwheel from the meat covered side. Use both hands and roll TIGHTLY. The greens may try to escape. Just use your fingers to tuck them in as you roll.
4. Cut the roll up into 5 pieces and place on a plate or add it to a container for meal prep.