

THE CONVEYOR

October 2024 | Issue 4



Welcome to Term 4

Welcome to Term 4 at U3A Tea Tree Gully! Spring is in the air and we hope you had a rejuvenating break! Whether you want to stay active, socialize, or keep learning, we provide a range of more than 80 courses designed to cater to your interests. It's time to step out of your comfort zone and focus on your personal development, growth and enjoyment for those over 50 who are working less than 20 hours per week!

Term 4 Dates for 2024

Monday 14 Oct to Friday 6 December



Term Dates for 2025

Term 1

Monday 3 February to Friday 11 April

Term 2

Monday 28 April to Friday 4 July

Term 3

Monday 21 July to Friday 26 September

Term 4

Monday 13 October to Friday 5 December

2025 Annual Registrations Fees

REGISTRATION FEES for 2025 will commence in the office from 11th November 2024. Between 10:00am - 1:00pm only. On-line Registrations will also open on the 11th November 2024.

NO PAYMENTS IN ANY FORM WILL BE ACCEPTED BEFORE 11th NOVEMBER 2024

Following that week, registrations will resume at the front office. Members will also have the option to register online, requiring their ID and password.

Remember to sign up for your classes at the same time because they won't automatically renew. If you're interested in volunteering during the registration period, please inform Barbara in the office. There will be volunteers available in the office to assist everyone to register.

REGISTRATION WEEK 1

Monday 11th Nov
Tuesday 12th Nov
Wednesday 13th Nov
Thursday 14th Nov
Friday 15th Nov

REGISTRATION WEEK 2

Monday 18th Nov
Tuesday 19th Nov
Wednesday 20th Nov
Thursday 21st Nov
Friday 22nd Nov

After these dates the office will be open for our normal hours, which is Monday, Tuesday, Wednesday 12:00noon - 1:15pm

FULL MEMBERSHIP FEES WILL BE \$65.00 per person. ASSOCIATE MEMBERSHIP (with proof of 2025 Membership at another U3A) is \$25.00.

Under the MyU3A system, it does not allow us (office), (or you) to automatically roll over the classes you were attending in 2024, therefore please make sure that you select your classes for 2025.

Members can also register from home on our website just like last year, using your member ID and password.

OUR LIBRARY



Meet our Librarian

I took over role of Librarian when U3A TTG moved into its present location in 2007. I first heard about U3A after I retired in 2000. I then joined Words Alive when it was in the old portable classroom at the back of Modbury Primary School. More classes became available and over the years I attended Art Workshop, Australians in History and presently Folk Dancing and Muscles in Motion.

As a former School Librarian, I was happy to take on the organisation of the fast growing U3A TTG Library. All the books were donated, but due to lack of space, I decided to limit books to fiction, with only one of each title, large print and biographies. The non fiction books were rarely used and I gave those books to the appropriate classes where possible. The library is well used as it is easy to pop in either before or after a class, and there is no limit on the length of time books may be borrowed. There are also jig-saws. My thanks go to those who help by shelving books. It means the library can still function if I am away.

U3A caters so well for retirees. I usually have a course timetable that I can give to anyone looking for something to fill their time. What better place than U3A TTG, with its wide variety of classes - and a library! Even with new technology, you can't beat a good book! Happy reading.

Anne Cuffe - U3A TTG Librarian



2024 COURSES & INTEREST GROUPS

Welcome to U3A Tea Tree Gully. We offer over 80 courses covering education, creativity, exercise and social activity for those over 50, and not working full time.



Finding it hard to choose the perfect course for you?

The 2024 Courses & Interest Groups Handbook is now available for you to collect from the front office. This handbook allows you to choose the course or group that aligns best with your interests. Each course includes a detailed description, the Tutor's name, dates, times, and location giving you all the information you'll need to choose your next course.

For your convenience, you can also access the Handbook using this link on your electronic device or phone: bit.ly/3YhAxXK

Alternatively, visit our website and navigate to the Course Database to view information and the waiting list for each course and interest group. u3attg.org.au/courses




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20 YEARS OF MEMBERSHIP

U3A Tea Tree Gully has been a valuable presence in our community for numerous years, providing individuals aged over 50, with social connections, opportunities to stay active, keep learning, find purpose, and contribute to society.

Throughout 2024, 62 of our members at U3A TTG are celebrating their 20-year anniversary. (Some members have been members for even longer, however our electronic database, which commenced in 2004, only has records available from then.)

It's truly remarkable to have members who have been part of our organization for such a long time, and we feel fortunate to have such a strong community of dedicated individuals who choose to be part of our U3A TTG family. (Right: photo collage of some of our 20+ year members)

Members celebrating their 20 Year+ Anniversary:

| | | |
|---------------------|-----------------|-------------------------|
| Morrie Ames | Diane Grabner | Cynthia Pyle |
| John Arminini | Ana Grozev | Val Riddiford |
| Sue Auricht | Ron Halsall | Doreen Sandley |
| Gillian Braddock | Brenda Harden | Sandra Schlien |
| Kay Burns | Kath Hampton | Denise Schouten |
| Jane Crowe | June Hartshorne | Lucy Scott |
| Anne Cuffe | Dennis Heanes | Leonie Shaw |
| Howard Cuffe | Glynys Hillier | Pat Sinfield |
| Valarie Dee | Marie Jackson | Pauline Smith |
| Marian Dolan | Chook Leong | Shirley Smith |
| Ingrid Dowell | Tina Loch | Lesley Sorensen |
| Eileen Dunn | Jeanette Martin | Rosalyn Staples |
| Ingrid Eadon | Diane McDonald | Jean Steel |
| John Eldridge | Robert Megaw | Margaret Tilley |
| Francine Everingham | Sam Miskelly | Rosemany Tumath |
| Dieneke Faber | Claire Morcom | Rosalie Van Meulengraaf |
| Christine Farman | Ken Morcom | Willie Van Meulengraaf |
| Keith Fitzgerald | Annette Newman | Meri Warnecke |
| Michael Flavel | Dianne Parman | Betty White |
| Kay Gallyer | Cilla Page | Ken Whiting |
| Liz Gillman | Kay Paterson | |



Climate Change and how it effects you!

Australians have faced rising power prices as we transition to renewable energy while dealing with severe floods, heat waves, bushfires, and droughts over the past few years. This course offers an opportunity to learn how to adapt to climate change and presents practical strategies to mitigate its effects without compromising our lifestyle or finances.

It addresses key questions such as:

- Is the rise in unusual weather patterns linked to global warming?
- How can we lower our energy bills while enhancing comfort in our homes?
- Do rooftop solar panels and batteries lead to savings, and how can I maximize their benefits?
- What does the future hold for transportation?
- Is the electric car a viable solution, and how do we charge it? Is it economical to operate?
- What about the environmental impact of shipping and air travel?
- How do our dietary choices and clothing affect climate change, and what steps can we take to minimize food waste?



If you're interested in exploring these topics further, this course is designed for you. It provides clear answers backed by the latest evidence.

U3A TTG Classes are held on Tuesdays at 1:00 PM in Room 2. For more information, please contact Wasim Saman at wasim.saman@unisa.edu.au or contact our office to register.

OUR VALUED VOLUNTEERS

Celebrating and honouring our wonderful volunteers!

Sue Pollett - Office Volunteer



I currently volunteer in the office on a Wednesday along with two more volunteers Joyce and Marie. Working in the office offers the opportunity to keep up computer skills and promote U3A. It is sometimes challenging as people can be very demanding. Whatever the query we always endeavour to find an answer. It's important to make everyone welcome as sometimes the office is the person's first point of contact.

I first joined U3A in 2012. As a new migrant from the UK it gave me an opportunity to socialise and make new friends. I joined the Folk Dancing for Fun and the Canasta classes.

After reading a notice that volunteers were needed for the office, I offered my time to work on a Wednesday.

In 2013 I was asked by the then President if I would take on the role of Secretary. At that time there was no minute secretary so that became part of my role also. For a period of time in 2015 I also managed the office. I undertook those roles until the AGM in 2017.

My working background is in Libraries. I was Area Manager for 12 libraries in Essex, UK. I was also one of the main trainers for computerised library management systems in Essex Libraries.

I currently do not attend any classes at U3A, but continue to enjoy working in the office.

The office is a great place to meet people and promote the U3A. It's good to keep in touch with people and catch up on all the news.

Wasim Saman - Tutor for "Cool It! The Climate and Us"

I am currently leading the course: Cool it: Climate Change and Energy (Every second Tuesday, 1.00pm). With energy bills going up and up, and climate change causing so many disasters, we look at how we can save energy, save money and save the earth. David Davey and I started this course about 5 years ago but he wanted me to lead the course for the last 3 years.

I joined U3A upon my retirement 5 years ago. I have joined classes in Meditation, Thai Chi, Games, Gardening and Wine Appreciation. I usually spend Tuesdays and Thursdays at U3A TTG. I am also the contact for U3A statewide which provides online courses to U3A members throughout SA. I give regular talks through an online group on climate action. I have also presented in the holiday shorts program organised by U3A Adelaide for the last 3 years.

Having been an energy engineering lecturer and researcher for most of my working life, I enjoy being able to share my knowledge with other people who want to know more about energy and the environment from independent sources as there is much misinformation around. I also enjoy being able to help people save on their energy bills and have comfortable homes. I invite all members who would like to find out how, to join one of our class sessions or to contact me for advice.

I love the relaxed atmosphere and the companionship which U3A provides, where you do what you enjoy doing with people of similar interests and you don't feel guilty when you can't make it.



Hugo Schouten - Former Treasurer, Management Committee Member



I retired from Australia Post in July 2006 and joined U3A because my wife Denise was already a member. I joined the Travel Discussion class because we both wanted to travel the world. We first travelled to Europe in 2004 when I took Long Service Leave from work.

The Travel Discussion group was extremely useful with hints and ideas for travelling. I continued in this class for 14 years discussing travel trips and showing travel photos burned on DVD. The class stopped in 2020 due to Covid and travel restrictions and has not restarted yet. Before 2020 we travelled overseas 20 times. At various times I also went to Photography class and Beginners Italian.

Because of my previous occupation as an Accountant, in early 2008 I was asked to help the Treasurer of U3A TTG and I readily volunteered

and then I was appointed as Treasurer at the March 2008 AGM. I did this work and I was on the Management Committee for 10 years. I prepared monthly accounts, budgets, forecasts and financial advice.

This was very rewarding to keep using my professional skills. Then in 2018 I was able to handover this work to David Jeffs (current Treasurer).

When U3A re-opened after the pandemic, I resumed coming weekly and now I am enjoying playing the game of Mah Jong and exercising with Tai Chi class. U3A has been a boon in retirement with the classes I attended, the opportunity to volunteer, and the friends I have made. It adds a social dimension to retirement which is good for us all.