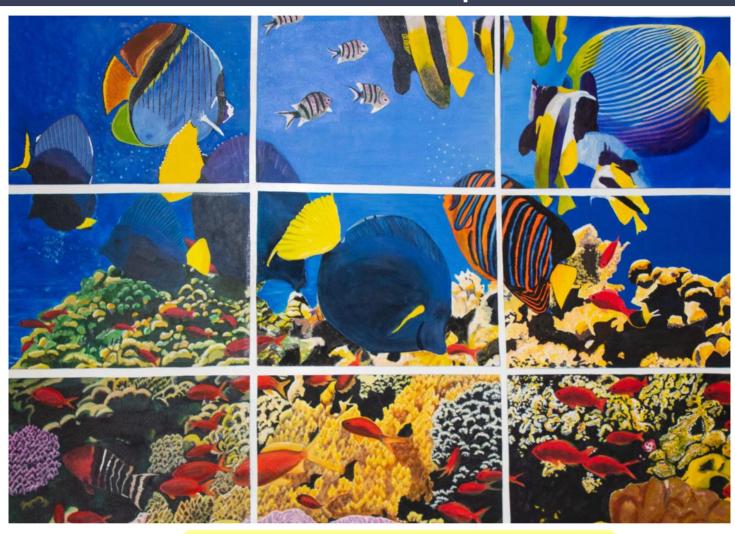


The Conveyor TEA TREE GULLY THE CONTROL OF April 2022







THE HISTORY OF NOW

What's on, what's coming up? 2022

1st and 3rd Thursday of the month, 10am –12 noon in room 4 Presenter Len Wilkins

Call 0402 027 371 for more info.

Term 2 first History class Thursday 5th May

Islam, Afghanistan and the North-West Frontier,
Term 3—Ukraine and Russia

Tony Mittiga is running Canasta Hand & Foot on Wednesdays 12.30pm to 3.30pm in room 7. All welcome, instruction can be given. Enquiries to Tony on 0404 165 338.



Tuesday Acrylic Art Class Project

To spice things up for the class, I promoted this project idea which originated from several amazing projects already along the top of the wall in room 10 art room.

At first volunteers, (I needed 9) were not forthcoming, but eventually daring souls thought they would have a go!! And over the ensuing weeks most regretted it.

Each artist had to paint one section of the picture, communicate with each other to make sure the "jigsaw" fitted, and colours matched.

Eventually, it was finished and the pride of the final mural in the room was bursting out the door.

The participants in the project were, Christine Hunter, Elva Fitzner, Val Kuliwaba, Jim Deering, Enid Smith, Cathy Peronace, Jane Milner, Betty Lind and Roy Milligan.

Everyone should be very proud of their contribution and painting abilities as I am of my class.

I would also like to thank on behalf of the class: Eileen Dunn, Tony

Mittiga and Mike Prus for their help, knowledge and assistance in bringing this project to fruition.

Susan Green-Group Leader



NEW MUSIC COURSE

John Eldridge is offering a new four week course discussing **WAGNER'S RING CYCLE.**

This will cover the story in detail, the music including an explanation of the "Leit-Motifs" and maybe even a smattering of psychology!

Lavish illustrations will be played from the classic Solti complete recording.

A handout of the relevant portions of the libretto will be distributed.



The course will run on the **1**st and **3**rd Mondays in May and June, Room 2, 1.30 – 4.00.

Dates: May 2^{nd} and 16^{th} , June 6^{th} and 20^{th} .

Interested students are asked to enter their names on the New Course List on the Notice Board.

For enquiries, phone John on 0422 961 984.

President's AGM Report.....

Unfortunately, the main thing I have to report is another year of dealing with the Covid pandemic

We have been receiving from the SA Department of Health our own Covid Safe plan with our name on it since June 2021 and have had approx 23 updates. The current plan is posted on the notice board by the office. It's about 15 A4 pages and you're all welcome to read it. Whatever you might read on SAPOL or SA Health websites, this is the plan that I follow.

It does say that although masks are mandatory, if it is necessary to communicate with people who are deaf or hard of hearing the mask may be removed. Consequently, we are saying that if the Group Leader and members wish to remove their mask in the classroom they can. But we should wear our masks in the corridor. This may change in the near future.

The Committee has made the decision to insist everyone attending U3A is vaccinated against Covid 19. We have checked the vaccination status of everyone when they renewed their membership and there is a notice to this effect on our website. We have had several members and a Group Leader who have refused the vaccination and they are now no longer members of U3A.

There has been a degree of difference of opinion amongst the Federal and State authorities and health departments on what the restrictions should be in place to

keep everyone safe.

It should be noted that the eastern states are relaxing mask mandates

So, it's not surprising that there has also been a difference of opinion amongst the committee and indeed amongst the members and Group Leaders on our response to the ongoing pandemic.

Probably the safest way to avoid Covid is to stay at home and not have contact with anyone. And that is what some of our members are in fact doing.

But I don't believe that is healthy for us to spend years locked away in our own homes.

We are endeavoring to make coming to U3A as safe as we can. I believe it's all about risk assessment. Just driving to U3A is a risk, but we accept that risk and do our best to drive as safe as we can.

There seems to be less emphasis on washing hands now, that there was in the early days of the pandemic. And we have not needed to replace the hand sanitisers as often as we used to, so it would seem that maybe people are not bothering anymore, but I believe this is a basic public health requirement to clean your hands as often as possible.

A question was raised at the AGM about the figure for consumables in the treasurers report. Although we are not purchasing coffee and tea any

more there are still the costs of toilet paper and paper hand towels, kitchen paper towels, hand sanitiser spray, which all add up.

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This year is our 35th anniversary and our 15th in this building. We would like to mark this anniversary with our usual sausage sizzle and social get together.

But at this time, due to SA Health restrictions, its simply not practical. Our only hope is that by October, the health risks will lessen, restrictions will be eased. we will be allowed to have food and drink and hopefully people will be more comfortable congregating in large groups.

And finally, I wish to thank my committee for all the work over this last year, particularly to our retiring members, Mike Norman who with his public speaking expertise has represented U3A many times with talks given to other community organisations and Mike Coleman who rebuilt our database and then taught himself to code in HTML so he could set up our website. Thank you both.

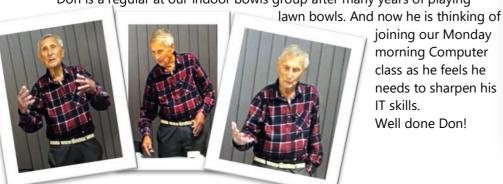
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Welcome to our two new members of the Management Committee, Michael Prus and Lawrence Fahy. Without people volunteering their time U3A cannot function.

Also many thanks to all the Group Leaders for another year of giving up your valuable time and continuing giving your support to keep U3A thriving.

Celebrating Don Baker's 100th birthday on 28th March 2022

Don is a regular at our indoor bowls group after many years of playing



joining our Monday morning Computer class as he feels he needs to sharpen his IT skills.

Well done Don!







creative writing group



Doug McAlpine who produced the montage pics for the 25th & 30th and Arthur Jeffries social organiser.







Due to Covid restrictions we are not able to have a 35th Anniversary get together in April as other years. We are planning to have the party in October if we can.



years of educational, creative, physical and social activities



Tea Tree Gully, "30th Anniversary" 2017

6 STITCHES GROUP JUST KEEPS ROLLING ON

This year has just sped by despite Covid interruptions, and our group certainly had another successful year. The founder members of 6 Stitches have been together for over 29 years, many over 15 years, producing work for charity and various other institutions. We continue to enjoy the friendship while we see, laugh and support each other.

Like other years, we continue to support Anglicare with handmade bags filled with books, games, colouring in pens or pencils and other stationery items. Several quilts were sewn for children's beds/cots in the oncology ward at the Women's and Children's Hospital. These are very well received and are kept by the child who can take them home on their discharge. We have made 35 toilet bags filled with essential toiletries such as tooth paste and brushes, hair shampoo and conditioner, moisturising cream, soap and a comb for the Mums. Dad's bags also include razors, shaving cream and face cloths. These are given to parents accompanying children transported in emergency situations who find they arrive with only the clothes on their backs.

As we have (very slowly) aged, we are very grateful to have been able to change from an evening session to the afternoon. We are sure the Wednesday night Bridge Club will miss all the happy noise and laughter from room 5!!! We will continue our sewing projects into 2022 and will add another dimension by making Back Packs for adolescent and teenage children who find themselves in Shelters with very little. These are similar to our filled toilet bags, plus a small soft toy or game. We always welcome donations for any of the bags we fill.

We are looking forward to next year continuing our work helping people in the community.

Let's hope it will be a Covid 19 free year.

Jennie Holland — 6 Stitches

Well done to Barbara Schumacher our Office Manager for an extremely well run registration period. She came in every day for two weeks to ensure its smooth running.

And a big THANK YOU to all of wonderful volunteers who contributed to its smooth running.

Angela Anesbury
Carolyn Clarke
Marilyn Bradley
Maureen O'Donnell
Joy Hasch
Imelda Trainor
Judy Heinrich
Linda Neale
Cathy Peronace
Judy Delsar

Joan Baker
Joyce Smith
Sue Pollett
Margaret Thomas
Veronica Boswell
Moira Saywell
Margaret Mittiga
Mike Coleman
David Jeffs
We couldn't run U3A registrations

without your help







AGED CARE NAVIGATOR

Margot Koch will be available here at U3A for the last two weeks of term 1 every Tuesday from 12 noon to 2.30pm.

In Term 2 she will be here each Wednesday at the same time. She will be able to advise on how to access aged care services in the home.

And provide individualised support to:

Register with My Aged Care

• Identify home care needs and service options

 Communicate with My Aged Care on your behalf

 Activate aged care services with your local provider

nyagedcare

Your guide to Home Care

Package services

◆ Follow-up services commence to ensure you are satisfied that the service meets your needs.

Aged Care

System **Navigator Trial**

> Tel (08) 8232 5377 Toll Free 1800 700 600





Do you need aged care service at home?



Our Navigator staff will assist y connect with My Aged Care, and access home care services that meet your needs.

Trial locations: Metropolitan Nort Gawler and Barossa.

Contact our office on (08) 8232 53 1800 700 600 or, email avigator@agedrights.asn.au

> ged Care System Navigator Trial is delivere Rights Advocacy Service as part of a conso y COTA Australia and funded by the Australia nment. For more information go to AgedCareNavigators.org.au.

TERM DATES FOR 2022

Your guide to

Commonwealth Home

Support Programme services

Term I Ends Thursday 14th April

Term 2 Monday 2nd May — Friday 8th July

Find the help

you need wif myagedcar

Term 3 Monday 25th July — Friday 30th September

Term 4 Monday 17th October — Friday 9th December

2022 Management Committee Members

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TESS ANTHONY U3A State Delegate

tissay8@gmail.com 0438 909 796 MY GRAN AND ME

Gran says to keep my eyes peeled So I don't miss a trick.
And the skin will grow back on As soon as I wink.
She has eyes in the back of her head because she ate all her carrots up when she was like me.
I know it's true, she said so.

Gran says my brain tries to boss me but I can stop it being naughty.
She says if being bad feels good then I'll be in trouble.
She doesn't believe in smacking me because it hurts her hand
Shouting at me is like steering a car with the horn and I'll understand that when I'm old enough.
I know it's true, she said so.

Gran says if I eat up all my sprouts I'll have skin on my back like velvet.
Skin lets my sweat out but won't let rain in.
If I tell fibs and rude words and she hears me, she will wash out my mouth with washing up liquid.
Crying gives my eyes a good wash and that saves water.

She lets me mash my mince in the potato. I like visiting Gran and she likes me to visit. I know it's true, she said so.

Maureen Mitson/mornym@tpg.com.au

The office is open for enquiries and payments during U3A terms from 12 noon to 1.15pm Monday to Wednesday Phone 8265 3079

Michael prus will continue the recycling of old x-rays, mobile phones, spectacles and hearing aids until the end of erm 2.

That should give everyone enough time to clear out everything.

He has delivered 120 kilos of x-rays to Red Cross and already has another 30 kilos this year.



U3A Tea Tree Gully thanks City of Tea Tree Gully and Tony Zappia MP Federal Member for Makin for their continued support

The Conveyor

Issue: 4 April 2022 U3A Tea Tree Gully Inc., P.O. Box 793, Modbury, 5092

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Life Members: Maud Brown, Jane Crowe, Anne Magtengaard, Betty White Public Officer: David Jeffs

Disclaimer: The views expressed in this newsletter are not necessarily those of the U3A TTG committee, and while great care is taken, the accuracy of the information published herein is not guaranteed.