


PADGATE ACADEMY

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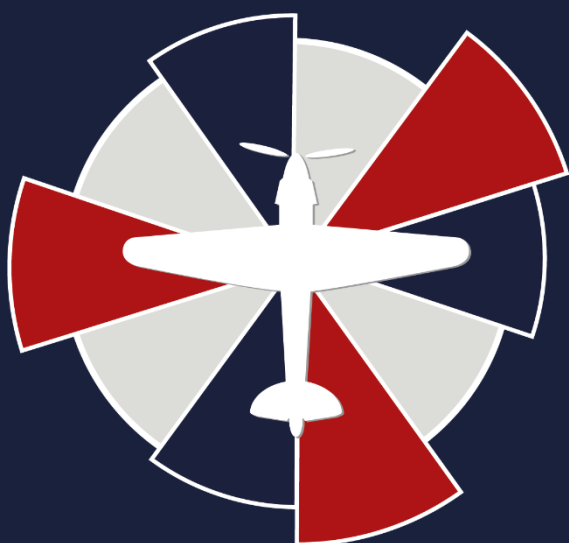
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Principal: Mr A McMillan Bsc (Hons)

BTEC Sport





BTEC Tech Award in Sport (Level 1/2)

The BTEC Tech Award in Sport is an exciting and practical course designed for students who are passionate about sport and physical activity and are considering a future in the sports industry. This qualification is equivalent to one GCSE and is tailored to give students a strong foundation in both theoretical knowledge and practical skills.

Throughout the course, students will explore a range of key areas including:

- **Understanding the body systems and how they respond to exercise**
- **Exploring different training methods and fitness testing**
- **Investigating the sports industry and the roles available within it**
- **Developing leadership skills through planning and delivering sporting activities**

The course is assessed through a combination of internal assignments and an external assessment, allowing students to demonstrate their knowledge in a variety of ways, including written reports, presentations, and practical demonstrations.

The BTEC Tech Award in Sport not only supports progression into further study (such as A Levels or Level 3 BTECs) but also develops transferable skills like teamwork, communication, and analysis — valuable for any career path.

This course is ideal for students who enjoy working practically, are motivated by coursework-based learning, and are keen to pursue a career or further education in sport, fitness, coaching, or health.

Learning journey theme	Year	Component
Component 1: Preparing Participants to Take Part in Sport and Physical Activity: This component is worth 30% of the overall grade and focuses on preparing participants for sport and physical activity, including the types of participants, equipment, and preparation methods	Year 10	Component 1 (30%)
Component 2: Taking Part and Improving Other Participants Sporting Performance: This component is also worth 30% of the overall grade and explores the components of fitness, the roles of officials, and how to improve participants' sporting techniques.	Year 10/11	Component 1 (30%)
Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity: This component carries the highest weighting at 40% and delves into fitness testing, training methods, and program design to enhance performance.	Year 11	Component 1 (40%)