



**PADGATE  
ACADEMY**

# **CAS Enrichment at Padgate**

At the heart of our enrichment programme these activities will encompass three core strands:

**Creativity, Activity and Society (CAS)**



# What are the benefits of CAS?

Here at Padgate Academy we offer a wide variety of CAS activities in order to enrich the lives of all our students. The CAS timetable runs throughout week A and B during lunchtime and afterschool, so there is something for everyone.

The range of activities is extensive and includes the traditional activities you might expect such as Football, Netball and Fitness sessions. But there are other opportunities that we offer that may expand an interest you already have or a new one you would like to try. These include activities such as Design club, Rowing, Duke of Edinburgh, Learn Latin, Knitting club, Drama and Music club to name a few.

Making a CAS commitment will not only give you a sense of personal achievement but also Merit rewards that will be presented during the Pride of Padgate assembly at the end of the term.

*Quite simply we believe that by opting into CAS you will develop your confidence and resilience by engaging with new skills and embracing our core values;*

**Teamwork, Tenacity and Trust.**





# Creativity

Exploring all aspects of creativity, expression, imagination and innovation.



# Activity

Involving physical exertion, healthy lifestyle, team sports, fixtures and competitions.



# Society

Collaborating with the community and making a positive contribution to society



