



# PERSONAL DEVELOPMENT **NEWS**









# **Autumn Term** 2025

## **KEY MESSAGES THIS TERM**

As we begin the new academic year, we are excited about the many opportunities our students will have to grow beyond the classroom. From enrichment clubs and trips to special events and new experiences, this term is all about building character. Every student will also take part in the new Padgate BUILD Award during their P.R.I.D.E. lessons, developing skills that will support them both in school and beyond. Throughout the year, students are encouraged to live out Padgate Academy's core values — and their efforts will be recognised and rewarded.

# PRIDE LESSONS THIS TERM

#### YEAR 7

Term 1: Students will learn about building positive friendships, and how to successfully navigate the transition to Secondary school. Term 2: Students will explore diversity and the Equality Act. They will develop an understanding of how to respect and value people from all backgrounds.

#### YEAR 8

Term 1: Students will learn how to challenge discrimination and recognise unhealthy relationships. As well developing develop an understanding of consent.

Term 2: Students will focus on emotional wellbeing, learning strategies to strengthen their resilience and build positive mental health.

#### YEAR 9

**Term 1**: Students will learn about rights, justice, and the importance of contributing to their community.

Term 2: Students will explore future careers, options, and pathways to help them plan for their next steps.

#### **YEAR 10**

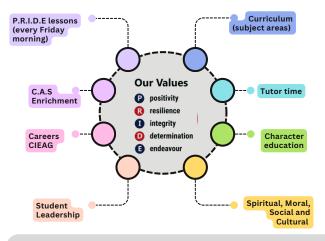
Term 1: Students will explore mental health, body image, and the importance of personal hygiene.

Term 2: Students will learn about different world views and beliefs, developing respect and understanding of others.

#### **YEAR 11**

Term 1: Students will learn about democracy, finance, and how these shape their role in society.

Term 2: Students will look to the future by exploring sexual health, including STI's and contraception.



### **ASSEMBLY AND EVENT HIGHLIGHTS**

- Welcome return assemblies
- · Attendance and expectations
- TCAT Challenge events commence
- Open Events (Open Evening 18th September)
- European languages week
- MacMillan Cancer fundraiser
- Black History Month
- Interfaith Week
- Mental wellbeing week
- United Nations day
- Remembrance day
- Children in Need Fundraiser
- Road Safety
- Save the Children Fundraiser
- Community Tea party
- Golden Ticket fortnight prize draw
- 12 Days of Christmas attendance challenge

#### TUTOR TIME TIMETABLE

YEAR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Year 7	ммм	A - Lyfta B - The Day	Reading	Assembly	P.R.LD.E
Year 8	ммм	A - Lyfta B - The Day	Reading	Assembly	P.R.LD.E
Year 9	ммм	Reading	Assembly	A - Skills Builder B - The Day	P.R.LD.E
Year 10	ммм	Assembly	Reading	A - Skills Builder B - The Day	P.R.LD.E
Year 11	Assembly	MMM	Revision	Revision	P.R.LD.E

We are committed to being transparent with parents and carers about our PSHEE curriculum. A full overview of the topics covered is available on our school website, ensuring that everyone can see how we support students' personal development.

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