

Padgate Academy Autumn Menu Cycle

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Creamy deep south creole pasta bake served with a garlic slice	Chilli Con Carne served with Nachos and Sour Cream	Roast of the day Served with roast potatoes, sliced carrots & broccoli & gravy	Smokey Chicken Fajita, with Cajun Potato Wedges, Sour Cream & street corn	Chip Shop Day FISH AND CHIPS SAUSAGE AND CHIPS FISH CAKES AND CHIPS ALL SERVED WITH CURRY SAUCE OR GRAVY OR BAKED BEANS OR MUSHY PEAS
Vegetarian Option	Feta, Baby Tomato & Basil Penne	Vegetable Korma served with Steamed Rice	Yorkshire pudding with vegetable stew	Vegetable Enchiladas, Cajun Potato Wedges, Sour Cream & Street corn v	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chinese chicken curry served rice and naan bread.	Traditional Beef Lasagne with Mixed salad and garlic slice	Bangers & Mash served with onion gravy and vegetables	Spiced Beef Burrito served with Rainbow Slaw and Salad	Chip Shop Day FISH AND CHIPS SAUSAGE AND CHIPS FISH CAKES AND CHIPS ALL SERVED WITH CURRY SAUCE OR GRAVY OR BAKED BEANS OR MUSHY PEAS
Vegetarian Option	Manc "n" Cheese with Garlic Bread slice and salad	Vegetable Fajita with Cajun wedges and salad	Gnocchi with a garlic and baby cherry tomato sauce	Vegetable and red lentil cottage pie.	

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Bolognaise with Rigatoni and Garlic Bread	Cottage pie served with veg of the day	Beef hot served with beetroot and crusty bread.	Tandoori Chicken Pieces with Steamed Rice and Pitta Bread	Chip Shop Day FISH AND CHIPS SAUSAGE AND CHIPS FISH CAKES AND CHIPS ALL SERVED WITH CURRY SAUCE OR GRAVY OR BAKED BEANS OR MUSHY PEAS
Vegetarian Option	Farfalle with Creamy mushroom sauce and Garlic bread	Smoked Parika and Garlic Mediterranean Bake with Focaccia Bread	Stuffed Courgette filled with Red Onion, Tomato and garlic topped with Cheese	Chinese Vegetable fried Rice served with a spring roll	