

WEEKLY

MENU

Padgate Academy - Lunch - Week 3



Monday

BBQ Chicken Thighs with Jollof Rice

Carrot & Chickpea Falafel with Bulgar Wheat Salad & Pomegranates

One Pot - Hoi Sin Beef & Broccoli Noodles

Pasta Bar - Tomato Sauce or Ham & Cheese

Jerk Chicken & Mozzarella Pizza

Jacket Potatoes, Sweet Potatoes & Various Fillings

Tuesday

Pork Meatballs Marinara with Glazed Pasta

Spanish Style Veggie Meatballs & Patatas Bravas

One Pot Vegetable & Red Lentil Bolognese Spaghetti

Pasta Bar - Tomato Sauce or Roasted Pepper & Chorizo

French Bread Pizza with Ham & Pineapple / Veggie Option

Jacket Potatoes, Sweet Potatoes & Various Fillings

Wednesday

Classic Beef Lasagne with Focaccia & Green Salad

Spicy Bean Burger with Tomato Salsa & Potato Wedges

One Pot Piri Piri Chicken with Dirty Rice

Pasta Bar - Tomato Sauce & Rocket Pesto Sauce

Carbonara Pizza / Veggie Pizza

Jacket Potatoes, Sweet Potatoes & Various Fillings

Thursday

Sri Lankan Style Chicken Curry with Pilaf Rice

Brazilian Style Halloumi & Quorn Rice

One Pot - Thai Coconut Vegetable Curry & Sticky Rice

Pasta Bar - Tomato Sauce or Chicken & Bacon Sauce

Meatball Marinara Pizza or Margherita

Jacket Potatoes, Sweet Potatoes & Various Fillings

Friday

Chip Shop Friday with Battered Fish, Sausage & Fishcakes

Sweet Potato Katsu Style Curry & Rice

One Pot Spicy Vegetable Noodles

Chipped Potatoes, Beans, Mushy Peas, Gravy & Curry Sauce

Pepperoni Vegetable Pizza or Veggie Pizza

Jacket Potatoes, Sweet Potatoes & Various Fillings

Available daily

Selection of Fresh Vegetables, Boxed Salads, Sandwiches, Baguettes & Wraps, Fresh Fruit & Dessert Pots.